

AMES HIGH SCHOOL





UNDER CONSTRUCTION



Next 187 Pages

**Ames High School
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Student Population

1528

Like our school building, many of our lives were **UNDER CONSTRUCTION** this year. As a yearbook staff, we took the responsibility of capturing the project that turned out to become a successful 2005-2006 school year. We saw freshmen begin building some firm foundations, teachers making big plans, and everyone studying to put those finishing touches on before finals. Don't forget you're going to need a hardhat when you see how our golf, cross country, soccer, and other sports teams all made it to State competition. Enjoy reflecting back as you remember how your life was molded behind the walls of Ames High this last year.

Becky Sidles
Editor-In-Chief



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WHAT WERE YOUR BIG PLANS?

Building relationships in Europe and houses in Appalachia; laying spiritual foundations in Mexico and in our own hearts; breaking down barriers between decades with good old-fashioned mud fights and pie eating contests.

Summer of 2005 was full of big plans.

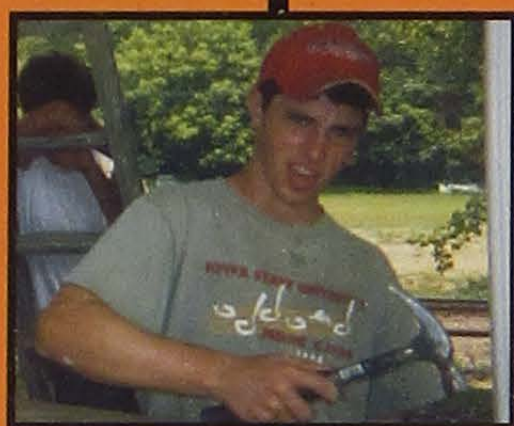
How did we fit it all in?!

SUMMER

Heaven is spelled
S-U-M-M-E-R



Ready to Rock & Roll- Screaming his lungs out, sophomore **Alex Arthur** sings with his band **Keep & Confess** at Battle of the Bands at Blinks. Playing in local concerts became a custom for the band as, over the summer, they played at places such as Roadhouse 69 in Ankeny, Cornerstone Church, and at Blinks, sometimes with the popular band 38th Parallel. Keep & Confess consisted of senior **Dylan Cunningham** and sophomores **Alex Register**, **Travis Crum**, and **Patrick Schmidt**. Keep & Confess even got offered a record label by Cornerstone, proving their evolving success. (Photo by Sarah Cram)



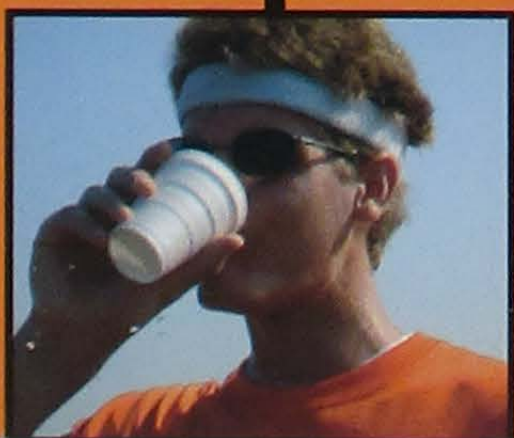
Amen! Teaching young kids about their faith at church camp, freshmen **Ben Jones**, **Patrick McCormick**, and 8th grader **Tanner Dekovic** reenact the crucifixion. The boys spent a week as junior counselors in Indianola over the summer. (Photo by Shannon McCormick)



Stickin' It Out- Showing the wild side of band, junior **Melissa Brockway** sticks her tongue out to demonstrate her enthusiasm for summer band camp. Band members not only had to commit to band during the school year, but were forced to give up many summer days as well. These days were full of gruesome heat, sore feet from marching, ridiculing spectators, and a few of the tunes of Ames High. (Photo by Lily Dobson)

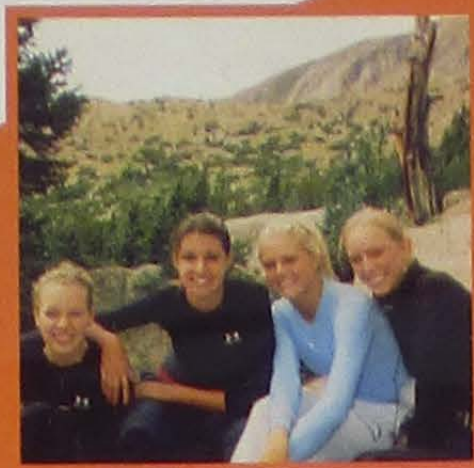
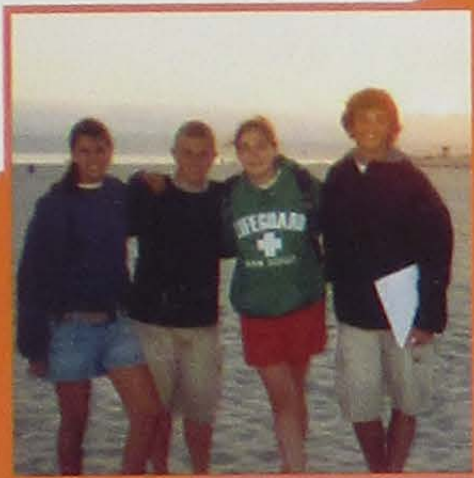


Wax On, Wax Off- Tired of his hot, hairy chest, senior **Bob Schliesman** gets his chest waxed. "We were really bored and they verbally abused me, so I decided to let them wax it," Schliesman said. Students found this summer's boredom to be unbearable and just too hot to handle. A few were even wishing they could get back to school! (Photo courtesy of Mary Beth Kluesner)





Scrub a Dub- Attempting to get her disgusting work clothes clean, senior **Stephanie Enloe** rinses the tub out, shown by the murky water. All of this hard work was put into their service project of building a Ugandan girl's dormitory. (Photo by Emily Dobson)



Too Sexy For My Shirt- Posing as male supermodels, seniors **Kyle Thomas** and **Andy Hunziker** strut their stuff in their hotel room in Italy. Italy was just one of many countries visited by the Western Civilization group. (Photo courtesy of Mary Beth Kluesner)



Operator?? Losing their patience, seniors **Olivia Langenberg**, **Beth Hansen**, and **Beth Casey**, **Jessica Egli-Davis**, **Beth Hansen**, and **Chelsea Cottrill** huddle in a London phone booth while waiting to get into a nearby restaurant in Covent Garden while on their Western Civilization trip. (Photo contributed by Olivia Langenberg)



Puppy Love- Befriending a neighborhood dog, senior **Lydia Lowry** scratches a puppy's stomach on her church's mission trip to Mexico. Unable to keep the dog, Lowry showed her disappointment but growing affection for her doggy friend named Bird. (Photo courtesy of Jayne Strand)



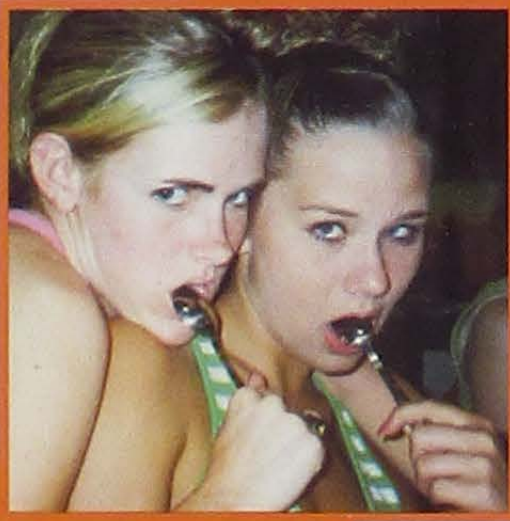
Here Birdy, Birdy- Treating the pigeons to a feast, senior **Brandon Pohlman** feeds the nearby birds of Venice. He decided to pour the birdseed on the ground instead of himself like many other classmates did, which resulted in their getting down and dirty. (Photo by Olivia Langenberg)



Mmm...Pie!- Eating for all she's worth, Senior **Ellen Heddendorf** shoves another piece of pie down her throat. Heddendorf and a group of friends were having a friendly pie-eating contest. (Photo courtesy of Kelsey Torgerson)



Gettin' Jiggy- Shaking it up, juniors **Jayne Strand**, **Mandy Winkleblack**, and **Anna Greenwald** enjoy a night in Mexico. (Photo courtesy of Jane Strand)



Hard at Work- Spreading cream cheese on a bagel, Senior **Aaron "Chip" Langlois** toils away at Panera Bread. (Photo by Sarah Jacobson)



Summer of Faith

This summer was filled I got to hang out with my friends and spread my faith at the same time. We didn't visit very exciting places, but we still had fun." Both programs lasted a week. "We fixed little things around the house for needy families in the community and helped build a wheelchair ramp with Youthworks," Cohea said. Instead of spending their days playing sun bathing and cruising the mall, several students dedicated their time to others this summer. Their hard work and perseverance really shined through with self-satisfaction for all.

Senior **Katie Rohrssen** went to Fort Collins, Colorado for five days for High School Leadership Training. "It was a beneficial experience. I got closer to my friends and I grew closer to God."

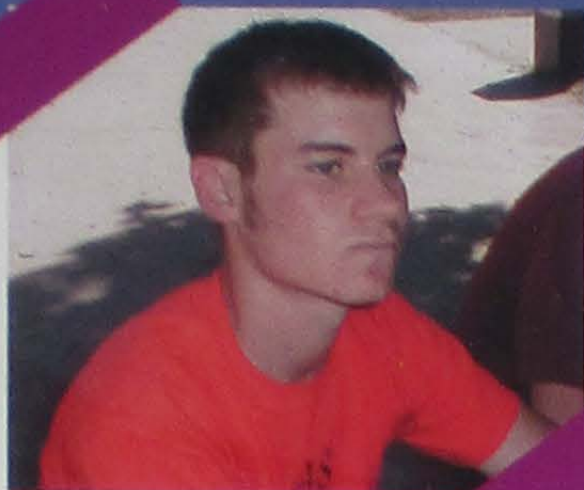
Junior **Elizabeth Cohea** attended both Youthworks and Appalachia Service Project this summer. "It was enlightening.



very exciting places, but we still had fun." Both programs lasted a week. "We fixed little things around the house for needy families in the community and helped build a wheelchair ramp with Youthworks," Cohea said. Instead of spending their days playing sun bathing and cruising the mall, several students dedicated their time to others this summer. Their hard work and perseverance really shined through with self-satisfaction for all.

SURVEY

What did you do on your last day of freedom?



Joey Wendel-
"I took a drive through Boone to remind me that school really isn't that bad."

Jessi Palo-
"In my end-of-the summer-depression, I baked three cakes and ate them ALL!"



Emily Barclay-
"I was witness to a murder...in a movie my friends and I made."



This Means War- In a somewhat violent girls vs. boys mud fight, Juniors Jenna Jensen, Sarah Brimyer, Ben Scallon, Courtney Larson, Jessie Curry, Michael Kraemer, and Justin Chang call a truce to pose for the camera. "We all fought hard," Curry said, "but the girls took the field in the end. Actually, it was total domination. Just kidding, boys! Getting down and dirty was totally worth it." (Photo courtesy of Jessie Curry)



Keeping It Cool - Licking it up, Juniors Kirsten Schoenrock and Allyse Hellmich enjoy the spoils of summertime. Ice cream was a popular summer-time treat. (Photo by Jessie Curry)



Sing Me A Song - Flipping the deck, a group of students visiting Africa take a break while senior Greg Thompson serenades them. (Photo by Lily Dobson)



End of SUMMER
 Heaven is Spelled
 S-U-M-M-E-R-i



LAYING FIRM FOUNDATIONS



Flying across football fields, through cross country courses, and all the way to New York City. Establishing new clubs (even honoring the all American sandwich) and continuing the long standing ones. First quarter is only the foundation to constructing an unforgettable year in the work site of Ames High.

September

Ames Defeats Ankeny

For the students of Ames High, the Ames vs. Ankeny football game was one of the biggest games during the 2005 season. With over five hundred people cheering in the stands, Ankeny took the lead during the first half.

After a loud half-time, the Little Cyclones were still behind going into the final minutes of the second-half. With five minutes left in the game, senior **Chris Voss**, who is normally a receiver, made a seventy yard pass to sophomore **Ben Cotton** which led to the touchdown that tied up the game and led to overtime.

In the first overtime both Ames and Ankeny scored a touchdown, pushing the game into double-overtime. Ames finally took the lead with a touchdown and a field goal.

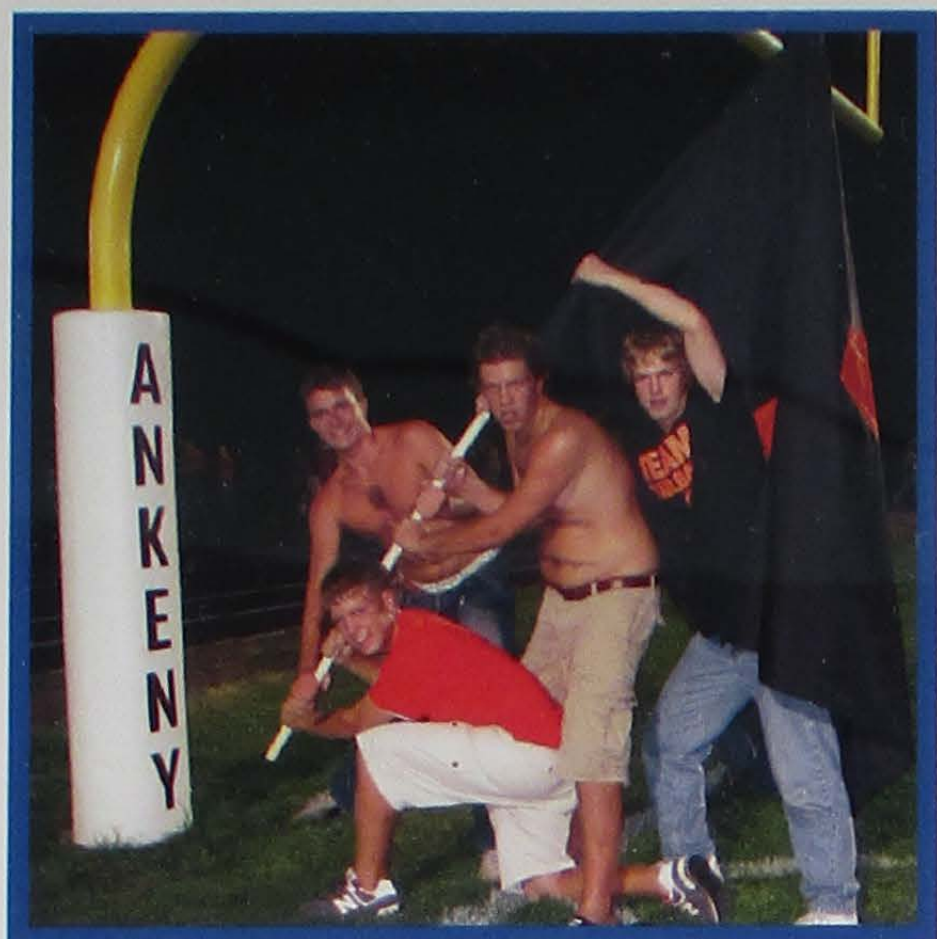
On the ensuing Ankeny possession, Ames was called for encroachment at midfield, which extended the drive. They took full advantage of this and scored a touchdown.

After the touchdown, a time out was called and Ankeny had two choices: they could tie up the game by kicking a field goal and go into triple over-time, or go for the two point conversion to win it all.

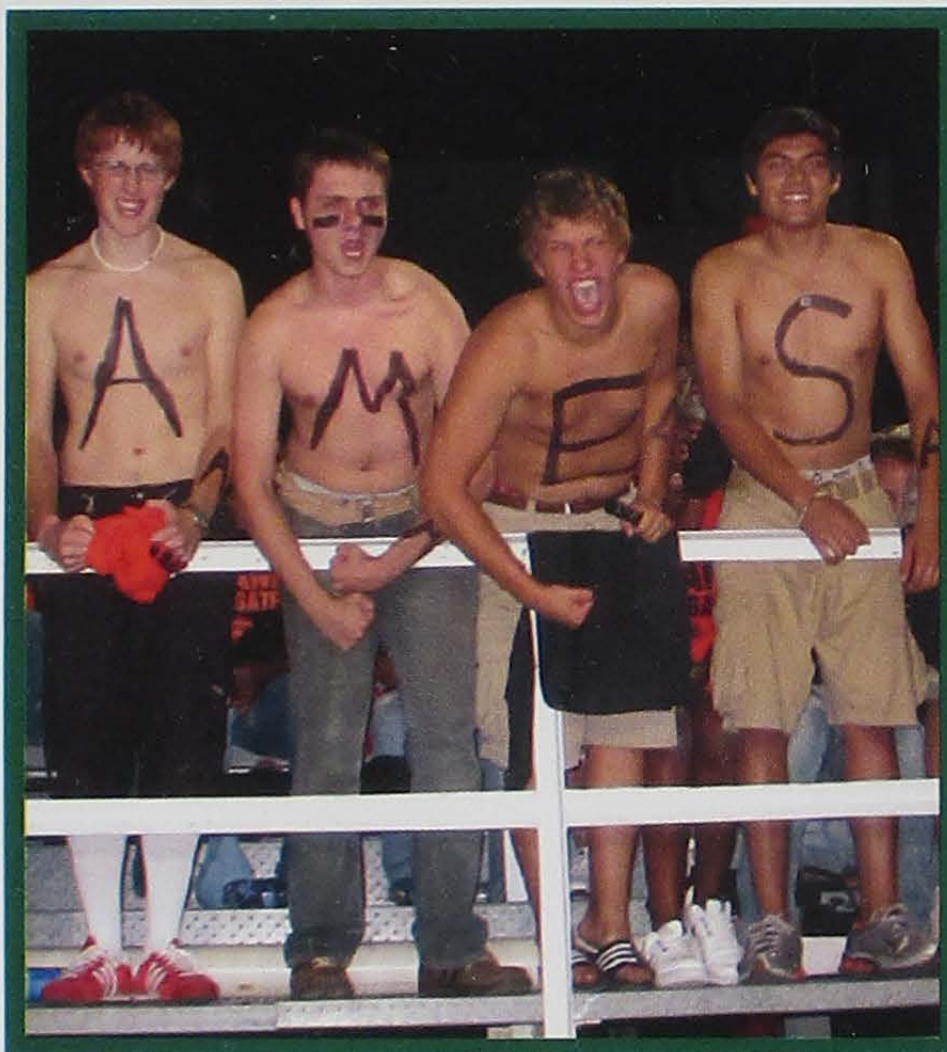
Feeling they had the momentum, they decided to go for the two point conversion. Ankeny had done this earlier in the game and scored the points; this time, though, Ames knew what was coming.

The Ames defense got set up against Ankeny's offense and stood their ground. With senior **Bob Schliesman** and junior **Josh Peterson** standing in the middle, Ames stopped the run, and WON THE GAME! The final score was 31-30.

"This game was a huge step in building our confidence and in realizing the potential our team has. It is only our second game and we have succeeded in coming out on top under pressure," Coach Kohl said after the game.



Marking Our Territory - Making themselves at home, Team Tailgate seniors **Ryan Dougherty**, **John Stark**, **Ryan Larson**, and junior **Benny Nelson** stake the Ames flag in the Ankeny end zone. (Photo by Kirsten Schoenrock)

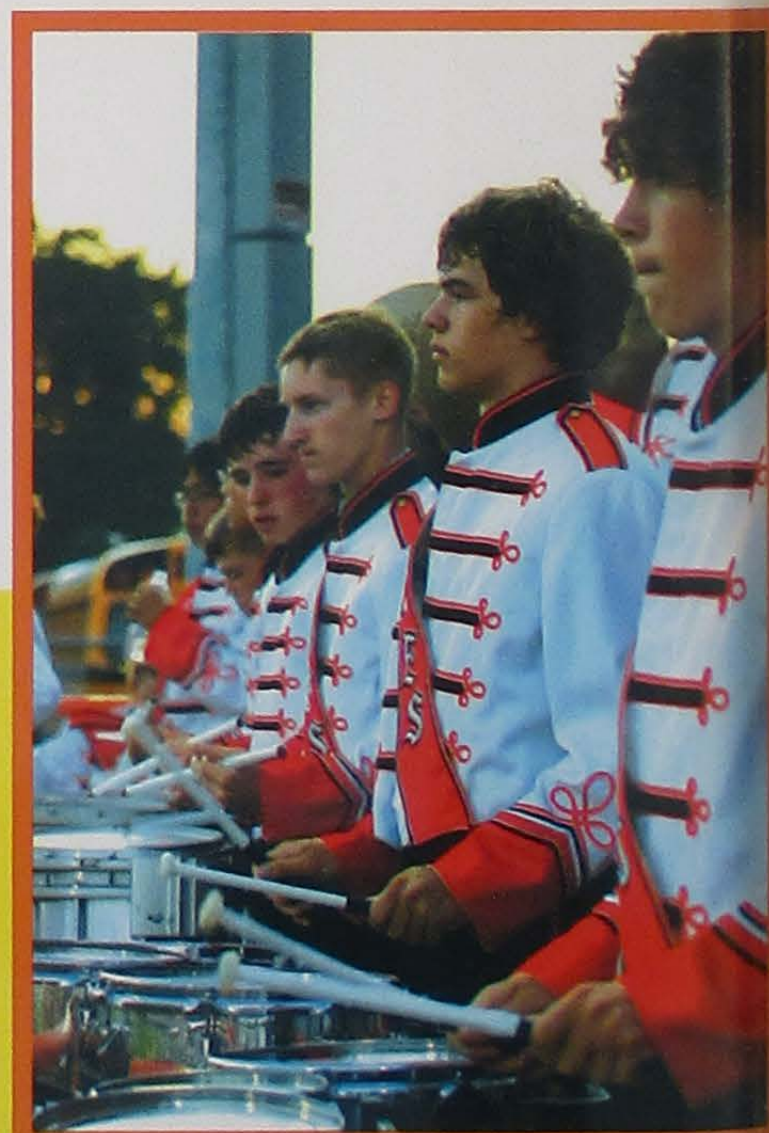


Showing Some Skin- Rooting on the Little Cyclones, juniors **Justin Gilger**, **Jacob Gohlmann**, **Benny Nelson**, and senior **Abe Valadez-Rosales** make some noise after Ames ties up the game against Ankeny. On the road, Team Tailgate was always a presence. (Photo courtesy of Emily Lawler)



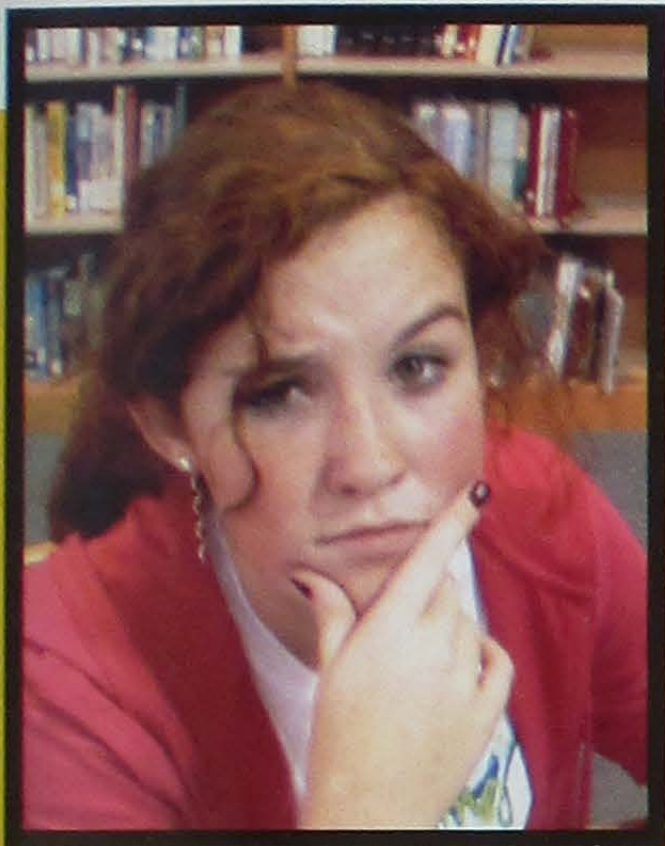
AHHH - Cheering loudly, Team Tailgate member senior **Asaf Vaknin** shows his displeasure. The Ames High students who were at the game screamed loudly as Ames went into double overtime. (Photo by Britta Mennecke)

Drumline - Getting the fans on their feet, the drumline plays along as the crowd sings Loyalty. The marching band provided marvelous entertainment during every home game halftime. (Photo by Britta Mennecke)





Wormin' It- Competing in the dance off, Senior, **Bob Schliesman** shows off his moves in front of the whole school at the fall pep rally. Schliesman was one of three finalists and finished a close second to senior Danny Blum. Senior football captains Austen Arnaud, Daniel Kinker, and Nate Greving kicked off the rally by riding in on a fire truck. Once again the varsity cheerleaders were successful in pumping up the students for the game against Roosevelt. (Photo by Sarah Jacobson)



"HMMM...GOOD QUESTION. I'D HAVE TO SAY I GO TO FOOTBALL GAMES TO WATCH BEN COTTON, BECAUSE HE IS DEFINITELY AN EXCELLENT PLAYER, AND IS VERY GOOD LOOKING IN HIS FOOTBALL UNIFORM!"

-JUNIOR LAUREN DOUGHERTY

FRIDAY NIGHT LIGHTS

WHY DO YOU ATTEND FOOTBALL GAMES?

TO WATCH THE FOOTBALL PLAYERS

43%

TO WATCH THE CHEERLEADERS

37%

TO LISTEN TO THE BAND

15%

I DON'T GO

5%

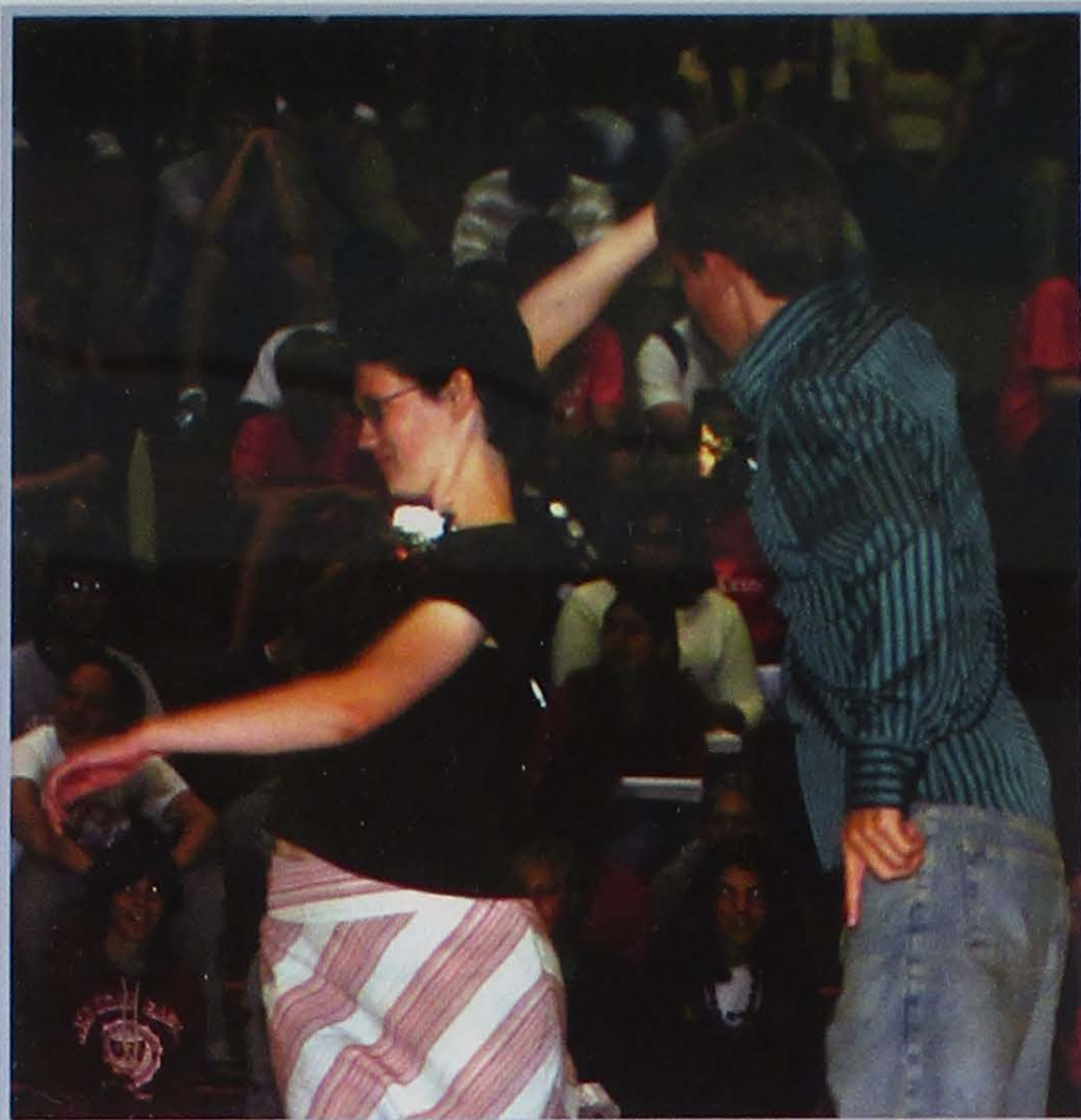


Googly Eyes- Working on an experiment in chemistry, Senior **Rachel Schmidt** gets ready to drop chemicals into the beaker. Lab days were always a favorite among chemistry students. (Photo by Chantal Roberts)



WHAT THE?! - Sitting at the spaghetti dinner, sophomore **Sophia Courneya** gets bombarded with bread by her sister, senior Olivia Langenberg. The girls cross country team was preparing for the Ames Invite the following day, in which all of the girls dominated. (Photo by O. Langenberg)

Home Coming



Life After Love - Offering up a soulful serenade, senior **Neva Hibbing** serenades senior **Benny Nelson** with a classic Cher song during the homecoming court's traditional "Truth or Dare" game. (Picture by Britta Mennecke)

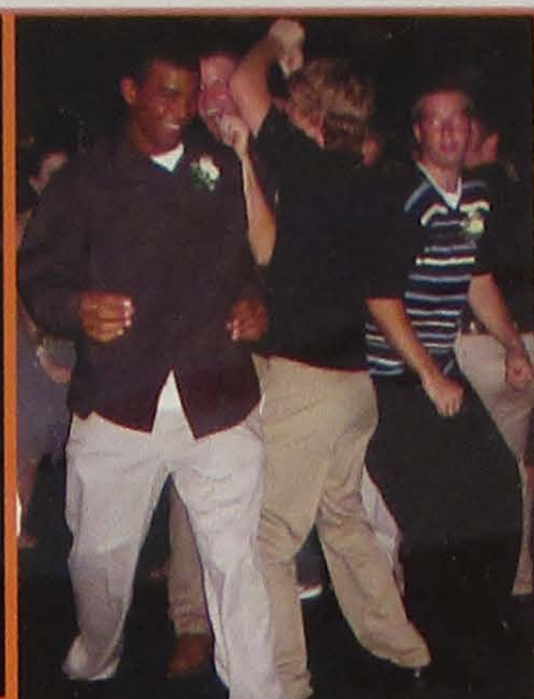
Rockin' In The Free World- A member of the band Atom Bender, junior **Zach Brenner** jams during his performance at the talent show. Student bands competed for the coveted title of best band. (Photo by Jenny Cheuk)



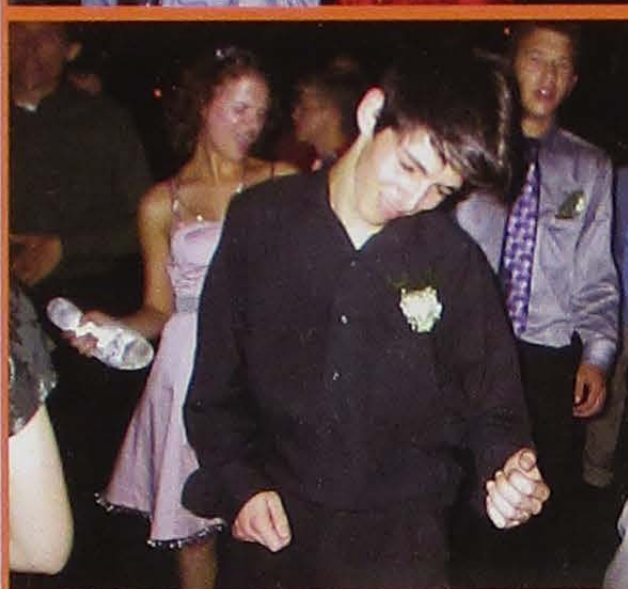
Midnight Serenades - Well past her bedtime, junior **Anju Somani** plays Ames High Loyalty in the annual band raid. The one night a year teacher's don't look forward to seeing their students. (Picture by Elizabeth Cohea)



Every Girl's Crazy 'bouta Sharp Dressed Man- As the front man, Senior **Andy Richards** rocks out with his band, Captain Rugos and the Ice Cream Pirates of Tomorrow, at this year's talent show. (Picture by Becky Sidles)

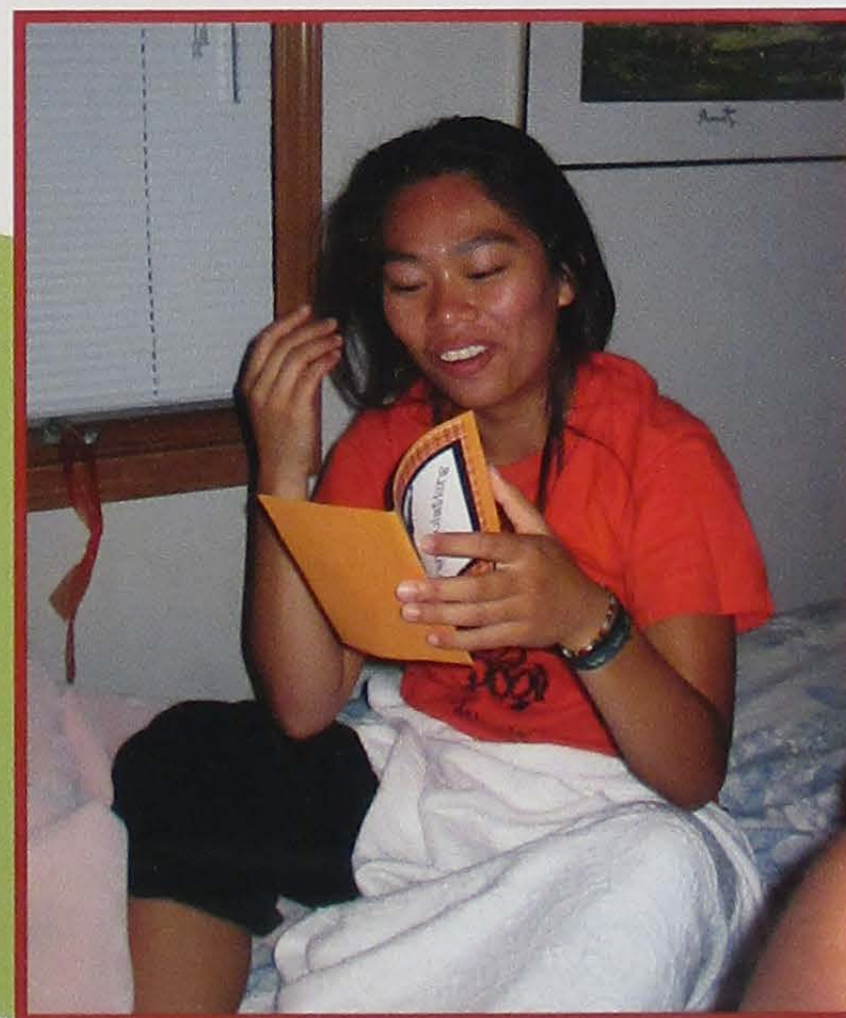


The Dance



Sleeping Beauty - Still half asleep, senior **Maria Fabiosa** wakes up to find her room filled with people - she's made Homecoming Court! Each year court members were awakened late at night with balloons and their formal invitation. (Picture by Elizabeth Cohea)

Out With The Old, In With The New - Whitewashing over last year's homecoming murals, seniors **Benny Nelson** and **Tricia Stubbs** prepare the sidewalk for this years New York, New York themed paintings. (Picture by Lily Dobson)



October

By the end of October, most students are in dire need of a break, and October 31st serves as the recess of teenagers.

Halloween, Baby.

Halloween had its share of memories this year. This is the one time every year that kids of all ages get to dress up and act crazy for no particular reason. Some students see it as an open opportunity for rebellion, so the crazier the costumes, the better the night will go. This simple reason is why so many kids get in trouble.

Not that everyone loves the intensity of school, but the atmosphere is different. When back to every- at least one story



to say everyone trouble, major high kidslike tention. coming school, one has one to pass on. Some kids even bring pictures, giving everyone a visual of their fun night.

We all seem to love the costumes, the funny faces, and all the candy. Most students' costumes are just funny, some are edgy, and others are daringly inappropriate. As far as the candy goes, it just gives the kids a reason to be wild.

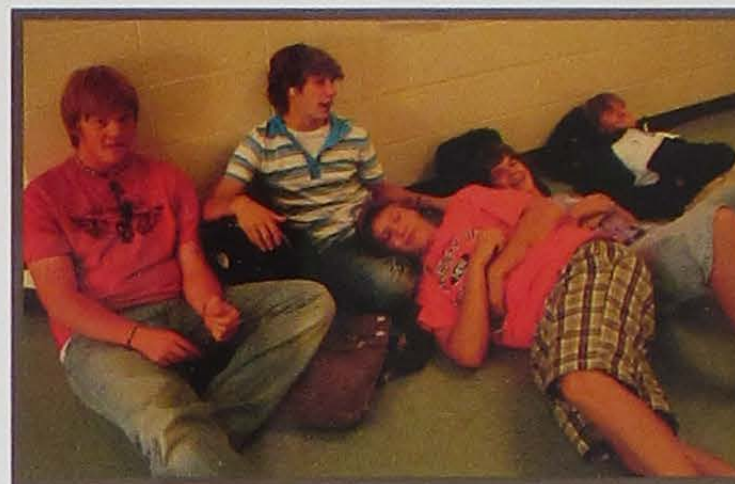
Halloween is definitely a favored holiday of the year. Not only because it's fun, but also because it is the only holiday when everyone can burn off a little steam, escape from the ordinary, and just be themselves.



Sleeping Beauty - Dreaming of winning her race, junior **Mallory Sorenson** gets some rest on the way to her cross country meet. "We took some long rides to run some long races, but it was fun," Sorenson said. (Photo by Olivia Langenberg)



In Your Face! - Enjoying her spaghetti dinner a little too much, senior **Neva Hibbing** sees how many apples she can fit in her mouth at one time. (Photo by Olivia Langenberg)



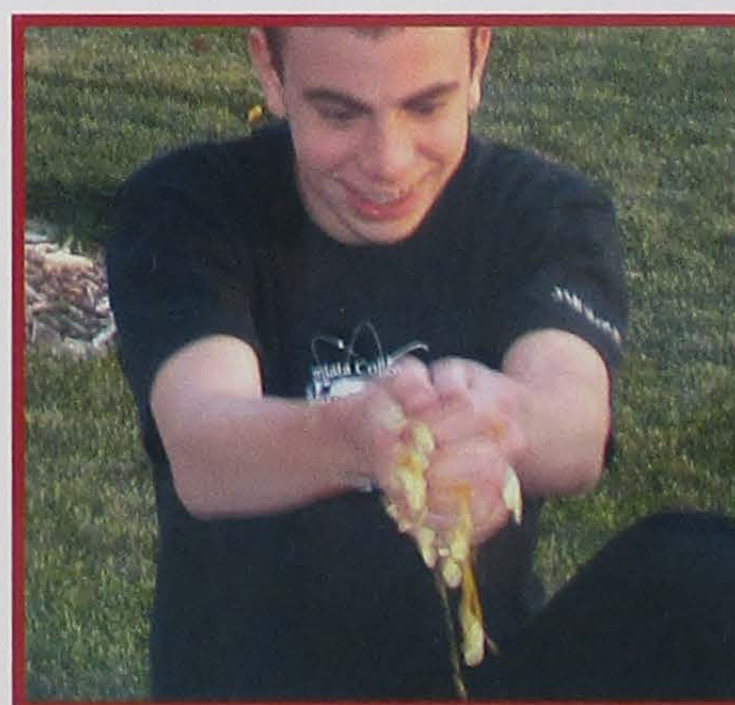
Hallway Groupies - Relaxing before their next class, seniors **Alex Krumm** and **Mikie Owen** lend a knee to juniors **Benny Nelson** and **Aaron Mostrom**. (Photo by Lily Dobson)

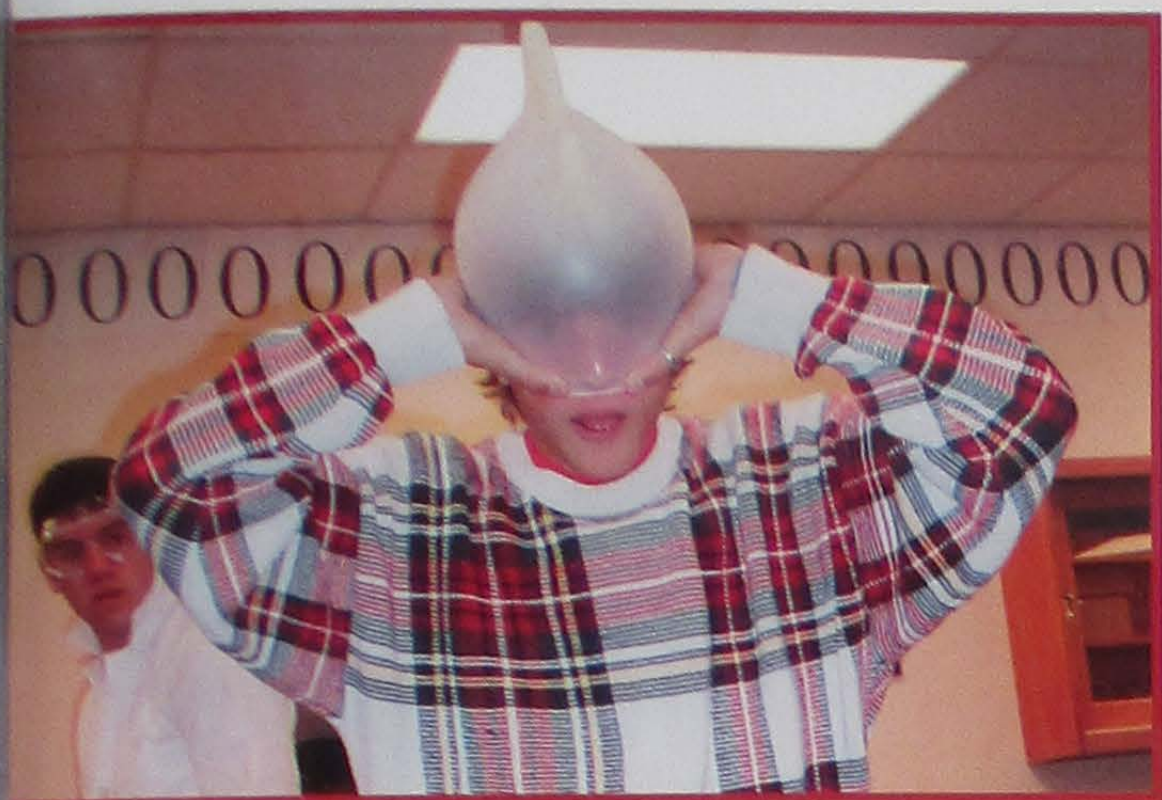
Humpty Dumpty - Smiling with torture in his eyes, junior **Michael Herriges** smashes an egg with his bare hands. The stunt was the perfect solution to an otherwise boring lunch. (Photo by Kirsten Shoenrock)



Ninja Fight! - Showing off their mad ninja noodle powers, juniors **Elizabeth Cohea** and **Lily Dobson** battle it out in the parking lot for the number one spot. (Photo by Kirsten Shoenrock)

Doing the Monster Mash - Feelin' groovy, juniors **Benny Nelson**, **Ethan Forsgren**, and **Robert Koehler** have a sweet jam session for a group of friends. (Photo by Lily Dobson)

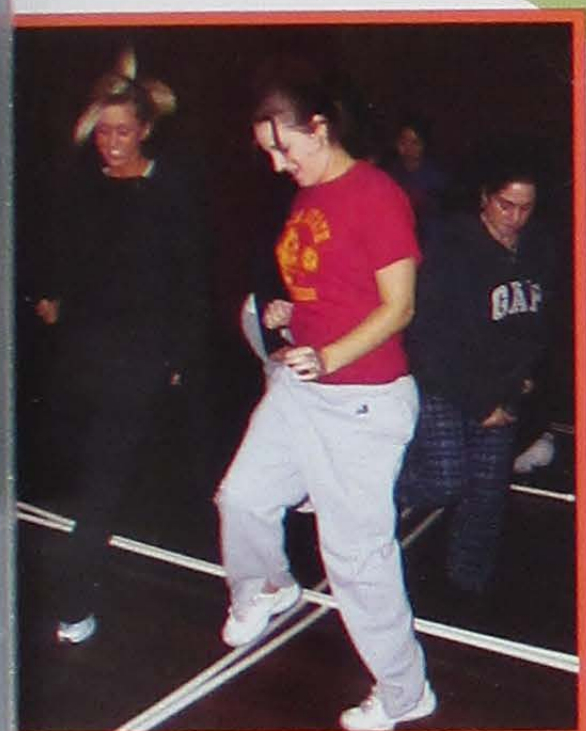




Airhead - Making use of his latex gloves from Chemistry lab, senior **Kyle Thomas** pretends to be a turkey for a day. (Photo by Shannon McCormick)



Workin' the Wheel- Making sure that everything is perfect, junior **Elaine Ertz** and senior **Kelly Wilson** finish up their bowl. (Photo by Sarah Cram)



Three Musketeers- Staying focused, junior **Mukund Premkumar** and sophomores **Magon Liu** and **Katie Orazem** play their clarinets for the crowd. (Photo by: Britta Mennecke)



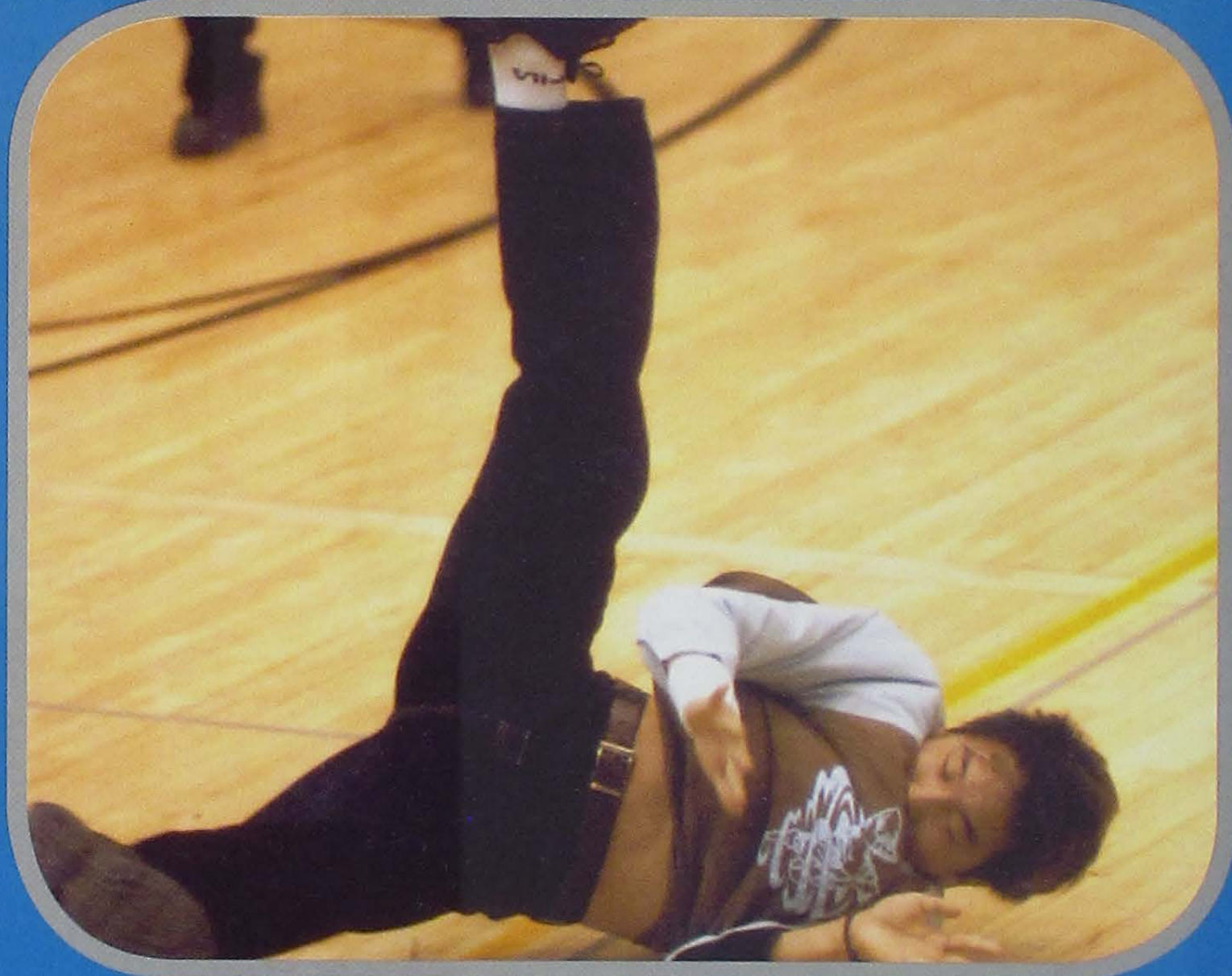
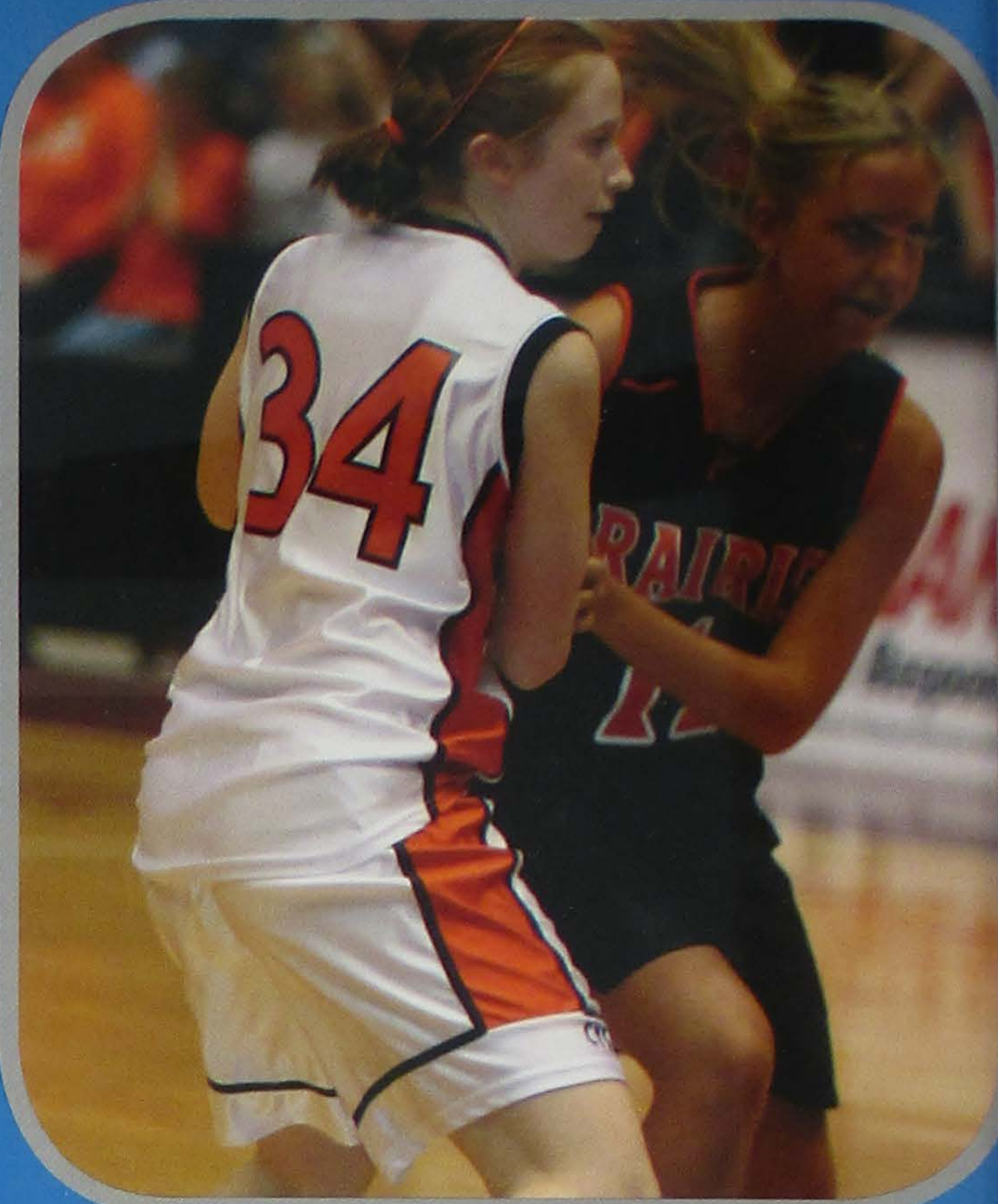
In the Groove! - Tennickling in modern dance, junior **Rachel Thompson** and senior **Beth Bonnickson** get in the groove. (Photo by O. Langenberg)



Young girl and the Sea- Showing her rowing prowess, junior **Julia Fullhart** makes her way across the lake at Ada Hayden park in Ames. (Photo by Chantal Roberts)



Cooking Up a Storm- Spreading on the last ingredient, seniors **Andy Wass** and **Katie Kramer** finish up their foods project. (Photo by Sara Holt)



FRAMEWORK



Second quarter was jam packed with activities. Students filled their schedules as they traveled to support our volleyball, cheer, and cross country teams at their State competitions; did their best to come up with the best Halloween schemes and costumes; and danced through a night of Fire and Ice. Nonetheless, in the end all were reminded by long study hours, good nights of rest, and the dreaded semester finals that the framework to Ames High remains in the academic excellence within its classrooms.

November

"You may be on the right track but if you just sit there you'll get run over." -Paul H. Dunn

DECA Offers A World of Opportunity

Developing business skills is what DECA is all about. Leadership and communication guides them through their business workshops, especially the Des Moines Conference in November. This conference

includes business-work-gear-ward-prov-man-ment-mar-skills. en-



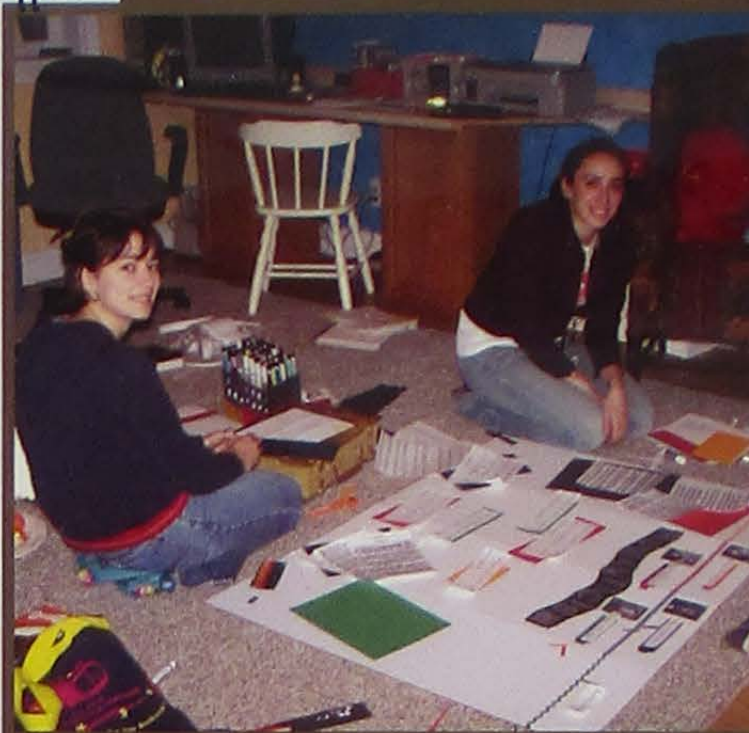
in many business shops to im-aging-and keteing They joyed

speakers and leadership games while getting to know other students from around the region. DECA continues to have conferences as well as opportunities in fundraising. Future projects include Outreach Africa in which food packages will be sent to Africa to help the hungry. "It's a great opportunity to get involved and learn about business," junior Jessie Curry said.

Bombarded -Being viciously attacked by her friends, junior **Sam Hackerson** loses control and explodes with laughter. (Photo courtesy of Sam Hackerson)



Bonkers! - Goofing around while cleaning up after the winter cheer banquet, seniors **Amanda Hinderks** and **Alex Budd** go crazy with the table decorations. (Photo courtesy of Alex Budd)

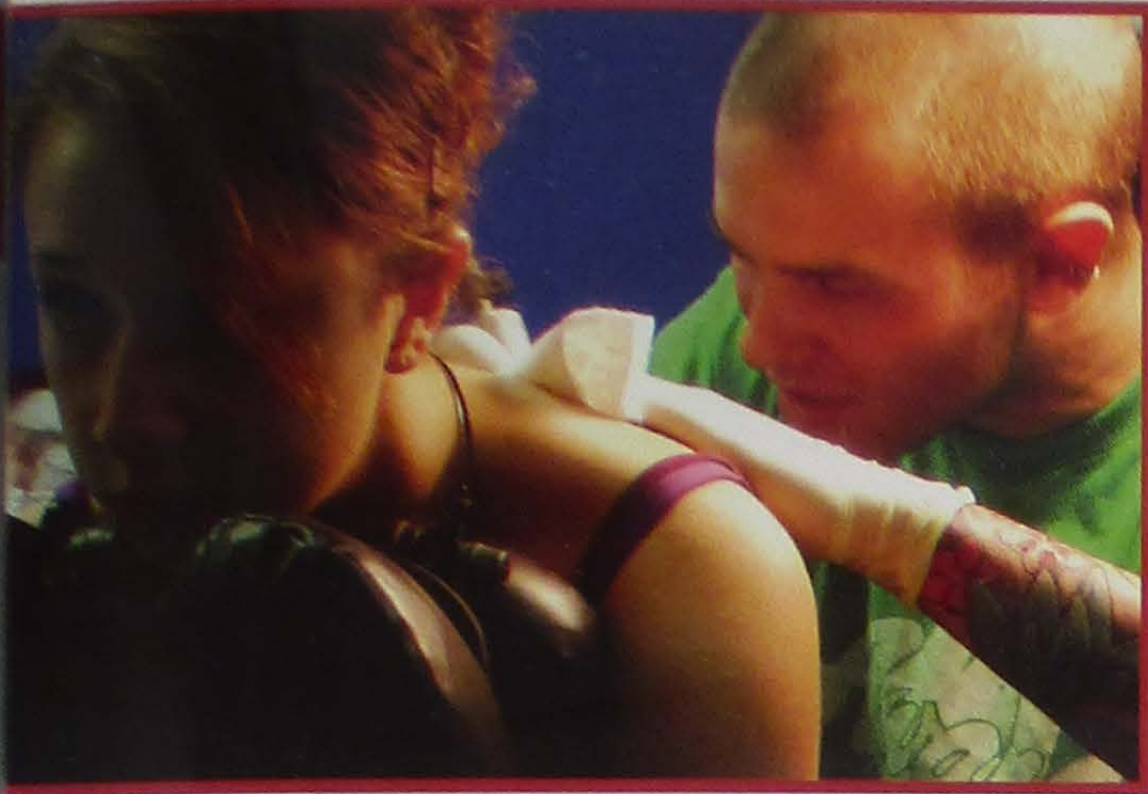


The most entertaining moment in DECA was watching Nick Litwiller dress as a farmer and dance across the stage. -Junior Jessie Curry



Winner Takes All- Fighting off the pressure in a game of pool, junior **John Fitzsimmons** sets up his shot while junior **Noah Gildermaster** tries to distract him (Photo by Jenn Boccella)





Human Canvas- Trying to ignore the stinging pain of repeated punctures, senior **Stephanie Enloe** receives her first tattoo. Many 18-year-olds seek tattoos as their first act of rebellion. (Photo by Lily Dobson)



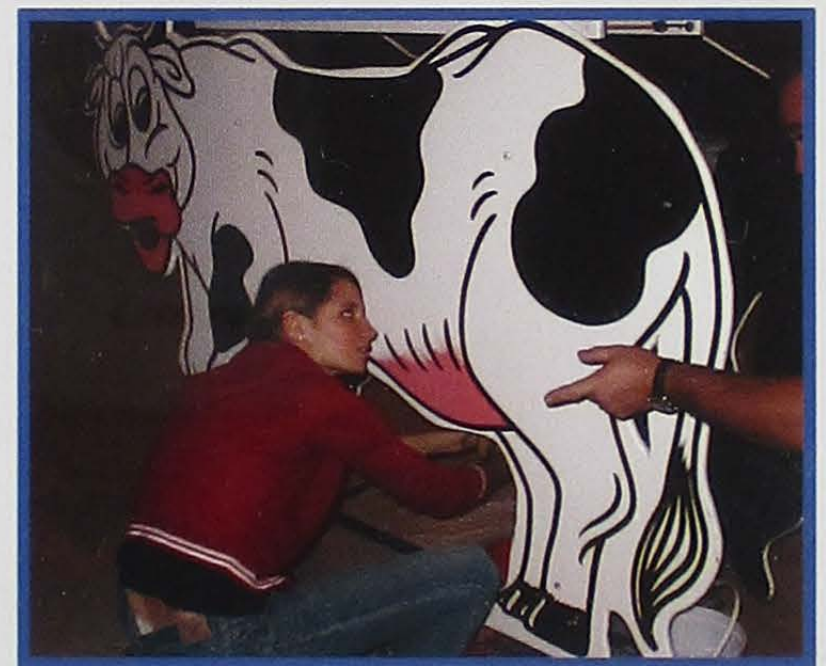
Bring it On! - Posing with their 4th place trophy, the Ames High Fall Varsity Cheer Squad celebrates another great performance at State competition. (Photo by Shannon McCormick)



The Three Amigos - Strumming at their guitars, senior **Manuel Melendez** and juniors **Ethan Forsgren** and **Andy Lane** prepare a serenade for the ladies. (Photo by Sam Hackerson)



Pleeease... - Pouting for more desert, sophomore **Dan Chrusciel**, gives the worlds best puppy face. (Photo by Jessie Curry)



Milkmaid - Milking a model cow, junior **Allyse Hellmich** gets tips from a professional. DECA students had a lot of hands-on activities to choose from at the conference. (Photo by Kirsten Schoenrock)



Flying High - Showing off their high-flying skills, Ames High Fall Cheer Squad does amazing toe-touches during a sneak peek performance two days before state. (Photo by Shannon McCormick)

December

Bowl games, formal dances, vacations, and more. Ames High School students all agree that winter break is a much needed break from the stress-full life of school. Winter break of 2005 was full of excitement as students found new ways to make the two weeks go by all too quickly.

Living in Ames, the home of Iowa State University, most students are die-hard Cyclone fans. Even Hawkeye fans had something to cheer for this year, though, as both football teams made it to a bowl game. Many Cyclone fans followed the team to The Houston Bowl in Texas where the Cyclones dropped a heartbreaker to TCU.

"Houston was full of fun. Playing football at tailgates full of scrumptious food. My favorite was the chex mix. We Cyclone fans know how to party," freshman **Ben Jones** said. Hawkeye fans caught the Outback Bowl in Florida in similar style.

Winter formal is a good opportunity for those who do get stuck here in Ames to have a special night. This year the senior girls club planned a night full of 'Fire and Ice'. "I was proud of the work we senior girls did and the dance was a success," senior **Sarah Windsor** said.

Whether students were hightailing to warm destinations or making homemade snow forts in their own backyards, winter break gave everyone the stressfree vacation they needed to prepare for semester finals.



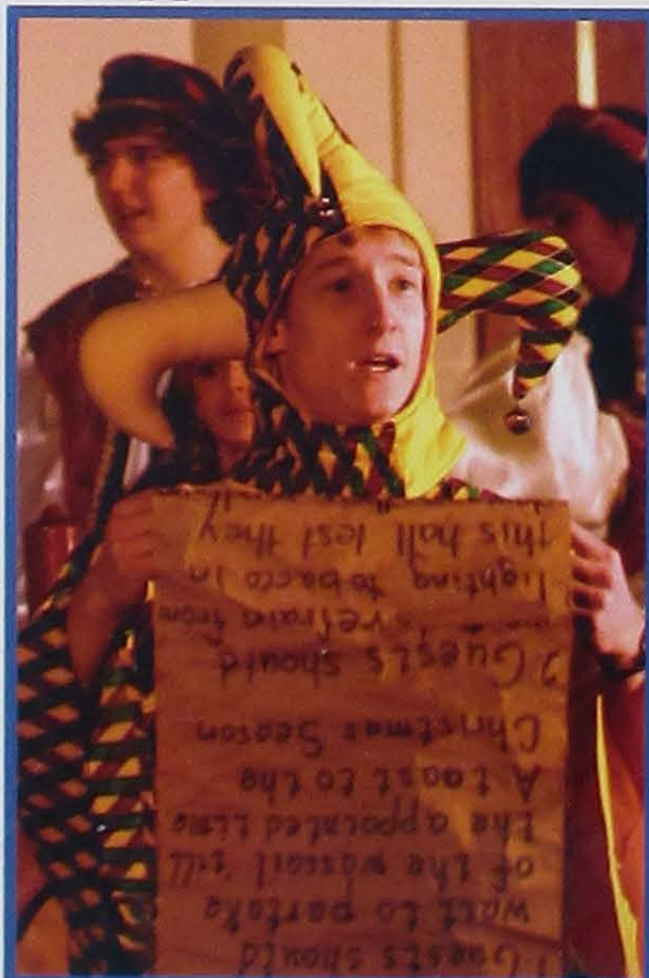
Paying Tribute - Leaving a message to the victims of Oklahoma City Bombings, freshmen **Patrick McCormick** and **Ben Jones** show their soft sides. (Photo by Shannon McCormick)



GO FISH! - Examining their hands, juniors **Anna Greenwald** and **Jenn Boccella** play a good old-fashioned card game. Cards was a great relaxation activity during winter break. (Photo by J. Curry)



Kiss Me - Laying on a smooch, junior **Jayne Strand** dances with a statue in Kansas City. The girls basketball team took a holiday trip over winter break to bond and spend some quality time together. (Photo by Jessie Curry)

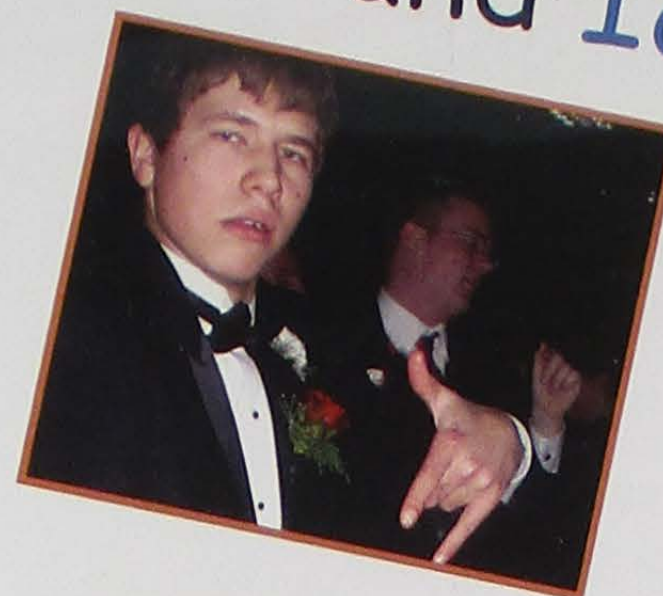




C'mon, Get Happy! -

Spreading the magic of Winter Formal, sophomore **Dan Chruscziel** and junior **Ege Inanc** can't help but show how happy they are to be at the dance. (Photo by Jessie Curry)

Winter * Formal Fire and Ice



WOOORD!-

Giving it up for his homies, senior **Scott Simpkins** lets it all go at Winter Formal. (Photo by Chantal Roberts)



Two for One - Walking the iced carpet, senior **Danny Blum** gallantly leads seniors **Emily Davenport** and **Alyssa Rasmussen** as they are introduced as Winter Formal court members. Blum "had" to pull double duty for Senior candidate **Nathan Greving**, who missed out on his walk of fame to cheer on the Cyclones in Houston, Texas. (Photo by Becky Sidles)

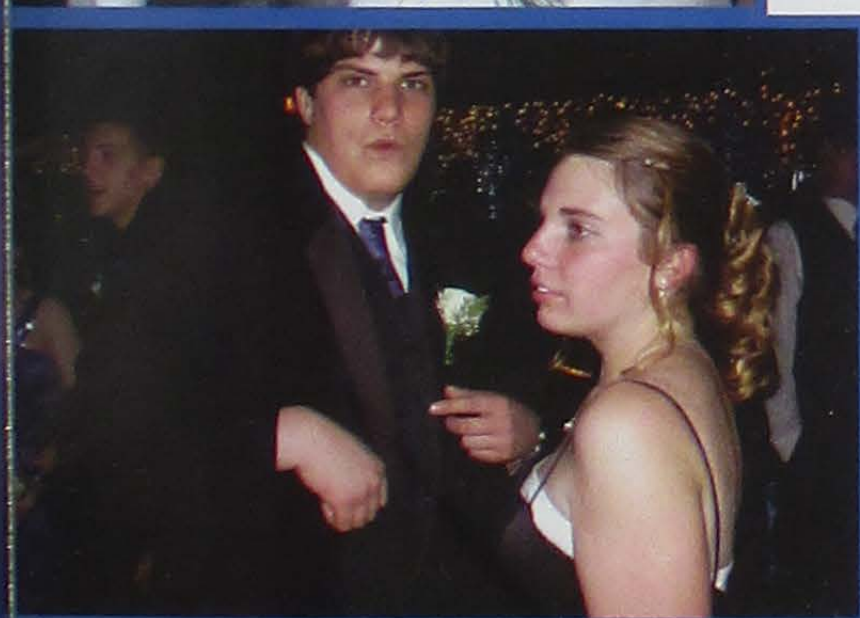


Princess for a Night - Proudly wearing a princess tiara, sophomore **Zach Wayne** heats it up on the dance floor. When asked if he felt pretty, he replied, "Oh so pretty!" Wayne found the tiara a clever way to attract attention. "Zach and sparkly things just do it for me," senior **Sarah McClanahan** said. (Photo by Jessie Curry)

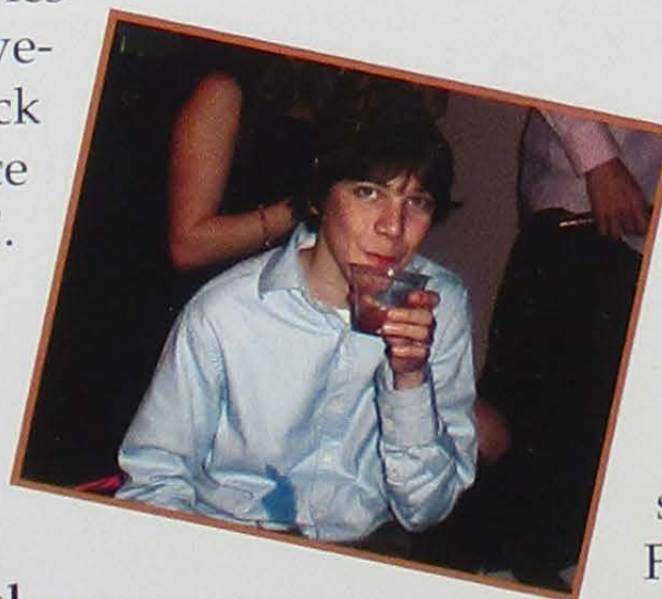


Finishing Touches-

Preparing for pictures, junior **Jenn Boccella** adjusts junior **Jayne Strand's** necklace to insure a perfect memory. (Photo by Jessie Curry)

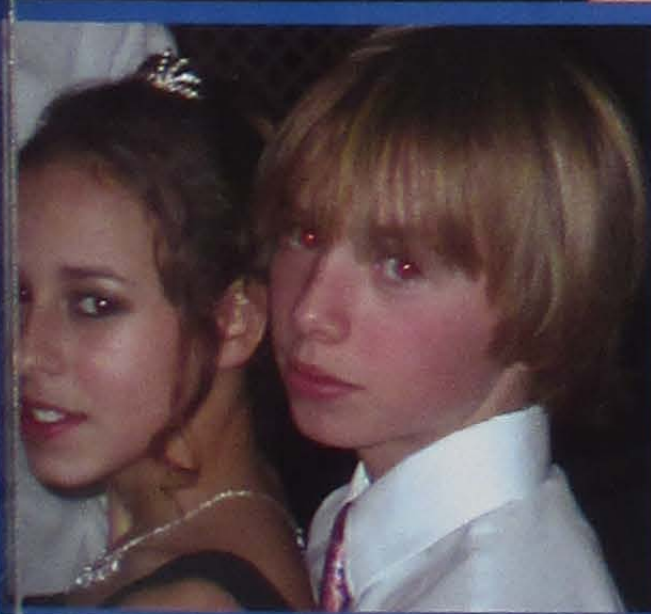


WOOT, WOOH!- Showing his enthusiasm, junior **Jeff Hanson** breaks it down on the dance floor with senior **Emily Thurmaier**. Plenty of couples showed off their awesome moves, or lack thereof, on the dance floor. (Photo by C. Roberts)



Mmm...Punch!-

Giving his legs a break, junior **Joe Wheelock** takes a load off and grabs some punch at Winter Formal. The red punch was very appropriate for this year's theme of Fire and Ice. (Photo by Kirsten Schoenrock)



Match Made in Heaven

- Dancing with finesse through a slow song, freshman **Patrick Jahren** and his date, freshman **Galadriel Comito**, make a cute couple. Many couples joined them, as a slow song brought relief from the mostly fast-paced music. (Photo by Jessie Curry)

Students herded through hallways in a hurry to see the unveiling of the new cafeteria. As they sat down during a short assembly held within the large new room, no one was expecting the gift to come with so many catches.

The new cafeteria was unveiled to students along with all its new rules and regulations. Students were informed that backpacks and coats would not be allowed, and roaming the hallways would result in a referral. "Even though the cafeteria itself is an improvement, all these new rules are going to cause me never to use the facility," junior **Keith Davis** said.

Sometimes gifts come with rules and it is going to take time for students to break into the new cafeteria. Eventually, however, students and staff will work together and make the best of the new facility. "I don't use the cafeteria for lunch because of all the chaos. I do however, use it each morning to get breakfast during first period. The cinnamon rolls are amazing!" seniors **Merri Goldman** and **Lara Curtis** said.

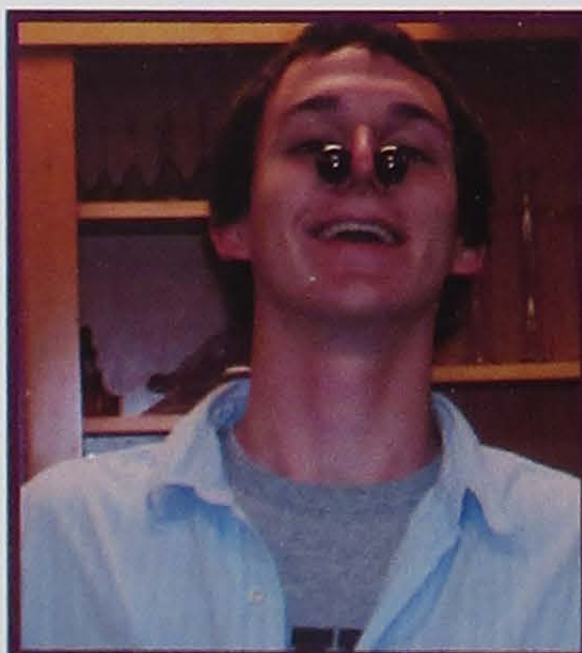
Cafeteria Creates Controversy



Cafeteria Chaos -

Chatting over the newest hallway gossip, freshmen and sophomores mingle through study hall in the new cafeteria. Study hall was a much more peaceful time than the actual lunch hour.

(Photo by Chantal Roberts)



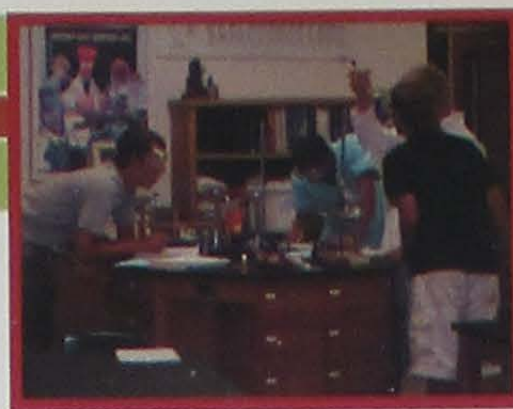
▲ **Layin' it Up!** - Penetrating to the hoop, senior **Chris Voss** pushes his defender out of the way. (Photo by Mazdak Mina)



▲ **Boy, This is Heavy!** - Seniors **Shannon McCormick**, **Alex Budd**, and **Amanda Hinderks** tug on luggage (Photo courtesy of S. McCormick)

▼ **Itty Bitty Snowman!** - Observing their work, junior **Wei-li Suen** and senior **Kevin Lu** take pride in their work. They completed their goal of creating the world's smallest snowman. (Photo courtesy of Sean Lu)

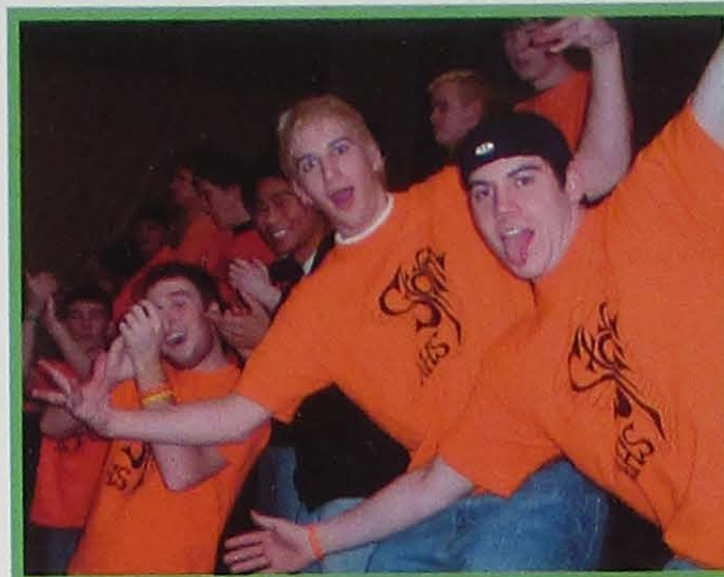
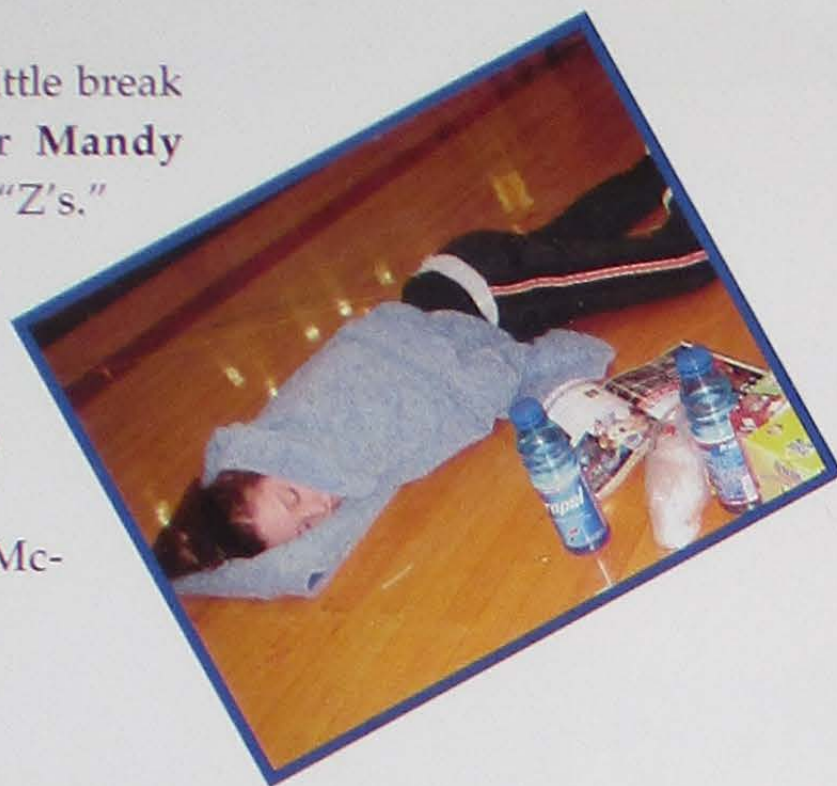




ZZZZZZ! - Taking a little break from cheering, senior **Mandy Kerper** catches some "Z's."

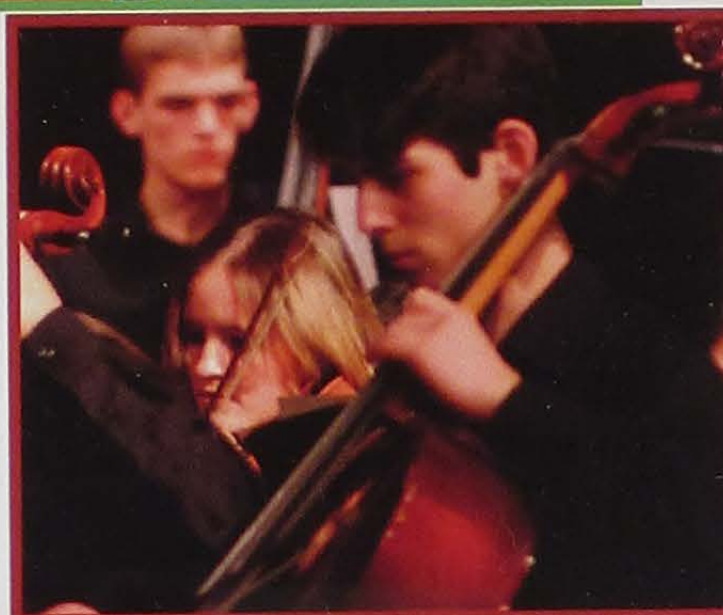
Wrestling tournaments, held on Saturdays, get really long for both the cheerleaders and the wrestlers themselves.

(Photo by Shannon McCormick)



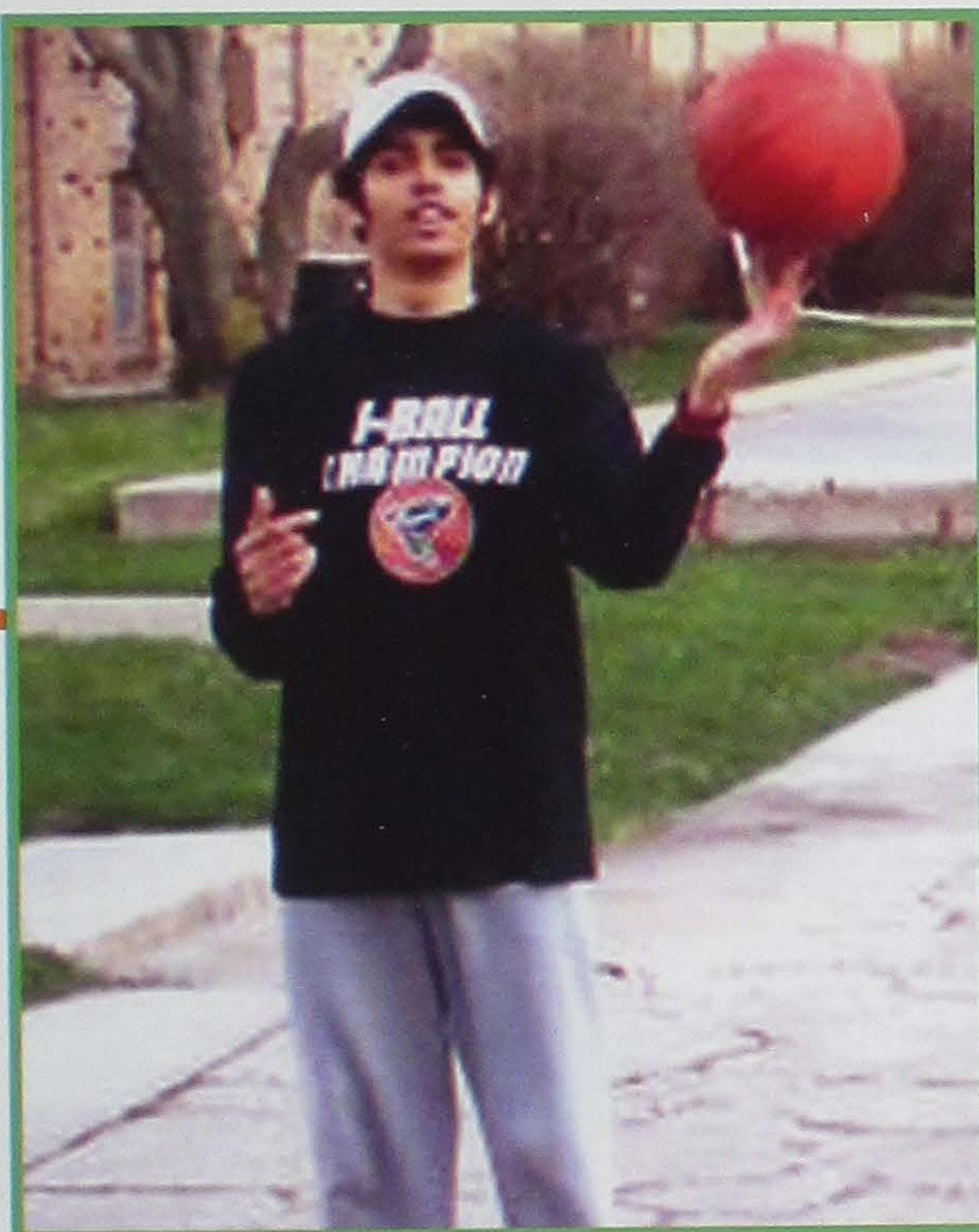
What ya gonna do?!

- Taunting the opposing team after a three pointer, seniors **Tommy Strehlow** and **Garrett Hamilton** show their support. (Photo by Jenn Boccella)



Pure Concentration-

Playing his part, senior **Ilya Ellern** provides beautiful music through another orchestra concert. (Photo by Britta Menecke)



Ankit Patel

Q: How did you come up with the idea to start a Myspace group for Ames High students?

A: With Myspace becoming such a craze, I thought it would be a fast and easy way for students to communicate with each other. We've had bulletin topics from football scores to Friday night events.



Extreme Foosball -

Dominating the boys, senior **Neva Hibbing** and her friend defend their goal against junior **Joe Wheelock** and senior **Kyle Thomas**. (Photo by Jessie Curry)

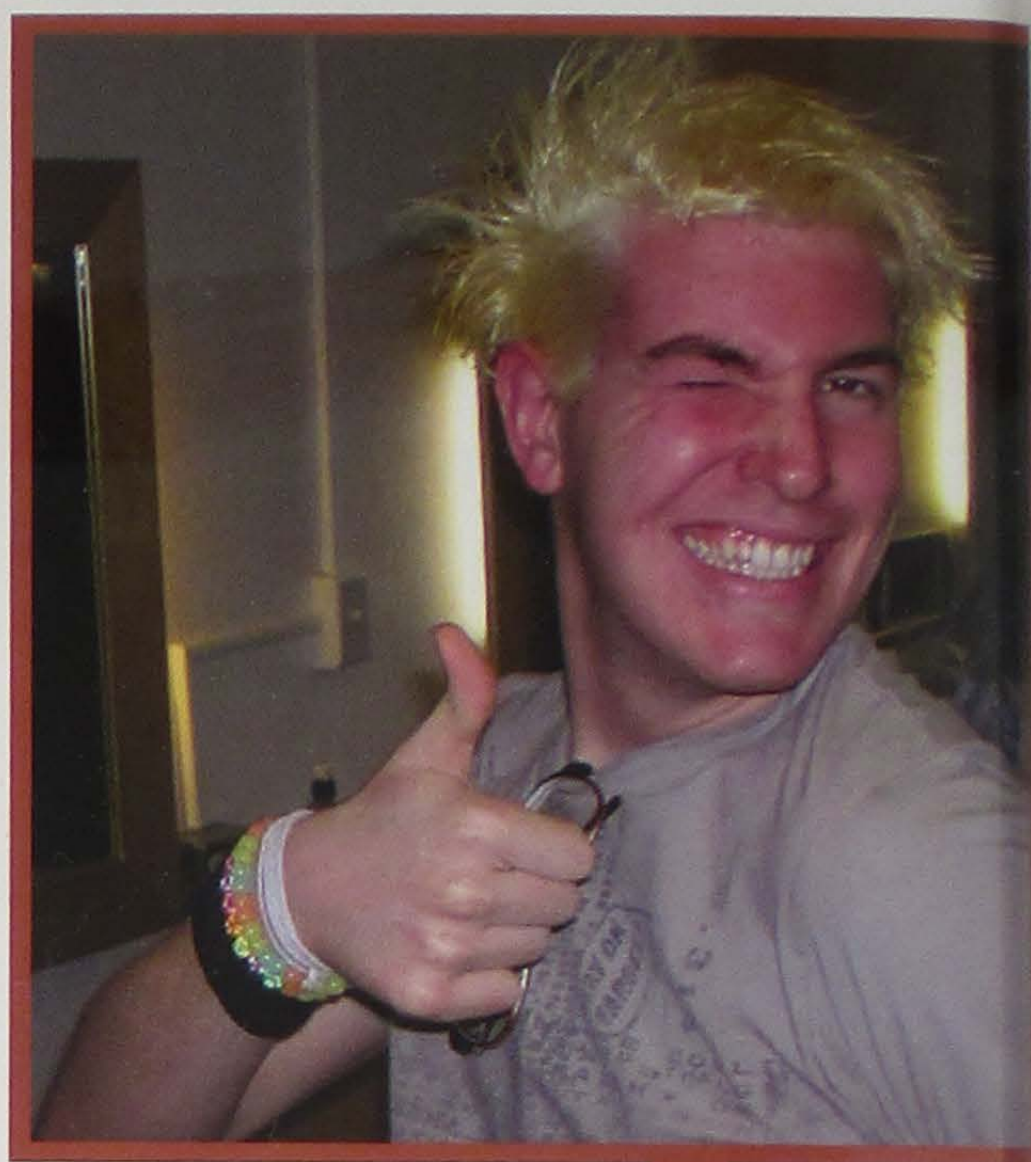
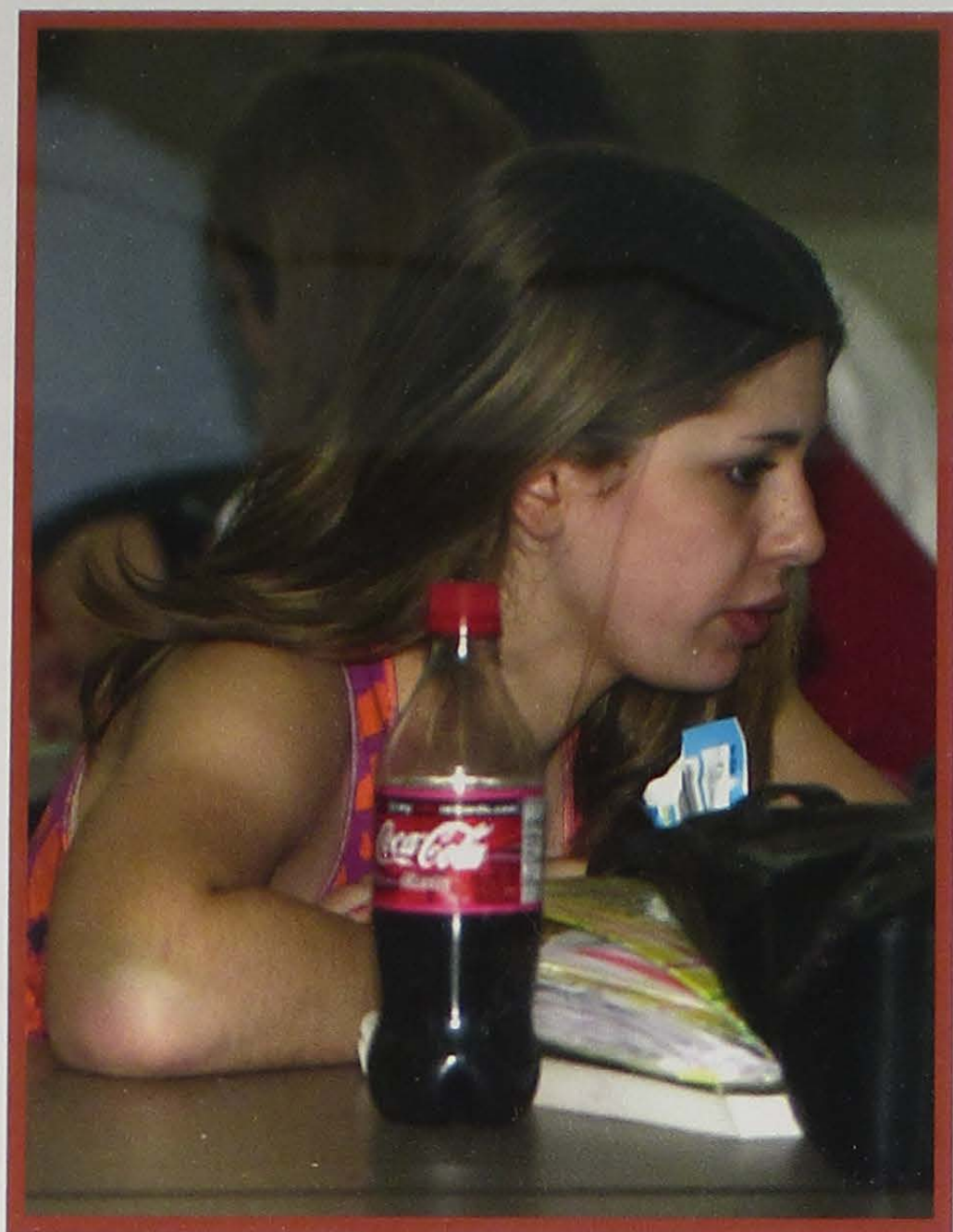
Good Sports-

Congratulating one another after a win, the boys varsity basketball team proves their good sportsmanship. (Photo by Mazdak Mina)



Give me an A!

- Mocking her cheerleader friends, junior **Jenn Boccella** takes her try at doing a toe-touch. (Photo by Kirsten Schoenrock)



ON STRIKE!

School has been in session long enough!

We want a snow day!

Longer Spring Break!



February

Ames High gives Love a good name

Some may love it and some may hate it, but no one can deny that it comes but once a year. The day I am speaking of is February 14th, Valentines Day. Many wonder why we set aside an entire 24 hours to celebrate love when not everyone has that significant other; but who says that love has to come from only one other person anyway?

This Valentines Day was made extra special when two mystery students set out to make it known to everyone that they are loved. The two either stayed late after school or came super early in the morning and taped a colored heart, decorated in kisses, on each locker within the school. "I usually dislike Valentine's Day with a passion, but getting that little heart first thing in the morning made me smile," senior **Sara Holt** said.

The two girls captured the true spirit of love that Valentine's Day is all about.

Can you
feel
the love
tonight?



Who Are Those Masked Women?

- Pondering the meaning of life, juniors **Jessie Curry**, **Allyse Hellmich**, and **Courtney Larson** prepare for the ISU Masquerade Ball. They spent the evening gazing at some impressive local art and dancing the night away.

(Photo courtesy of Jessie Curry)



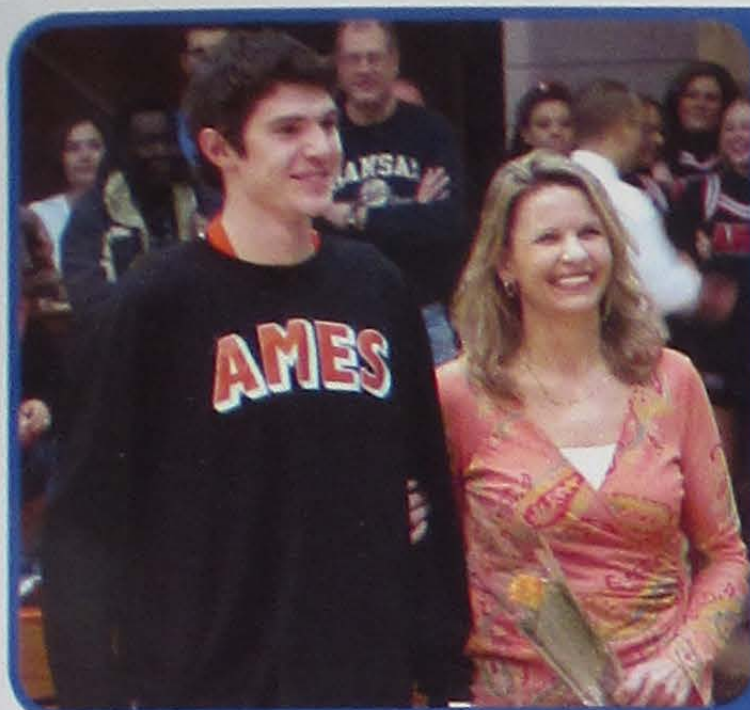
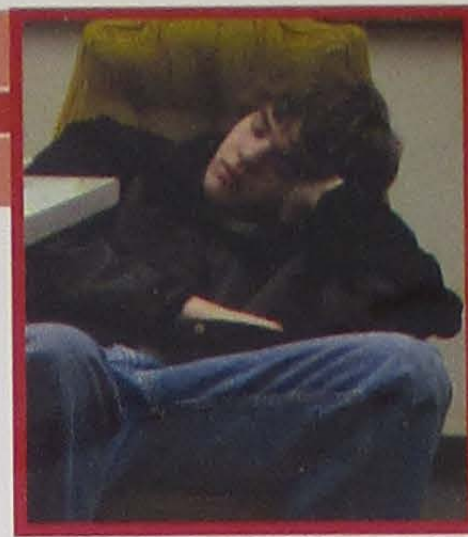
Check this out!- Meandering through a Chicago art gallery, junior **Joe Thein** points out a dinosaur display that caught his attention. "The trip opens your eyes and shows you how far art can really go. I would have had no idea without going this year," Thien said.

(Photo by Britta Menecke)



Beauty is Blind- Applying lip gloss to junior **Sam Hackerson**, junior **Sarah Schrietmuller** attempts to makeover her friend's face blindfolded. Making up fun little things to do such as this is just one way that Ames High students find creative to pass away the weekends.

(Photo courtesy of S. Hackerson)



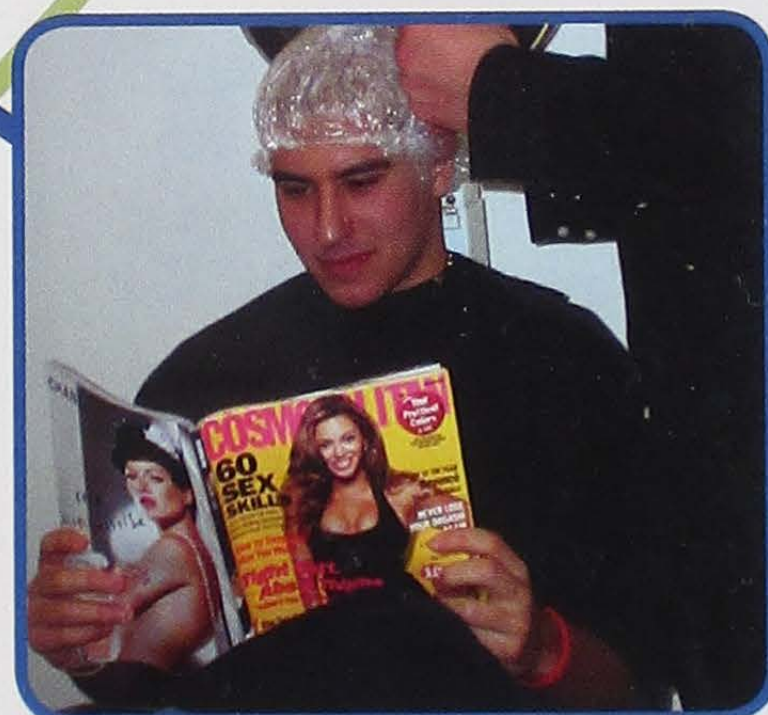
Ode to Seniority – Walking with his “mother,” senior **Mark Lacey** is all smiles for Boys Basketball Senior Night. Many came to cheer on the Australian wonder against Hoover. (Photo by Elaine Ertz)



We've Got Spirit! – Helping out at the annual winter cheer camp, sophomores **Cherie Wandling** and **Stacy Gillen** keep the kids lined up to perform a favorite crowd cheer, “Let me hear your Cyclone Spirit.” (Photo by Becky Sidles)

It's Gonna Pop! –

Showing off her balloon blowing skills, junior **Lauren Swanson** plays with fun foam at a sleepover. (Photo courtesy of Sam Hackerson)



Hangin' Backstage –

Pondering the timing of the next scenery switch, junior **Joe Thien** and senior **Chris Harder** snack backstage. Meanwhile, junior **Ann-Charlotte Wade** readies senior **Sara Holt** for the show. (Photo by B. Menecke)



March

SPRING BREAK IS FINALLY HERE!

By Jenn Boccella, Jessie Curry,
and Kirsten Schoenrock

As the school year passes the half-way mark and the start of a grueling third quarter begins, students start the countdown to the most exciting event in the month of March: Spring Break.

Whether it's taking a relaxing vacation to a beautiful place like Hawaii or Mexico, or staying close to home spending time with family and friends, spring break is an opportunity to gear up for the last stretch of the school year.

"Last year I went to Paris with my family and this year I made a few college visits across the west coast. Although I was still focused on school, it was a great break from the daily routine and it got me excited for college in the next couple years," junior **Allyse Hellmich** said.

Many students seized their spring break as a chance to make some extra money. Sigler Printing Inc. was one of numerous local companies that employed high schoolers for the week.

No matter what one chooses to do, the break is well deserved by every student and staff member!



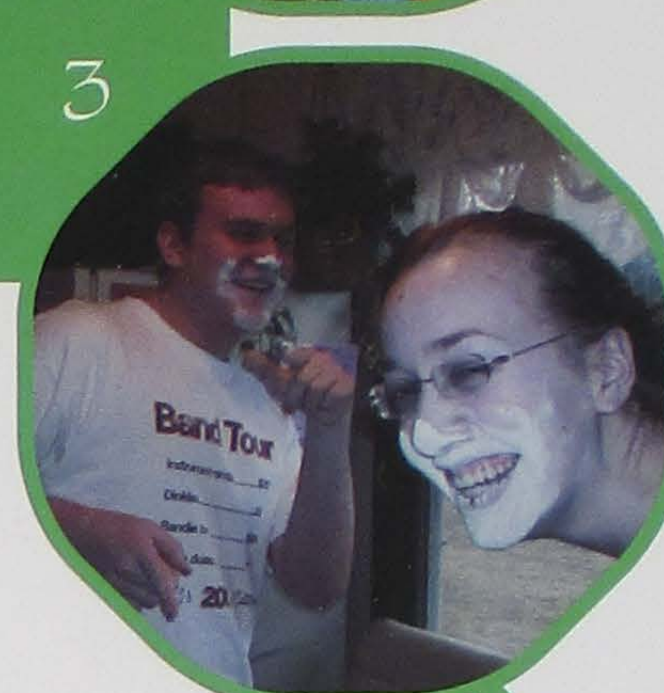
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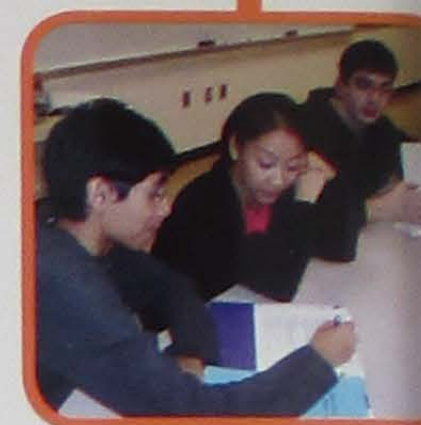
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My Humps - Searching for an open teammate, senior **Austen Arnaud** backs his booty into the opponent. (Photo by Elaine Ertz)

"Window Licking" - Acting out the French phrase "*faire du leche-vitrine*," senior **Rachel Lowry** pretends to lick the French shop's windows. (Photo courtesy of Sara Holt)

2

3

Flour Power - Fighting with left over flour, seniors **Ryan Gibson** and **Aubrey Robertson** get distracted while waiting for their cookies to cool. (Photo by C. Roberts)

Knight in Shining Armor - Taking a break from lunch, junior **Maria Beresnev** and seniors **Becca Park** and **Sara Holt** stop to pose with their French knight. (Photo courtesy of S. Holt)

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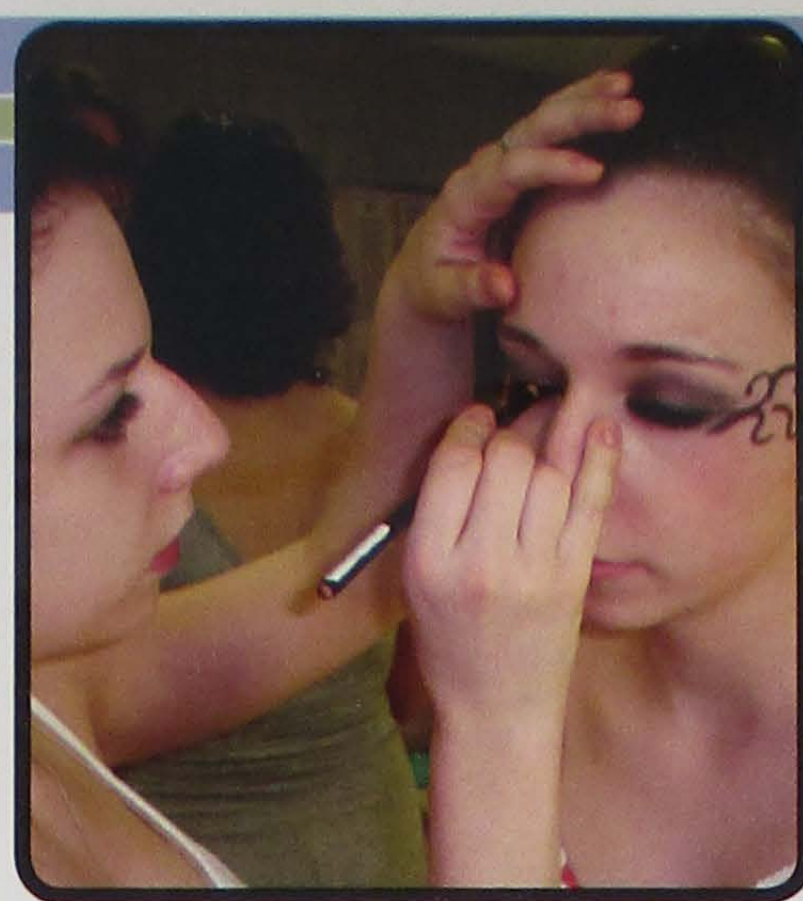


Grrrrrr! - Practicing her pose for the runway, junior **Courtney Larson** prepares herself for the spotlight. Unique outfits were common in this year's Fashion show with the theme Elements. (Photo by Jessie Curry)



C'est La Vie - Capturing the moment, juniors **Sam Yang, Becky Kerr, Maria Beresnev**, seniors **Rachel Lowry, Sara Holt, Manuel Melendez, Becca Park** and sophomore **Will Rundle** relax by the beautiful landmarks in Paris.

(Photo by Mrs. Dobernecker)



All Dolled Up - Accenting their eyes with black eyeliner, senior **Stephanie Enloe** and her sister, freshman **Natalie Enloe**, put on the finishing touches in preparation for the fashion show. Dramatic makeup was an accessory for the original designs in the outfits. (Photo by Lily Dobson)



Andrea Metzger, freshman - "I would hide my sister's car keys so she couldn't go anywhere."

(Photo by Jessie Curry)

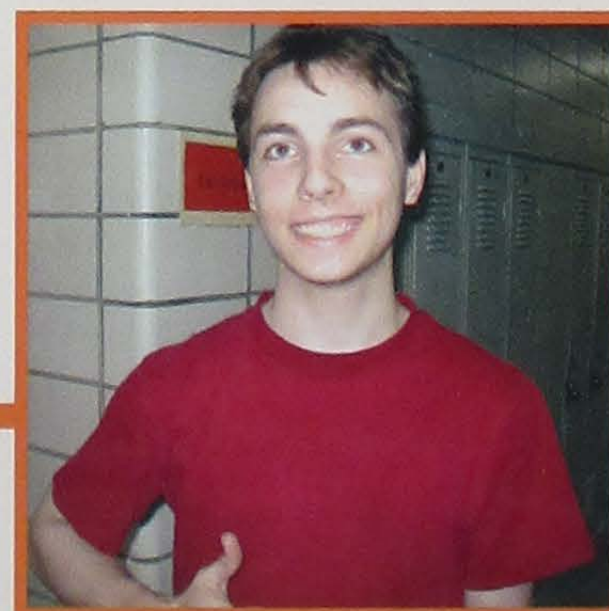
If you were a leprechaun, what would you hide at the end of the rainbow?



Aaron Langlois, senior - "I would hide Mrs. Knol-Digby so she couldn't retire." (Photo by Kirsten Schoenrock)



Dayle Wilson, junior - "An empty pot with a note that says 'I've already been here.'" (Photo by Jenn Boccella)



Prom

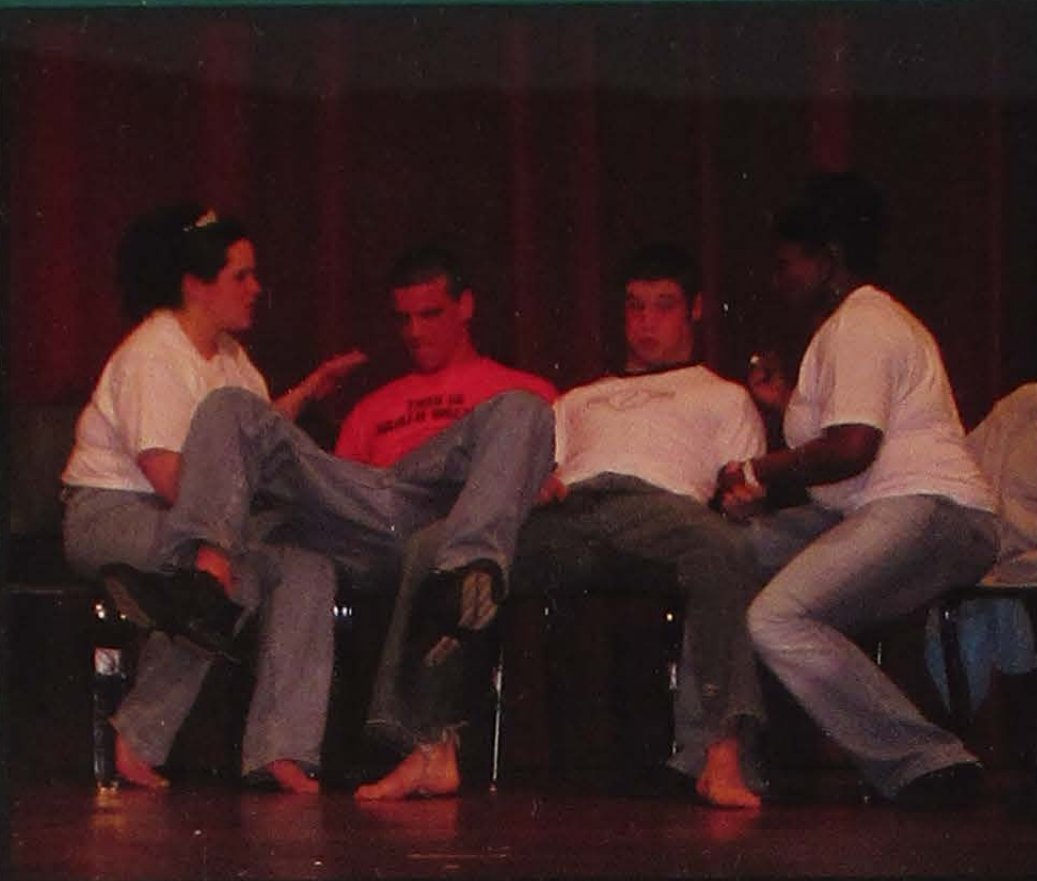
▼ It's Harder than it Looks

- Serving as birthing coaches, seniors **Sara Holt** and **Victoria Knight** assist senior **Bob Schliesman** and junior **Jay Jensen** "give birth" during the hypnotist show. The hypnotist show was always a big draw during Post-Prom. (Photo courtesy of Jennifer Green)



► **Shake it, Senorita** - Making the most of the right song at the right moment, senior **Chris Meyer** dances the night away while her friends look on. (Photo by S. Hackerson)

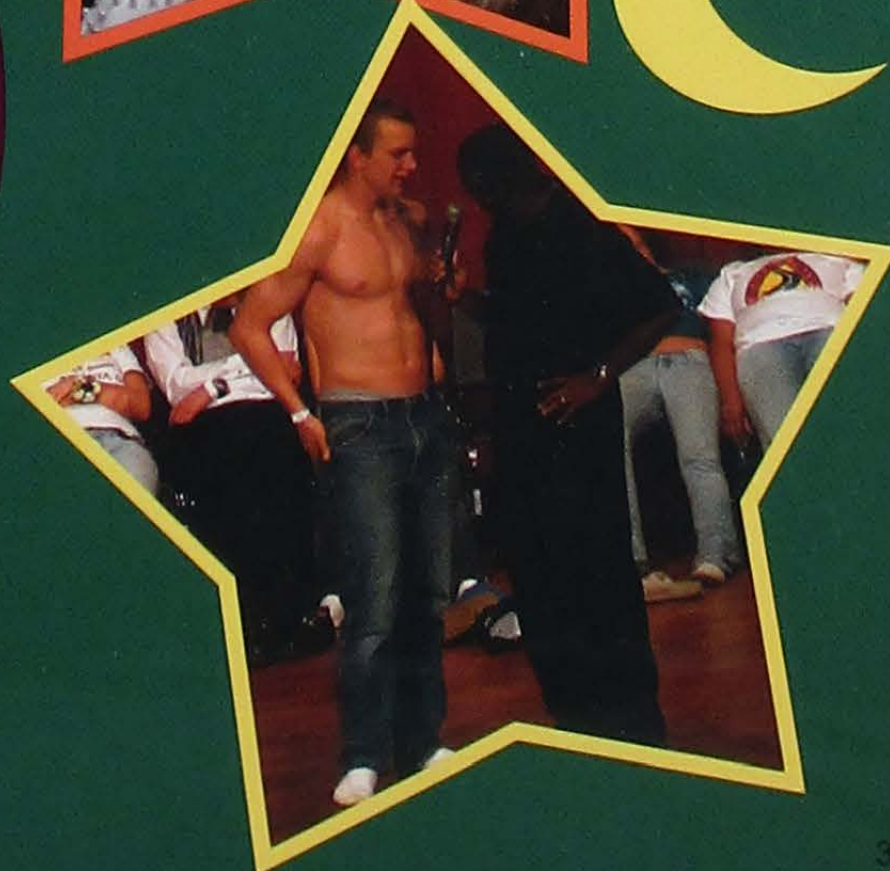
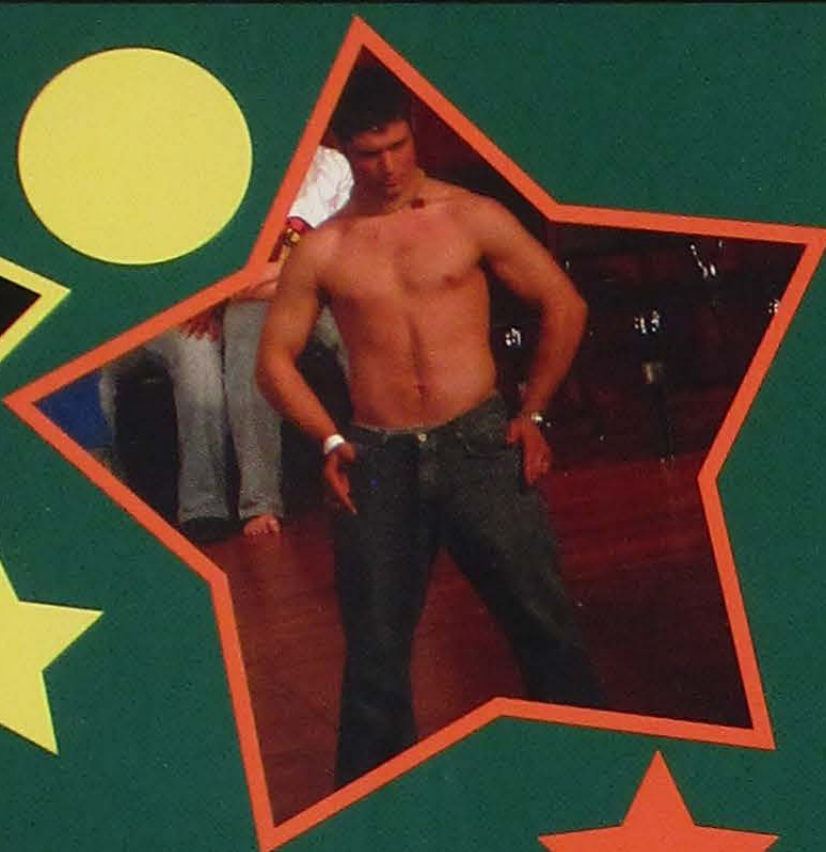
Bottoms Up - Delighting in sharing a smoothie together, junior **John Fitzsimmons** and senior **Jennifer Green** take a break at the mocktail bar. The mocktail bar was a new non-alcoholic attraction at this year's Prom. (Photo courtesy of Jennifer Green)



◀ **College Funds** - Celebrating his huge winnings, junior **Alan Moss** basks in the glory of his extra Post-Prom monopoly money. Many students were awarded prizes for their money. (Photo by Chantal Roberts)



Face Off- Ever the competitors, seniors Greg Shirbroun, Scott Simpkins and Michael Dunlay battle for the foosball championship at Post-Prom. (Photo by E. Cohea)



April

April Showers Visit the Drake Relays

Ames High took the second largest high school team, in numbers, to the Drake Relays this season. The relays this year were held at Drake University's brand new track.

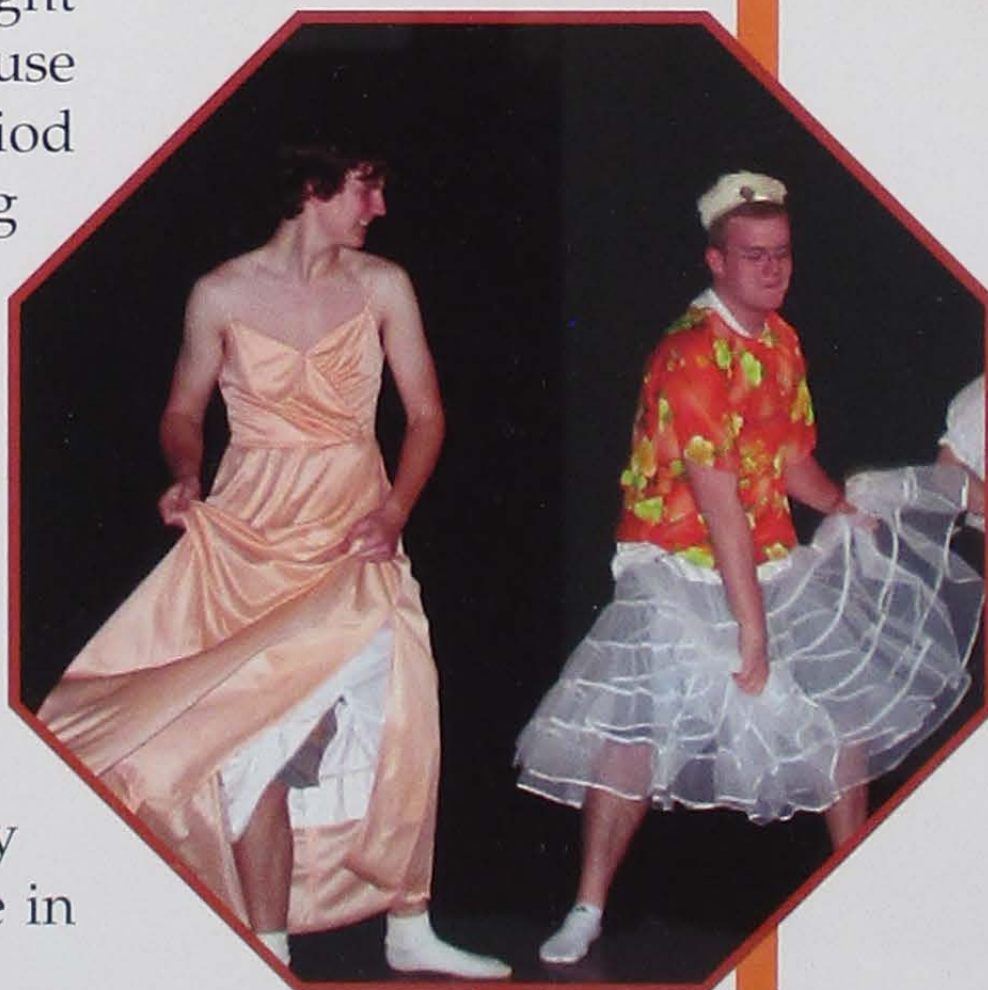
Many of the participants qualified for the relays with their personal best times and distances. Their expectations were high, yet many came back conquering more than they had expected. "The relays are challenging, but a great experience. I liked the new track--it was really bouncy," senior **Brittany Rover** said. "I'm proud of my times, but I can always do better and that's what I focus on."

The Drake Relays brings in large crowds and loads of entertainment to the area. However, this year the crowds had to make sure they brought ponchos and umbrellas because of the rain that fell for a period of time each day. "Having rain at the relays was unexpected but a relief in a way. It is usually blazing hot," senior **Jessi Palo** said.

Ames High can be nothing but proud of all the athletes who represented the school in the Drake Relays. Their hard work certainly paid off by earning a place in such a selective meet.

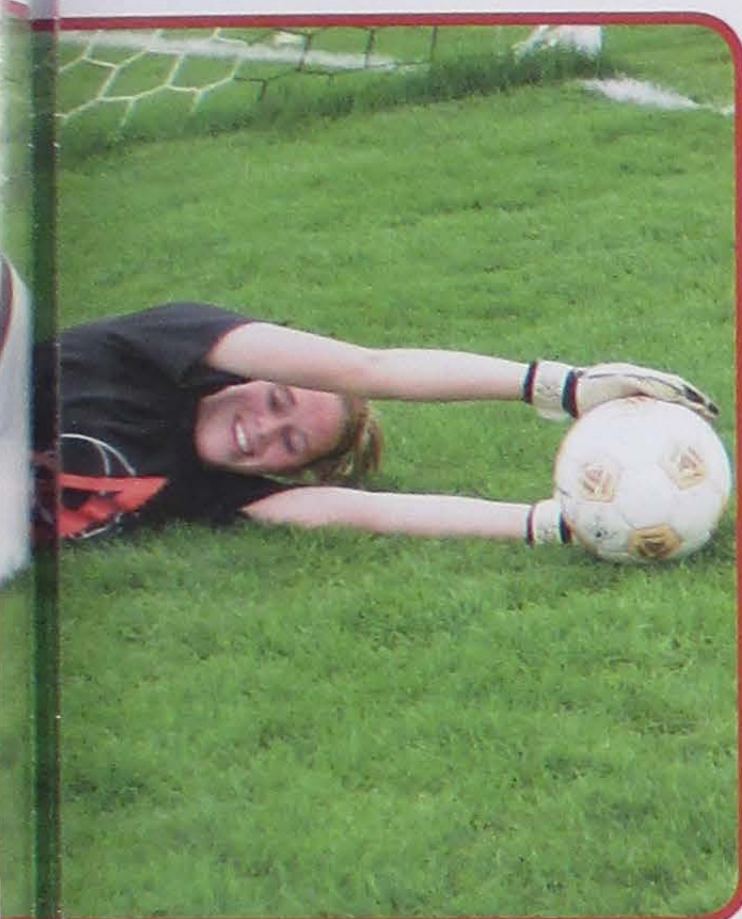


Leg-Burning, Lung-Busting, Sweet Victory - Finishing strong, seniors **Scott Lynn** and **Drew Veysey** make their long stride forward and try to finish strong to place in this year's Drake Relays. Lynn went on to win the 200 hurdles in impressive fashion. (Photo courtesy of Drew Veysey)



Looking Ahead -

After another grueling day at school, seniors **Alice Hartzler** and **Betsy Dilla** take a break from all their stresses by laying out, taking a nap, and soaking up some glorious sunshine along highway 69. (Photo by Elaine Ertz)



UMPH! - Putting her whole body into it, freshman **Jasmine Harris** heaves the shot put attempting to break the previous record. (Photo by Chantal Roberts)



Game, Set, Match! - Celebrating their victory, Juniors **Mandy Winkleblack** and **Anna Greenwald** do their lucky hand shake with excitement. This year, girls tennis had some great success and a few players made it to state. (Photo by Jenn Boccella)

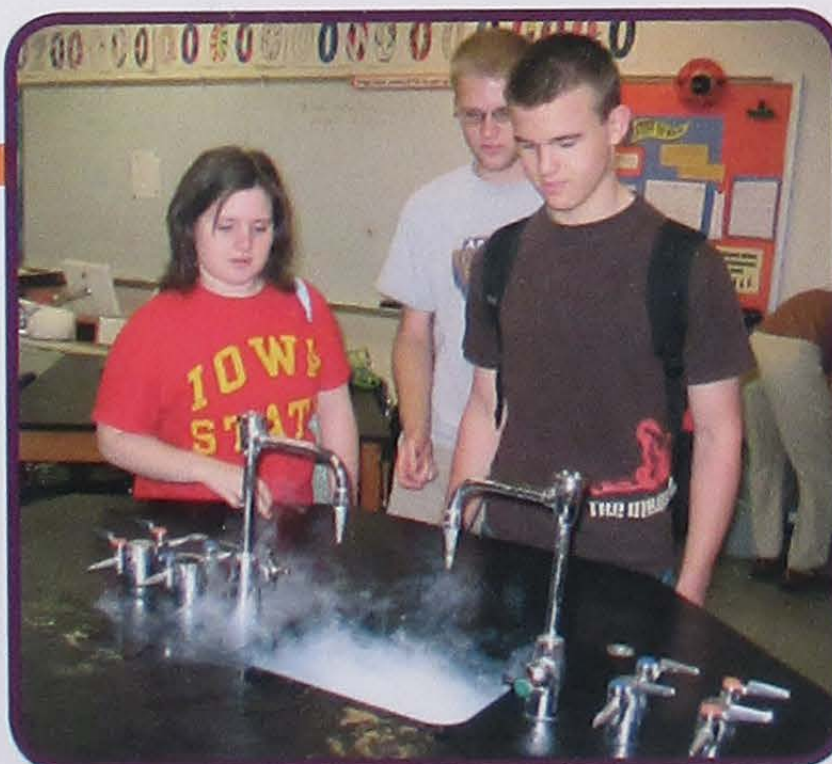
Saved by the Goalie - Warming up for the game, Junior **Meghan Hackerson** stretches out and makes a dive. This year's varsity girls soccer team had a great season, winning 12 consecutive games to make it to state. (Photo by Jenn Boccella)



Hello! - Freshman **Annie Spencer** and senior **Ross Koppenhaver** shake hands in the spring play. (Photo by B. Mennecke)



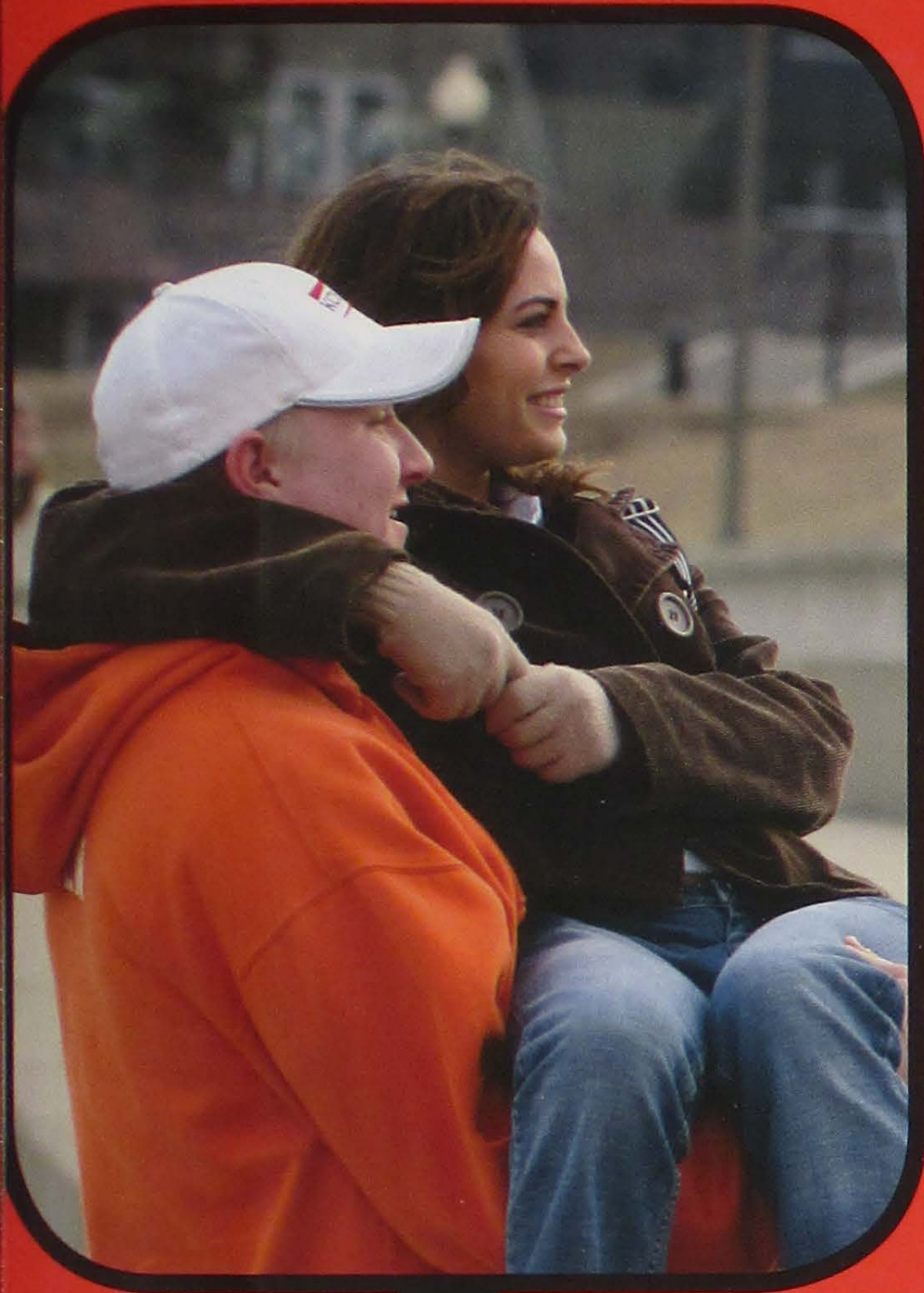
Squat- Getting ready to run like lightning, junior **Jessie Svec** and senior **Ying Ying Liu** stretch their quads and try to calm their nerves before their first big race. (Photo by Chantal Roberts)



Mad Scientists - Reveling in the laws of nature, seniors **Beth Casey**, **Scott Lynn**, and **Caleb Polashek** watch their liquid nitrogen experiment begin to react. The students' favorite part of chemistry was the experimentation. (Photo by S. McCormick)



All the Finishing Touches



Deadlines on big projects, AP testing, and long award ceremonies all bring a huge sigh of relief to most students' minds. They signal that all have made it to the 4th quarter of the school year. With seniors itching off their senioritis every morning just to roll out of bed, juniors realizing they're finally going to be on top, sophomores scurrying to find all their books, and freshmen worrying about the dreaded, grade-deciding end-of-term finals approaching quickly, 4th quarter signifies the end for some and the beginning for many others, but it never goes without its moments of pure enjoyment.

By: Becky Sidles



I-Run...Do you?

Keeping each other in shape, a group of health-conscious students formed a club this month called I-Run. They got together once or twice a week and went on phenomenal runs around the Ames area. Wanting to remain injury free, they made sure to stretch and drink plenty of water to remain hydrated.



While many were hustling to finish up schoolwork and prepare for either graduation or the end of the school year, others were taking a late spring break to take on some steep competition in the Lone-star State. Ames High took 13 members of their DECA group to Dallas, TX for the national competition.

As part of the 10-day trip, students not only competed, they attended seminars and simply had some fun. "My favorite part was networking," senior David Tappersaid. The most popular seminar was one at which they invited a renowned speaker to talk. The speaker was a comedian and motivational speaker who travels throughout the country. The students even got a chance to meet with him that day.

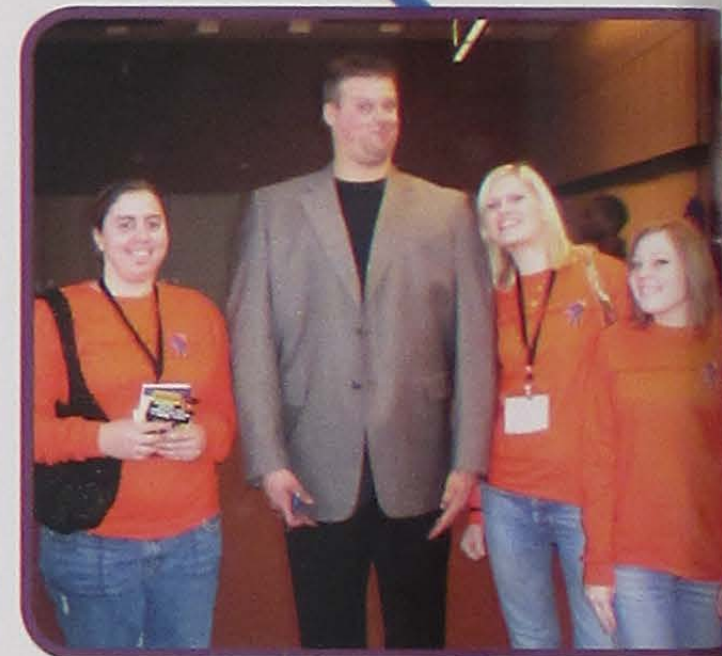
Competition was certainly tough and a lot of hard work, but the group was able to bring back many medals. Senior Joe Wernau came home with the best performance of anyone with a placement in the final round.

DECA is a truly important organization that can work wonders for teaching students the ways of the business world.



Watch Out for that Tree!

Swinging dangerously from a rope, senior Greg Thompson imitates his favorite action hero, Spiderman, while enjoying his freedom from high school after graduation. (Photo by Lily Dobson)

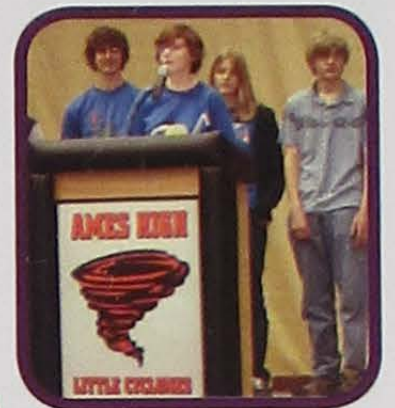
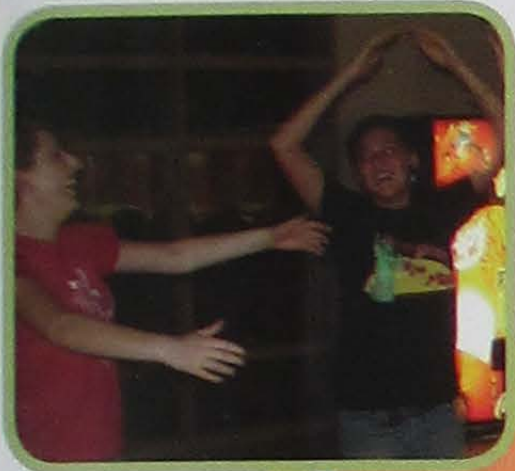
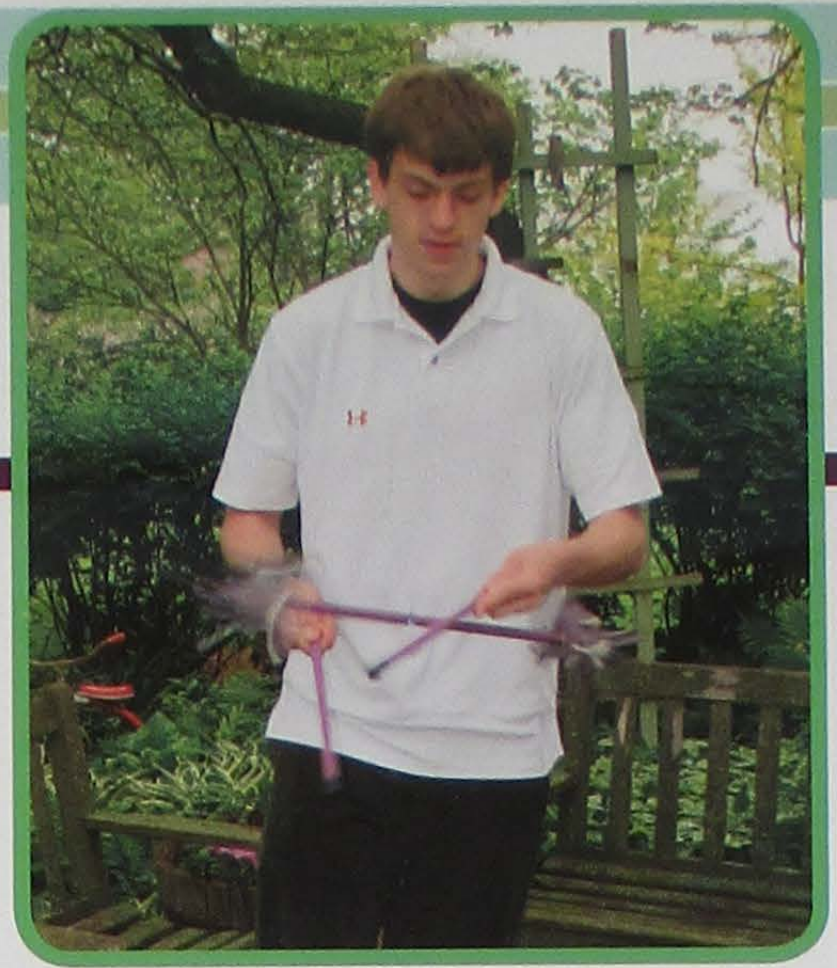


Hibernating Human - Exhausted and in need of a break, senior Stephanie Enlow takes a nap outside. A stressful month for many seniors, naps seemed like heaven. (Photo by Lily Dobson)



As the World Turns - Admiring a work of art, seniors Annika Anderson and Stephanie Enlow spend time browsing the work of their peers at the Senior Art Show. (Photo by Britta Menecke)

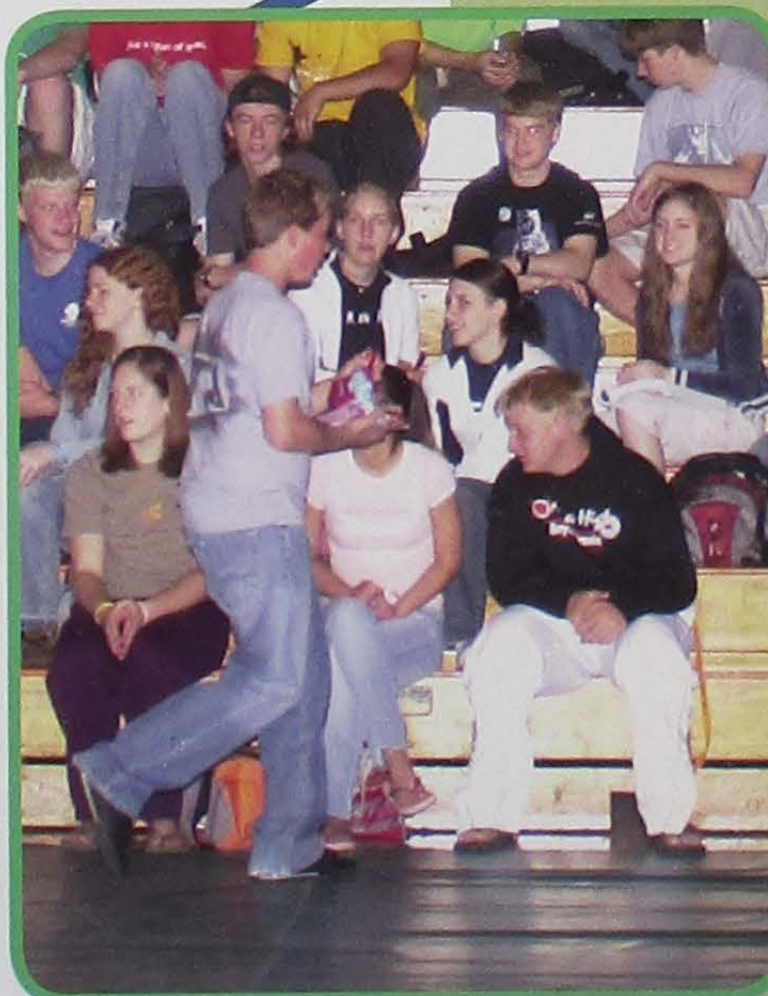
The Devil Doesn't Wear Prada - Practicing with his Devil Sticks, senior Sonny Crockett works on a series of complex tricks. Devil Sticks was a popular form of juggling. (Photo by Lily Dobson)



National Honors Society held a four-hour dance 'til you drop" fundraiser this month. The group was able to raise a very satisfying amount of money for St. Jude's Children's Hospital.



Passing campaign buttons through the hallways highlights a slightly unconventional Monday morning assembly. May is the month for Co-President elections. After presenting their platform in a fun and creative way, juniors Ben Rupert and Ethan Forsgren were elected this year.



Graduation

Class of 2006



Balloon Drop - Singing the Ames High Fight Song, the graduating class watches the balloons fall from the ceiling of Hilton after receiving their diplomas. The balloons drop at the conclusion of commencement every year. (Photo courtesy of Dave Sidles)



Congratulations!!!! - Walking across the stage after receiving his diploma, senior **Jake Neunhoffer** stops to give Mr. McGrory a hug and a kiss on the cheek before stepping off the stage. (Photo courtesy of Dave Sidles)



Chowin' Down - Eating delicious sandwiches from Jimmy John's, seniors socialize and chat during the Senior Picnic. The picnic was held at Inis Grove Park the Monday after commencement. (Photo by James Webb)



I love Mexican!! - Making a taco, senior **Jenny Calsyn** gets some lettuce to add to her creation during the Senior/Staff Luncheon. (Photo by Becky Sidles)

Going Out in Style!

Sticking with the reputation they established over the last four years, the class of 2006 would never have gone out any other way but in style. From the senior/staff luncheon, all the way to walking across stage, the final days were fun and stylish.

This year there were a few mix-ups that made the week of graduation all the more confusing and complicated; but beginning with rehearsal on Wednesday, everyone was able to work through it gracefully. "I'm glad we had rehearsal. It made things way less confusing. Plus, waking up that early wasn't so bad after Kevin Berg gave his funny speech," senior **Holly Smith** said.

At the senior/staff luncheon on Friday, the students and staff members enjoyed a Carlos O' Kelly's taco bar. A slideshow with over one hundred pictures was playing on the far wall, showing memories from August to May. Many of the students ate outside in the courtyard and played guitar for entertainment. "The luncheon was fabulous. Great food! Not that I needed to eat anymore because of all the open houses coming the next day..." senior **Leah Ackerman** said.

This was no exaggeration, as May 20th turned out to be jammed full of open houses.

However, many students were able to work out schedules to make it to as many as twenty-one open houses. The tip of the day was simply not to eat at every single one you went to, or at least stick to the fruit and veggies.

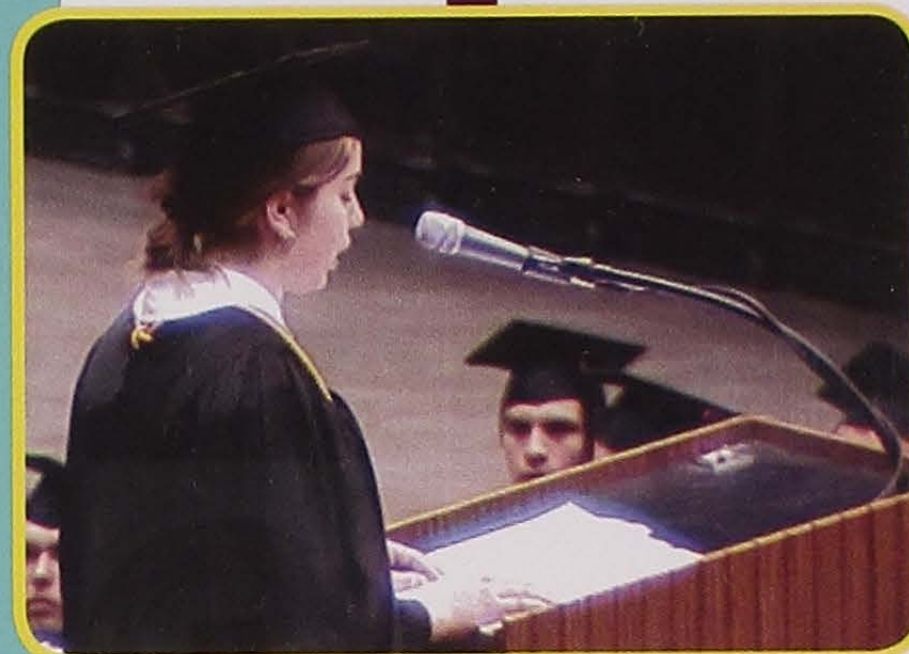
Sunday came faster than many were expecting and each senior walked across the graduation stage at Hilton Coliseum. "I will never forget when Jake [Neunhoffer] leaned and gave Mr. McGrory a big kiss right up there on stage. That was great!" senior **Rob Manatt** said. It was certainly a day of great significance, but only the first of many important days to come.

The week actually ended that Monday after the senior picnic. This year the theme was luau and almost all the seniors made it out for at least five minutes. "We got to spend time eating Jimmy John's and playing volleyball or just talking on the grass. I thought it was a great send-off," senior **Amanda Hinderks** said.

The week was filled with good wishes, sad send-offs, and many joyful memories. However, in the end, it was time for each senior to walk out of Ames High for the last time and into the next phase of their life, wherever that may be.



Child's Play - Having fun at the senior picnic, three senior girls recall their elementary days on the swingset. (Photo by James Webb)



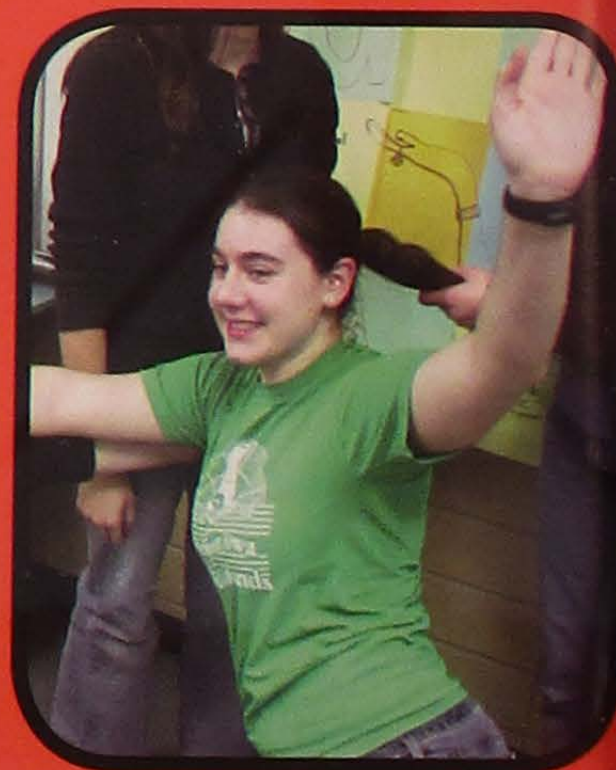
Talkin' the Talk - Standing before her classmates one last time, senior **Katherine Thompson** gives her commencement speech. (Photo courtesy of Dave Sidles)



Lots of Food!!! - Deciding what to eat, seniors **Chelsea Cottrill**, **Beth Hensen**, and **Ashley Mahan** grab some food. (Photo courtesy of Dave Sidles)

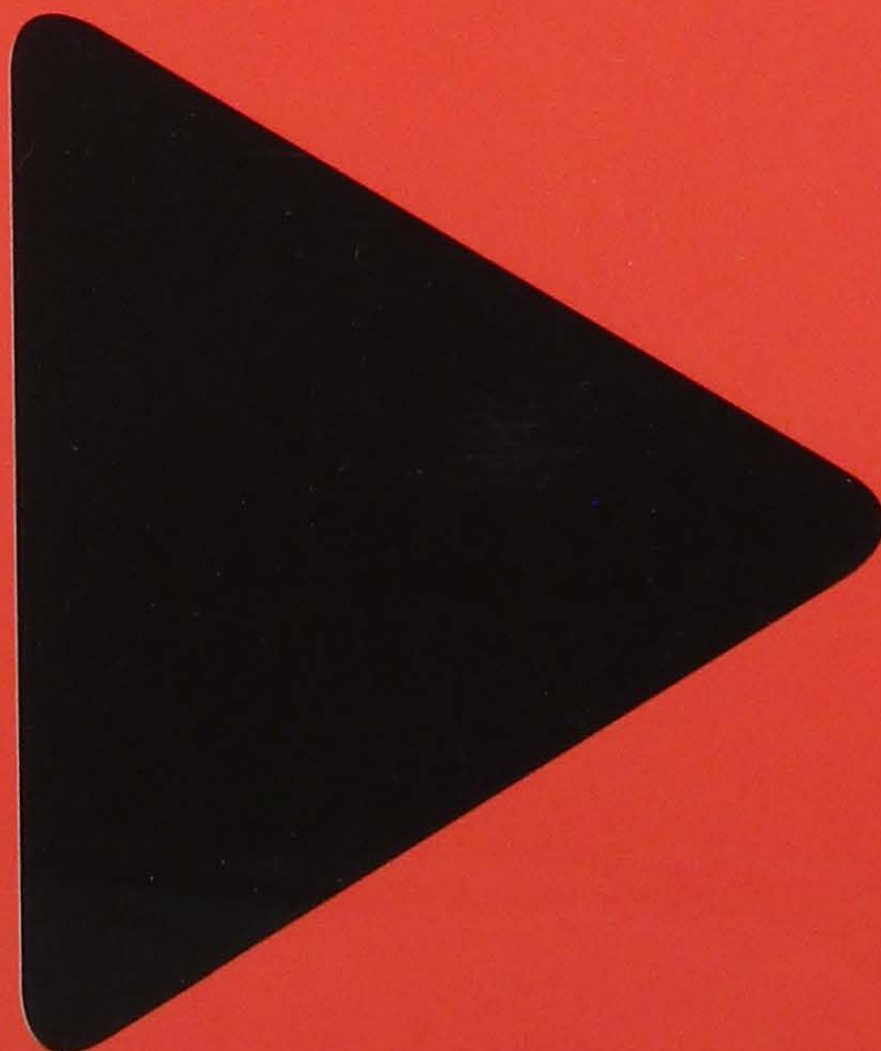
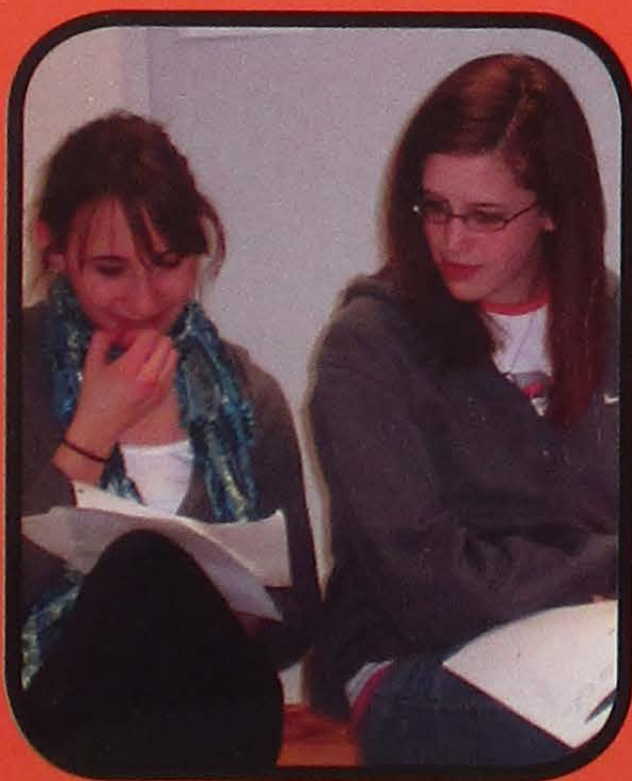
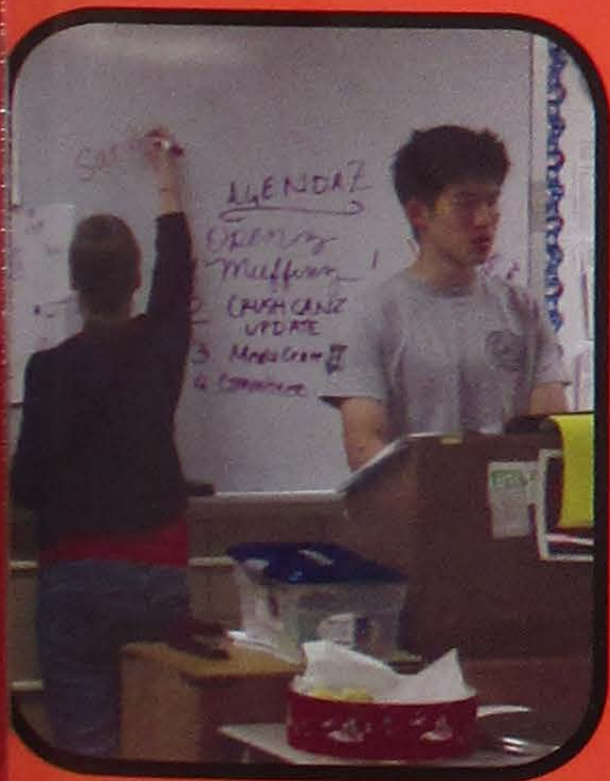
DETROIT

A



OUR HEAD

A Club to Fit
Every Work Boot!



"Lighting the torches was the final touch to decorating for the senior picnic. The picnic is one of the things senior senate is in charge of doing. It turned out to be a blast! We had a great turnout at the luau!"

~ Senior Aaron Langlois



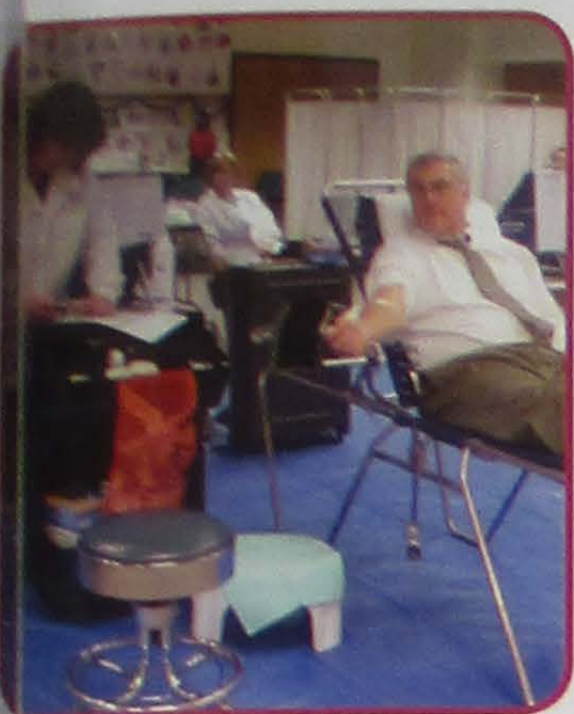
Freshman/Sophomore Senate

Row One: Annette White, Audrey Simpson, Andia Tanaka **Row Two:** Sarah Warth, Stephanie Bohner, Amy Stephan, Leigh Howell

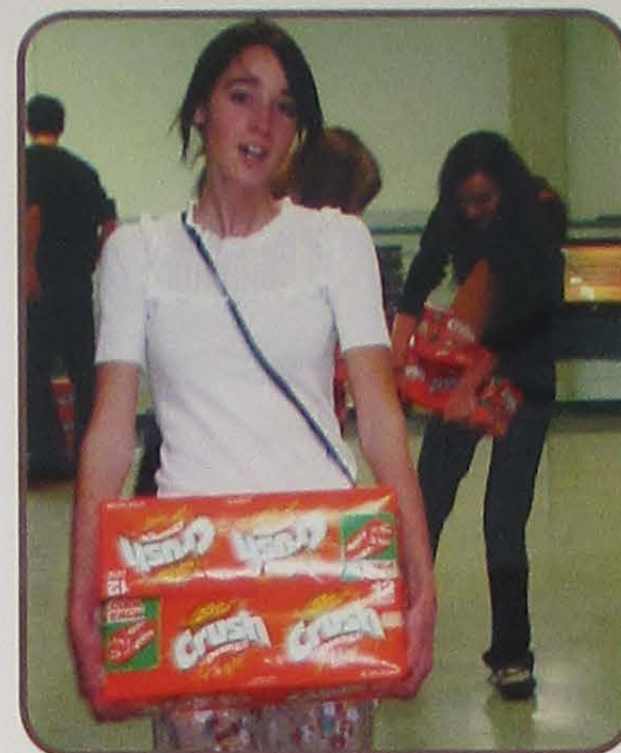
Junior Senate

Row One: Becky Kerr, Alyson Loes, Mashette Syrkin-Nikolau, Kyra Knuth, Lauren Dougherty. **Row Two:** Caitlin Harrington, Hannah Scebold, Lindsay Roach, Amy Swanson, Alex Blount, Anna Greenwald. **Row Three:** Alex Bortle, Jenna Barrett, Lizzie Warth, Elizabeth Boswell, Kirsten Schoenrock, Sarah Hundertmark. (not included: Jessie Curry)





"Student Council has helped me to become more involved in the school this year. Labeling and distributing crush cans was exhausting but a lot of fun." -Brighton Prueger



Row One: Mrs. Goodwin, Caitlin Hernstadt, Amanda Hinderks, Mary Beth Kluesner

Row Two: Aaron Langlois, Laura Snell, Becky Sidles, Katie Elliott

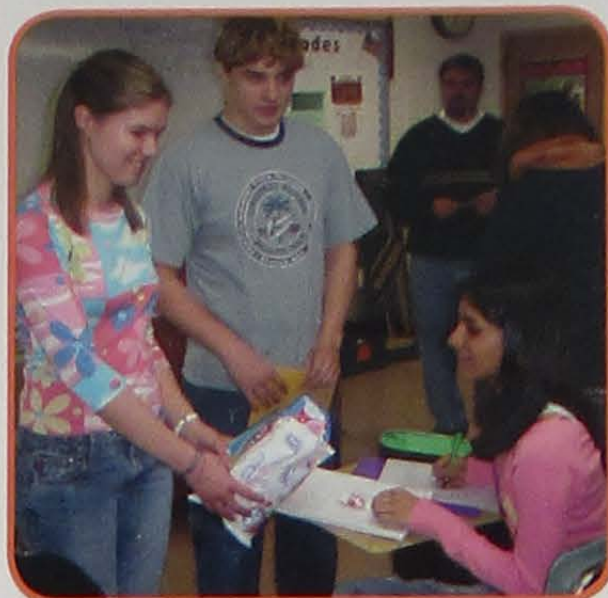


Senior Senate

Student Council

Row One: Lisa Yoon, Kimberly Staniforth, Magon Liu, Meredith Parsons, Yoni Ackerman **Row Two:** Jungdae Suh, Lucas Borg, Sandy Huang, Kelly Grogg, Mythili Prabhu, Karrissa Allyn, Aquavia LaGrone, Brittany Rover, Benny Nelson, Krishna Prabhu **Row Three:** Xin Pan, Lucas Erickson, Brian Pastiak, Ethan Forsgren, Kevin Lu, Lydia Lowry, Katie Elliott, Ryan Dougherty, Katherine Thompson, Chantal Roberts **Row Four:** Ben Rupert, Joshua Moloney, Sam Bird, Ilya Ellern, Jeremy Girton, Nick Litwiller, Brandon Pohlman





"We tried a few different things with fundraising, decorating, and playing with the Winter Formal theme. It was enjoyable for all."

-Sarah Windsor



Front Row: Laura Snell, Emily Kawaler, Aubrey Robertson, Kelsey Torgerson, Emma Israel, Tiffany Bennett, Rachel Schmidt, Emily Morris, Tessie Cook, Sara Holt, Renee Nesbitt, Maria Fabiosa, Rachel Davis, Beth Casey. **Second Row:** Ginny McCalmont, Ross Koppenhaver, Betsy Dilla, Katherine Thompson, Brian Weiss, Anna Sawyer, Jessica Palo, Mandy Kerper, Georgia Chrisinger, Morgan Scheppler, Becky Sidles. **Third Row:** Jeremy Girton, Chris Harder, Matt Chellew, Allison Metzger, Amanda Hindericks, Katie Rohrsen, Dana Howell, Lindsay McGowan, Debbie Bennett. **Fourth Row:** Scott Simpkins, Tricia Stubbs, Greg Shirbroun, DeLesa Briseno, Kelsey Englin, Caitlin Hernstadt, Chelsea Jensen, Sarah McClanahan.

Senior Mentors

Senior Girls Club

Front Row: Marissa Banks, Rachel Davis, Mandy Kerper, Emily Wang, Tessie Cook, Chelsea Wierson, Tricia Stubbs. **Second Row:** Morgan Scheppler, Debbie Bennett, Jessica Palo, Amanda Hindericks, Holly Smith, Alicia Sacco, Anna Sawyer, Candace Weiss. **Third Row:** Sara Holt, Britta Mennecke, Sarah Windsor, Alex Budd, Vanessa Ninaquispe, Caitlin Herrnsstadt, Victoria Knight, Rebecca Park, Becky Sidles, Chelsea Cottrill, DeLesa Briseno, Dana Howell, Jessica Egli-Davis, Ashley Finer, Sarah Cram.





"Volunteering is really fun! It makes me feel good when I help people. I have met a lot of really awesome people through Key Club, and I'll never forget this experience."

-Annika Anderson



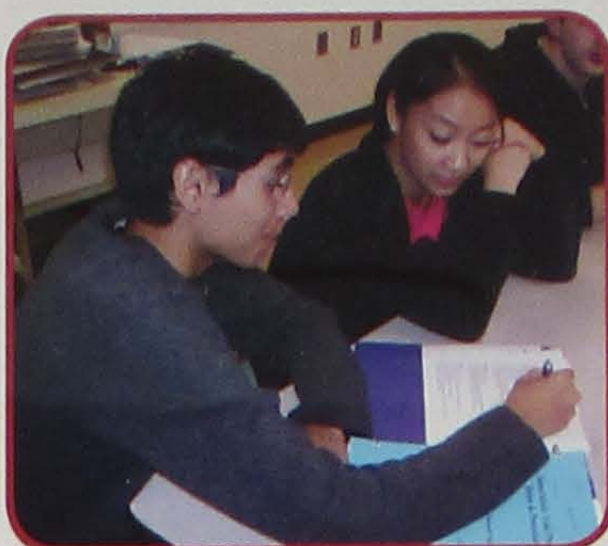
Key Club

Front Row: Alyssa Struble, Annika Anderson, Taryn Tigges, Shing Shing Ho, Haema Nilakanta, Sarah Brimeyer, Leigh Howell. **Second Row:** Laurel Smith, Aimee Sareant, Sarah Graveline, Mythili Prabhu, Sarah Warth, Jacob Rosenberg, Devin Lu, Muhammad Rahim. **Third Row:** Jessica Oster, Krishna Prabhu, Wern Ong, Josh Larson-Connar, Aubrie James.

SHEF

Front Row: Meredith Parsons, Kimberly Staniforth, Mythili Prabhu, Krishna Prabhu. **Second Row:** Leigh Howell, Neal McDonald, Lauren Jones, Michelle Buseman, Katie Williams, Spencer Arritt. **Third Row:** Haema Nilakanta, Mellissa Brockway, Alyssa Struble, Andanaka, Jessica Oster.





"Debate is Life. I've been in debate all four years of high school; and thank goodness you never would realize how often it comes in handy."

-Senior Merri Goldman



First Row: Jacob Canfield, Sarah Federle, Katherine Thompson, Laurel Scott, Niki Quan. **Second Row:** Sam Hapke, Sam Yang, Jeremy Girton, Lara Curtis, Kyle Johnson, Michael Masteller, Coach Erin Kennedy. **Third Row:** Kurti Furguson, Andy Coyle, Thomas Curtis.

Debate

Mock Trial

First Row: Mythili Prabhu, Krishna Prabhu, Karrissa Allyn. **Second Row:** Yoni Ackerman, Austin Sandler, Josh Tenney. **Third Row:** Sam Hapke, Jasmine Chen, Katie Orazem. **Fourth Row:** Michael Masteller, Jeremy Girton, Andrew Coyle.





"Our favorite German saying is, 'Ich Liebe Dich.' That means 'I love you.' We are one big family in German Club."

-Senior Emily Thurmaier



Foreign Language clubs have always been a hit at Ames High, but none as much as Asian Club, which was created just this year. Starting off with a couple of members, the club's membership skyrocketed after just two meetings.

Asian Club

First Row: Spencer Arritt, Mukund Premkumar. **Second Row:** Krishna Prabhu, Bob Hunter, Jesse Nelson, Benny Nelson, Cole Peiffer, Sam Robson. **Third Row:** Daniel Mark, Eric Foley, Wern Ong, Jojo Fabiosa, Luei Ong, Dennis Kuo, Sarit Luban. **Fourth Row:** Rob Wanzek, Aaron Jacobson-Swanson, Noah Mendelson, Felix Owusu, Rohan Agarwal, Trent Lamar, Micheal Qiu, Ben Feller.



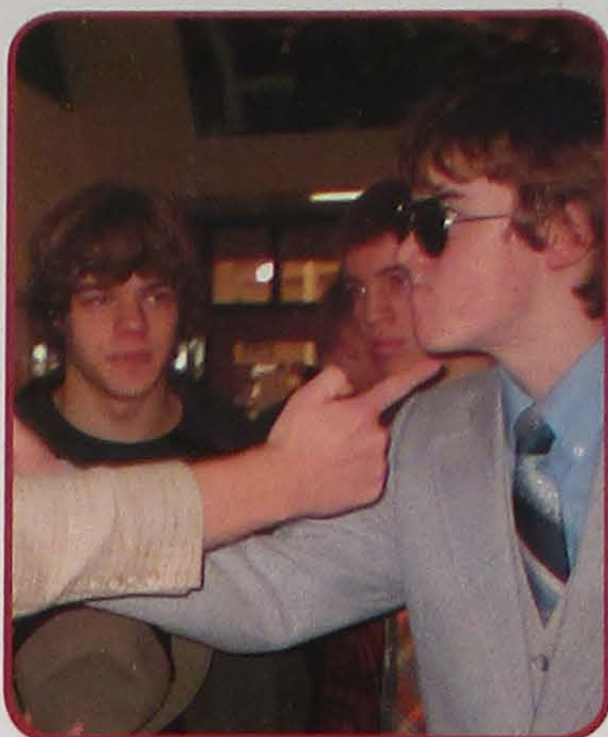
German Club

Row 1: Aubrey Robertson, Tiffany Bennett, Rachel Lowry. **Row 2:** Emily Thurmaier, Michelle Linenger, Rachel Schmidt, Ellen Heddendorf. **Row 3:** Aaron Langlois, Chris Harder, Betsy Dilla, Chantal Roberts, Craig Boeke.

French Club

First Row: Niki Quan, Sara Holt, Ann-Charlotte Wade. **Back Row:** Becky Burgeson, Annika Anderson, Laurel Scott, Katherine Thompson, Egehanc.





Yellow Shirt Club continues another year causing mass confusion throughout the school. They proudly wear brightly colored shirts that are anything but yellow. The trend has caught on with more students joining this hip bandwagon than ever before.



Row 1: Ross Hackerson, Patrick Snell, Brady White, Logan Rupp, Keith Davis. **Row 2:** Jacob Rosenberg, Ethan Forsgren, Ben Ruppert, Marcus Hippen, Spencer Veysey, Ulfur Grant. (not pictured: Bobby Hunter)

Gentleman's Breakfast Club

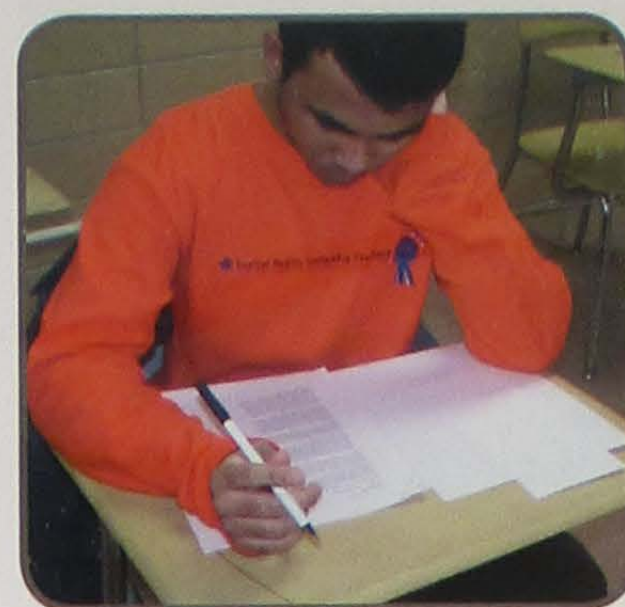
Yellow Shirt Club

Row 1: Sara Holt, Ross Koppenhaver, Jeremy Girton, Katherine Thompson, Magon Liu, Yoni Ackerman. **Row 2:** Martha Garasky, Amy Zhong, Hayley Jackson, Sarah McClanahan. **Row 3:** Nichole Kearney, Laurel Scott, Anne Todey, Michelle Buseman. **Row 4:** Megan Reynolds, Erika Bjorklund, Shing Shing Ho, Emma Israel. **Row 5:** Brittany Thompson, Kelsey Torgerson, Aubrey Robertson, Ryan Gibson. **Row 6:** Rachel Lowry, Ellen Heddendorf, Betsy Dilla, Christopher Harder. **Row 7:** Craig Boeke, Aaron Lott, Rebecca Schmidt, Jonathan Rohlf, Jason Misra, John Sappington, Matthew Chellow, Scott Simpkins, Aaron Langlois.





Amnesty International is one of the few clubs that actually make a difference in the world. By writing letters to world leaders to increase awareness, Amnesty International makes sure their voice is heard.



Row 1: Sarah Cram, Renee Bovinette, Chelsea Davis, Marley Dobyns, Sarah Loucks, Lauren Swanson, Jenny Cheuk. **Row 2:** Mario Reyes-Juarez, Isaac Prior

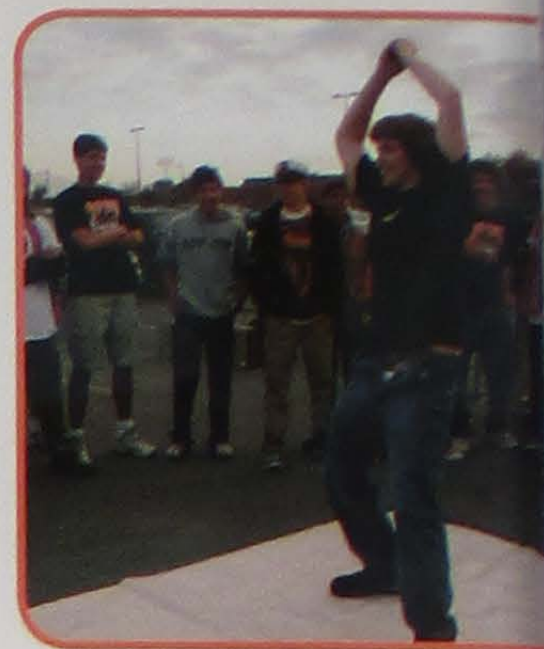
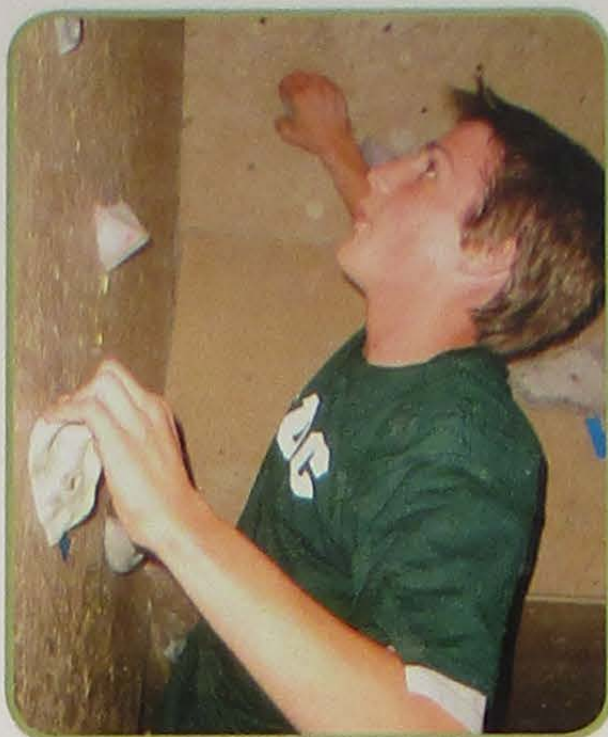
SADD/Art Club

Amnesty Int'l

Row 1: Hayley Jackson, Ambika Athreya **Row 2:** Austin Sandler, Britta Mennecke, Taisia Tsukruk, Spencer Arritt, Joey Dobson, Haema Nilakanta, Mr. Schmidt.



"In Outdoor Club, we do it outdoors. That's all there is to it, really." -Erik Thompson



Row 1: Andrew Montgomery, Kyle Nelson, Ryan Dougherty, Erik Thompson, Charlie Krabbe, Bobby Ridpath, Emily Davenport, Chelsea Wierson

Row 2: Daniel Kinker, Bob Schliesman, Lily Dobson, Matt Stephenson, Lauren Dougherty, Alyssa Rasmussen, Anne Wilson

Row 3: Bryce Gonzalez, Jacob Johnson, Matt Cross, Greg Thompson, Libby Grant

Row 4: David Warning, Joey Wendel, Brandon Pohlman, Jordan Gilmore

Outdoor Club

Row 1:

Chan Liebman, Spencer Arritt, Spencer Veysey

Row 2:

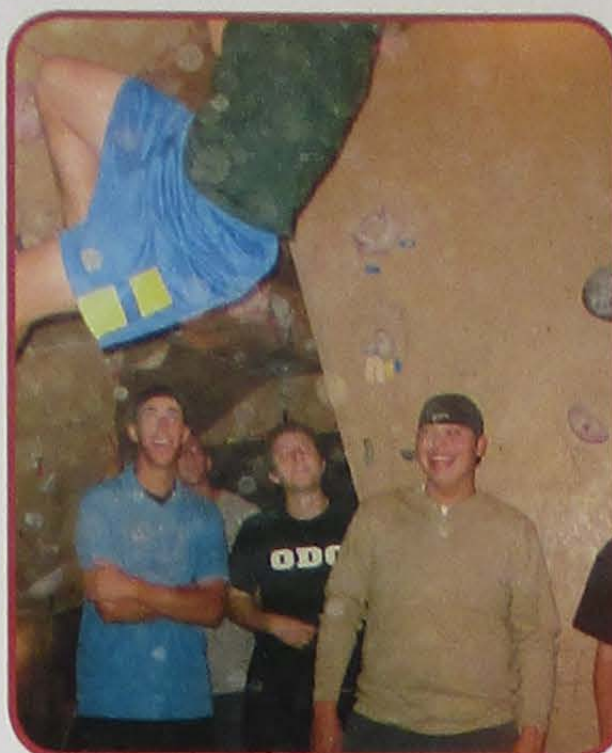
Ulfur Grant, Asa Ritz, Stephen Bonett, Joey Wendel

Vortex



FCA is a really good time to fellowship with other people. We always have a lot of fun."

Jenn Boccella



Clockwise From Top Center: Joey Wendel, Marcus Hippen, Ulfur Grant, Chan Liebman, Asa Ritz, Ross Hackerson, Sam Van Fleet, Evan Hudson, Bobby Hunter, Patrick Snell, Stephen Bonett, Spencer Veysey, Logan Rupp, Wyatt Miller

Center: Matt Cross

Cycling Club

FCA

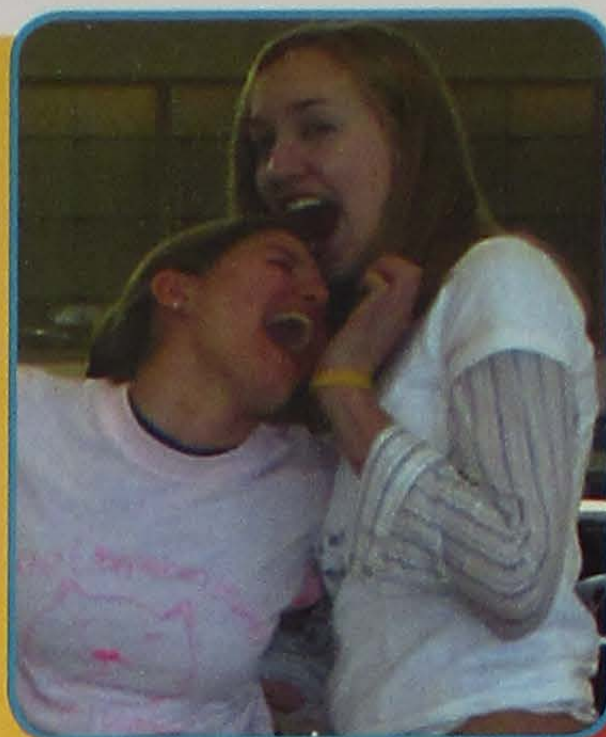
Row 1: Paul Hibbing, Neva's Dad, Neva Hibbing, Joanna Egger, Hannah Makkasted, Anna Greenwald, Joe Wheelock, Mr. Webb, Amanda Winkleblack

Row 2: Bonnie, Jenn Boccella, Miles Greenwald, Kyle Thomas, David Tapper, Nicholas Schroeder

Row 3: Angela Beckwith, John Fitzsimons, Ben Ruppert, Jacob King, Noah Gildermaster



"Sandwich Club BITES.... Everyone gets hungry sometimes-and I'm always hungry-so that's why I joined. Plus, it's free, and that's a bonus."
-Chantal Roberts



Row 1: Emily Thurmaier, Kelsey Torgerson, Ellen Heddendorf, Ann-Charlotte Wade, Emma Elarson, Rachel Schmidt.

Row 2: Chantal Roberts, Aubrey Robertson, Ryan Gibson, Craig Boeke, Jon Link, Matt Chellew, Mr. Webb.



Sandwich Club

Rugby Club

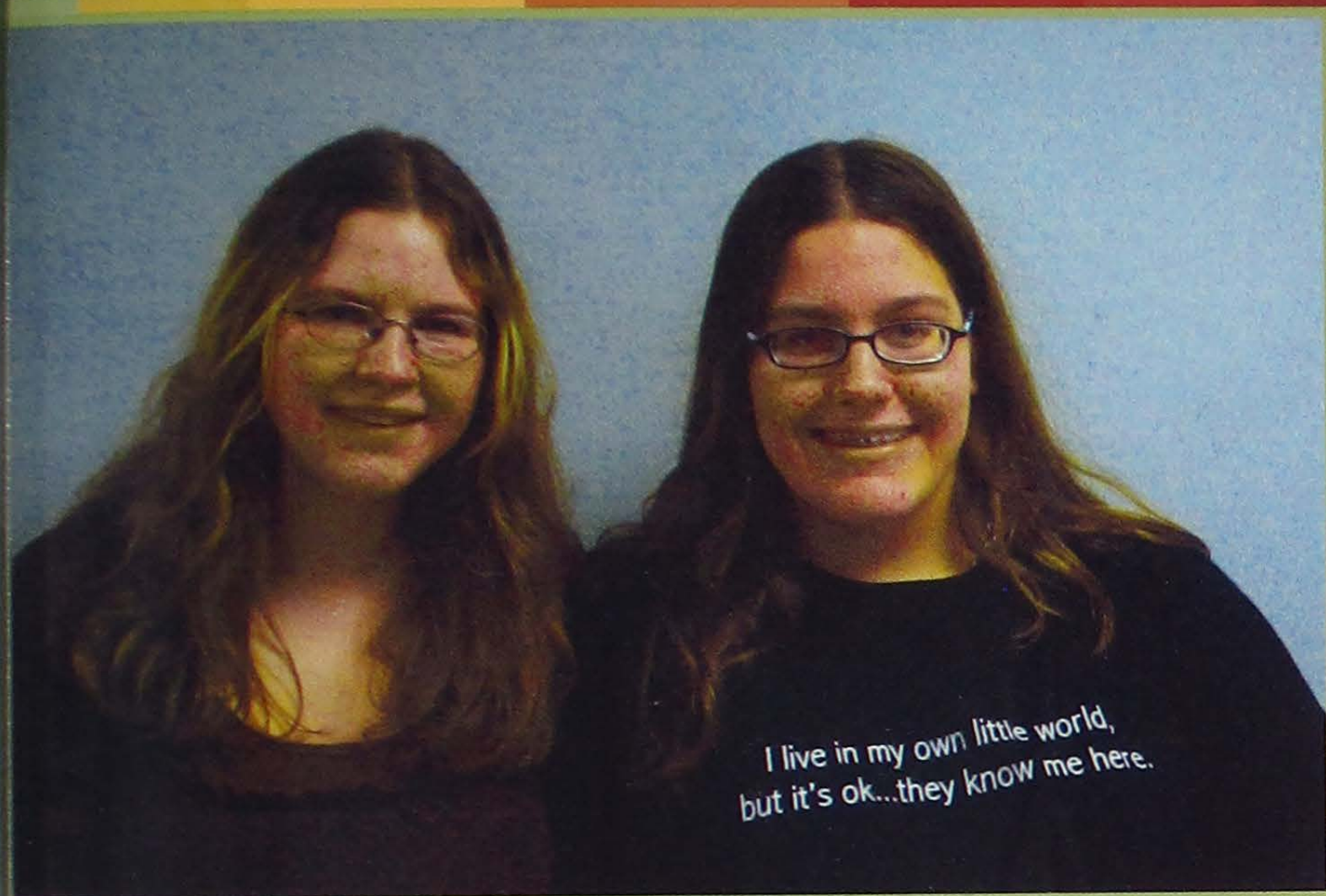
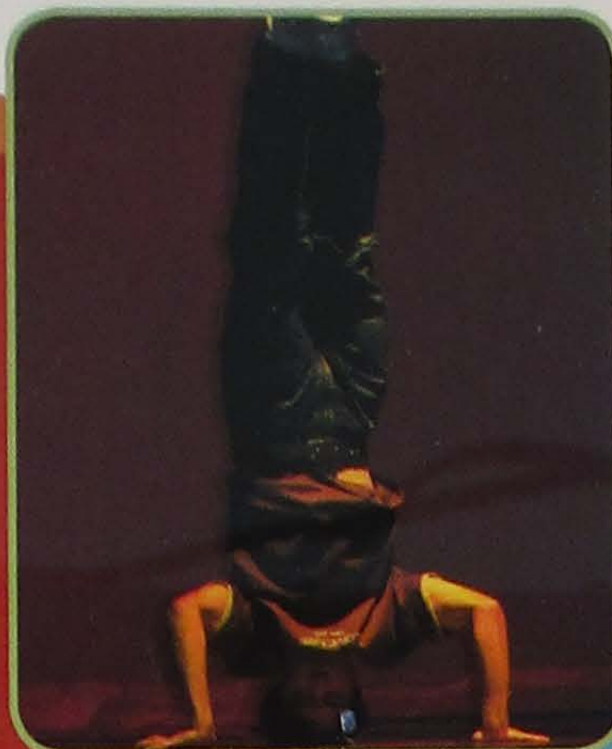
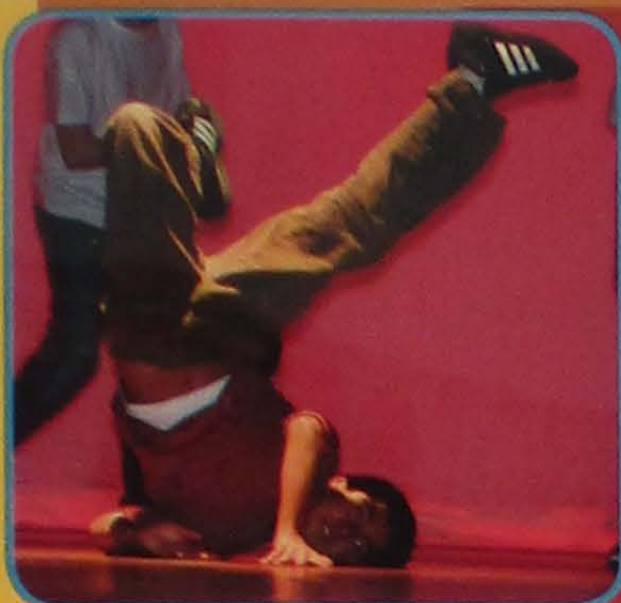


Row 1: Steve Rodriguez, Brendan Pannier, Jake Comstock, Jeff Hanson, Albert Shin

Row 2: Michael Carswell, Austin Swanson, Cole Pieffer, Jacob Gohlman, John McClelland, Brian Jaynes, Curtis Mayberry

Breaking is a way of life. It is definitely my favorite hobby."

Junior, Mario Reyes-Juarez



Left to Right:
Aslynne Carriere,
Annie Spencer

Dragonlandz Club

Breakdancers

Row 1: Juan Ortiz-Cruz,
Mario Reyes-Juarez,
Manuel Melandez.

Row 2: Jeff Kollasch, Wesley
Arunsiripate, Brian Pas-
tiak, Chris Parsons, Diane
Kraus, Nathan Schoen,
James Pringle, On Nir,
Johnathon Cowan, Aqua-
via LaGrone.



"The trip to Houston, TX was a great escape from school for a couple days. It just happened to be about half way between spring break and the end of the school year."

- Senior, Nicole Anderson



Row 1: Phillip Uhde, David Tapper, Kyle Nelson, Rachel Davis, Kellie Engelman, Janel Tott, Joe Weigel, Curtis Mayberry

Row 2: Mr. Seifert, Tommy Hoffman, Abe Valadez-Rosales, Debbie Bennett, Morgan Scheppler, Ulfur Grant, Marcus Hippen

Row 3: Brian Lange, Matt Hoffman



DECA

Speech



Row 1: Mrs. Ringlee, Caitlin Lawrence, Caroline Metz, Aaron Nostwich, Natalie Deam, Sarah Loucks, Daniel Ramey, Skylar Pattee

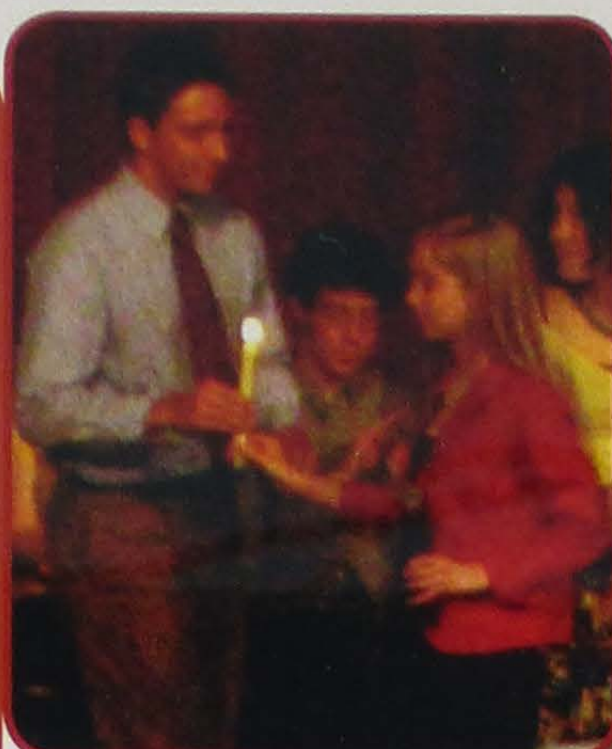
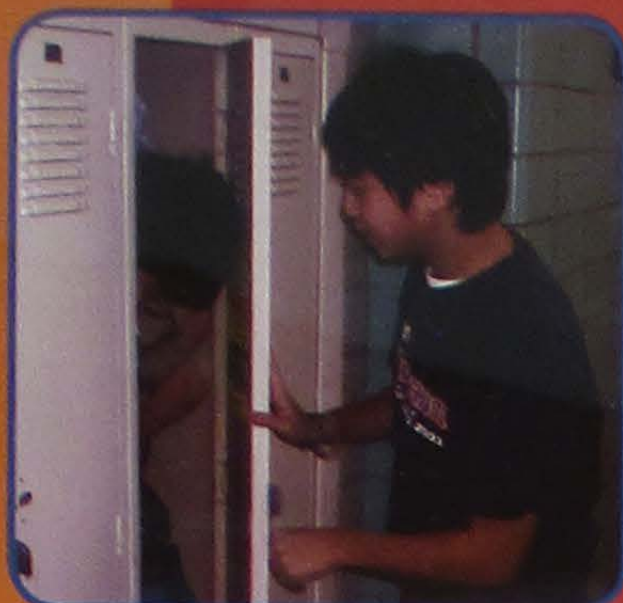
Row 2: Kelly Grogg, Madeline Paschen

Row 3: Zachary Heilman, Jason Huston, Danielle Miller, Nathan Kaloupek, Victoria Breshear, Rachel Schmidt, Micah Simpson, Victoria Harding, Cory Winegardner, Christen Meyer, Chris Harder, Mona Li, Ellen Heddendorf

Row 4: Kyrieanne McKelvey, Matthew Chellew, Dex O'Hara, Matt Grotheer, Kelsey Torgerson, Benjamin Schnable

Not Pictured: Jessie Curry, Jenn Boccella, Allyse Hellmich, Anju Somani, Supraja Ragagopalan

National Honors Society
a prestigious group of
student scholars within
HS. Each year they
have approximately six
meetings, and all look
forward to initiation of
the newbies.



Row 1: Emily Thurmeier, Maria Fabiosa,
Brittlin Herrnstadt, Katherine Thomp-
son, Annika Anderson, Avni Sanghi,
Emily Kawaler

Row 2: Xin Pan, Laura Larabee,
Grah Raaii, David Tapper, Betsy Dilla,
Ellen Heddendorf, Greg Shirbroun

Row 3: Evan Hudson, James Pringle,
Laura Snell, Scott Simpkins,
Chris Harder, Ginny McCalmont,
Brittany Rover

Row 4: Jeremy Girton, Timothy Morgan,
Idia Lowry, Scott Metille

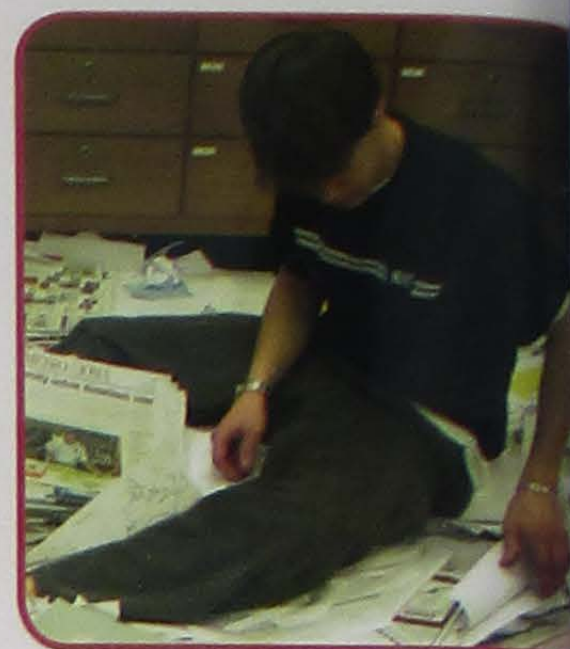
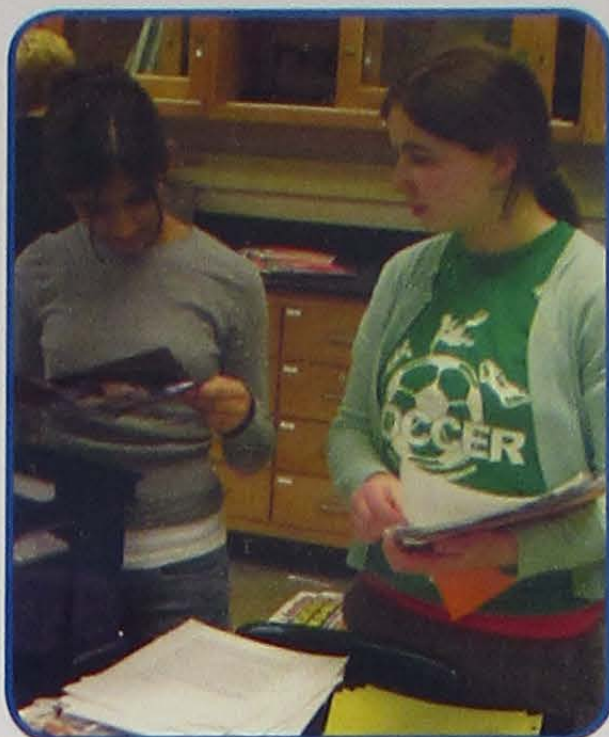


Progressive

NHS

The SPIRIT staff offers our sincere apologies, as a corrupted file caused the Progressive club's picture to be missing here. However, a huge congratulations goes out to the club in recognition of its accomplishments and positive contributions made throughout the 2005-2006 school year.

100th Green Butterfly is a service club dedicated to protecting the environment. They can be seen regularly picking up recycling bins from the classrooms and posting signs to raise awareness.



Row 1: Wyatt Miller, Sarit Luban, Katie Orazem, Stephen Bonett, Jasmine Chen, Conrad Luecke

Row 2: Katherine Thompson, Betsy Dilla, Greg Boecke

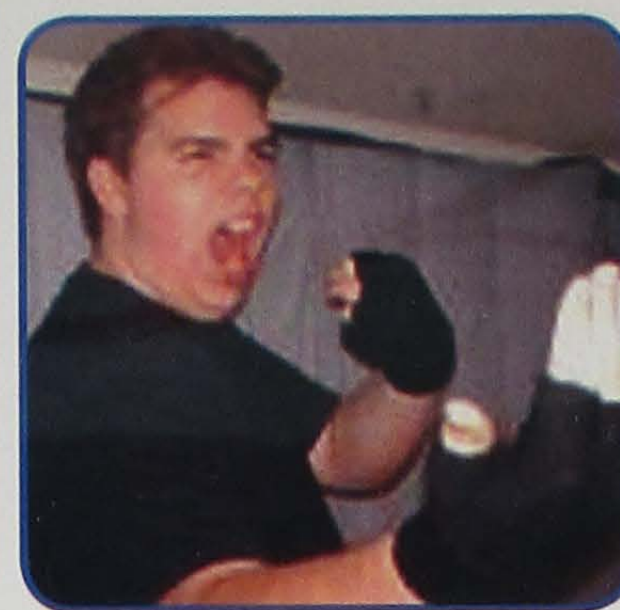
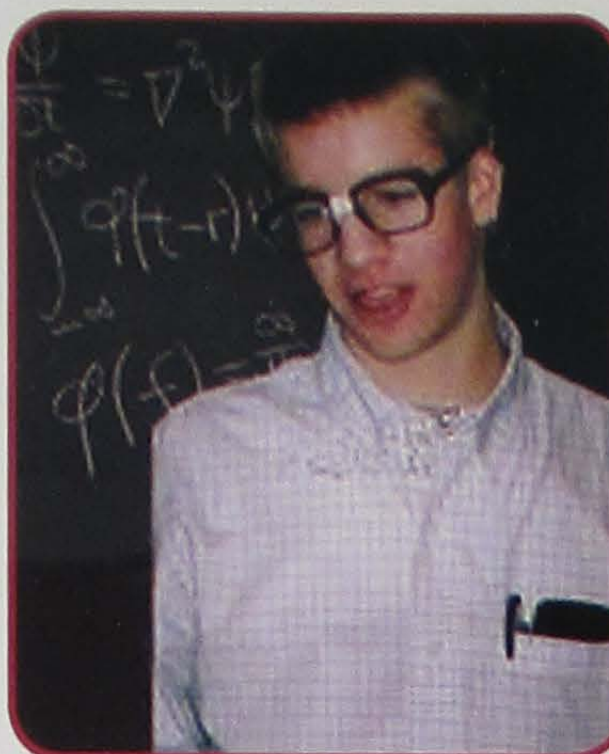


Philosophy Club

100th Green Butterfly

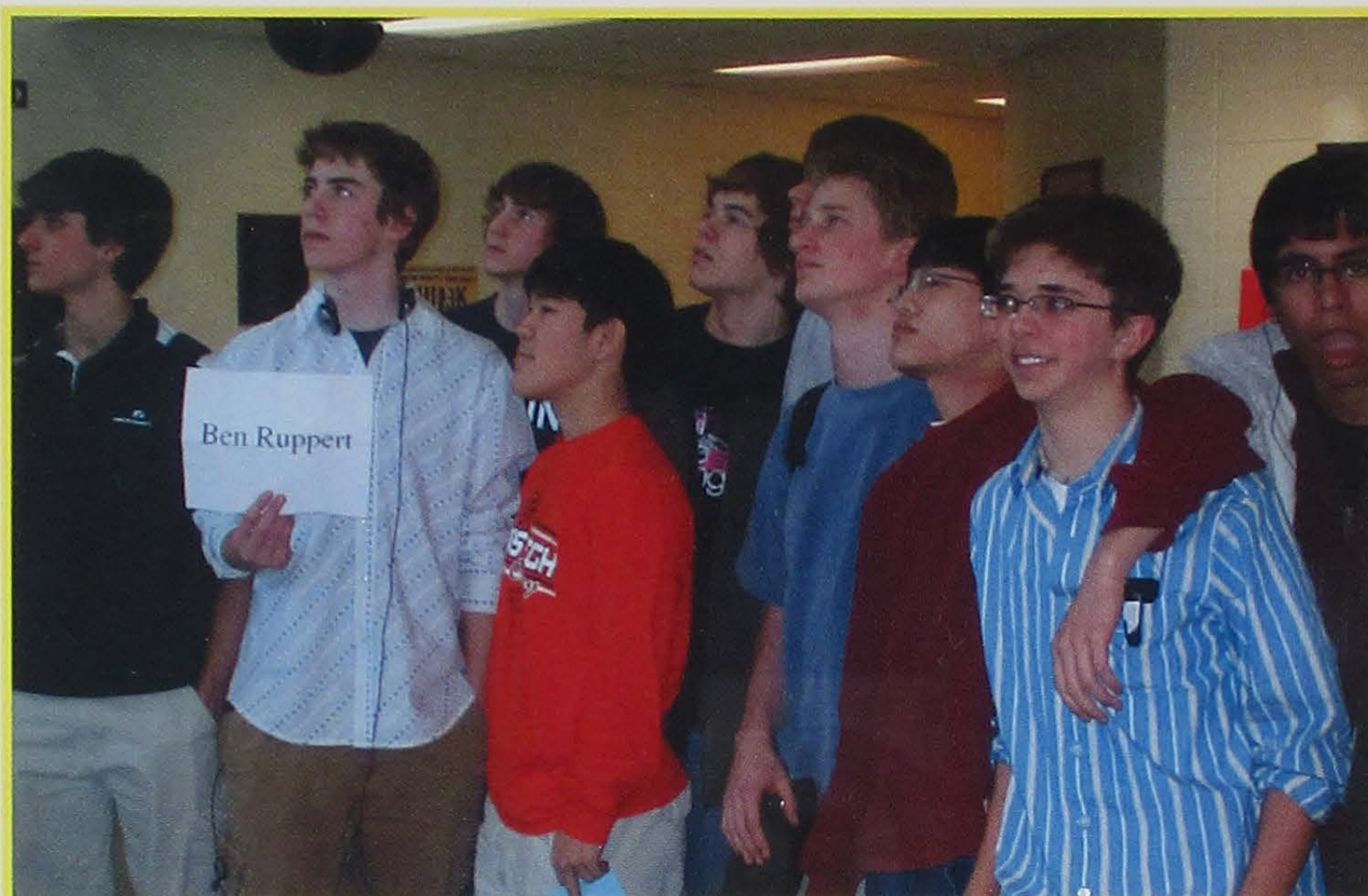
The SPIRIT staff offers our sincere apologies, as a corrupted file caused the 100th Green Butterfly club picture to be missing here. However, a huge round of applause goes out to each member in recognition of the accomplishments each made during the 2005-2006 school year.

EPEC was a newly established club at Ames High this year. The name stands for "Elastic Potential Energy Club." In other words, they like to play with rubber bands!



Row 1: Ulfur Grant, Marcus Hippen, Dennis Kuo, Ethan Forsgren, Wern Ong, Bryce Gonzales, Krishna Prabhu

Row 2: Rob Wanzek, Keith Davis, Sean Siberski



Movie Club



EPEC

Row 1: Wyatt Miller, Logan Rupp, Asa Reitz, Brian Jaynes

Row 2: Bryce Gonzales, Chan Liebman, Sam VanFleet, Evan Hudson

Row 3: John Klotzbach, Austin Sandler

"Some use a pen, others use a paintbrush; I use my body. I show my soul through my choreography and dance."

- Senior, Jenni Fulton



Row 1: Wesley Arunsiripate, Mario Reyes-Juarez, Jenni Fulton, LuLu Wu, Angel Yu.

Row 2: Kelsey Torgersen, Tiffany Bennett, Rachel Schmidt, Juan Ortiz-Cruz, Jungdae Suh, Sarah Windsor, Jon Cowan, Annie Ahn, Evangeline Chen.



Terpsichore

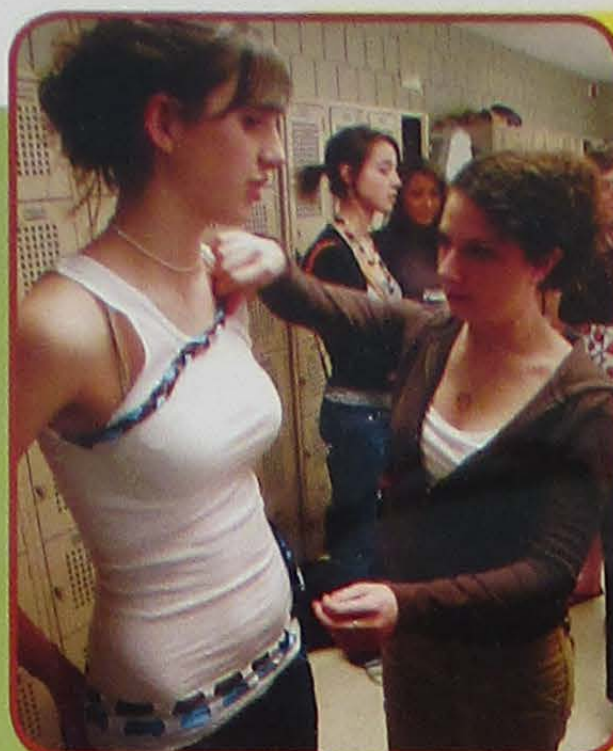
Thespians

The SPIRIT staff offers our sincere apologies, as a corrupted file caused the 100th Green Butterfly club picture to be missing here. However, a huge round of applause goes out to each member in recognition of the accomplishments each made during the 2005-2006 school year.

Pictured members included: Jennifer Compton, Tricia Stubbs, Ellen Heddendorf, Aaron Langlois, Ben Schnabel, Jeremy Girton, Chris Harder, Ross Koppenhaver, Madeline Paschen, and Laura Snell.

"Kirsten Schoenrock was the best model that has ever modeled for me. The way she moves is . . . amazing. Yep, she's definitely going to be America's Next Top Model. Watch your back, Tyra!"

- Junior, Jessie Curry



Row 1: Jenny Cheuk, Annie Pastiak, Melissa Martin, Ann-Charlotte Wade, Stephanie Enloe, Laura King, Casey Carter.

Row 2: Tessa Matibag, Jackie Clark, Kate Elliott, Kristin Geiger, Jessie Curry, Sarah Jackson, Natalie Larson, Sarah Cram.

Row 3: Mrs. Goodwin, Aaron Langlois, Sarah Linahon, Sam Hackerson, Christen Meyer, Katie Oarazem, Spencer Veysey, John McClelland, Justin Gilger, Mrs. Hassebrock.



Phashun Club

Model UN



Row 1: DeLesia Briseno, Lauren Dougherty, Ann-Charlotte Wade, Emily Moschini, Emily Kawaler, Ginny McCalmont, Anne Wilson.

Row 2: Mr. Mooney, Betsy Dilla, Emily Falk, Noah Gildermaster, Ben Ruppert, Jacob Rosenberg, Sarah Schreitmueller.

Row 3: Nick Litwiller, James Balough, Asa Ritz, Ross Hackerson, Dan Chrusciel, Austin Sandler, Sam VanFleet, John Klotzbach.

Yacht Society is another of the clubs born this year. They spend their time playing sophisticated lawn sports, sipping expensive English tea, and discussing topics far too complex for the average colonist.



Row 1: Carolyn Metz, Amy Huston, Mischa

Row 2: Derek Lewis, Zachariah Hurd, Carter Slagell, Andy Coyle, Adam Liu



Anime Club

Yacht Society

Row 1: Andrea Mallarino, James Webb, Annika Anderson, Ann-Charlotte Wade, Katherine Thompson

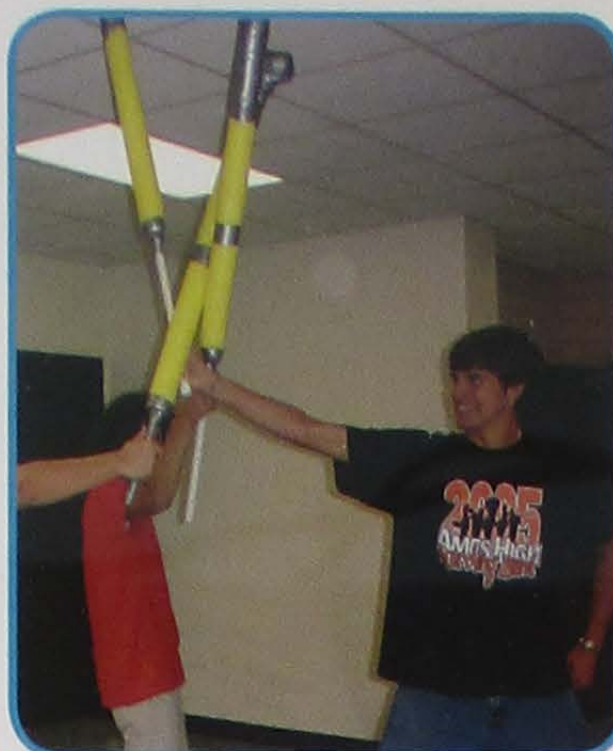
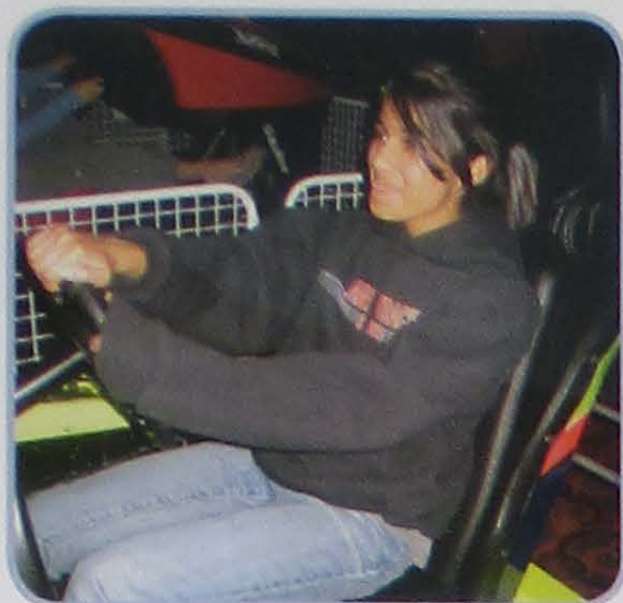
Row 2: Jennifer Compton, Supraja Rajagopalan, Ellen Heddendorf, Anju Somani, Sarit Luban, Molly Golemo

Row 3: Eric Foley, Alicia Wengert, Bob Hunter, Emily Falk, Kelsey Torgerson, Spencer Arritt, Jon Link



Science Olympiad
is a fun way to stay
active outside of
school and learn
a lot doing it."

- Senior Tim Morgan



Row 1: Dennis Kuo, James Fang ,
Magon Liu, Kevin Lu, Hongmeng
Zhou

Row 2: Mrs. Glenn, Emma Israel,
Shing Shing Ho, Sandy Huang, Yu-
Ting Chen, Lisa Yoon

Row 3: Xin Pan, Sean Lu, Adam Liu,
Devin Lu, Ben Leung, James Hon-
zatko, Mrs. Barbour

Row 4: Michael Herriges, Mark Fang,
Jim Strickland, Tim Morgan, Josh
Moloney, Craig Boeke

Science Olympiad

Yu-Gi-Oh Club

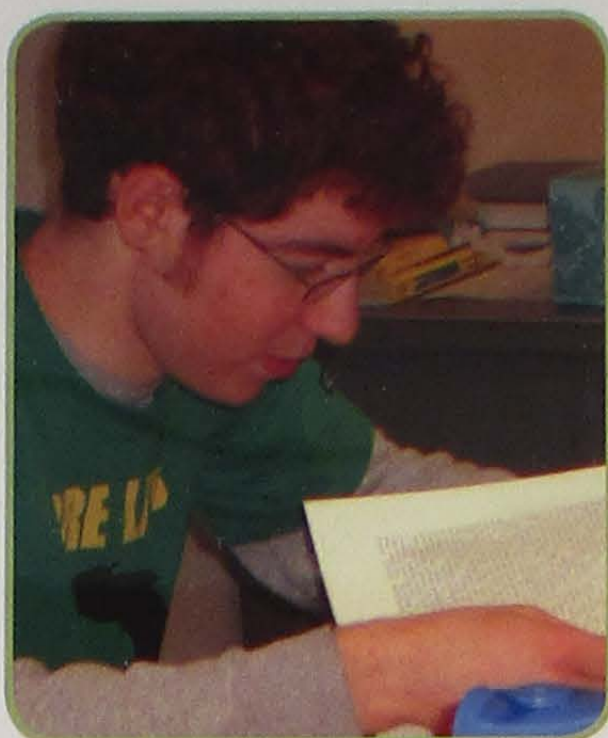
Members Include:

Kyle Endreland
Danielle Miller
Jason Huston



"Scratch pad was a lot of hard work, but it was fun coming together with other people you normally don't hang out with to create something special for everyone."

- Rachel Thompson



Row 1: Kaitlin Brien, Ginn McCalmont, Erin Bagnall, Annika Anderson, Shoshanna Berleant

Row 2: Mr. Daddow, Jacob Pleasants, Katie Orazen, Emily Kawaler, James Pringle, Rachel Thompson, Brighton Prueger, Emily Moschini

Scratch Pad

On Stage

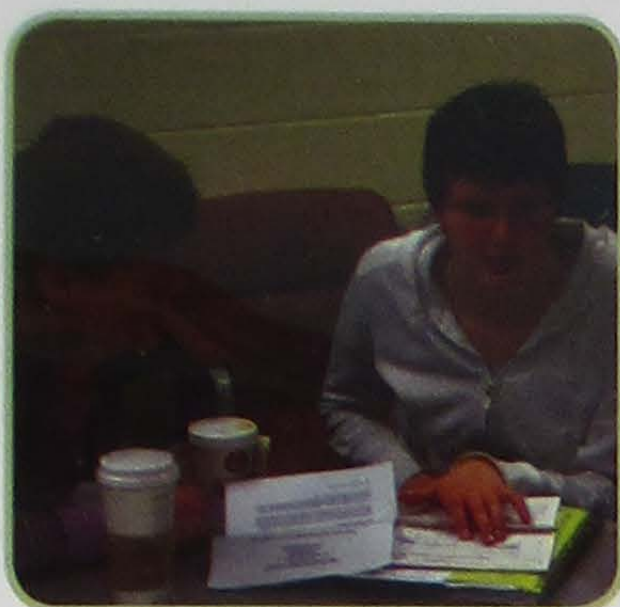
Participants from Ames High Include:

Mrs. Horner
Rachel Schmidt
Candace Weis
Kelsey Torgerson
David Naylor
Wei-Li Suen
Hansaa Abbasi
Lizette Hinojo
Lauren Frandson
Sam Robson
Nichole Kearney



This year was amazing! Our team made it all the way to the world competition. We all really clicked and had fun working together."

Chantal Roberts

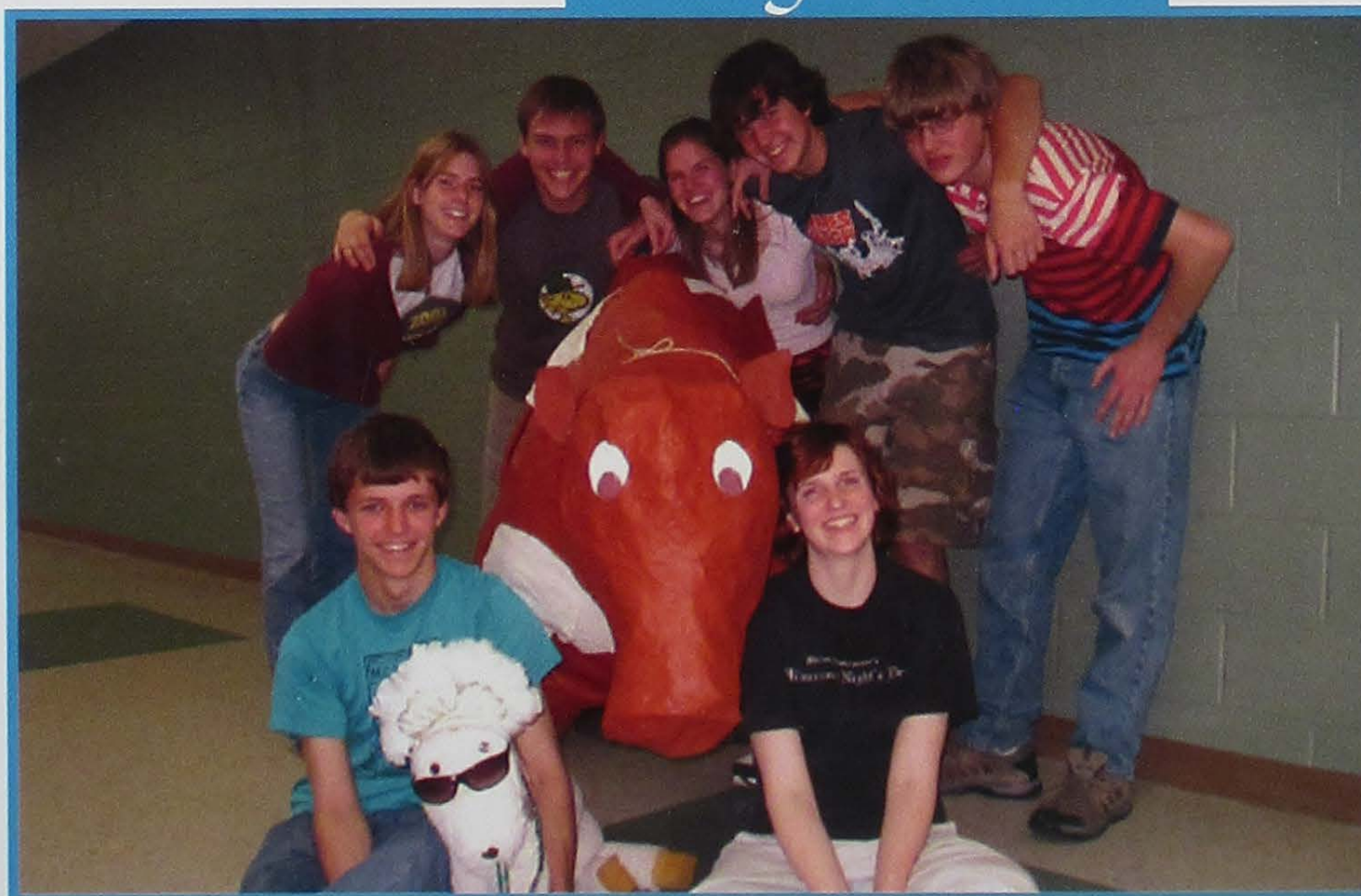


Row 1: Ana Fernandez, Katie Harmelik, and Caitlin Lawrence

Spectrum

Destination
Imagination

Row 1: Alan Moss, Betsy Dilla Row 2: Chantal Roberts, Sam Hapke, Rachel Schmidt, Craig Boeke, Andy Doyle





"Stress becomes a key challenge throughout the year. SPIRIT staff finds the number one stress-reliever to be FOOD!"

- Senior, Becky Sidles



Front: Mr. Webb.

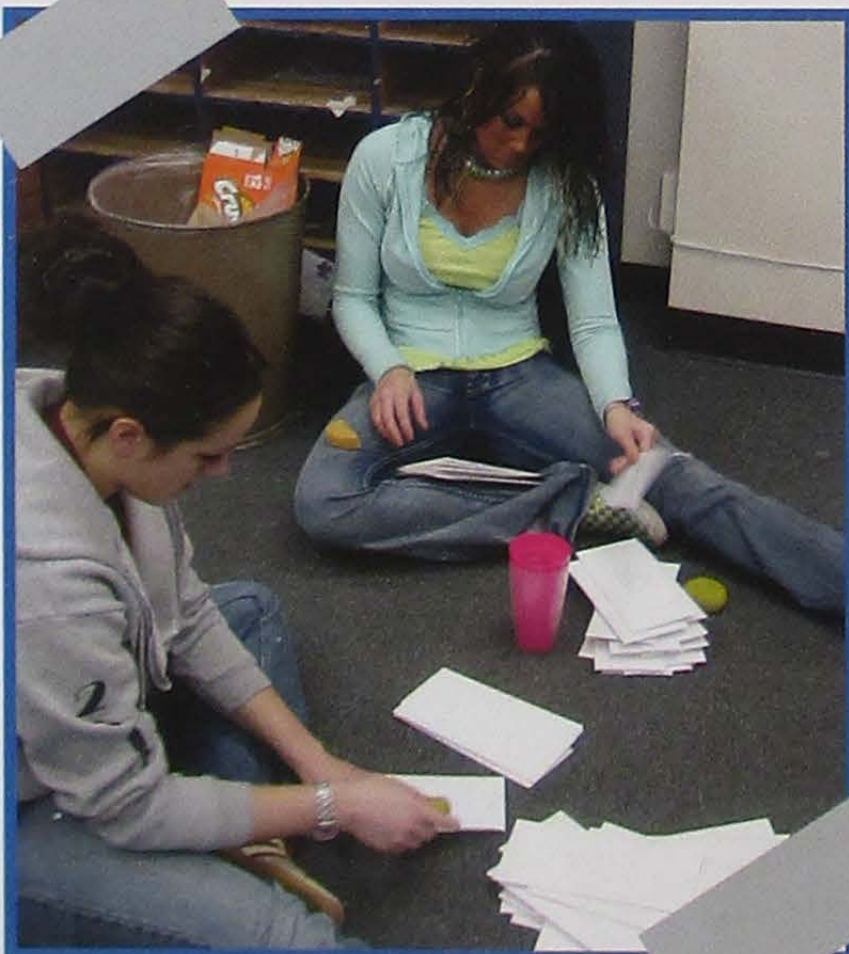
First Row: Jessie Curry, Chanta Roberts, Kirsten Schoenrock, Jenn Cheuk, Sara Holt, Lily Dobson, Anna Carswell, Jessie Svec, Laur Pedersen.

Second Row: Amanda Lett, Kate Linduska, Madison Cummings, Kelsey Elliot, Becky Sidles, Sara Cram, Shannon McCormick, Britta Mennecke, Sarah Jacobson, Alan Moss, Elizabeth Cohea

Top: Olivia Langenberg and Mr. Construction.

SPIRIT Staff 1st Semester

"The relationship between SPIRIT and Web is all about competition. Ultimately, though, we get the last word!"



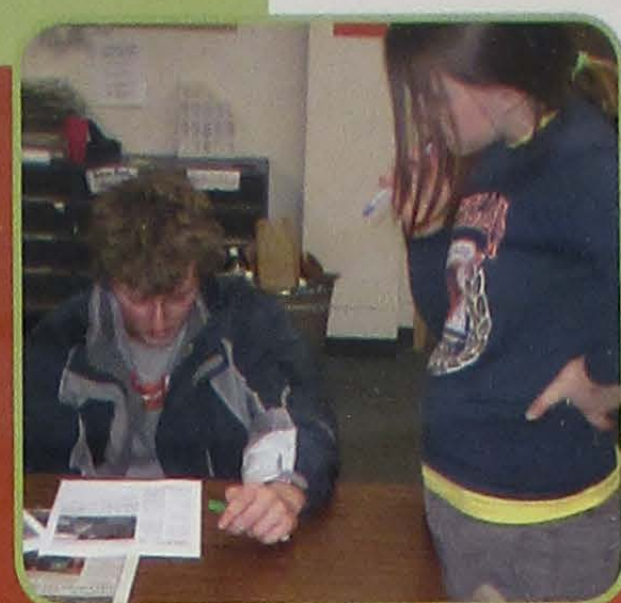
Goofy Girls - Awaiting the end to their last day of high school, seniors **Laura Snell**, **Shannon McCormick**, and **Becky Sidles** goof off while posing for a picture. (Photo by Amanda Lett)

Snail Mail - Folding letters to stuff into envelopes, seniors **Olivia Langenberg** and **Sara Cram** are put in charge of getting the news out to parents about baby ads. (Photo by Becky Sidles)



"The Web is a lot of work...but it is fun being in the middle of all the chaos day and day out. Some schools aren't even fortunate enough to have such an opportunity."

Senior, Sarah Raaii



Row 1: Allyse Hellmich, Anju Somani, Sarit Luban, Mr. Johnson

Row 2: Anna Sawyer, Sarah Raaii, Supraja Rajagopalan, Mashette Tyrkin-Nikolau, Jason

Row 3: Molly Golemo, Sam Hackerson, Eric Foley, Spencer Arritt, Mukund Premkumar



"If you look back at the issues from this year, we didn't print any bad jokes about yearbook and their staff. They print about us because we are so irresistible and they're jealous!"

You'll Never Guess! - Discussing a breaking news story, seniors **Anna Sawyer** and **Sarah Raaii** stand out in the courtyard. "Covering all the news from shopping sales to health breakthroughs is our main goal as *the Web* staff," Raaii said. (Photo by Becky Sidles)

Writer's Block - Working on a deadline, junior **Allyse Hellmich** concentrates on a headline for her next news story. *The Web* came out with a new issue every two weeks this year. "It was tough at times filling the space with quality stories," Hellmich said. (Photo courtesy of *The Web*)



The Web

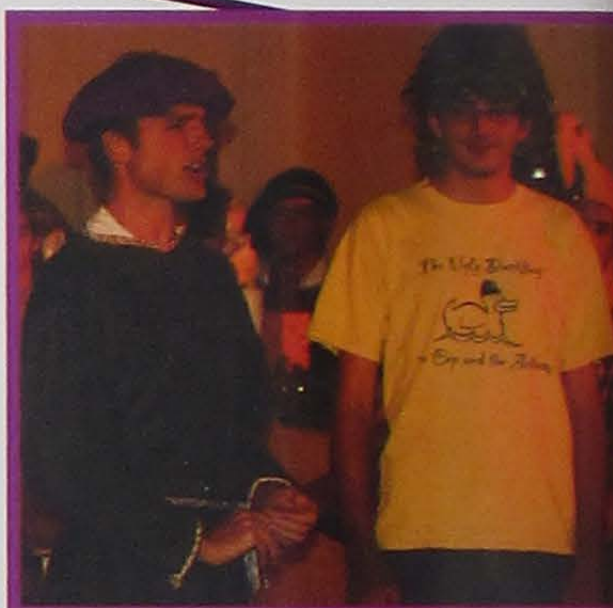


Madrigal

"Thank you Lord Gallow for the good punch..."



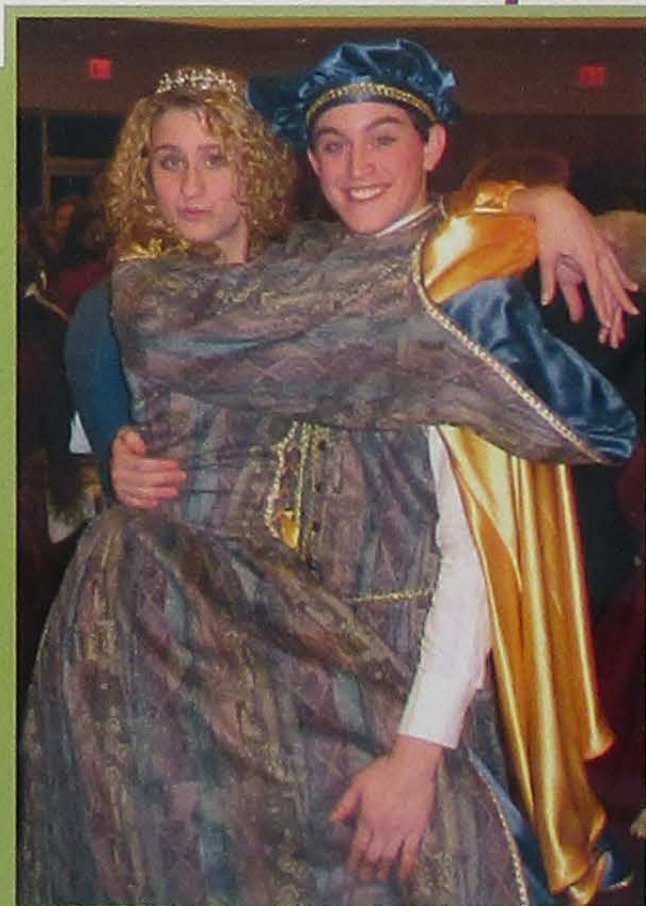
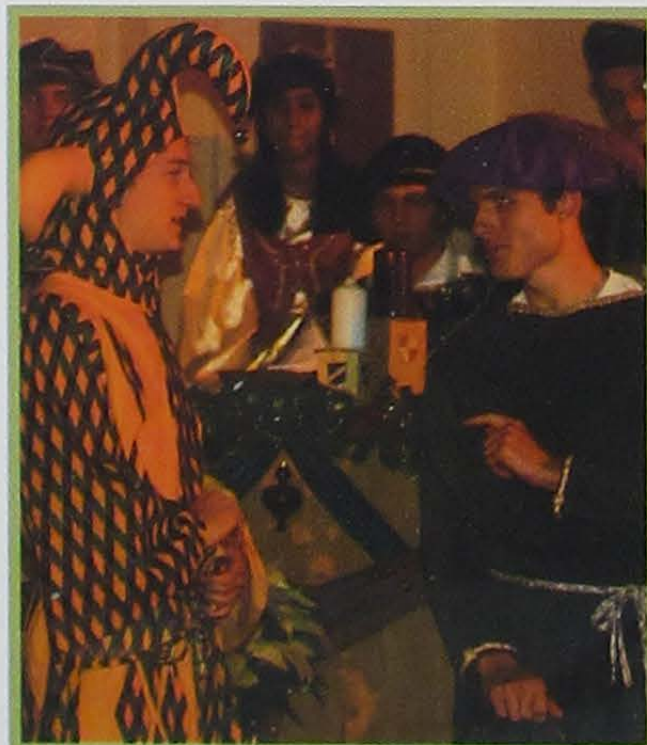
Men Wear Make Tool! Showing off his masive acting skills, senior Ro Koppenhaver takes pride in his odd dress and makeup. "I wouldn't have to get dressed up to be a joker," he said. (Photo by S. Jacobson)



What's the Stench?! Explaining "he strange habits, senior Chr Harder tells about senior Jerem Girton, playing Gorgonzola in the Madrigal play. A different person was chosen each night to play the interesting role. (Photo by Britta Mennecke)

Front Row: Ben Ruppert, Sara Holt, Chris Simonson, Jennifer Compton, Caleb Polashek, Jessica Egli-Davis, James Pringle, Rachel Schmidt, Greg Shirbroun, Emily Thurmaier, Andy Olsen, Tessi Cook, Marc Heitzman, Sarah Jackson.

Back Row: Megan Paxton, Jacob Pleasants, Adrienne Geski, T.J. Lawless, Tricia Stubbs, Brian Weiss, Emily Morris, Scott Simpkins, Laura Snell, Scott Metille, Hayley Jackson, Aaron Lott, Supraja Rajagopalan, John Meraz



Musical



After hours of dance and choir rehearsals, costume fittings and sev-

eral pizzas, *Joseph and the Amazing Technicolor Dreamcoat* turned out to be a huge success.

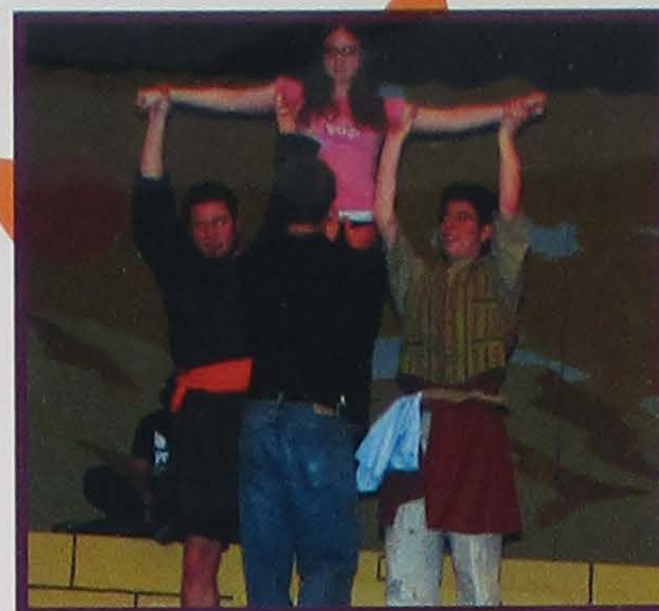
Though it had a smaller cast than in years past, it didn't seem to detract from the overall enjoyment.

Joseph and the Amazing Technicolor Dreamcoat provided a unique challenge simply because it was done entirely

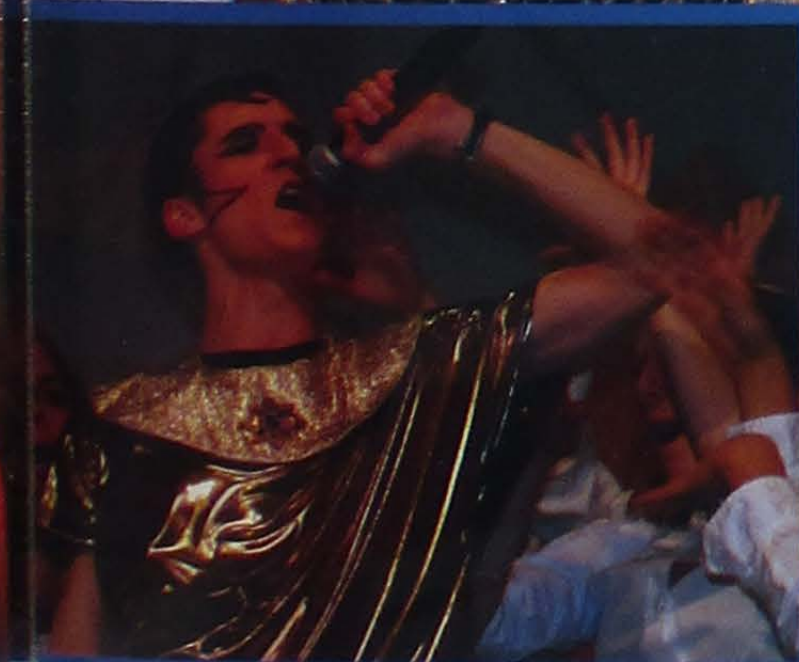
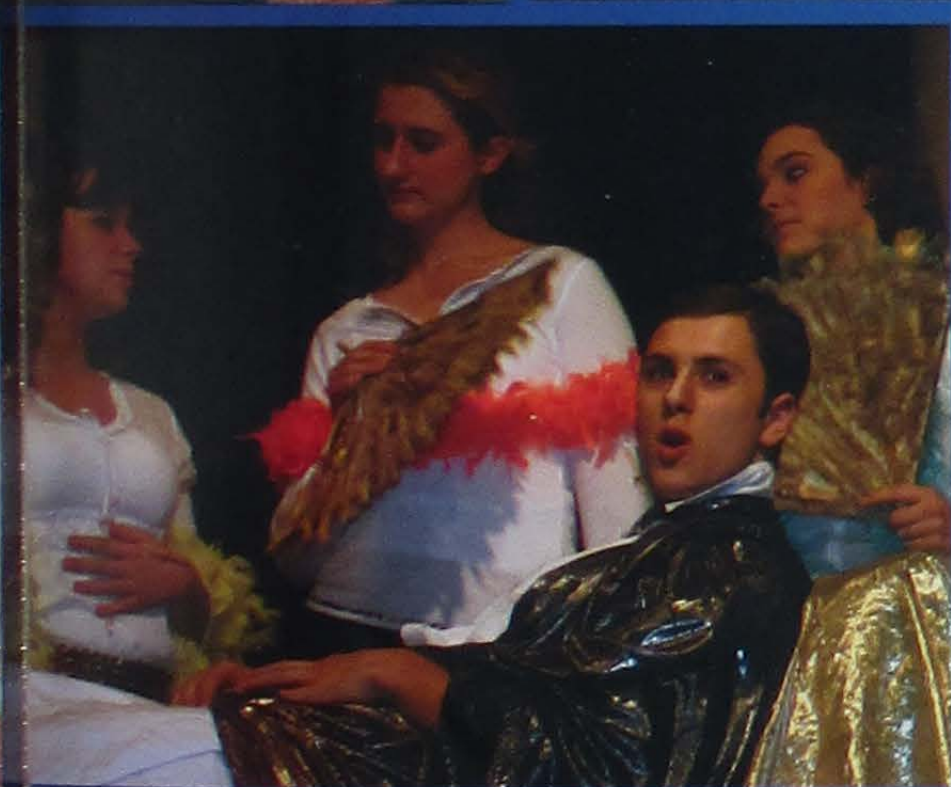
in song, meaning no dialogue. The story takes audiences through the dramatic ascension to power of Joseph, a small vineyard owner's son.

A story full of hopes and dreams, it was presented for three nights to a packed house. Audiences walked away with

smiles on their faces and contagious songs stuck in their heads.



You'll Buttle As You Did Before - Showing his unswaying loyalty, senior **Andy Olson** salutes senior **Ross Koppenhaver**, who played an impressive Pharaoh in *Joseph and the Amazing Technicolor Dreamcoat*. (Photo by Britta Mennecke)



The Choir



Row 1: Tes Cook, Emily Far Jennifer Con ton, Evangela Chen, Laura Ki Kimberly Sta forth, Supraja F jagopulan, Joan Eggert **Row** Sarah Jackso Anja Decke Sara Holt, Ca dace Weis, Cai Herrnstadt, Je sica Egli-Dav Dana Howe Emily Thurma Rachel Scmi Anna Greenwa Melissa Heitzma

Rachel Harmon **Row 3:** Hayley Jackson, Anne Todey, Greg Shirbroun, Kelsey Simpkins, Aaron Lott, Brittany Rover, Laura Gehring, Ne Hibbing, Tricia Stubbs, Courtney Larson, Wern Ong, Aaron Mostrom **Row 4:** Ross Koppenhaver, Dustin Turner, John Meraz, Aar Langlois, Nathan Crumpton, Zach Borg, James Pringle, Jacob Pleasants, Ethan Forsgren, Derek Siedelmann, Caleb Polashek, Dar Brown **Row 5:** Tanner Twetten, Chris Thompson, Jacob Canfield, Andy Olson, Chris Simonson, Scott Simpkins, Ben Ruppert, La Snell, Andy Lane, Jessica Oster, Brian Weiss, Marc Heitzman

The Concert Chorale The Concert Choir



Row 1: Ap Bettis, Bec Voss, Emily W Jesica Rowlan Terrisa Clar Caroline, Alyc Pringle **Row** Alleah Johnso Lindsay Road Rebekah Ha son, Audre Dodge, Kend Moloney, Lizz Warth, Mallo Sorenson, Sh ma Chandra, Alderman, Chr Cowan **Row** Kira Seek, R becca Schmid Aslynn Terpstr Benjamin Felle

Kaitlyn Baldrige, Kinsey Belz, Zachary Bridges, Linda Shu, Micah Simpson, Matt Dearborn **Row 4:** Benjamin Sc nabel, Rohan Agarwal, Sam Hapke, Katie Harmalink, Katie Marsden, Andy Doyle, Marcus Hippen, Jacob Canfield Brendan Best, Zeke Musselman

The Orchestra



Row 1: Katie Isgrands, Hannah Maakasted, Jordan Bundy, Melissa Martin, Allison Hamilton, Carolyn Metz
Row 2: Erin Weber, Kelsey Dieck, Lisa Carter, Anne Tepper, Skyler Pattee, Brittany Tiselton, Megan Cummer, Annie Sencer, Lindsay Burke, Amanda Johnson
Row 3: Nathan Snell, Aynne Carriere, E. Breshears, Jessica Gosch, Megan Paxton, Ben Putz, Allison Hamilton, Elizabeth Laage, Spencer Botine, Colin Shriver
Row 4: Annette White, Katelyn Walker, Rex Fernando, Hannah Benck, Jordan Campbell, Sarah Warth, Taylor Slotter, Kate Witt, Erinn Uhlmeier, Lucas Borg
Row 5: Haven Carlson, Tommy Nading, Ian Herrman, Trey Stubbs, Ryan Gehlsen, Ethan Woodward, Mike Westover, Miles Geenwald, Derek Accola, Mary Woeste

The Freshman Choir The Orchestra



Row 1: Caleb Polashek, Ying Ying Liurhan Forsgren, Jacob Pleasanti Lydia Lowry, Brittany Rover, Cal Slagell, Ilya Ellern
Row 2: Em Kowaler, Sean Lou, Kevin Lu, Xinh, Daneil Park, Sarah Shin, Evy An, Lisa Yoon, April Suen, Hayley Jain, Asya Tsukruk, Kayla Beone Ray Wolt
Row 3: Sarit Luban, We Suen, Katherine Thompson, Tel Cook, Sara Holt, Betsy Bill hashana Berleant, Albert Cho, Colley Calhoun, Manuel Melendez, Rai Lowry, Wyatt Miller, Neal Mald, Max Tsai, Joey Wendel, Beallon, Emily Moschini, Joshua May, Tommy Fields
Row 4: Mark Par Michelle Lieninger, Sean Lee, Tiff Bennett, Andrea Mallarino, Jee Cheuk, Diane Kraus, Mona Li, Em Mullany, Edward Cho, Sarah Mahan, Jessica Oster, Vanessa
Row 5: Lizette Hinojo, Lauren Schwab, Natalie Deam, Yeil Park, Alex Jurenka, Sabrina Soh, Emily Roth, Lucy Ma, Kelly Grogg
Row 6: Renee Bovinette, Alicia Wengert, Nick Romsey, Ege Inaac, Ambika Athreya, Becky Ferguson, Lavanya Singh, James Fang, Pilcher, Alan Guo, Michael Dunlay, Jim Strickland, Anda Tanaka, Kelsey Simpkins, Emily Morris, Caitlin Anderson, Laura Larabee, Scott Simpkins, Jon Rohlf, Aaron Lott, Jeremy Girtton, Jua Rudison, Dex O'Hara, Andrew Bovenmyer, Travis Heithoff, Becca Parloff Hanson, Daniel Knudson, Laurel Tuggle
Row 6: Dave Gan, Rachel Hauber, Leslie Moorman, Jill Joerger, Erica Pang, Avni Sanghi, Mrs. Polashek, Emily Thurmeier, Greg Shirbroun, Ross Koppenhaver, Wern Ong, Austin Skarshaug
Not Pictured: Thomas Berg, Mark Leitzman, Juan Ortiz-Crus



Row 1: L. Snell, H. Atsbe, A. Jones, L. Jones, J. Cheuk, E. Kaufman, C. Weiss, T. Hawley, S. Pappe, S. McCormick Row 2: B. Nadler, A. Smith, L. Smith, P. Israel, T. Koford, E. Israel, A. Brockway, E. Bagnall, P. Jahren, D. Jahren, P. Mungons, A. Somers, J. Pour-El, A. Frishman, S. Peterson Row 3: R. Miller, T. Squire, D. Heimsdottir, C. Calhoun, K. Johnson, J. Fabiosa, N. Sol, Botine, C. Ewan, A. Buttermore, K. Allyn, C. Winegardner, K. Reynolds, I. Strohman, M. Ska, Boswell, M. Parsons, J. Compton, K. Ranney Row 4: C. Salisbury, A. J. Barrett, R. Shaw, L. Schwab, C. E. Heikens, J. Oster, A. Hamilton, man, K. Simpkins, L. Larabee, C. A. Welch, T. Pilcher, J. Suh, N. Snell

Z. Heilman, T. Cook, S. Jackson, A. Skarshawg, D. Quo Row 5: W. Ong, D. Ziminski, N. Behning, D. Park, S. Vanfleet, M. Masteller, E. Bierwagon, R. Lowry, C. Meyer, M. Melendez, K. Torgerson, S. McClanahan, A. Hasselman, G. Shirbourn, R. Koppenhaver, L. Fransen, J. Nehls, A. Frandsen, M. Liu, M. Garasky, S. G. Lowry, L.J. Clark Row 6: L. Howell, S.S. Ho, M. Reynolds, A. Perdue, N. Carlson, E. Boydston, S. Koehler, V. Harding, S. Wells, E. Bjorkland, E. Thurnaler, S. Robson, Z. Brenner, K. Baldrige, M. Misra, S. Jacobson, M. Golemo, I. Ilarslan, A. Bortle, B. Borill, D. Alexander, N. MacDonald, B. Leung, Row 7: R. Wendt, A. S. Kelly, A. Knight, A. Lewis, A. Johnson, E. Miller, M. Schmidt, D. Warren, M. Lee, R. Pesch, C. Simonson, A. Mungons, T. Fair Row 8: P. Snell, A. Today, C. Kohler, B. Thompson, A. Lott, L. Swanson, C. Davis, N. Davis, A. Lane, K. Raab, J. Larson-Konar, M. Hackerson, A. Feller, Z. Hurd, J. Wendt, M. Dunlay, S. Simpkins, Fuller, E. Cho, D. Schlosser, C. Peiffer, A. Richards, F. Xi Row 9: L. Niehm, A. Wass, A. Doyle, K. Prabhu, A. Jacobson-Swanson, M. Premikumar, C. Luecke, P. Rowley, T. Morgan, C. Boeke, J. Prichard, J. Strickland, M. Flynn, S. Bird, J. Davis, M. McClanahan, D. Naylor, A. Robertson, W. Miller, A. Rohlf, J. Rosenberg, K. Breitling Row 10: D. Lewis, B. Scallon, E. Heddendorf, S. Schreitmuller, D. O'Hara, J. Gorton, J. Hanson, T. Heithoff, R. Gibson, S. Siberski, Z. Wayne, R. Hackerson, T.J. Miller, C. Harder, M. Saxton, D. Hickok, D. Ramey, A. Liu

The Marching Band The Freshman Band



Row 1: Sandy Hu, Sarah Israel, A. Johnson, Anna F. man, Rachael S. Jessica Nehls Row 2: Julia Reyno, Tiffany Pilcher, toria Harding, E. Boydston, Na Peterson, Kelse etrich, Emma W. Carolyn Metz Row 3: Hannah Maakes, Paul Nungons, M. Prabhu, Matthew Alec Knight, Kr Gaffney, Jung Suh, Jeremy P. El, Zach Heilm Nathan Snell, Herrman, Kar Allyn, Alesha S.

Daniel Jahren, Ellen Heikens, Laura Schwab. Row 4: Spencer Botine, Alyssa Frandsen, Laurel Smith, Patrick Jahren, Katie Williams, Mary Woeste, And Rohlf, Isaac Strohman, Michael Schmidt, Stephen Sawyer, Aaron Lewis, Jesse Pritchard, Tony Koford, Jill Joerger, Stefan Breitling, Caitlin Lawrence, Winegardner, Victor Crnkovic, Matt Saxton, Dex O'Hara. Row 5: Andrew Buttermore, Sarah Koehler, Shanna Wells, Ben Nadler, Anson Woodin, Zach sham, Abe Nelson, Yell Park, Matt Hoffman, Matt Skarshaug, Jon Cowan, Ross Covington

Row 1: Alexis Squire, Me-
Lindsey Niehm,
Somani, Rachel
Martha Garasky,
Leung, Erin Bagnall,
Shing Ho Row
Hartzer, Clair
Lauran Swan-
Jennifer Comp-
Dennis Kuo, Rachel
Hasselman, Zach Hurd,
Hasselman, Alicia
Caitlin Baldrige,
Nathan Hackerson,
Kerr, Lauren Forth,
Gravelyn Row
Borrill, Taryn
Sarah Schreitm-
Elizabeth Cohea,
Barrett, Mukund
Kumar, Chelsea



2006 AMES CONCERT BAND

Row 2: Travis Heithoff, Riley Wendt, Eric Miller, Ryan Pesch, Erika Bjorklund, Daniel Alexander, Kyle Johnson, Mark Gilarsky, Megan Reynolds, Leigh Howell, Nathaniel Ben-
Anne Today, Joseph Fuller, Kelsey Koffman Row 4: Nina Carlson, Marc McClanahan, Conrad Lueke, Drew Schlosser, Jacob Rosenberg, Aaron Jacobson-Swanson, Eric
Wagon, Dangy Heimisdottir, Melissa Brockway, Anna Greenwald, Tad Fair, Matt Flynn, Sam Bird, Rich Gaunt, Nathan Davis, Shane Kelly, Patrick Snell, Michael Masteller,
VanFleet, Zach Wayne, T.J. Miller, Ross Hackerson, Sean Sibersky

The Concert Band The Symphonic Band

Row 1: Sarah McClan-
han, Edward Cho,
Hima Nilakanta,
Lauren Jones, Court-
Calhoun, Manuel
Mendez, Sarah Shin,
Rhel Lowry Row
Ellen Heddendorf,
Francis Xin, Neal Mac-
Dald, Tricia Hawle,
Key Simpkins, Emily
Caitlin Ander-
Laura Larabee,
Cristen Meyer, Annie
Maria Fabiosa,
Arika Anderson
Row 3: Chelsea Da-
Elizabeth Boswell,
Medith Parsons, Brit-
Thompson, Beth
Cley, Katie Bierwag-
Wyatt Miller, Jes-



2006 AMES SYMPHONIC BAND

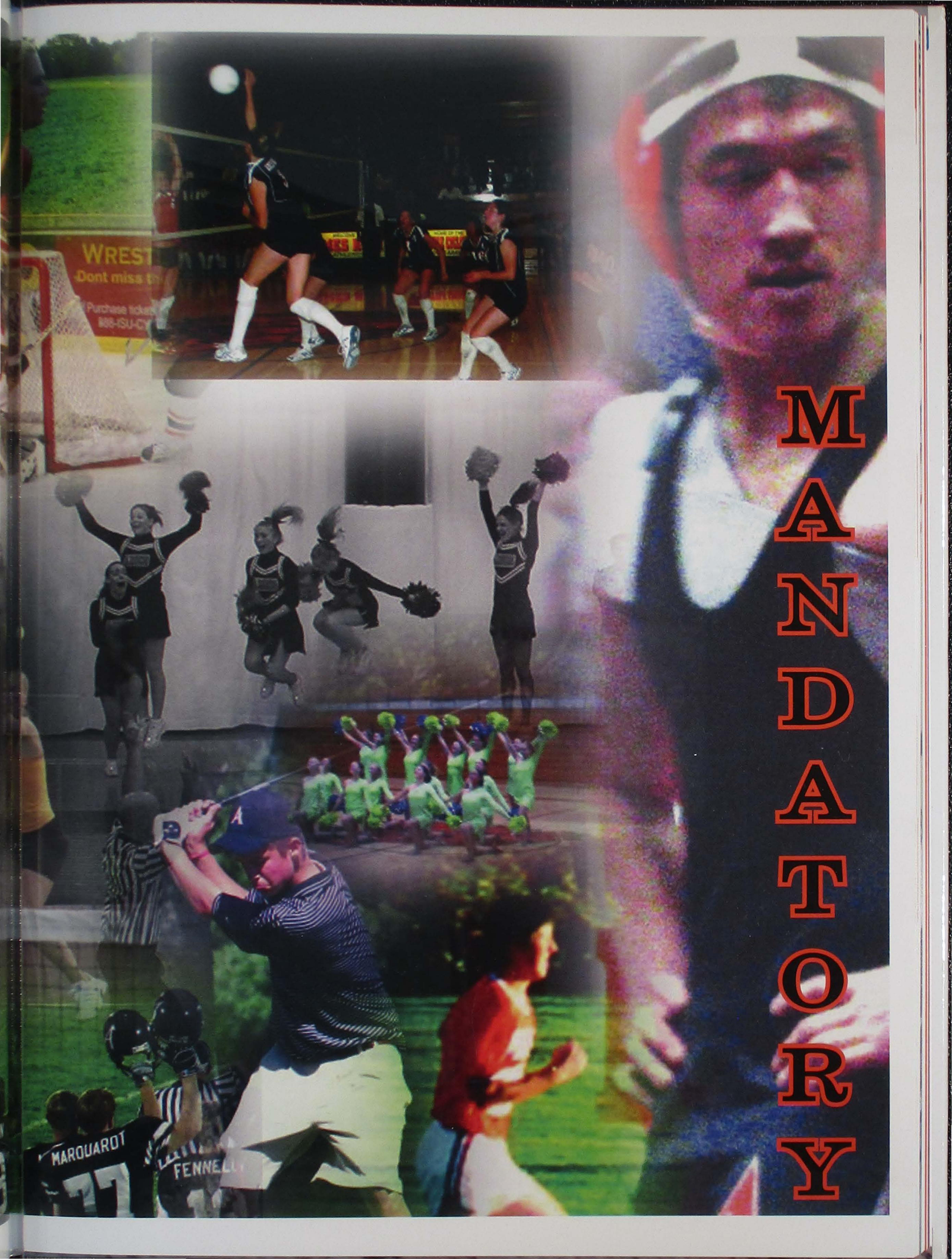
Row 4: Oster, Jeff Hanson, Krishna Prabhu, Sam Robson, Zach Brenner, Iris Ilarslan, MJ Kang, Chris Simonson, Lauren Frandsen Row 4: Anda Tanaka, Jim Strickland,
Mael Dunlay, Andy Richards, David Naylor, Jarrett Wendt, JoJo Fabiosa, Derek Lewis, Andy Wass, Craig Boecke, Cole Peiffer, Scott Simpkins, Jon Rohlf, Daniel
Rney, Kelsey Torgerson, Ben Scallon, Andy Lane, Curtis Ferguson, Aaron Lott, Adam Liu, Andy Feller, Chris Harder, Ryan Gibson, Jeremy Girton Row 5: Mr. Ewan,
Ely Thurmeier, Aubrey Robertson, Wern Ong, Greg Shirbroun, Ross Koppenhaver, Austin Skarshaug, Tessie Cook

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AMES HIGH SPORTS 2005-2006





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MARQUARDT

FENNELLY

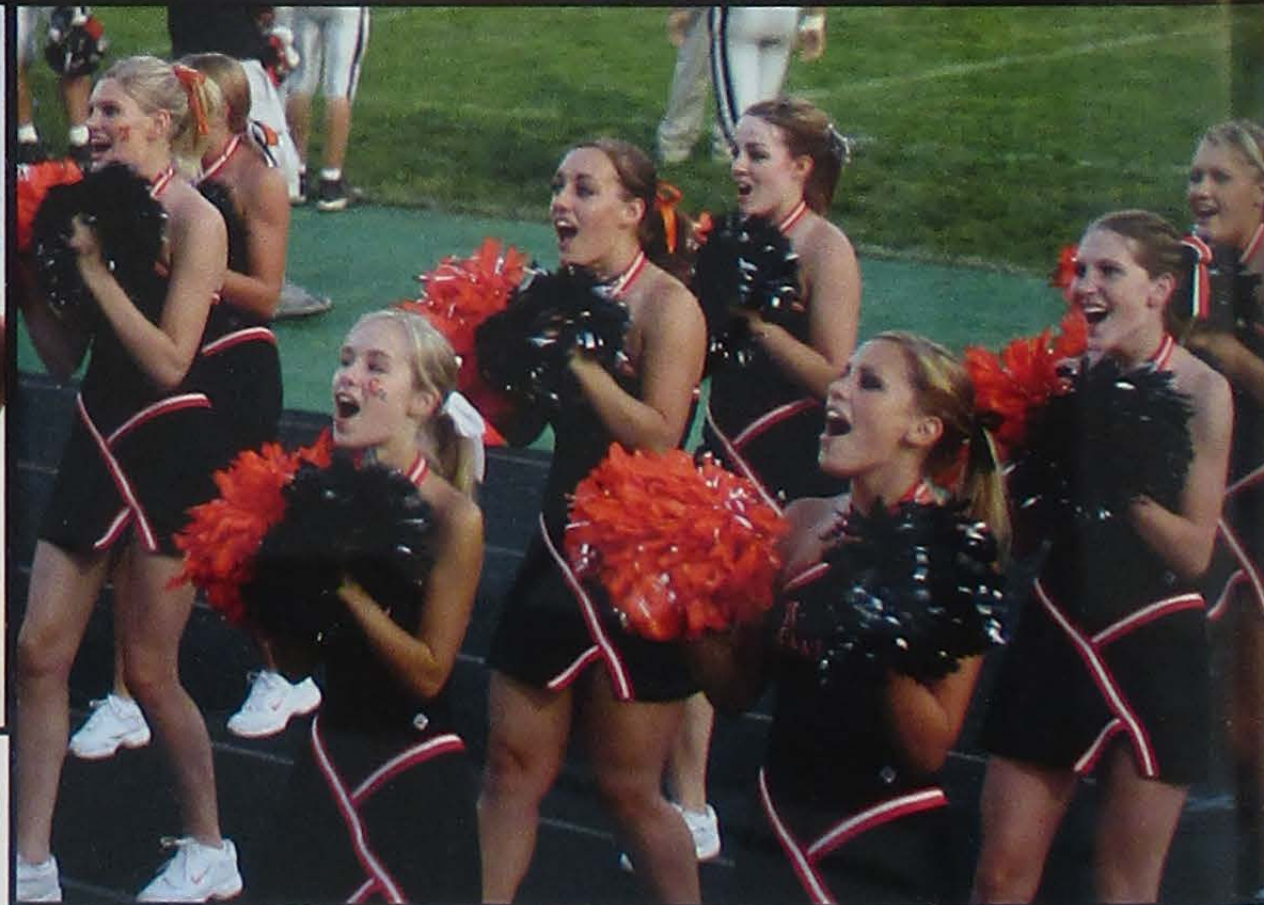
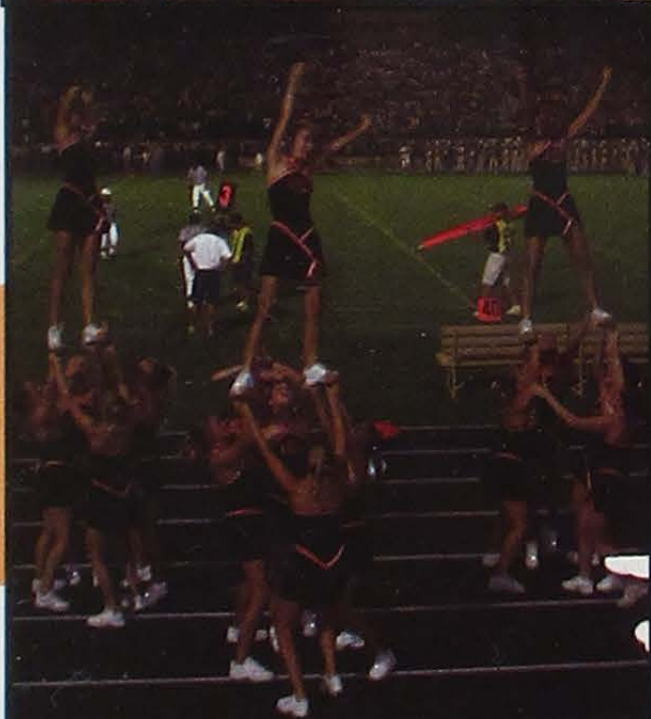
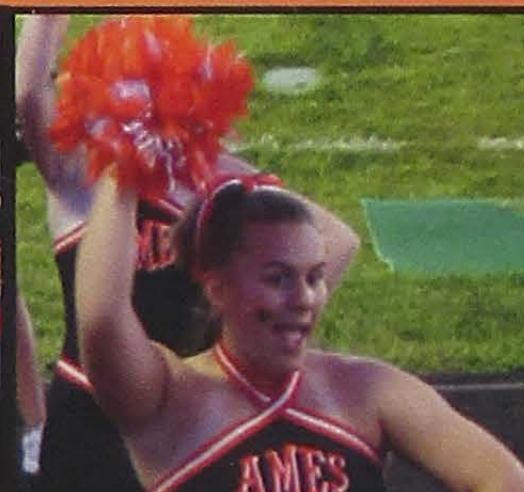


Team Tailgate - Flashing their best smiles, members of Team Tailgate crowd in for a group picture. Unfortunately, only a fraction of the 180 members were shown. (Photo courtesy of Chuck Cleary)

Team Tailgate

Team Tailgate: the tradition lives on. Team Tailgate is known for its excellent grilling and hardcore support for our football team. But to some, it is more than that. During football season it becomes a true way of life. Every home game the smell of grilled food floods the parking lot from 3:05 until the game begins. Team Tailgate is easy to spot with its infamous pirate and "Ames" banners marking the prime

grilling locations. When not a home game, the most devoted of the tailgaters pile into vans and journey into dangerous territory (rival towns) just to support our team. With classic shirts, booming voices and an abundance of adrenaline, Team Tailgate is not a group to be messed with. So, if you love grilling or just have school spirit, don't worry, the Team Tailgate tradition will always be around.



FIGHT

These Girls Have
Serious Spirit!!!

FALL CHEER

Varsity Cheer - Row 1:

Amanda Hinderks, Delesa Briseño, Laura Rich, Annicka Anderson

Row 2:

Rachel Davis, Debbie Bennett, Alex Budd, Ashley Finer, Dana Howell

Row 3:

Brianna Melonek, Kyra Knuth, Laura Holub, Alyson Loes, Melissa Baughman, Becky Kerr, Maria Beresnev



Sophomore Cheer - Row 1:

Brittany Strickler, Sarah Shin, McKenzie Dohrmann, Rebecca Voss, Evelisse Amaya, Kinsey Belz, Katie Pittman, Emily Erbes, Sarah Parsons, Aleshia Gerritson, Julia Hanson



Freshman Cheer - Row 1:

Megan Grummer, Natalie Enloe, Paige Rasmussen, Jordan Bundy, Lisa Carter

Row 2:

Amantha Clements, Austin Gerritson, Liz Breshers, Kate Witt, Allison Hamilton, Hailey Hayes



Volleyball



Freshman A-

Front Row: Caitlin Cleary, Sarah Kerr, Kaitlin Brien, Erinn Uhl-meyer. **Second Row:** Lindsey Elliott, Sarah Kirts, Kayla Roof, Coach Shannon Zinnel, Jessica Gosch

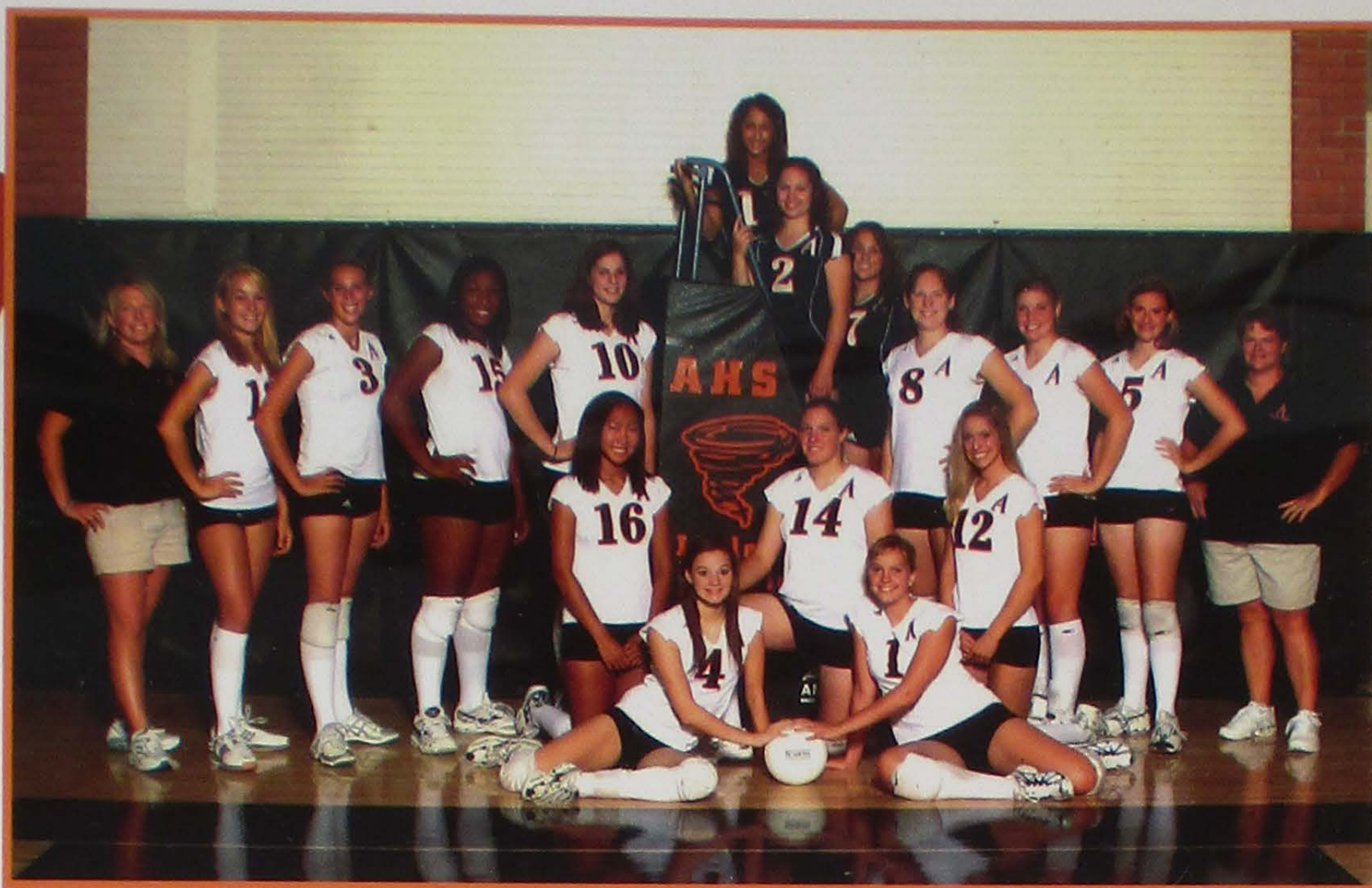
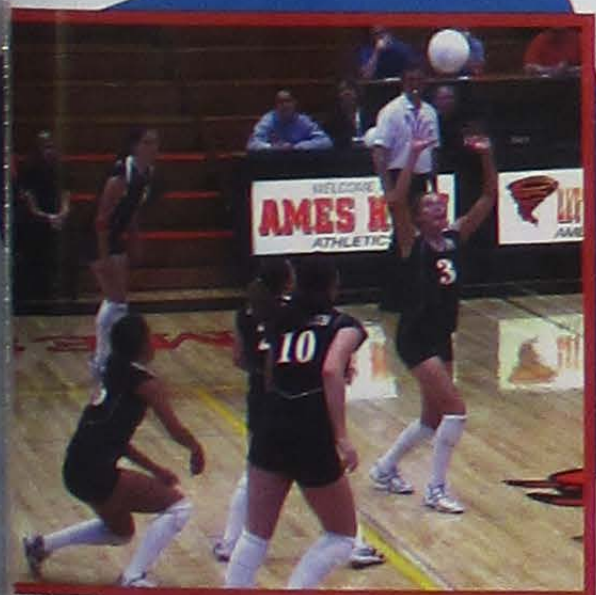
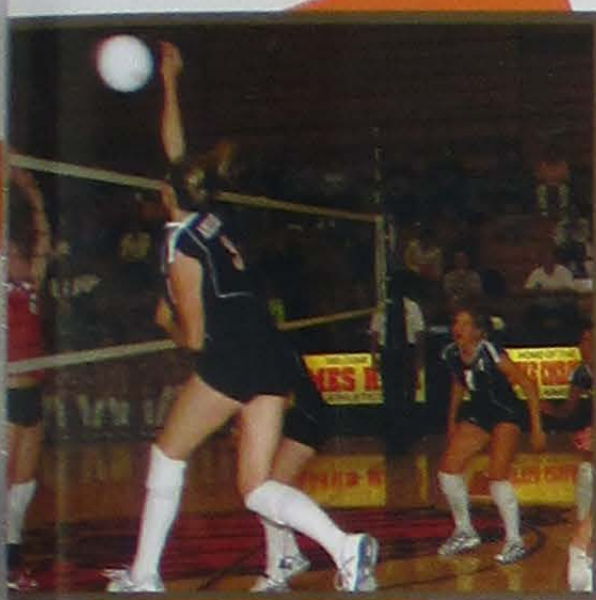
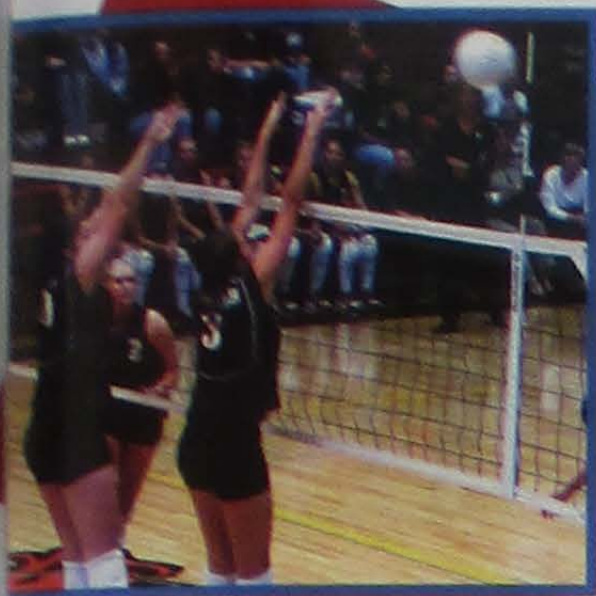
*Freshman B picture unavailable



Sophomore-

Front Row: Amy Stephan, Katie Williams, Jasmine Harris. **Second Row:** Kylie Drzycimski, Jessica White, Jennifer Hockett, Coach Sarah Hanson-Schaben, Tara Randall, Kaitlyn Bald-rige.





Varsity-

Front row: Mandy Kerper, Amy Hamilton. **Second Row:** Frances Xin, Jenny Calsyn, Tricia Stubbs. **Third Row:** Coach Mary Beth Henkenius, Laura Pedersen, Meghan Hackerson, Marissa Banks, Katie Marsden, Tessa Matibag, Melissa Brockway, Amanda Winkleblack, Jessica Oster, Sarah Nelsen, Nina Carlson, Coach Cindy Holmes.

Junior Varsity-

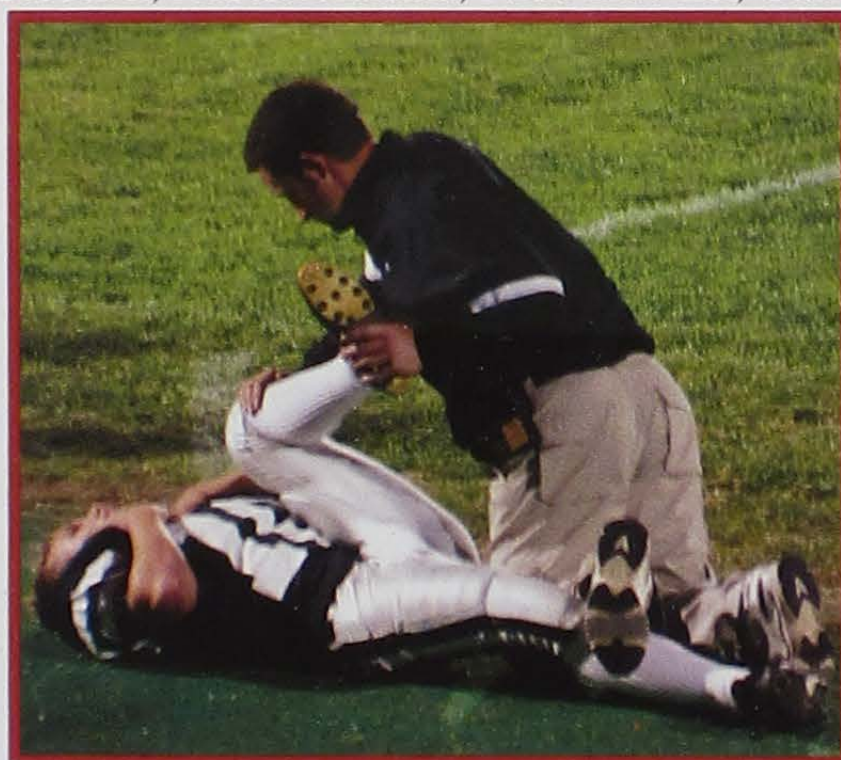
Front Row: Laura Pedersen, Tessa Matibag, Kylie Drzycimski, Nina Carlson. **Second Row:** Elizabeth Boswell, Sarah Nelsen, Amber Sexton, Sam Hackerson, Hannah Bentrott, Jessica Anderson, Taylor Slotter, Stephanie Keller, Jessica Oster, Coach Mary Beth Henkenius.



FOOTBALL



Varsity. Row 1: Nolan Currie, Chris Moore, David Tapper, Kyle Nelson, Scott Dillavou, Tyler Anderson, Danny Blum, Kris Johnson, Robert Manatt, Noah Gildermaster. Row 2: Grant Simpson, Danny Haugo, Steven Fennelly, Jacob Johnson, Micheal Hansen, Andrew Veysey, Bob Schliesman, Brock Vosberg, Matt Ludemann. Row 3: Trainer Rawdon, Coach VonBehren, Coach Kohl, Coach Rial, Coach Vertanen, Coach Downs, Coach Sullivan, Coach Shane, Coach Schliesman, Trainer Moran. Row 4: Brian Weiss, Albert Shin, Chris Voss, Josh Peterson, Nate Greving, John Henry Boylan, Scott Lynn, Jacob King, Jeff Houk. Row 5: Adam Arthur, Colin Pritchard, Derek Marquardt, Brice Rial, Keenan Clapp, Taylor Knight, Zach Hagert, Ryan Catus, Ben Jansen. Row 6: Mason Borich, Austin Meyn, Austin Brown, Joe Klinkel, Ben Dobbs, Bret Ballantine, Tommy Strehlow, T.J. Lawless, Charles Krabbe. Row 7: M.J. Kang, Michael Lee, Dan Kinker, Matt Stephenson, Ben Cotton, Michael Stoecker, Austen Arnaud, Nick Litwiller, Garrett Hamilton.



Stretch That Quad! - Getting a relieving stretch by the trainer, senior **Brian Weiss** gets help with his sore muscles. The trainers became very popular this season with the emergence of new injuries and bruised muscles caused by tough tackles and aggressive play. (Photo By Britta Mennecke)

Kickoff Tribute - Saluting their teammates, the sideline raises their helmets to the start of the kickoff. This tradition of praising their teammates was seen throughout the entire season; unity was a key component to their continued success. Strong senior captains led by example and created a positive environment for the whole team. (Photo By Britta Mennecke)



Time's a Wastin'- Waiting patiently for a call, the Am High Varsity team stands around while the referee calls for a measurement. The team was able to build a successful season by approaching everything one play at a time. The Varsity squad ended the impressive season with 8 wins and only 2 losses. (Photo By Sarah Jacobson)



Lining It Up- Crouching low, the defensive line prepares to pounce. Strong defense coupled with some stars on offense, equaled success this year. For example, Senior quarterback Austen Arnaud threw for 112 completions. Arnaud's superior leadership and athleticism led to a scholarship to play for Iowa State next year. (Photo By Britta Mennecke)



*"We gave it our all...
blood, sweat, and
tears."*

- senior Nick Litwiller



Freshman. Row 1: Scott Klinkel, Alex Ortiz, Isaac Strohman, DJ Myers, Sean Kellogg, Danny Ruskewicz, Andy Weiss, Tyler Crandell. **Row 2:** Ryan Gehlsen, Colton Vosberg, Estephon Rodriquez, Austin Swanson, Keeler Duckett, Michael Banker, Alec Knight, Ben Jones, Mac Golemo. **Row 3:** Derek Accola, Colin Shriver, Coach Hawthorne, Coach Lawler, Coach Bappe, Coach Bulter, Brett Simpson, Riley Banach. **Row 4:** Daniel Lanning, Jake Zunkel, Miles Greenwald, Alex Schill, Cody Thompson, Quentin Ring, Matt Lee, Jake Comstock, Brendan Dannies. **Row 5:** Stephen Smalley, Andrew Rohlf, Kevin Arrit, Spencer Cruise, Ryan McGowan, Demante Vaughn, Stefan Breitling-Garlington, Josh Brown. **Row 6:** Sam Tim, Hannes Reinot, Brent Novey, Nicholas Toben, Dex O'Hara

Sophomores. Row 1: Derek Trickle, Aaron Nostwich, Daniel Park, Peter Heiligenthal, Josh Engelman, Blake Wufel, Adam Halbur, Spencer Gardner. **Row 2:** Brian Pastiak, Tad Fair, Theo Ringgenberg, Mark Ludemann, Ryan Tierney, Ryan Berg, Tyler Nesbitt. **Row 3:** Doug Warren, Coach Beck, Coach Tramp, Coach Duea, Coach Matters, Coach Mouse, Coach Schweiger, Ross Blumer. **Row 4:** Devon DuCharme, David Tim, Shawn Bergeson, Zach Hurd, Thomas Berg, Josh Meyn, Kyle Tegeler. **Row 5:** Marty Pick, Drew Schlosser, Josiah Fitzsimmons, Alex Olinger, Ben Pyle, John Russell



*"It was a great season and
a great group of guys; I
will definitely never for-
get it."*

- senior Austen Arnaud

Boy's Cross Country



Boys Cross Country-

Row 1-D.Hickok, C.Brakke, J. Wheeler, N. Behning, B. Feller, N. Ryan, R. G. D. Quo, N. Kaloupek, C. Peterson, Ong, R. Wendt.

Row 2-J. McClelland, J. Kroll, I. Wilson, Shirbroun, R. Pesch, B. Hunter, J. Hu, J. Misra, L. Bauer, B. Jaynes, P. Snell, Gilarski, Z. Liechty, R. Nuhu.

Row 3 - B. Ruppert, B. Scallon, U. G. J. Rosenberg, E. Forsgren, Coach Moore, Coach Sletten, Coach Hallam, S. D. Brown, A. Sandler, J. Norris, I. rman.

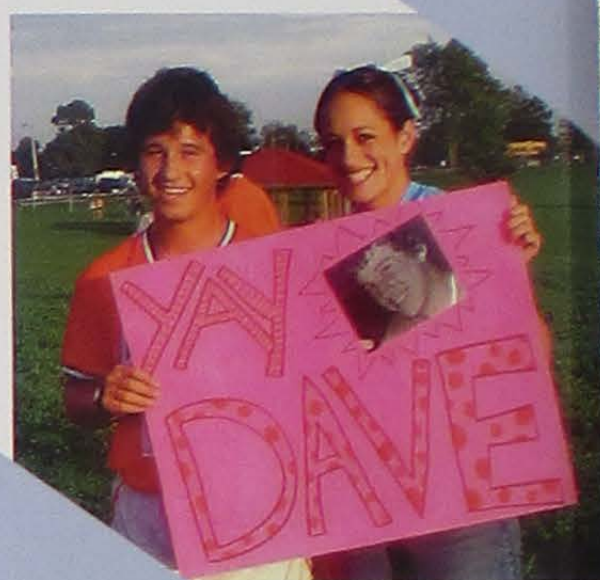
Row 4 - J. Pleasants, Z. Borg, B. Bee Long, A. Feller, J. Wendt, M. Dunlay, Van Winkle, B. Peng, A. Kenton, C. Pie J. Pringle, M. Moore.

Row 5 - R. Pool, C. Luecke, R. Kol R. Hackerson, Z. Wayne, M. Smith, Romsey, T. Clark, D. McMaster, Gilmore, C. Thomson, C. Liebman, Fitzsimmons.

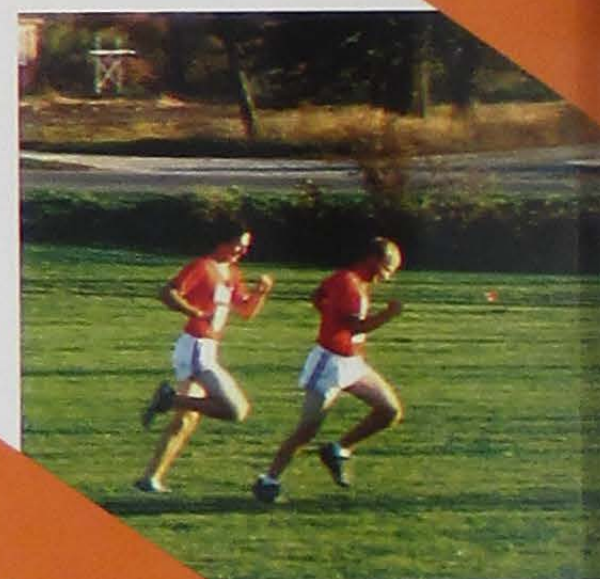
Row 6 - S. Siberski, Z. Brenner, S. E. T. Heithoff, A. Thorson, M. Harlan, M. Rogers.



YAY, DAVE!- Showing her awesome support for junior **David Mayes**, senior **Olivia Langenberg** holds up a sign at the boys cross country meet. Langenberg was sitting out because of an injury and made signs to support the team. (Photo by: Sarah Cram)



A Close Second - In the last race of their cross country careers, seniors **Matt Rodgers** and **Cole Peiffer** sprint at the beginning of the race to show the other teams what they are made of. Rodgers and Peiffer quickly became exhausted but still finished strong. (Photo by: Olivia Langenberg)



Walkin' It Off - Finishing the last race of the season, junior **David Mayes** pants with relief and searches eagerly for a fan to support his weary body. "I never have to wear those shorts again," Mayes said. (Photo by: Olivia Langenberg)



Girls Cross Country -

Team 1 - J. Jensen, K. Johnson, A. Metzger, Thorgaard, U. Arethra, H. Kaulopeck, Gruenewald, A. Metzger, B. Park, K. Strich, K. Isebrands, L. Thorgaard, E. Moss, R. Windsor.

Team 2 - M. Sorensen, C. Ehrhardt, K. Moore, S. Brimeyer, A. Beckwith, Korinna, Miller, R. Miller, A-C Wade, S. Hupalo, Thompson, S. Courneya, K. Becraft.

Team 3 - E. Falk, B. Brown, M. Reynolds, Today, S. Jackson, Coach Skluzachek, Coach Schmaltz, Coach Goodall, Trainer, Warth, L. Lieber, J. Delaney, T. Cook, Tompton.

Team 4 - S. Hundertmark, C. Cottrill, Moschini, Y. Liu, B. Prueger, R. Ferguson, Schreitmeuller, R. Hauber, S. Warth, Kylka, A. Wilson.

Team 5 - L. Neimh, H. Jackson, L. Clark, Kleusner, J. Svec, B. Bystrom, B. Rover, Gehring, N. Hibbing, E. Santi, S. Pesch.

Team 6 - A. Hellmich, K. Schoenrock, Weible, O. Langenberg, S. Soh, L. Lowry, Brand, K. Kramer, C. Borich, L. Brown, Phillips, K. Elliott, J. Curry.



Girls Cross Country



-P-I-R-I-T! - Crowding together in an attempt to crush Coach Schmaltz, the girls cross country team comes together to show their team spirit. Every week before the meet, the girls had an inspirational talk. (Photo by: Jessie Curry)

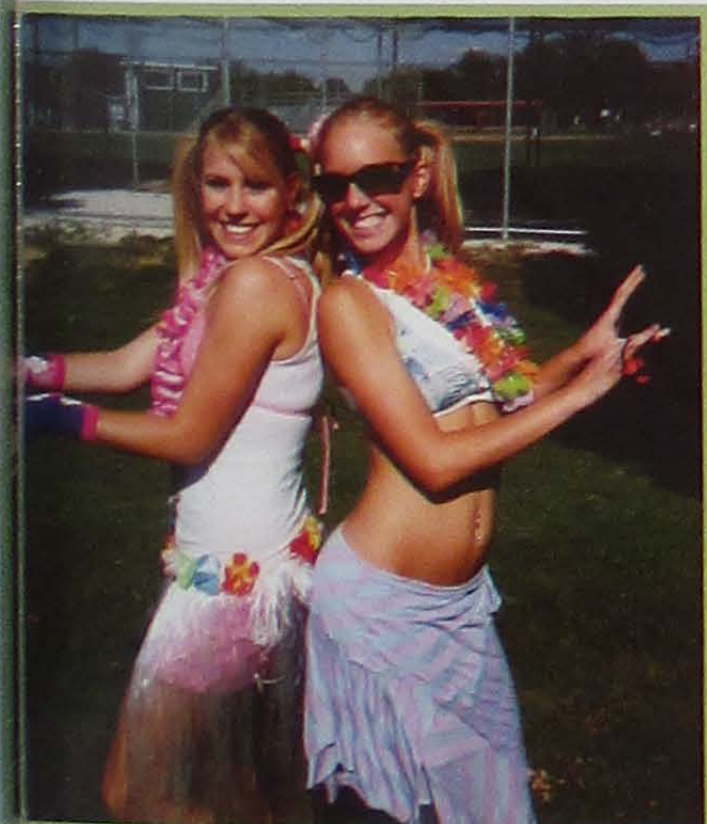


Hook and Loop - Supporting their team, juniors **Jessie Svec** and **Brighton Prueger** crochet during the awards ceremony at a cross country meet (Photo by: Jessie Curry)

Utterly Pooped - Exhausted and ready to take a nap, seniors **Larah Thorgaard** and **Lydia Lowry** show their exhaustion in an extremely attractive fashion. (Photo by: O. Langenberg)



Yeah baby! - After winning the district meet, the varsity girls cross country team hold up their banner. The team consisted of freshmen **R. Miller** and **S. Pesch**, sophomore **L. Gehring**, juniors **K. Thorgaard**, **B. Bystrom**, **C. Borich**, and senior **B. Rover**. (Photo by: O. Langenberg)



Girls Swimming

Girls Swim Team- Row 1: A. Ahn, L. Wu, A. Cho, E. Janssen, K. Bierwagen, K. Rohrsen, C. Tebben, T. Hawley, C. Weirson, Annie Scoles, K. J. Matters, J. Magnuson, S. Enloe, **Row 2:** R. Bovinette, K. Geiger, A. Dekkers, A. Dye, K. Carney, E. Cohea, S. Linahon, C. Larson, H. Nilakanta, C. Harrington, N. Hoskins, **Row 3:** Coach VanMeter, Coach Fangman, E. Ertz, L. Grant, K. Kearney, A. Wandling, L. Forth, Coach Flannery, **Row 4:** A. Retz, M. Liu, C. Sailsbury, S. Chandra, E. Bjorklund, M. Garasky, A. James, D. Kraus, K. Ranney, M. Cummings, K. Warning, A. Carswell, **Row 5:** L. Naeve, A. Herrick, L. Burke, M. Harrington, E. Heikens, C. Lawrence, S. Koch, J. Joerger, **Row 6:** A. Johnson, J. Borich, M. Dobyys, L. Moorman, H. Maakestad, T. Steenblock, L. Tuggle, and K. Scigliano.



Lung Buster- Gasping for breath, Junior **Allison Dye** makes a two handed turn during her 100 yard breaststroke. Allison dropped five seconds in her breaststroke this season which gave her the time of 1:19, and allowed her to compete in the district meet at Fort Dodge. (Photo by Elizabeth Cohea)



Keeping Steady - Preparing for her dive, freshman **Marley Dobyys**, gets focused before tumbling into the water. This year the Ames High divers were some of the top divers in the state. (Photo by E. Cohea)



Flying - Reaching for a pull, junior **Anja Dekkers** finishes her last twenty-five in the 100 yard butterfly. Although the 100 yard butterfly was not her best stroke, Anja still finished strong and won the race. (Photo E. Cohea)



Lets Go!! - Watching the swim race, members of the Girls Swim Team cheer on their fellow teammate. The Girls Swim Team was known for their creative chants during meets. (Photo by E. Cohea)



Boys Golf

SWING AWAY

This year the boy's golf team was one of the best Ames High has seen in a while. Juniors **Jason Marrs**, **Alex Jarnigan**, **David Warning**, and seniors **Andy Wass**, **Andy Herrick**, **Brandon Pohlman**, **Ryan Dougherty**, and **Garrett Farney** all went to state. All of the boys at state had a great meet, but **Jason Marrs** and **Andy Wass** really finished strong. They were both behind going into the second day of the golf meet, and still Marrs finished Eighth and Wass tied for seventh. "The golf team did really well this year and we all excelled individually as well," Marrs said. Many of the players attributed their success to Coach of the Year recipient **RJ Voss**.

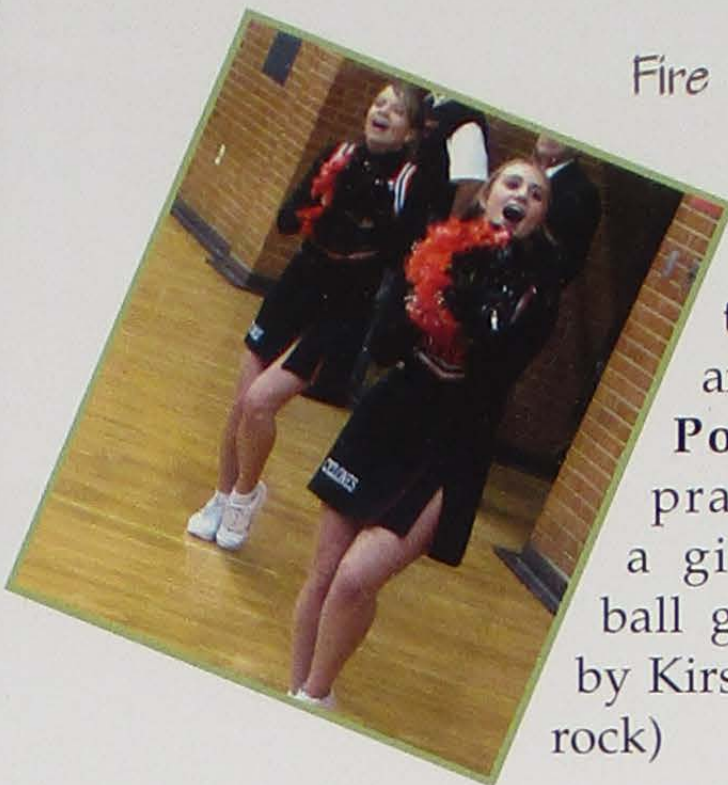


Boys Golf Team- Row 1: Ryan Marrs, Connor Dougherty, Anson Woodin, Nathan Griffith, Pat McCormick, Stephen Sawyer Row 2: Jason Marrs, Alex Jarnigan, Jeremy Hurley, David Warning, and Wesley Rebarcak Row 3: Clark Ennis, Ryan Dougherty, Garrett Farni, Brandon Pohlman, Mr. Voss, Andy Herrick, Andy Wass, and Brady White



Winter Cheer

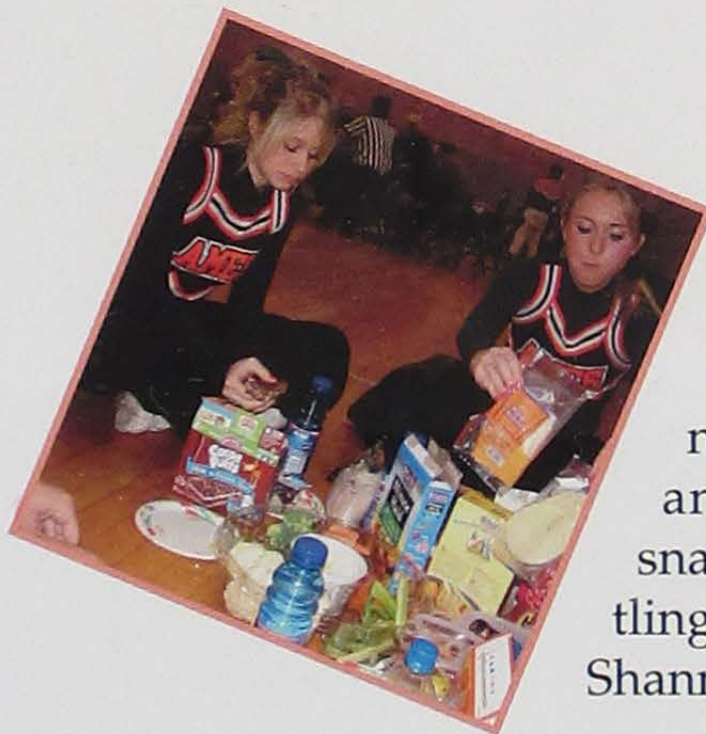
Varsity Cheer Row 1: Morgan McCormick, Beth Casey, Chelsea Cottrill, Candace Weis, Andrea Mallarino Row 2: Shannon McCormick, Alyson Loes, Kristine Kearney Row 3: Sarah Cram, Becca Park, Alex Budd, DeLesa Briseno, Alyse Wandling, Alicia Wengert, Kate Dunshee, Elaine Ertz Row 4: Olivia Langenberg, Becky Sidles, Tessa Matibag, Dana Howell, Becky Kerr, Tanya Bergesen, Lauren Dougherty Row 5: Ashley Mahan, Mandy Kerper, Amber Sexton, Caitlin Harrington, Stephanie Poffenberger, Brittany Borrill, Maria Beresnev



Fire Up - Warming up the crowd, juniors **Kristine Kearney** and **Stephanie Poffenberger** prance during a girl's basketball game. (Photo by Kirsten Schroenrock)

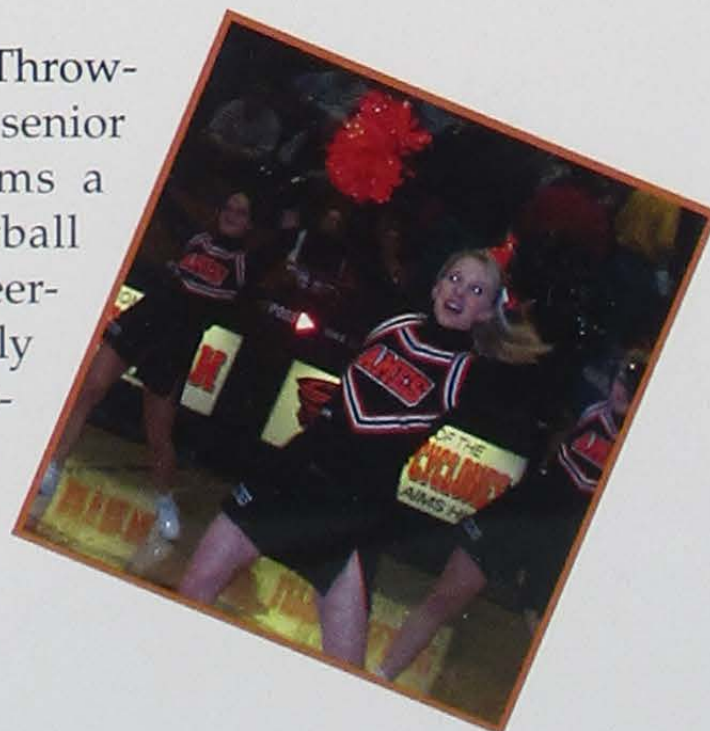
Sophomore Cheer

Row 1: Becca Voss, Neo Mazur, Cherie Wandling, Autumn Thompson
Row 2: Stacy Gillen
Row 3 Anya Robson, Kinsey Belz, Julia Hansen



Speed Eating - Chowing down on junk food, seniors **Ashley Finer** and **Dana Howell** snack during a wrestling meet. (Photo by Shannon McCormick)

Get This Party Started - Throwing her hands in the air, senior **Ashley Mahan** performs a dance for boy's basketball half-time show. The cheerleaders practiced constantly to have their routines perfected for the basketball games. (Photo by Jessie Curry)



Freshman Cheer

Row 1: Hayley Schumacher, Ashley Hoverstein, Gladdy Comito, Sandy Huang, Natalie Peterson
Row 2: Liz Breashers, Megan Grummer, Taylor Steenblock, Austin Gerritson
Row 3: Cristina Sacco, Kristin Tylka, Kate Witt, Erin Olmeyer, Jordan Campbell

Varsity/JV Wrestling

Row 1: A. Knight, A. Johnson, D. Jahren, N. Schroeder, J. McClelland, K. Nelson, J. Chang, Johnson, T. Anderson, Z. Leichty, Q. Ring

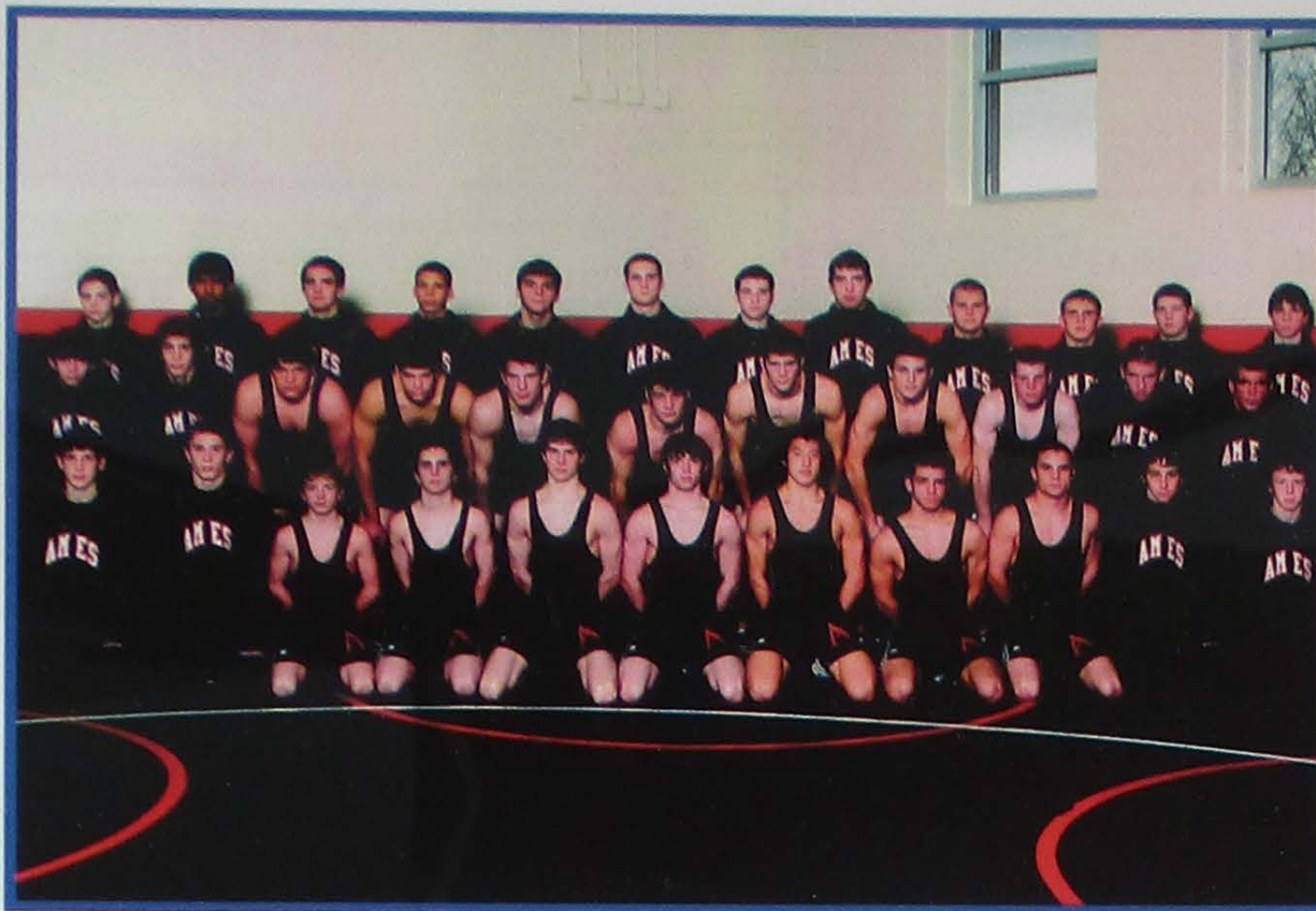
Row 2: C. Church, L. Stephenson, J. Hanson, Olinger, T. Knight, B. Schliesman, M. Stephenson, J. Klinkel, N. Curry, R. Blumer, B. Bowen

Row 3: S. Klinkel, M. Harlanda, K. Clapp, S. Johnson, A. Thorson, J. Thompson, G. Thompson, M. McPhail, R. Bannick, D. Tapper, C. Berg, M. Carswell

Coach For A Day - Helping out at kids camp, junior Jacob Johnson gives instructions to young boys aspiring to be wrestlers one day. (Photo Courtesy of Mark Stephenson)



Pump It - Preparing for his next match, sophomore **Taylor Knight** talks to senior **Dana Howell** while listening to his iPod. (Photo by B. Sidles)



Wrestling

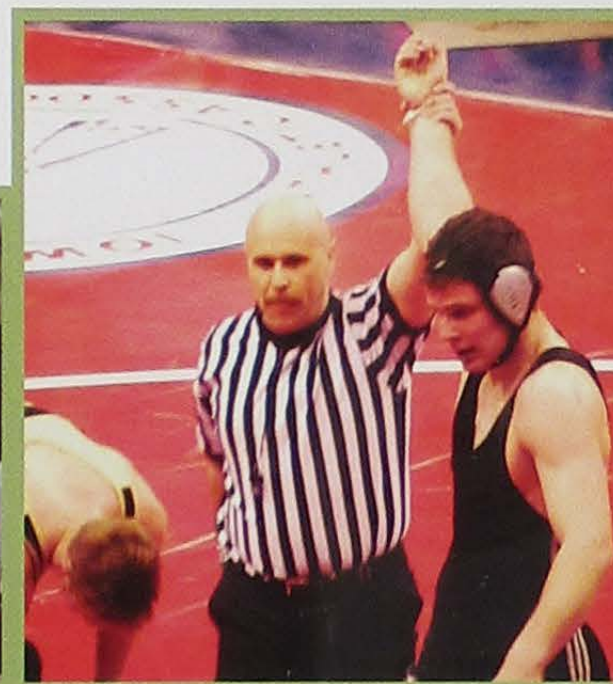
Moral Support -

Watching anxiously, seniors **Matt Stephenson**, **Taylor Knight**, **Greg Thompson**, **Tyler Anderson**, and junior **Justin Chang** support their fellow teammates as they compete. "The anticipation leading to a match is always intense," Knight said. (Photo by Kirsten Schoenrock)



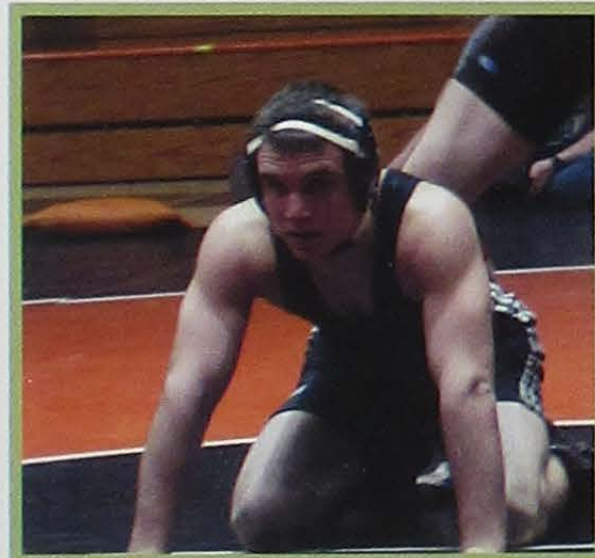
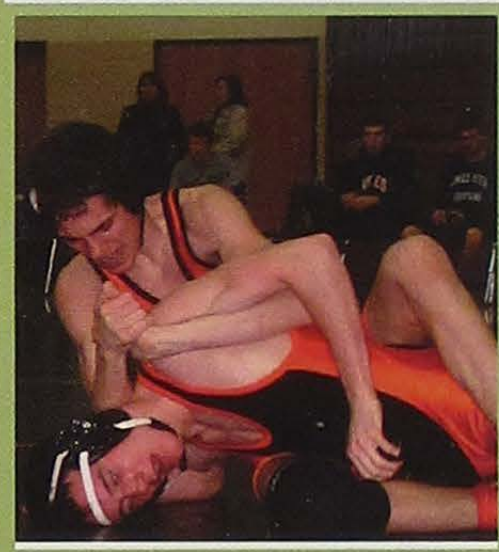
It's A Win! -

Holding his head high, sophomore **Taylor Knight** walks away from his first round wrestle back match at the 2006 State Competition with a win under his belt. (Photo Courtesy of Mark Stephenson)



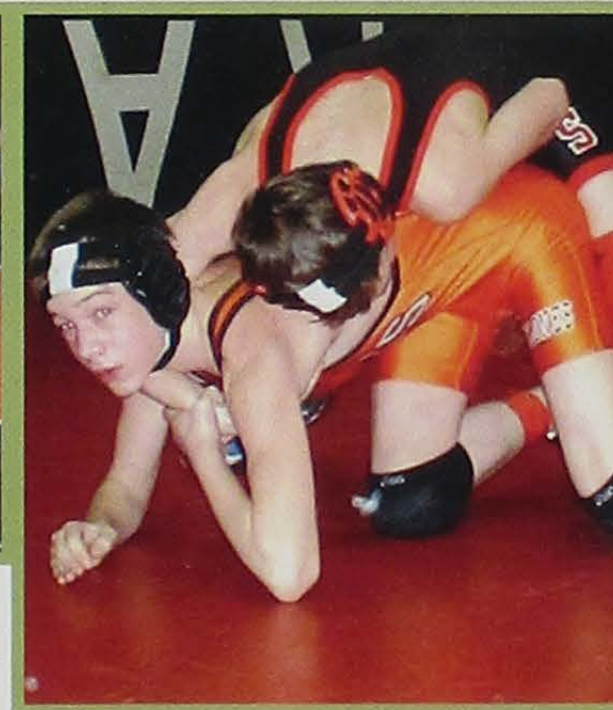
Good Both Ways -

Wrestling at one hundred percent, junior **Justin Chang** and sophomore **Luke Stephenson** give their all to win the match. "When you wrestle a teammate there's no pressure. It's a relief at times," Chang said. (Photo Courtesy of Mark Stephenson)



Take It To The Mats -

Waiting to start wrestling, senior **Tyler Anderson** kneels as his opponent approaches him. "The one thing you need to master as a wrestler is how to read your opponent's every move," Anderson said. (Photo by Kirsten Schoenrock)

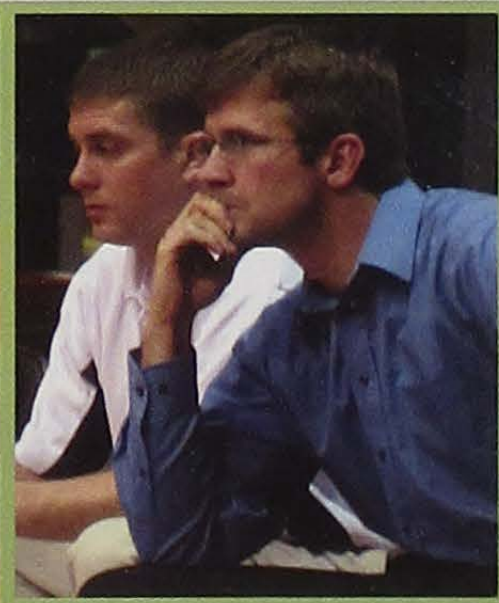


What Do I Do Now?!

Looking to a coach for advice, freshman **Christian Lien**, asks what to do next. Wrestling is one of the most mentally challenging sports in high schools today. (Photo by Mark Stephenson)

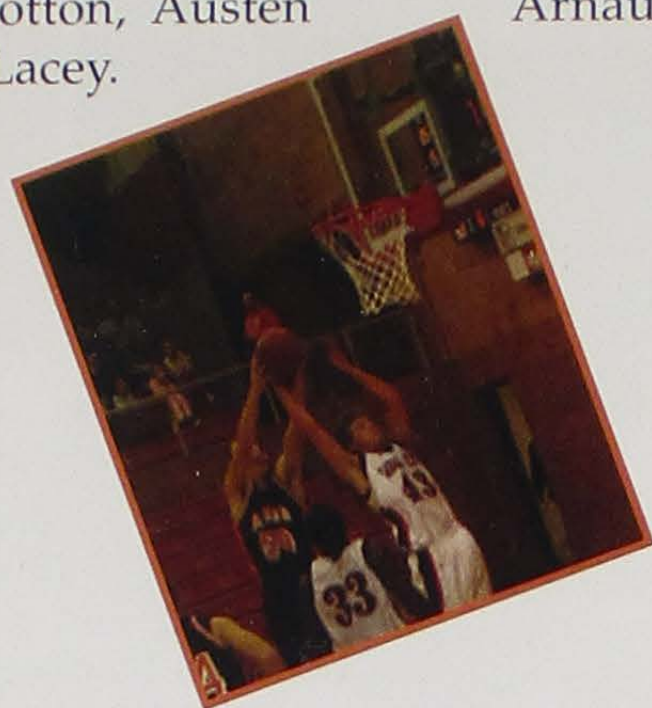
Deep In Thought -

Concentrating on the match, coach **Chad Zmolek** watches his wrestler's every move. "Having the best seat in the house is great!" Zmolek said. (Photo by Kirsten Schoenrock)



Boy's Basketball

Varsity Boys- Row 1: Chris Voss, John Henry Boylan, Tyler Nelson, Danny Haugo. Row 2: Bret Ballantine, Michael Lee, Ryan Catus, Jesse Pritchard, Nick Litwiller. Row 3: Jordan Gilmore, Ben Cotton, Austen Arnaud, Mark Lacey.



Sophomore Boys- Row 1: Jason Kemis, Theodore Ringgenberg, Derek Trickle, David Tim, Jason Adair. Row 2: John Russell, Martin Pick, Josh Meyn, Jared Bielenberg. Row 3: Coach Van Buren, Steven Bunting, Sam Bird, Jairus Davis, Jordan Burgason, Coach Swiebert.



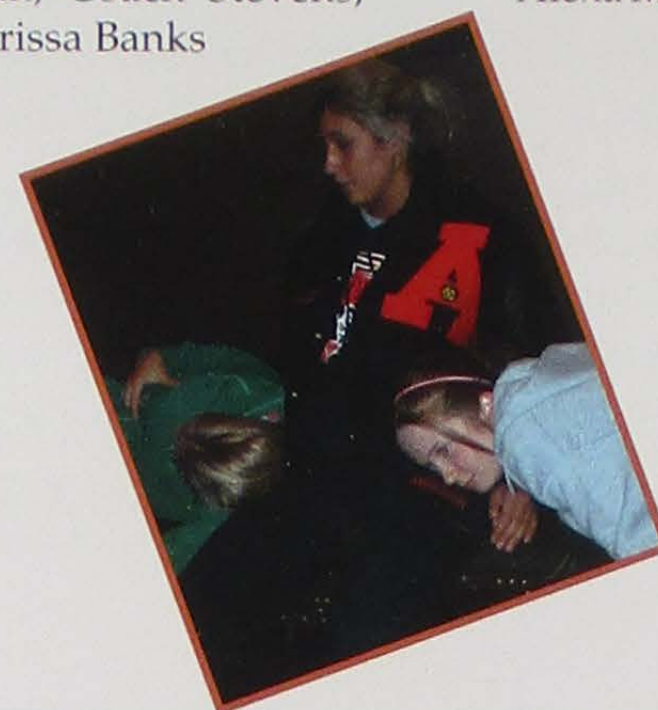
Freshman Boys- Row 1: T. Crandell, C. Peterson, I. Strowman, E. Bruning, B. Yempalo, M. Misra, P. McCormick. Row 2: M. Van Winkle, C. Thompson, K. Swenson, J. Comstock, J. DiSalvo, T. Stubbs, C. Swenson, M. Schmidt, R. Gillson. Row 3: R. Ellrich, B. Novey, S. Tim, S. Cruise, Coach Vogel, Coach Roshine, Coach Stubbs, R. McGowin, B. Choobineh, N. Toben, J. Pritchard.



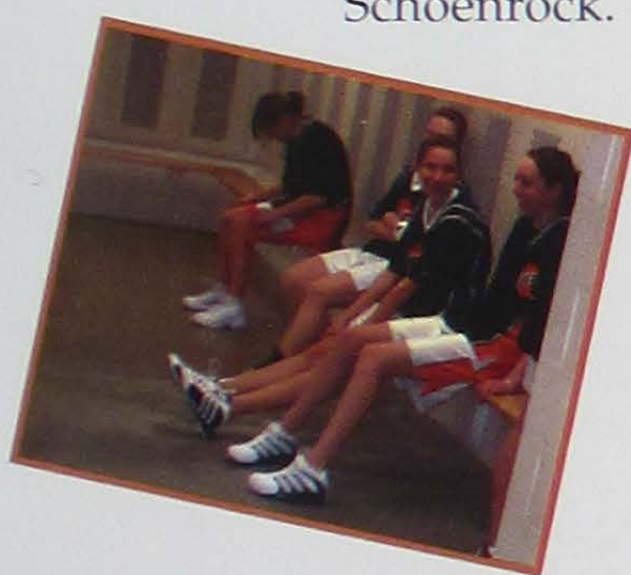
Girl's Basketball



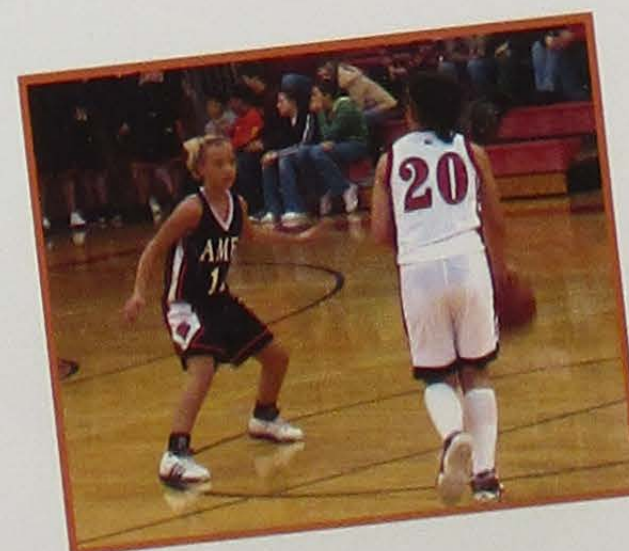
Varsity Girls- Row 1: Amy Hamilton, Trisha Nesbitt, Maria Fabiosa, Jenna Jensen, Melissa Heitzman, Beth Bystrom. Row 2: Allyse Hellmich, Tricia Stubbs, Jessie Curry, Natalie Hashemi-Toroghi, Katie Kramer. Row 3: Meghan Hackerson, Jayne Strand, Coach Sullivan, Coach Stevens, Alexa McGrory, Marissa Banks



JV Girls- Row 1: Sarah Parsons, Bridget Brown, Kylie Drzycimski, Lindsey Niehm, Allyse Hellmich. Row 2: Jessie Curry, Erica Santi, Kristi Philips, Clare Kohler. Row 3: Tara Randall, Katie Marsden, Coach Kain, Abbey Adkins, Kirsten Schoenrock.



Freshman Girls- Row 1: J. Rollins, B. Amundson, A. Metzger, J. Harris, K. Sankovitch. Row 2: L. Reints, L. Elliott, E. Thompson, A. Lewis, M. Ansleman, A. Ashley. Row 3: T. Slotter, A. Eregbu, Coach Welk, K. Gaffeny, Coach Randles, A. Linahon, A. Williams.



Drill Team

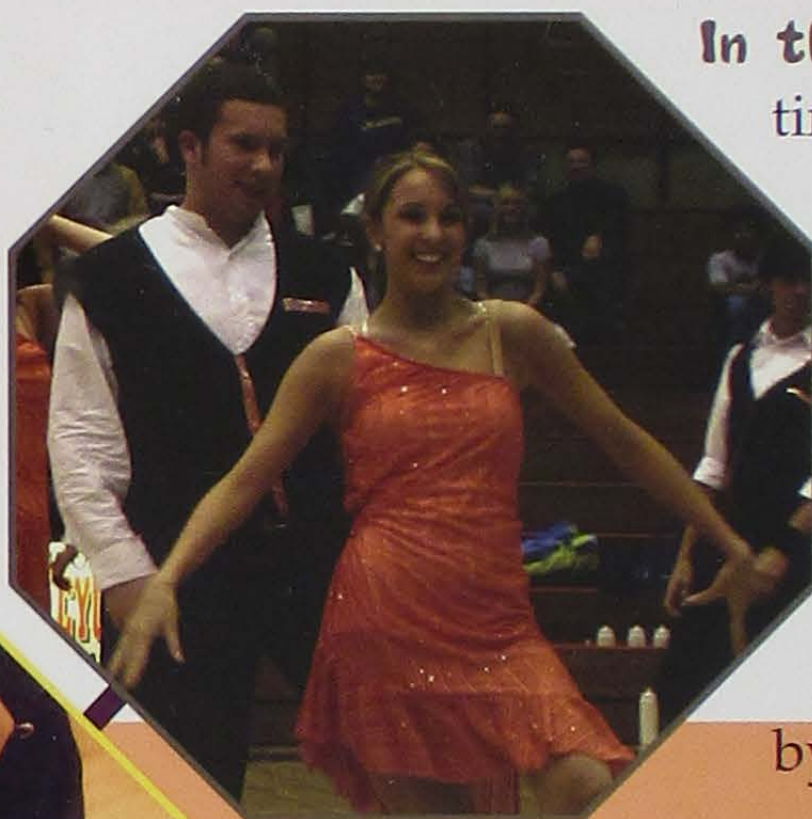
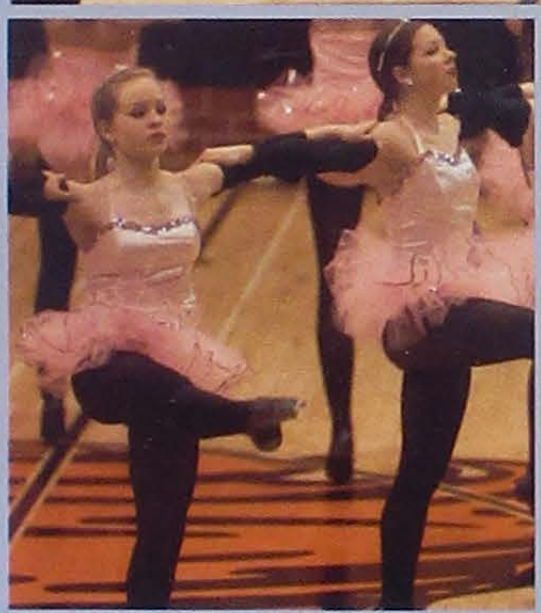
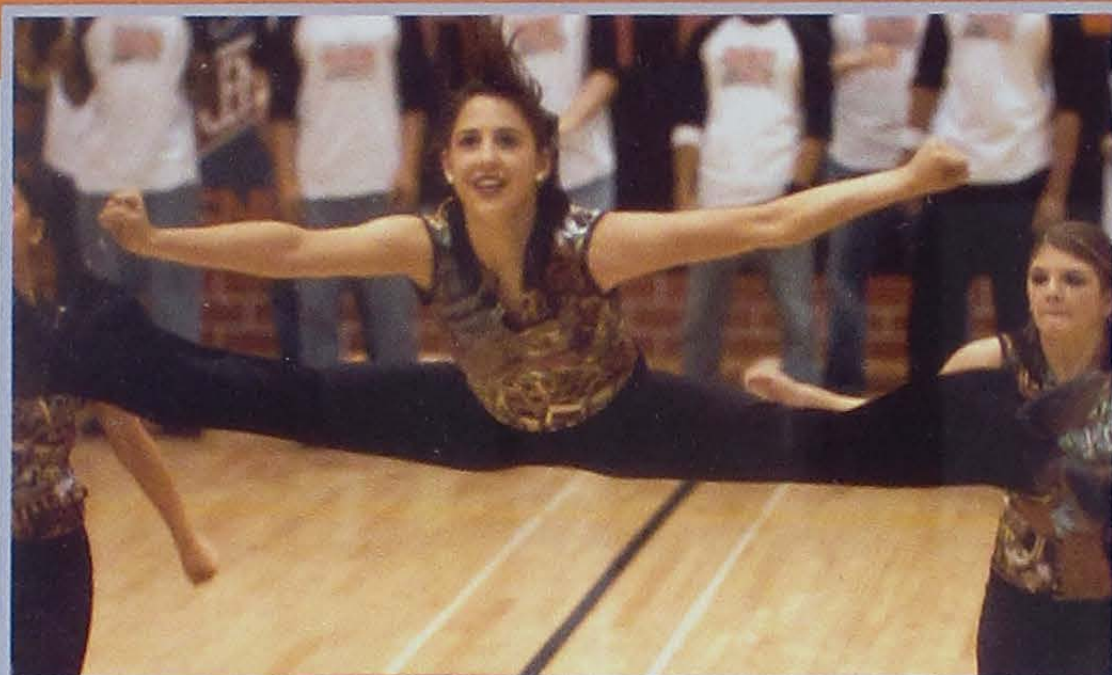
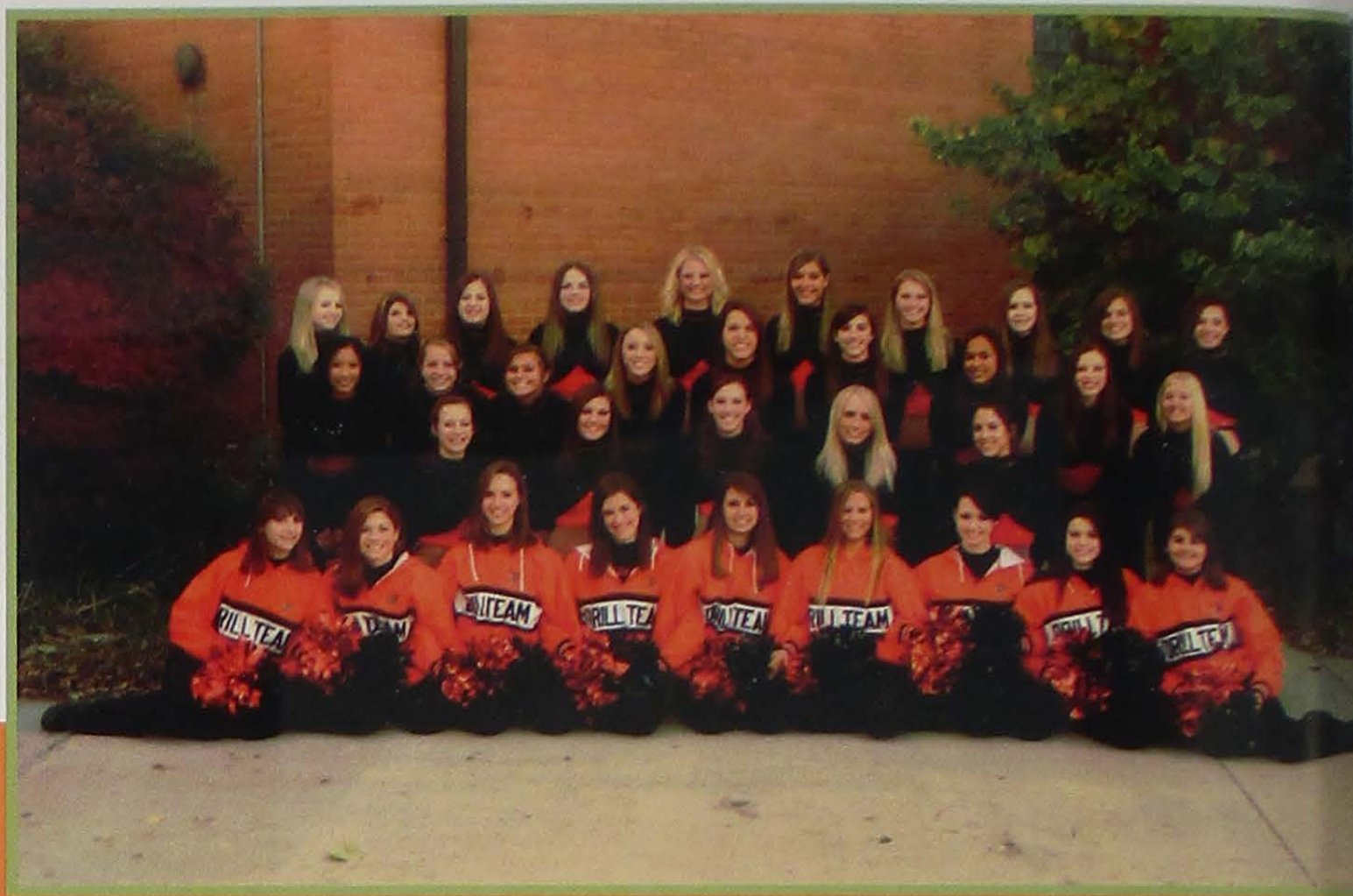
Drill Team

Row 1: Emily Kawaler, Alyssa Rasmussen, Chelsea Jensen, Ginny McCalmont, Lydia Lowry, Annie Scoles, Emily Drapal, Emily Davenport, Alison Bazylnski.

Row 2: Melissa Baughman, Anne Wilson, Katie Linduska, Katie Lundstrom, Mashette Syrkin-Nikolau.

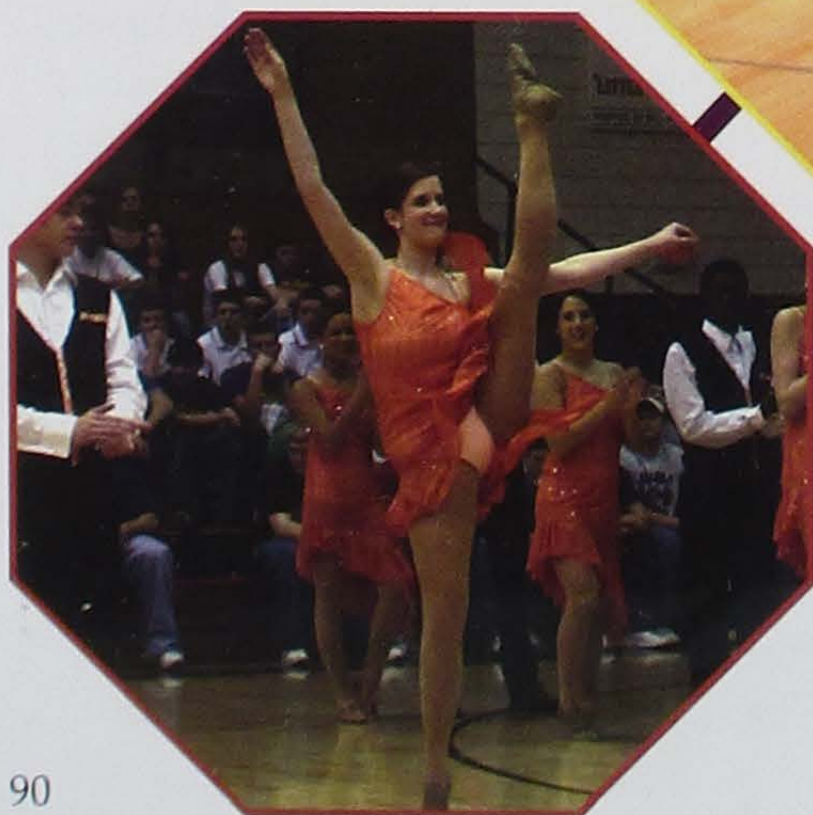
Row 3: Jasmine Chen, Lauren Naeve, Mallory Sornsen, Paige Olson, Nicole Kerns, Katie Oratzem, Lauren Dixon, Larissa Jones, Mckenzie Dohrmann.

Row 4: Jordan Bundy, Paige Rasmussen, Hailey Mayes, Allison Hamilton, Christi Ling, Melissa Huisman, Brooke Wood, Amanda Johnson, Kate Gibson, Natalie Enloe.

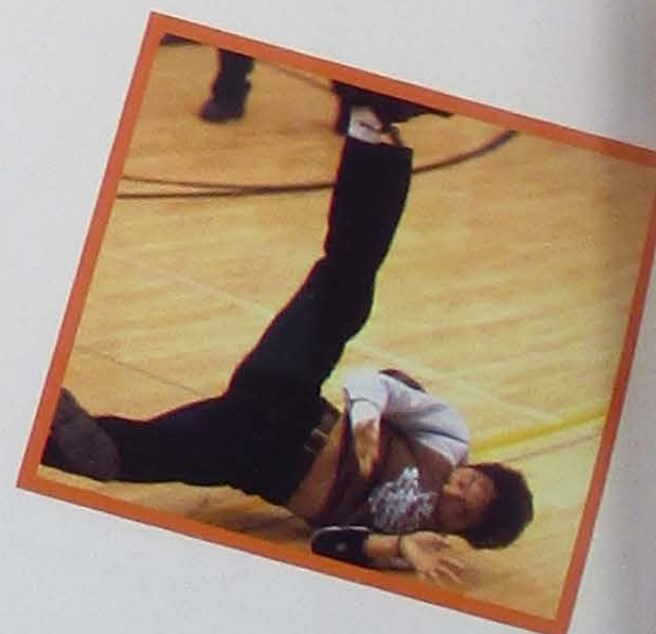


In the Spotlight- Strutting playfully in front of the crowd, sophomore **Paige Olson** strikes a pose in front of an Ames High crowd while sophomore **Daniel Brown** smiles and watches from behind. (Photo by Elaine Ertz)

Flying on the Ground - Doing some of his incredible breakdancing moves, freshman **Jungdae Suh** shows the crowd how the boys break it down. (Photo by Elaine Ertz)



Kick It Up - Showing off her skill, senior **Ginny McCalmont** presents herself with a high kick in front of a large crowd on senior night. (Photo by Elaine Ertz)



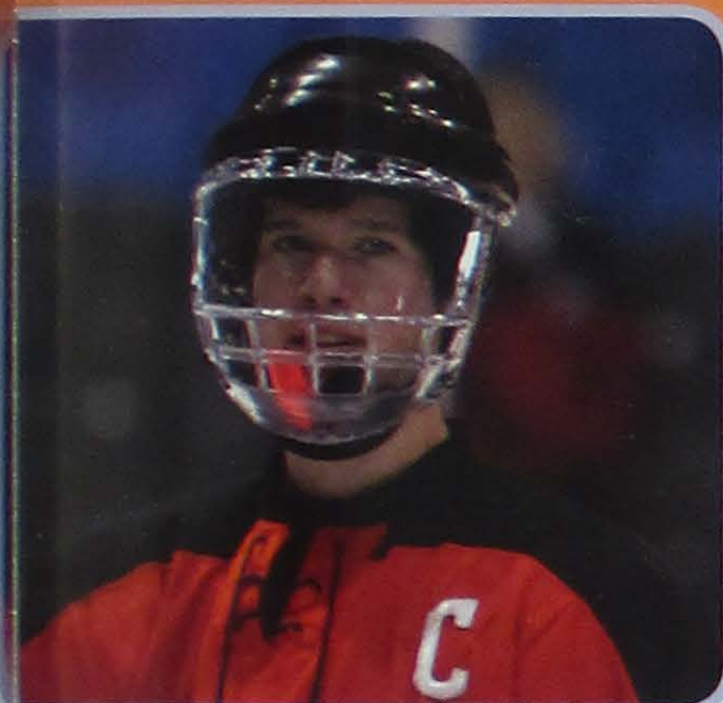
Hockey



Ames Hockey- Row 1: John Hopper, Brendan Babcock, Jerad Sealine, Coach Nate Newman, Coach Russ Moore, Coach Tom Elston, Andy Hunziker, Mike Owen, Aaron Mostrom.

Row 2: Ben Jones, Pasha Beresnev, Tim Shaffer, Jake Scebold, Samantha Knosby, Sean Byrnes, Sean McClain, Mark Graeve, Tyler Stettin, Ryan Marrs.

Row 3: Robbie Hable, Alex Jarnagin, Nick Tapp, Chad Ziebold, Travis Heitoff, Brady White, Jon Feigl, Tom Berg, Austin Rensch. Not Pictured: Abe Valediez

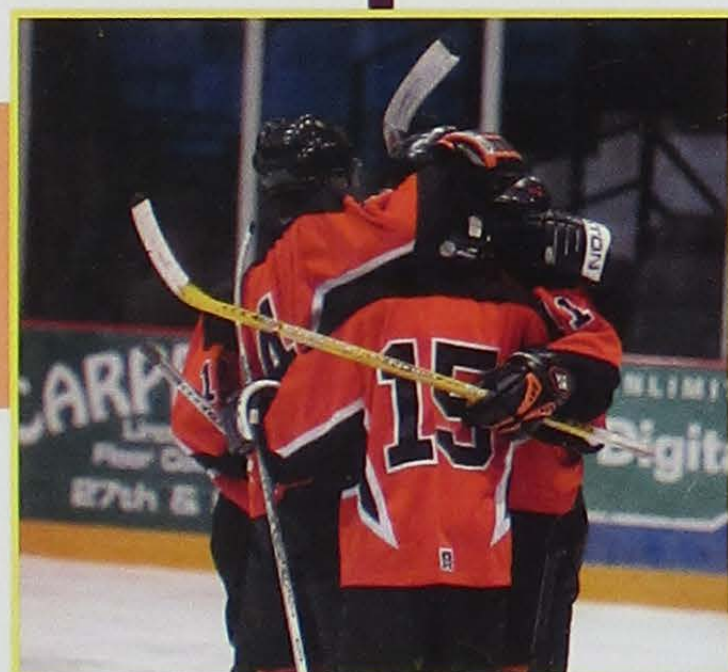


Senior, Andy Hunziker -

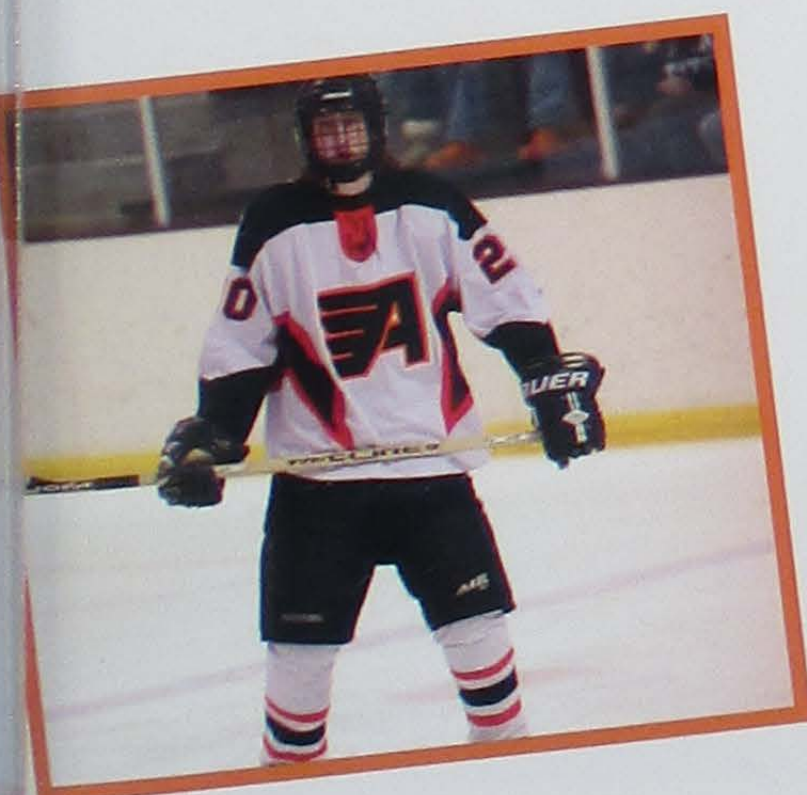
"As captain of the team this year, I was in a leadership role. I love hockey, and being able to lead the team to our victories and helping them cope through our losses was a great experience."



Take Your Best Shot! - Defending the goal, junior Aaron Mordstrom sets himself up and gets ready to block any puck that crosses his path. (Photo courtesy of Melissa Owen)



Group Hug- After scoring the winning goal, Ames High teammates skate together and celebrate a hard-fought victory. (Photo courtesy of Melissa Owen)



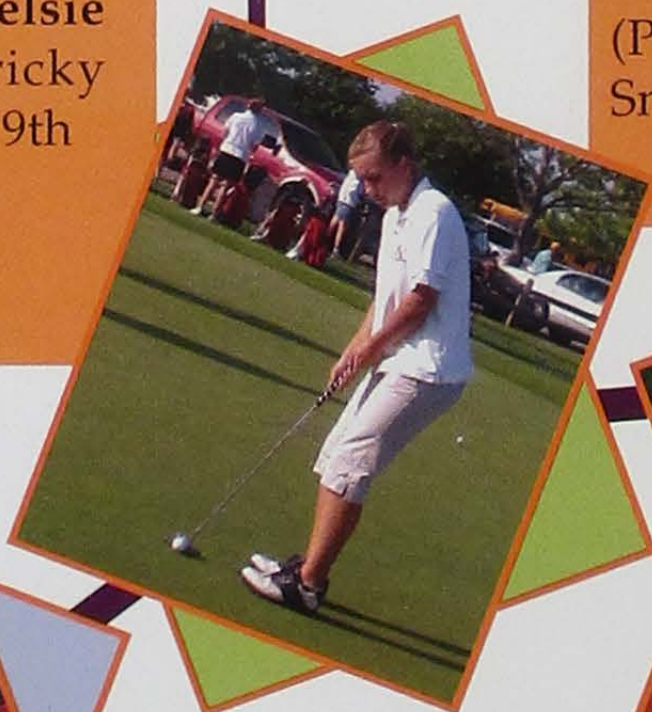
Way to Hustle- During an intense play, Junior Brendan Babcock falls to the ice in an attempt to defend the puck from an opposing player. (Photo courtesy of Melissa Owen)

Girl's Golf

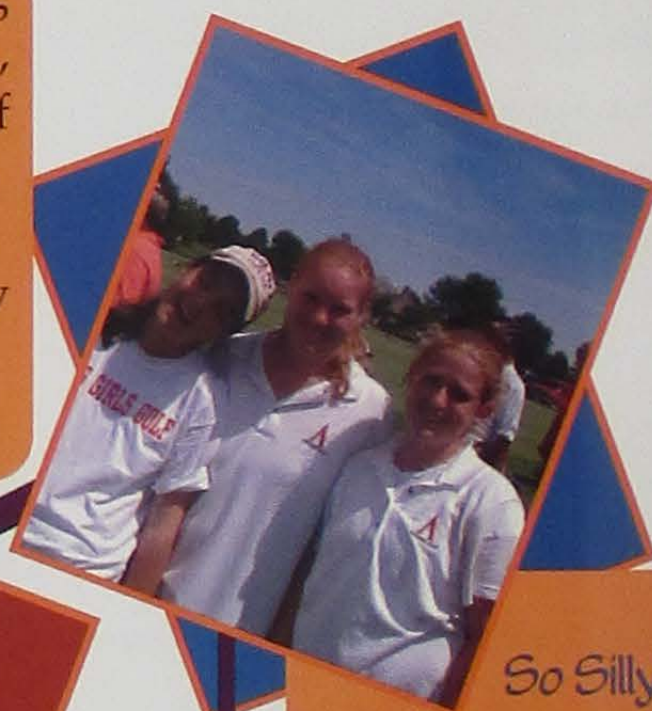


Row 1: Lauren Schwab, Erin McGonigle, Mackenzie Bourke, Hayley Schumacher, Lauren Fieseke Row 2: Erica Thompson, Le Ackerman, Jessica Boelman, Kagan Sankovitch, Caroline Quant Row 3: Kindsey Belz, Coach Heiberger, Holly Smith, Le Hansen Row 4: Sarah Shafer, Kelsie Larson, Stephanie Shuey

Time to Go Home - Hoping her ball will find its home in the hole, junior **Kelsie Larson** lines up a tricky putt for a par on the 9th green. (Photo courtesy of Holly Smith)



It's too Bright! - Shading their eyes from the hot sun, the Ames High girls golf team takes a break while attending the State meet. (Photo courtesy of Holly Smith)



So Silly! - Letting off some of the jitters, freshman **Lauren Schwab**, junior **Stephanie Shuey** and and sophomore **Mackenzie Bourke** make some funny faces for the coach's camera. (Photo courtesy of Holly Smith)



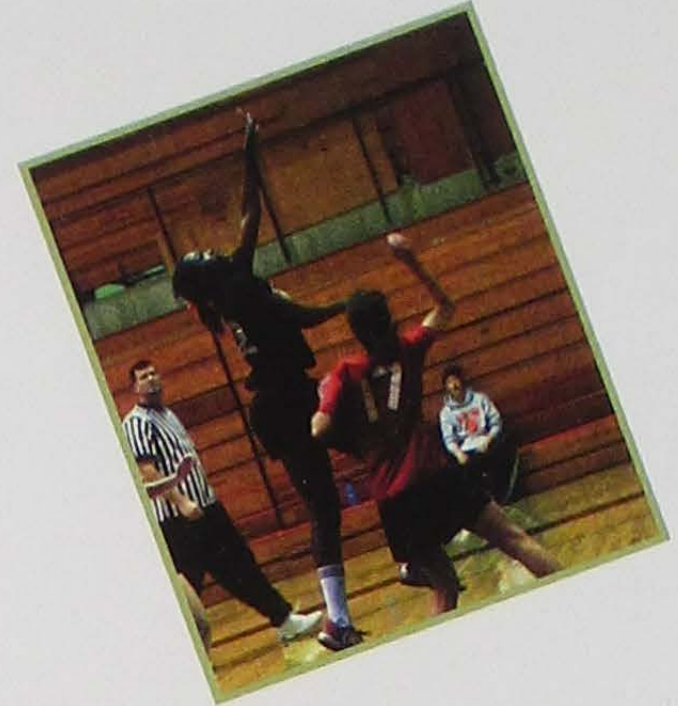
Get in my Belly! - Laughing as the wind goes up her jacket, freshman **Erica Thompson** tries to keep warm and dry before a meet. (Photo courtesy of Holly Smith)



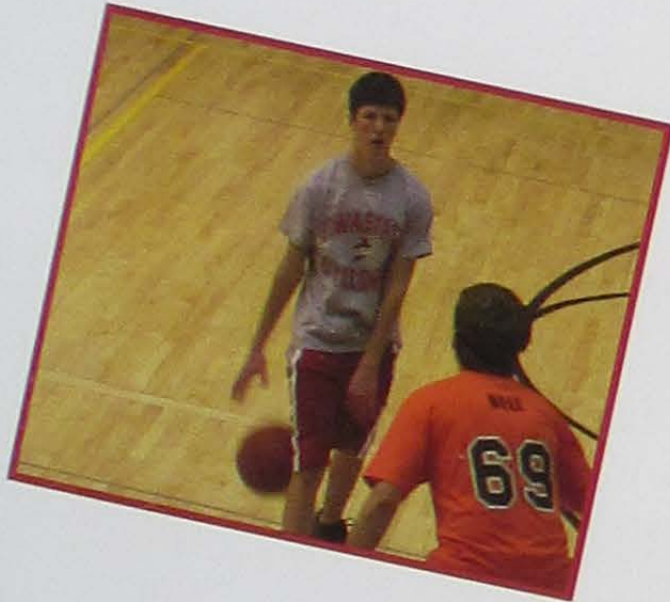
I-Ball



11/12 Boys Champions- Row 1: Asaf Vaknin Row 2: Clayton Petty, Brian Larson, Andy Hunziker, Ankit Pativ, Josh Beckman, Garrett Farni



Girls Champions- Row 1: Emily Wang, Lindsay McGowan, DeLesa Briseno, Debbie Bennett Row 2: Morgan Scheppler, Leah Ackerman, Jessie Palo Row 3: Victoria Knight, Chassidie Mosley, Rachel Davis



9/10 Boys Champions- Row 1: Ryan Berg, Ryan Tierney, Peter Heiligenthal, Tyler Nesbitt Row 2: Marty Pick, Clark Ennis, Jason Adair, Tyler Clark, Josiah Fitzsimmons, Jason Burdine Row 3: Ben Cotton, Jordan Burgason



Boy's Track

Striding To State



Row 1: Kye Woods, Nathan Vu, Tyler Hanson, Joe Wheelock, David Hickok, Blake Woessel, Ben Feller, Nathaniel Behning, Scott Dilvou, Kris Johnson, Stephen Fennelly **Row 2:** Andy James, Adam Halbur, Lucas Bauer, Cale Brakke, Justin Upah, Jacob Johnson, Derrick Accola, Micah Simpson, Mark Gilarski, Bob Hunter, Mark Ludeman, Noah Gildermaster **Row 3:** Colin Shriver, Daniel Lanning, Coach Vertanen, Coach Thomas, Coach Lawler, Coach Pelsler, Coach Slettin, Coach Dewey, Coach Schweiger, Andy Feller, Andy Wass **Row 4:** Brock Vosberg, Curtis Ferguson, Reese McDonald, Gosom Huron, Alex Schill, Zach Hurd, T.J. Miller, Jeff Kroll, Tyler Nesbitt, Ryan Berg **Row 5:** Andy Olson, M.J. Kang, Jeff Houk, Daniel Brown, Stefan Breitling-Garlington, Quentin R. Spencer Cruise, Scott Lynn, Brian Weiss, Kevin Berg, Matt Ludeman **Row 6:** Bret Ballantine, Marc McClanahan, Nick Romsey, Tyler Clark, Ben Dobbs, Sam Pyle, Sam Tim, Steven Smalley, Zach Wayne, John Fitzsimmons **Row 7:** Jacob Balough, Austen Arnaud, Zach Brenner, Travis Heithoff, Ross Ellrich, Cotton, Alex Olinger, Aaron Braimahr, Michael Stoker, Nic Toben

"Smooth" Landing - Sticking his landing after peddling his way through the air, sophomore **Ryan Berg** produces a winning jump at a home meet. (Photo by Kirsten Schoenrock)



Determination - Focusing on the last one hundred feet, senior **Nathan Vu** uses everything he has left to finish strong while keeping his eyes on the finish line. (Photo by K. Schoenrock)



Hurdle Hopping - Flawlessly leaping his hurdle, sophomore **Tyler Clark** conquers yet another obstacle as he finishes his race. (Photo by Kirsten Schoenrock)



Relay Runnin' - Carrying his team's baton, freshman **Daniel Lanning** makes his final sprint and prepares to pass it off to the next runner. (Photo by K. Schoenrock)



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Row 1: Jackie Clark, Ellie Weissm Nicole Loughren, Jenny Cheuk, Ashely Dunn, Melissa Martin, Allison Metzger, Katy Dunn, Vanessa Ninaquispe, Sarah Loucks, Kelsey Drich, Mercedes Michelson **Row 2:** Lisa Yoon, Autumn Thompson, Mashette Syrkin-Nikolau, Kyra Knuth, Julia Stone, Mythili Prabu, Mona Li, Austen Gerritson, Aleshia Gritson, Jasmine Harris, Katie Williams, Janielle Rollins, Brittany Taylor **Row 3:** Alexandria Seeman, Tessie Cook, Trainer Natasha, Coach Sullivan, Coach Rottinghouse, Coach Schmaltz, Coach Ballantine, Coach Newell, Coach Matters, Coach Mooney, Angela Beckwith, Priscilla Hendricks **Row 4:** Danielle Miller, Rachel Hasselman, Ying Ying Lessie Svec, Emily Falk, Sarah Cram, Chelsea Cottrill, Lauren Naeve, Kersten Thorgaard, Anna Ashley, Toni Hasselman **Row 5:** Laura Gehring, Sarah Warth, Sarah Linahon, Recca Ferguson, Chelsea Davis, Sarah Schreitmuller, Victoria Knight, Jenna Magnuson, Katisha Knight, Ashley Lewis, Amy Swanson, Casey Carter **Row 6:** Rachel Hauber, Alexandria Eregbu, Hiwot Abebe, Sarah Pesch, Neva Hibbing, Brittany Rover, Ashley Williams, Lindsey Niehm, Jordan Campbell, Brooke Wood, Paige Olson **Row 7:** Jessica P., Stephanie Soh, Marissa Banks, Laura Snell, Abbey Atkins, Lauren Brown, Christi Ling, Katie Kramer, Caylon Borich, Kristi Phillips



Gotta have the umph -
Singing around to gather the "umph" for her throw, junior **Larah Thorgaard** tries her first attempt at output in a competitive meet. The female thrower never failed to make the track team proud. (Photo By Becky Sidles)



Memorable laughter-

Responding to a teammate's joke, junior **Hiwot Abebe** lets out a laugh. "Track meets can be long, so we find creative ways of entertainment," Abebe said. Inside jokes were formed at each meet and piled up throughout the season. (Photo By C. Roberts)



Cha cha cha!!!

- Doing a little dance, junior **Sarah Schreitmuller** uses some mad skill to keep the team pumped up. Dance breaks often occurred at girls track meets as means of motivation. (Photo By Chantal Roberts)



CHEERS -

Watching their teammates finish their races, some girls track members root on the rest of the team as they pass by. Getting support from other teammates helped make winning seem obtainable. (Photo By Becky Sidles)

Boy's Tennis



Row 1: Jared Bielenburg, Peter Heiligenthal, Matt McGrory, Max Tsai, Michael Misra, Stephen Bonett, Miles Growald, Juan Rivera, Pasha Beresnev

Row 2: Mukund Premkumar, Justin Mull, Jacob Rosenburg, Rohan Agarwal, Krishna Prabhu, Ryan Pesch, Christmonson, Joe Thien, Ryan Larson, Tony Chung

Row 3: James Pringle, Scott Simpkins, Jonathan Larson, Tim Peterson, Coach Justman, Peter Bracha, Michael Dunlay, Edward Cho

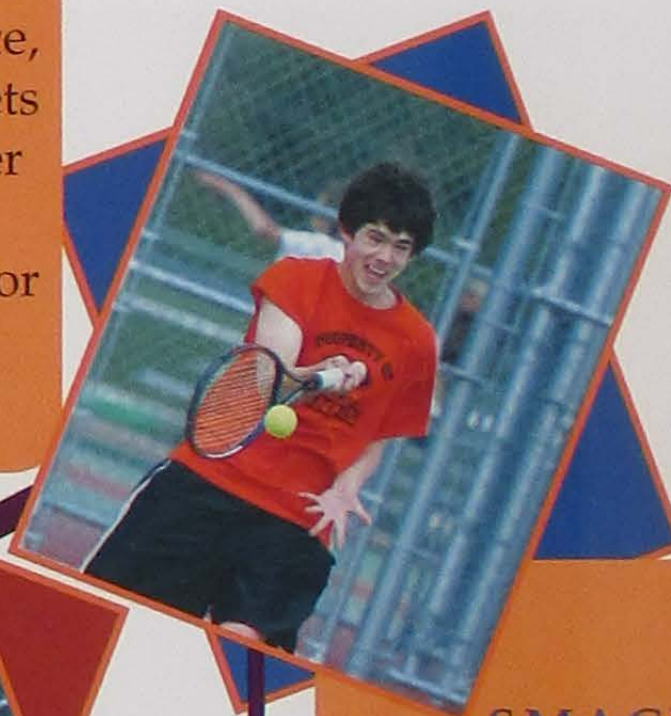
Back on the Attack -

Focusing on his backhand, senior **Jonathan Larson** shoots the ball deep to the other side of the net to set up net play. (Photo Courtesy of Taylor Chung)



Wimbledon, Here I come!

- Power serving for an ace, senior **Michael Dunlay** lets out a grunt for more power as he slams one down. (Photo Courtesy of Taylor Chung)



Ready for This? - Striking back a vicious serve, senior **Peter Bracha** focuses on hitting the front corner for his return of serve. (Photo Courtesy of Taylor Chung)



SMACK!

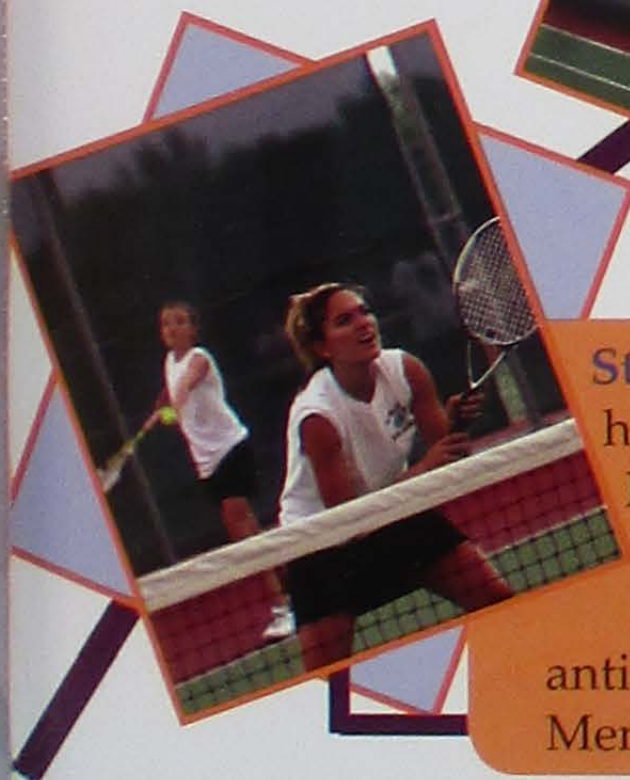
Whipping a wicked forehand, sophomore **Ryan Larson** shows his enthusiasm for the match he is playing. (Photo Courtesy of Taylor Chung)

Girl's Tennis

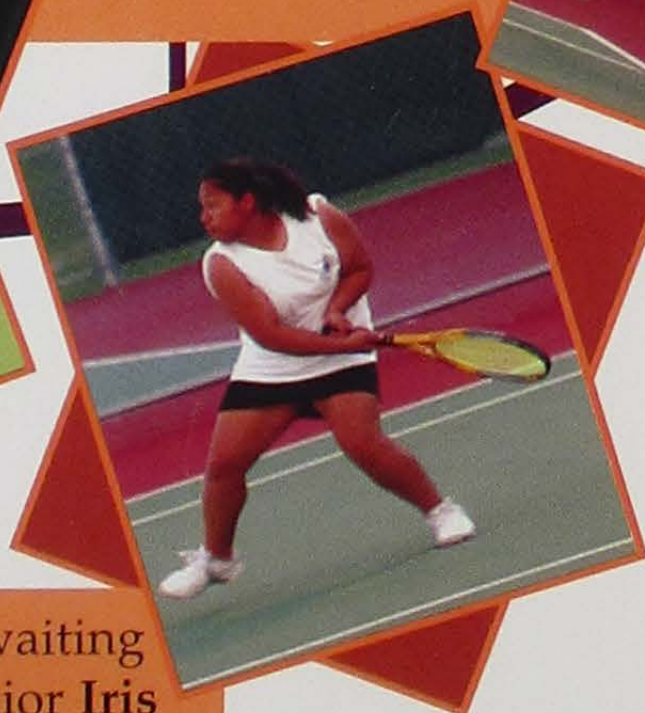


Row 1: Sandy Huang, Mandy Winkleblack, Katie Isebrands, Janessa Delaney
 Row 2: Laurel Scott, Anna Frishman, Hana Yoon, Avni Sanghi, Coach Thiede, Hannah Chen, Robin Parlade, Maria Cheresnev, Cherie Wandling
 Row 3: Ann-Charlotte Wade, Rebekah Hanson, Julie Fullhart, Tara Randall, Asya Tsukruk, Lavanya Singh, Frances D...n, Lydia Lowry, Iris Ilarslan, Leigh Howell, Anna Greenwald, Lisa Yoon

Bring It! - Preparing for a return shot, junior **Anna Greenwald** sets her feet in anticipation for a return volley. "I love tennis because it's just me and my opponent," Greenwald said. (Photo by K. Schoenrock)



Swoosh! - Smacking the ball back across the net, sophomore **Robin Parlade** returns the hit. "I enjoy tennis. There are more components than spectators realize," Parlade said. (Photo by Britta Menecke)



ACE! - Slicing a serve, senior **Asya Tsukruk** wins the set. "I strive to do my best but I know that every time I serve I'm not necessarily going to get an ace. That's okay with me," Tsukruk said. (Photo by Britta Menecke)

Stocking the Prey - Awaiting her partner's serve, senior **Iris Ilarslan** watches carefully for her opponents' next move. Tennis is a sport of concentration, and anticipation is key. (Photo by Britta Menecke)

Softball

Varsity

Row 1: Mercedes Mickelson, Nicole Loughren, Lauren Naeve, Tessa Matibag, Megan Pearson, Toni Hasselman
Row 2: Caitlin Anderson, Kayla Roof, Katie Uhde, Rachel Hasselman, Clare Kohler, Katelyn Walker, Laura Pedersen
Row 3: Coach Weber, Katie Kramer, Amber Sexton, Abbey Adkins, Sarah Nelson, Laura Weible, Coach Henkenius



Freshman

Row 1: Carole Frazier, Katie Walker, Leah Benson, Brittany Taylor, Austen Gerritson, Jessica Richards
Row 2: Coach Randles, Brian Loughren, Brianna Taege, Paige Gvasda, Christi Ling, Anna Anderson, Brooke Wood





Baseball

Varsity

Row 1: Brendon Hurley, Steven Fennelley, Mackenzie Cross, Toran Shahidi, Joe Bappe, Danny Blum, Chris Voss, Ignacio Carranza-Morales

Row 2: Zach Haggert, Zeke Musselman, Ben Cotton, T.J. Lawless, Ben Dobbs, Paul Zunkel

Row 3: Coach Smith, Grant Simpson, Daniel Schuldies, Tony Dempsey, John Alexander, Nathan Greving, Jeff Houk, Danny Haugo, Coach Bappe

Sophomore

Row 1: Spencer Gardner, Jake Zunkel, Derek Trickle, Michael Peterson, Ady Weiss, Dionne Harden

Row 2: Coach Petersen, Marty Pick, Sven Bunting, James Kohler, Marcus Eppen, Kyle Tegeler, Ross Blumer, Coach Butler



Freshman

Row 1: Tyler Crandell, Will Frantzen, Ryan Riley, Isaac Strohmman, Eric Houk, Toran Shahidi, Tyler Docstader, Jordan VanderZwaag, Matt Skarshaug, Brett Hanson, Pat McCormick

Row 2: Coach Shahidi, Brett Simpson, Nathan Hurley, Riley Banach, Tanner DeKovic, Ryan Gehlsen, Nic Toben, Matt Vanwinkle, Mac Golemo, Scott Klinkel, Danny Ruskowicz, Cody Thompson, Coach Rosheim

Girl's Soccer

Watch out State... We're Back!

Varsity- Row 1: Renee Nesbitt, Melissa Heitzman, Ruth Anderson, Kelsey Englin

Row 2: Jenn Boccella, Trisha Nesbitt, Elaine Ertz, Kristine Kearney, Amanda Mayberry, Joanna Eggert, Sarah Brimeyer

Row 3: Coach Kenny Graham, Beth Bystrom, Natalie Hashemi-Toroghi, Meghan Hackerson, Jayne Strand, Jessica Curry, Allyse Hellmich, Kelsey Carney, Amy Hamilton



Junior Varsity- Row 1: Jenny Calsyn, Alyssa Rasmussen, Britta Menecke, Lindsay McGowan, Brittney Henderson, Erica Santi, Nicole Schmid

Row 2: Aimee Sargent, Sophia Courneya, Bridget Brown, Katie Warning, Natalie Larson, Kylie Drzycimski, Mallory Sornsen, Jessica Amaya

Row 3: Coach Ed Jones, Sarah Jackson, Kirster Schoenrock, Amber Sexton, Kerry Kohler, Laura Holub, Jana Rahn, Kylie Hopper

Not Pictured: Emily Lawlor



Freshman- Row 1: Jordan Bundy, Kristine Hopper, Nicole Liebold, Lindsey Elliott, Amanda Johnson, Karrissa Allyn, Cara Christofferson

Row 2: Andrea Metzger, Ana Micheleni, Jessie Korf, Jerra Magnuson, Ashley Hoverston, Laura Reints, Meredith Anselman, Melissa Gillen, Megan Grummer

Row 3: Coach Bobby Myers, Kenna Stenback, Kristin Tylka, Stephanie Keller, Emily Boydston, Jessica Nehls, Shanna Wells, Angela Linahon



Continuing the Winning Tradition

Boy's Soccer



Varsity- Row 1: Jason Marrs, Andy Hunziker, Marc Heitzman, Matt Laczniak, Yoni Ackerman, Brendan Babcock, Andrew Montgomery, Justin Gleason, Kyle Thomas Row 2: Jared Downard, Rob Wanzek, Tommy Strehlow, Daniel Knker, Kyle Talbot, Coach Zmolek, Nolan Curry, Paulo Michelini, Joe Thompson, Bryan Larson

JV- Row 1: M. Reyes-Juarez, A. Ritz, I. Wilson, J. Fabiosa, C. Petty, M. Mina, A. Nolasco. Row 2: S. Bergeson, S. Reints, R. Wendt, L. Borg, E. Forsgren, T. Ringgenburg, B. Pastiak. Row 3: Coach Ankur Amin, J. Bergman, L. Stephenson, J. Fitzsimmons, C. Liebman, M. Hippen, R. Tierney, P. Snell.



Freshman- Row 1: B. Jones, S. Sawyer, Y. Park, J. Ortiz-Cruz, E. Bruning, J. Vander Zwaag, M. Englin.

Row 2: E. Woodward, E. Garasky, C. Rivas, J. DiSalvo, M. Lee, T. Clemmens, I. Strohmman, J. Suh, W. Arunsiripate.

Row 3: Coach Ben Schaffer, H. Hansen, Z. Clipsham, A. Guo, A. Kenton, M. Schmidt, B. Novey, R. McGowan, J. Fang, Z. Heilman



(THE CREW)



WHAT HAS BEEN YOUR
MOST EMBARRASSING
MOMENT AT AHS?

"THAT ONE TIME STREAKING AT
FELLOWS AND SOMEONE STOLE
MY CLOTHES."

SOPHOMORE CONRAD LUECKE



"WALKING IN ON MY UNCLE WHO
WAS WATCHING A REALLY
INAPPROPRIATE MOVIE."

FRESHMAN BEN MACKEY



"DISSING VALLEY PEOPLE AT A TRASH MEET. I CAME TO FIND OUT THEY WERE WALKING RIGHT BEHIND ME THE ENTIRE TIME."

SENIOR JESSI PALO



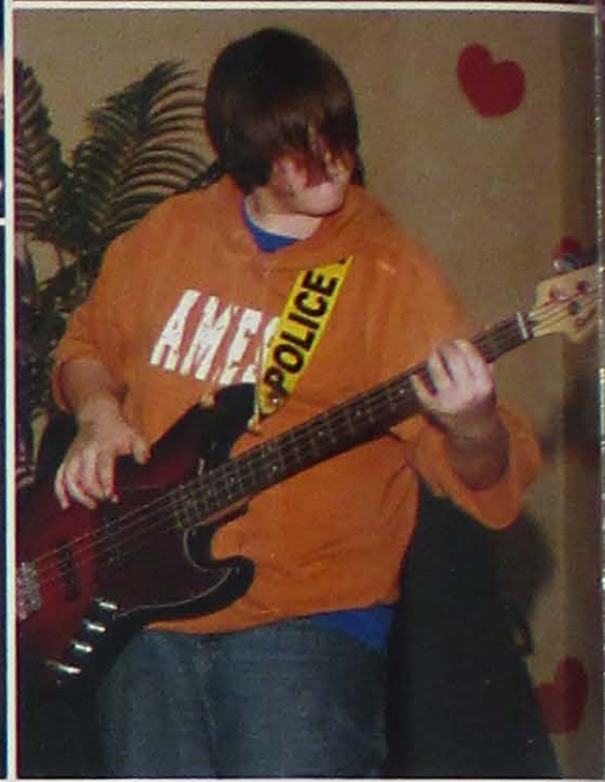
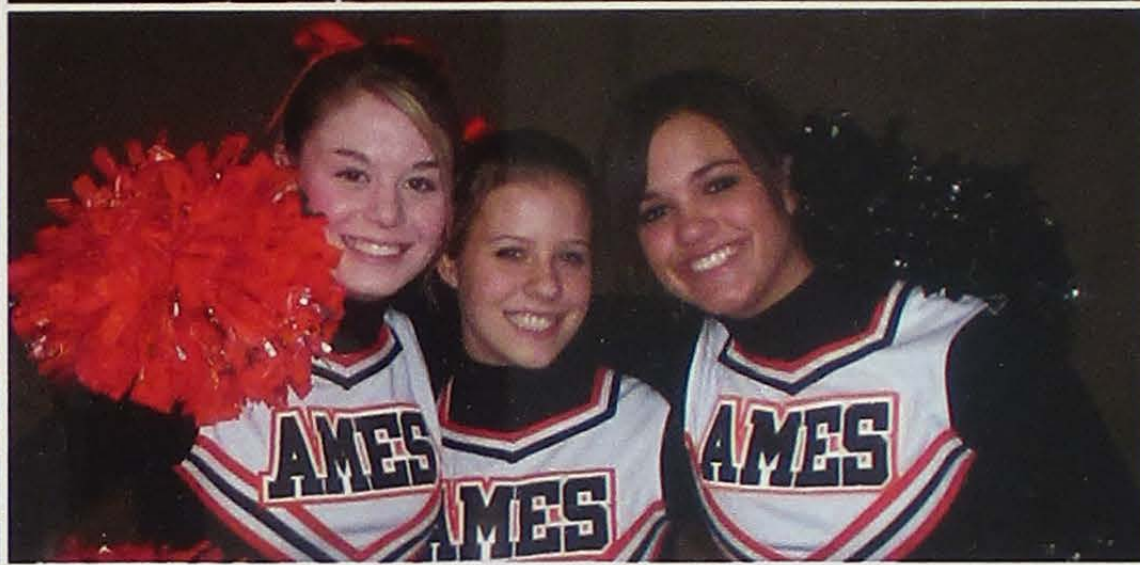
"LOSING MY WESTERN CIV BOOK IN AN AIRPORT. I WAS SO SCARED OF MR. DADDOW AND WHAT HE WOULD DO."

JUNIOR RACHAEL MANSBACH

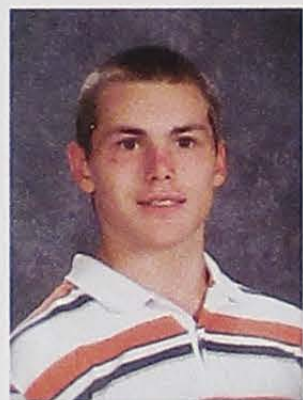


"At first, high school felt like a roadblock I'd never get through" - Melissa Huisman

Freshman Class



Derek Accola
Garrett Adams
Karrissa Allyn
Katie Amdahl
Brittany Amundson
Meredith Anselman
Daman Ardoin



Kevin Arritt
Wesley Arunsiripate
Anna Ashley
Daniel Azeltine
Tyler Ballew
Riley Banach
Michael Banker



Max Bassanini
Stephanie Bennett
Jacob Best
Savannah Bird
Alex Boeke
Stephanie Bohnert
Lucas Borg



Jean Borich
Spencer Botine
Emily Boydston
Cale Brakke
Lyndsey Braland
Stefan Breitling-
Garlington
Alex Breon





Elizabeth Breshears
Kaitlin Brien
Josh Brown
Ethan Bruning
Jordan Bundy
Lindsay Burke
Nathan Cafferty

David Calentine
Jordan Campbell
Haven Carlson
Michael Carswell
Lisa Carter
Diana Champalath
Bijan Choobineh

Cara Christofferson
Corey Church
Caitlin Cleary
Tanner Clemens
Sage Clements
Galadriel Comito
Jake Comstock

Ross Covington
Jon Cowan
Tyler Crandell
Viktor Crnkovic
Spencer Cruise
Zak Cupsham
Tom Curtis

Ross Davis
Cody Deets
Stormie Dickerson
Jamison Disalvo
Marley Dobyns
Connor Dougherty
Keeler Duckett

Nick Dunne
Indigo Egli-Davis
Lindsey Elliott
Ross Ellrich
Matt Englin
Natalie Enloe
Alexandria Eregbu

James Fang
Rex Fernando
TJ Firman
Alyssa Frandsen
Anna Frishman
Kristin Gaffney
Eric Garasky

Ryan Gehlsen
Mersadees Geigle
Austin Gerritson
Kate Gibson
Lauren Gieseke
Melissa Gillen
Mac Golemo

Matthew Goodhue
 Jessica Gosch
 Kayla Graham
 Miles Greenwald
 Anjelica Grieser
 Nathan Griffith
 Kelly Grogg



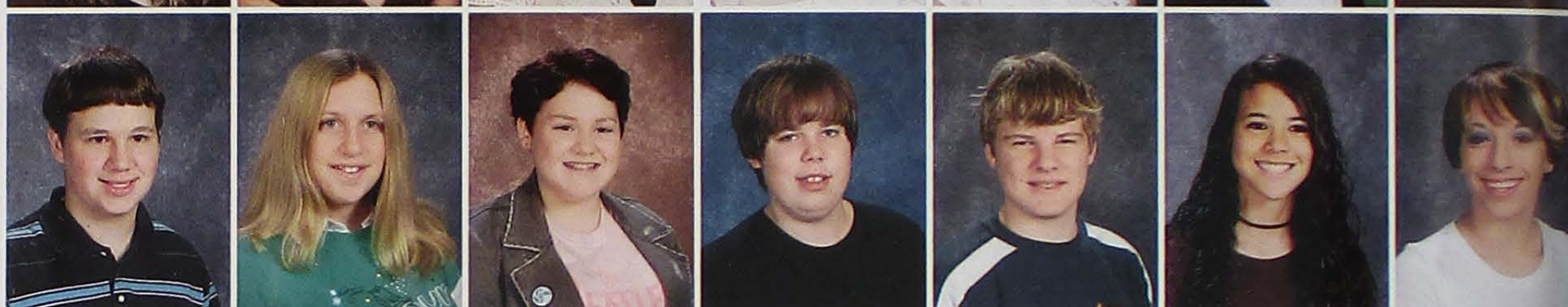
Megan Grummer
 Alan Guo
 Lindsey Gutierrez
 Allison Hamilton
 Harold Hansen
 Victoria Harding
 Joshua Harness



Kate Harper
 Megan Harrington
 Jasmine Harris
 Sarek Hartmann
 Rachel Hauber
 Caitlyn Hawkins
 Ellen Heikens



Zach Heilman
 Abby Hensen
 Allison Hoffer
 Matt Hoffman
 John Hopper
 Kristine Hopper
 Ashley Hoversten



Sandy Huang
 Melissa Huisman
 Alex Inman
 Katie Isebrands
 Sarah Israel
 Jazmine Jacobsen
 Daniel Jahren



Patrick Jahren
 Jenny Jennings
 Thomas Jewell
 Jill Joerger
 Abbey Johnson
 Amanda Johnson
 Ben Jones



Nathan Kaloupek
 Stephanie Keller
 Sean Kellogg
 Aaron Kenton
 Sarah Kerr
 Lakeshia King
 Sarah Kirts



Scott Klinkel
 Alec Knight
 Tisha Knight
 Neil Knudel
 Sarah Koehler
 Tony Koford
 Jessie Korf





Sydne Kurschinski
Libby Laage
Daniel Lanning
Crystal Larson
Caitlin Lawrence
Matthew Lee
Nicole Leibold

Karah Levy
Aaron Lewis
Ashley Lewis
Mona Li
Zach Liechty
Christian Lien
Angela Linahon

Christi Ling
Nora Lippolis
Sarah Loucks
Lucy Ma
Hannah Maakestad
Ben Mackey
Jerra Magnuson

Bobby Mangaudis
Ryan Marrs
Melissa Martin
Jackie Mason
Hailey Mayes
Pat McCormick
Ryan McGowan

Conner McMasters
Carolyn Metz
Andrea Metzger
Ana Michelini
Rebecca Miller
Michael Misra
Leslie Moorman

Kim Morales
Amanda Mueller
DJ Myers
Tommy Nading
Ben Nadler
Jessica Nehls
Abe Nelson

Jess Nelson
Trisha Nesbitt
Brent Novey
Leann Oakes
Juan Ortiz-Cruz
Yempabou Palo
Brendan Pannier

Yeil Park
Austin Parle
Skylar Pattee
Emma Patterson
Megan Paxton
Sarah Pesch
Chris Petersen

Natalie Peterson
Tiffani Pilcher
Jeremy Pour-El
Mythili Prabhu
Ian Price
Jesse Pritchard
Erin Putz



Nitya Ramaswami
Holly Randall
Paige Rasmussen
Larry Ratliff
Hannes Reinot
Laura Reints
Julia Reynolds



Jessica Richards
Quentin Ring
Cesar Rivas
Andrew Rohlf
Margaret Rohrssen
Jay Rollins
Kayla Roof



Daniel Ruskewicz
Nathan Ryan
Christina Sacco
Kagan Sankovitch
Stephen Sawyer
Matt Saxton
Jacob Scebold



Alexander Schill
Michael Schmidt
Nathan Schoen
Justin Schoenrock
Hayley Schumacher
Lauren Schwab
Kassi Scigliano



Alex Seeman
Emily Shafer
Rachael Shaw
Seth Shonkwiler
Audrey Simpson
Brett Simpson
Matthew Skarshaug

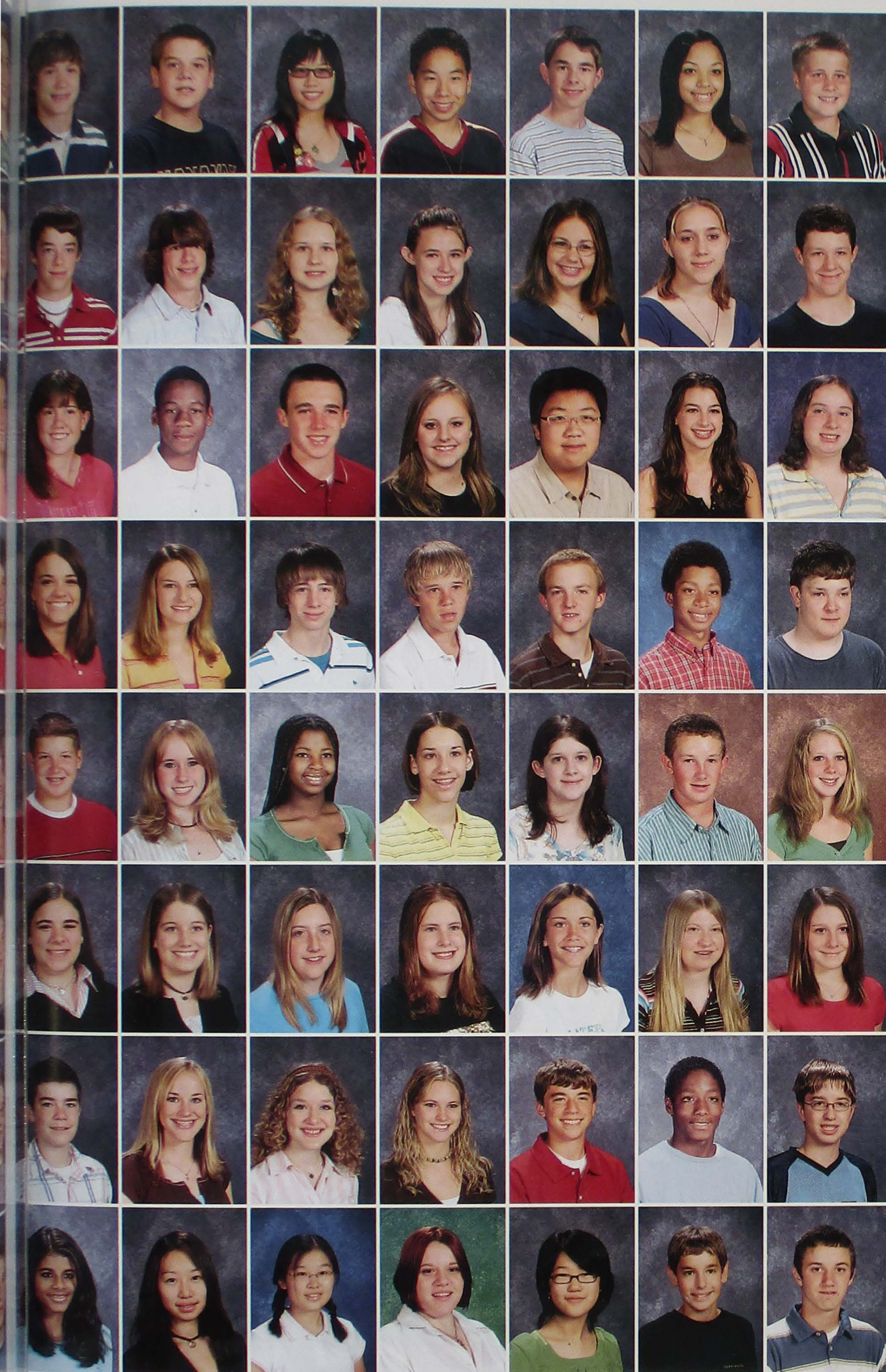


Ashleigh Sloan
Taylor Slotter
Stephen Smalley
Alesha Smith
Laurel Smith
Nathan Snell
Annie Spencer



Ben Stafford
Steve Stark
Taylor Steenblock
Kenna Stenback
Amy Stephan
Tyler Stettin
Scott Strehlow





Isaac Strohmman
Trey Stubbs
April Suen
Jungdae Suh
Michael Sundberg
Jelisa Swain
Austin Swanson

Chad Swenson
Kyle Swenson
Julia Taborskaya
Brittany Taylor
Anne Tepper
Stacey Tesdall
Cody Thompson

Erica Thompson
Sam Tim
Nic Toben
Lindsay Troyer
Max Tsai
Laurel Tuggle
Brittany Twiselton

Kristin Tylka
Erinn Uhlmeyer
Ben Utesch
Jordan Vander Zwaag
Matt Van Winkle
Demante Vaughn
Ethan Vaughn

Colton Vosberg
Katelyn Walker
Steph Wandling
Sarah Warth
Erin Weber
Andy Weiss
Ellie Weiss

Emma Welch
Shanna Wells
Annette White
Jessica White
Ashley Williams
Katie Williams
Rachel Windsor

Cory Winegardner
Kate Witt
Mary Woeste
Brooke Wood
Anson Woodin
Marcus Woods
Ethan Woodward

Gretchen Wool
Hana Yoon
Lisa Yoon
Kiesha Yungclas
Hongmeng Zhou
Dustin Ziminski
Jacob Zunkel

No-Shows

Aisha Azher
Courtney Barr
Carlos Basoco
Christian Bottine
Matthew Buchanan
Crystal Bustamante
Manasha Carr
Aslynn Carriere
Kimberly Chavez
Zachery Clipsham
Amila Dias
Kelsey Dietrich
Ashley Dunn
Kathryn Dunn
Mitchell Durand
Anastasia Fernandez
Holly Forst
Carole Frazier
Whitney Goodwin
Lindsay Grant-McCann
Ian Herrman
Ryan Jackson
Evan Johnson

Alexander Jurenka
On Keren
Roderick Klampe
Stephanie Koch
Mitchell Kramer
Mitchell Kunkel
Gregory Lett
Abigail Levis
Tayuana Mosley
Paul Mungons
David Norris
Dex O'Hara
Alexander Ortiz
Yuk Pang
Sheil Patel
Caroline Quant
Holly Randall
Mandi Ratcliff
Estephan Rodriguez
Vincent Settles
Colin Shriver
Matthew Spain
Benjamin Stafford

Sage Stair
Derek Sulzberger
Kyle Teal-Buttermore
Shaunacey Thom
Rachel Thomas
Matthew Van Winkle
Michael Westover
Blane Williams
Hongmeng Zhou

Westsiide - Flashing some fake signs, freshman **Sarah Parsons** shows a warm smile on a cold morning. Like so many other freshmen, Parsons enjoyed hanging out in circles of friends in the front lobby. While the school did its best to limit this practice, it was deemed a favorable alternative to letting everyone wander the halls in the morning. The over-crowding problem was somewhat alleviated by the new doors at the main entrance. This gave more space for students by allowing multiple entrances, as well as providing more natural lighting for a more upbeat and enjoyable atmosphere.



Freshman Year

Making the transition from Middle School to High School takes both courage and perseverance

While upperclassmen look at the beginning of the school year as a way to reconnect with countless friends and an opportunity to jump back into one of the endless clubs or activities on campus, freshmen perceive that first day a bit differently: terror.

"I don't want to say I was necessarily scared, but it was definitely a bit intimidating," freshman Jordan Vanderzwaag said. "Everyone was bigger than me, and I was constantly surrounded by people I didn't really know."

Vanderzwaag's experiences are not unique, as freshmen are pushed through crowded halls by impatient upperclassmen. And while there are numerous senior mentors around to help guide these hapless pilgrims, others are less helpful.

"I cannot stand those stupid freshmen clogging up the halls with their huge backpacks and annoying little giggles. I just push through them and threaten to shove them into lockers," senior Olivia Langenberg said.

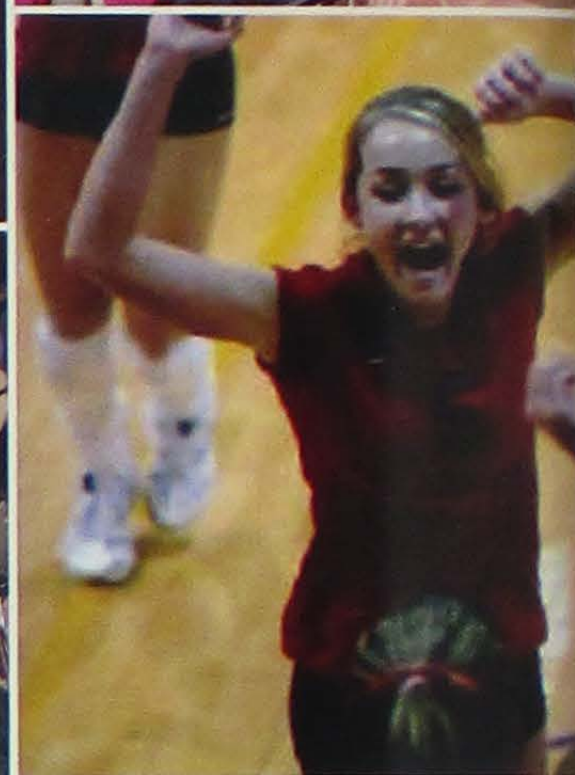
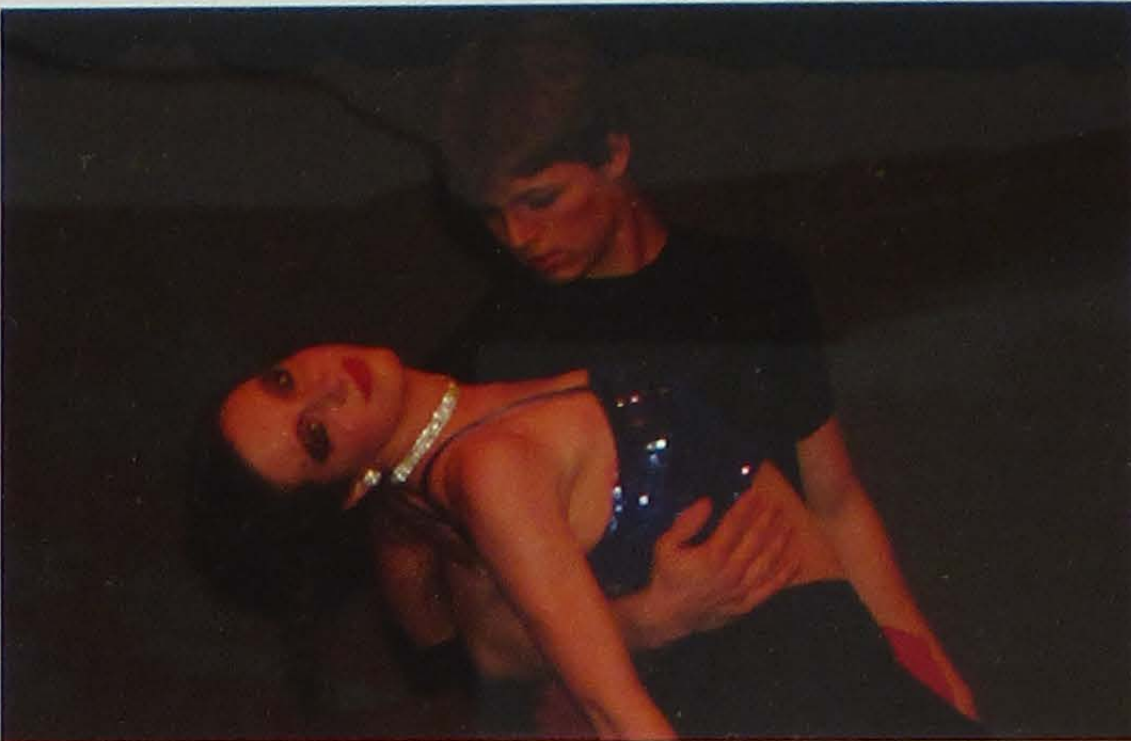


Ta Da! - Having just finished his graphic design final, freshman **DJ Myers** expresses his joy for a job well done. Graphic Design was a popular course for freshmen because it allowed for students to focus their creativity through new technological mediums. (photo by Kirsten Shoenrock)

Riley Knows Geometry - Succumbing to the extreme boredom of study hall, freshman **Riley Banach** measures the width of his nasal cavities. Study hall was generally endured rather than enjoyed, but most admitted it was a necessary evil that, if actually used to complete homework, was beneficial in easing the rough transition from middle school to high school. (photo by Jessie Curry)

"Sophomore year is like being caught in slow-moving traffic." - Patrick Snell

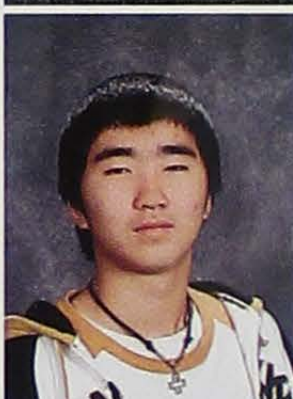
Sophomore Class



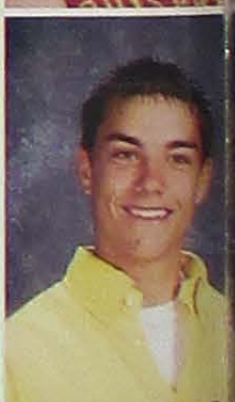
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Jason Adair
Dan Adams
Abbey Adkins
Mou Akoon
Daniel Alexander
Caitlin Anderson



Alex Arthur
Jason Atwood
Hyun-Bin Bae
Kaitlyn Baldrige
Emily Barclay
Jane Barratt
Melissa Batzer



Luke Bauer
Carolyn Baumgartner
Laura Beckett
Kayla Becraft
Kinsey Belz
Pavel Beresnev
Ryan Berg



Thomas Berg
Shawn Bergeson
Jordan Bergman
Shoshana Berleant
Brendan Best
Jared Bielenberg
Sam Bird





Erika Bjorklund
 Ross Blumer
 Stephen Bonett
 Mackenzie Bourke
 Andy Boyd
 Malori Brause
 Zach Bridges

Bridget Brown
 Daniel Brown
 Michael Bruner
 Jason Burdine
 Jordan Burgason
 Zach Burleson
 Michelle Buseman

Alex Buttery
 Courtney Calhoun
 Jacob Canfield
 Nina Carlson
 Anna Carswell
 Shoma Chandra
 Elijah Chausse

Jasmine Chen
 Albert Cho
 Eric Christofferson
 Dan Chrusciel
 Jemin Chung
 Tony Chung
 Tyler Clark

Katie Coghlan
 Ben Cotton
 Sophia Courneya
 Christopher Cowan
 Andrew Coyle
 Travis Crum
 Madi Cummings

Keegan Davenport
 Nathan Davis
 Alex Deam
 Janessa Delaney
 Lauren Dixon
 McKenzie Dohrmann
 Andy Doyle

Kylie Drzycimski
 Paul Duden
 Mark Duvick
 Joanna Eggert
 Charissa Ehrhardt
 Josh Engelman
 Clark Ennis

Emily Erbes
 Lucas Erickson
 Tad Fair
 Benjamin Feller
 Tommy Fields
 Josiah Fitzsimmons
 Matt Flynn

Kate Fowler
Julie Fullhart
Martha Garasky
Spencer Gardner
Butler Garrison
Laura Gehring
Morganne Gent



Aleshia Gerritson
Mark Gilarski
Stacy Gillen
Sarah Graveline
Johanna Gruenewald
Ross Hackerson
Adam Halbur



Karl Hamouche
Erin Hansen
Leah Hansen
Julia Hanson
Sam Hapke
Rachel Harmon
Bahja Haron



Dillon Harris
Rachel Hasselman
Peter Heiligenthal
Dagny Heimisdottir
Marc Heitzman
Allison Herrick
David Hickok



Shing-Shing Ho
Jennifer Hockett
James Honzatko
Leigh Howell
Bobby Hunter
Sofiya Hupalo
Zachariah Hurd



Amy Huston
Andy James
Aubrie James
Brian Jaynes
Annie Jeong
Kaitlin Johnson
Kyle Johnson



Stephfon Johnson
Larissa Jones
Lauren Jones
Nick Joo
Kelsey Kaufman
Jason Kemis
Nicole Kerns



Laura King
John Klotzbach
Taylor Knight
Clare Kohler
Eric Kruse
Aaron Larpenter
Natalie Larson





Ryan Larson
Joshua Larson-Konar
Brandon Leibold
Amanda Lett
Chan Liebman
Magon Liu
Devin Lu

Mark Ludemann
Conrad Luecke
Andy Marker
Katie Marsden
Michael Masteller
Amanda Mayberry
Chris Mayberry

Neo Mazur
Sean McClain
John McClelland
Matthew McGrory
Dylan McMasters
Nathan Meyer
Joshua Meyn

Matt Michel
Mercedes Mickelson
Aaron Miller
Danielle Miller
Eric Miller
Nick Miller
Onnalee Miller

Rachel Miller
Tj Miller
Wyatt Miller
Mazdak Mina
Kendra Moloney
Kaitlin Moore
Mark Moore

Kevin Moss
Megan Murphy
Amber Murray
Jonny Musgrove
Zeke Musselman
Amanda Myers
Joy Myers

Lauren Naeve
Deepak Navi
Deborah Ndjerareddy
Cole Nelson
Tyler Nesbitt
Lindsey Niehm
Elena Nieves-Doyle

Aaron Nostwich
Alex Olinger
Paige Olson
Mia Olufade
Katie Orazem
Molly Packer
Daniel Park

Robin Parlade
 Sarah Parsons
 Brian Pastiak
 Laura Pedersen
 Amanda Perdue
 Stacy Perez
 Daniel Peterson



Mike Peterson
 Brandon Pflug
 Marty Pick
 Alycia Pringle
 Benny Pyle
 Alejandra Quan
 Kevin Raab



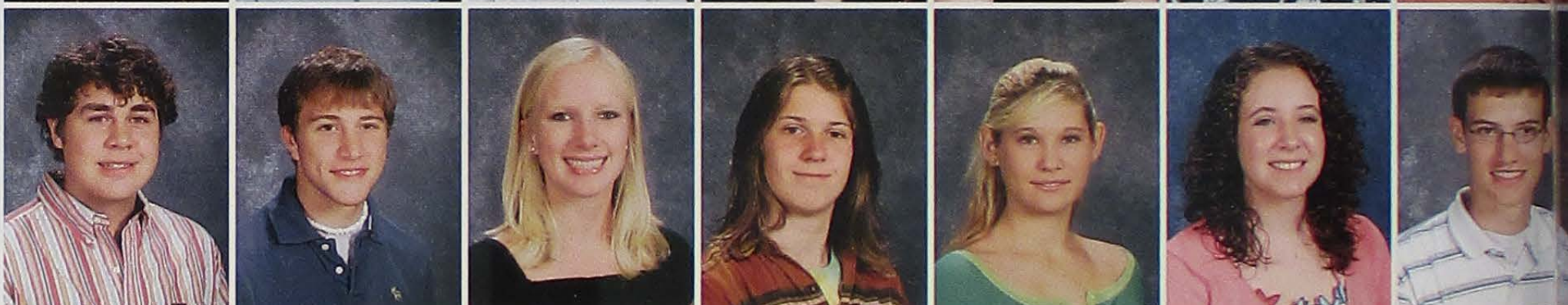
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 Allison Retz



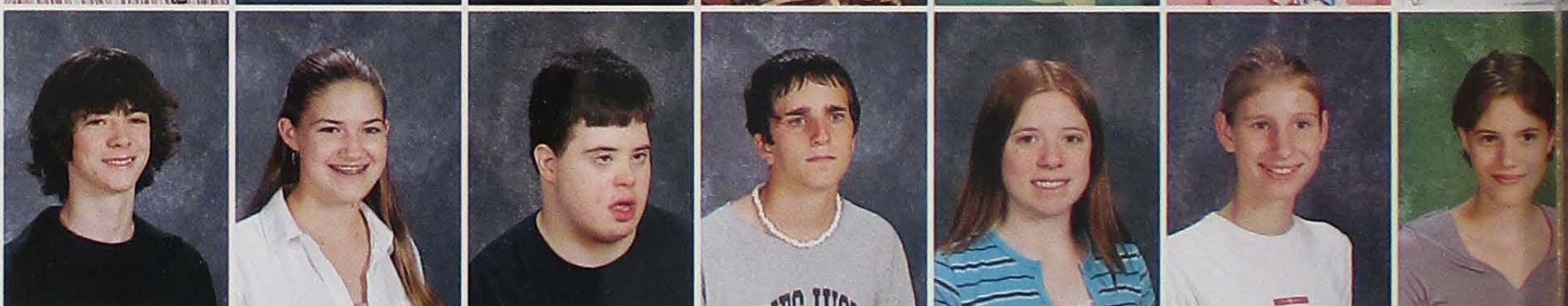
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 Preston Rowley
 Will Rundle



Logan Rupp
 John Russell
 Chelsea Sailsbury
 Austin Sandler
 Jennifer Sanford
 Aimee Sargent
 Drew Schlosser



Patrick Schmidt
 Rebecca Schmidt
 Steve Schoenrock
 Nick Schroeder
 Helene Schuck
 Laurel Scott
 Kira Seek



Justin Sells
 Jordan Sharpe
 Jiaxin Shi
 Sarah Shin
 Svelta Sigvas
 Kelsey Simpkins
 Patrick Snell



Stephanie Soh
 Mallory Sornsen
 Alexa Squire
 Kimberly Staniforth
 Luke Stephenson
 Julia Stone
 Nathanael Stott





Drew Strand
Brittany Strickler
Anda Tanaka
Kyle Tegeler
Josh Tenney
Aslynn Terpstra
Autumn Thompson

Ryan Tierney
Taryn Tigges
David Tim
Anne Todey
Evelyn Tomer
Derek Trickle
Dustin Turner

Lauren Vandarwarka
Sam Vanfleet
Becca Voss
Michael Wagner
Cherie Wandling
Katie Warning
Doug Warren

Zach Wayne
Leslie Weber
Riley Wendt
Kristen Wernau
Brady White
Krystal Wikstrom
Kirk Wilkins

Blake Woelfel
Raymond Wolt
Huijia Wu
Frances Xin
Louis Yang
Amy Zhong

No-Shows

Evelisse Amaya
Kaitlyn Baldrige
Wesley Balvanz
Gram Bazylnski
Elisha Bell
Melissa Bennett
Samantha Bennett
Michael Brickey
Andre Brisbon
Steven Bunting
Natalia Correa
Kyonda Davis
Michael Davis
Nathan Davis
Ravyne Davis
Alexander Deam

Matthew Dearborn
William Dorrlacombe
Kelsey Drabek
Devon DuCharme
Amy Dullard
Amy Edmondson
Josiah Egan
Rami Elkhatib
James Elliot
Deonte Evans
Michael Ferguson
Barbara Frazier
Hannah Fulton
Mattias Gassman
Ashley Halverson
Kenneth Hardeman

Dionne Harden
Peter Heising-Finn
Stephanie Howell
Nicholas Imerman
Jordan Jacobson
Samir Jani
Andrzej Jarecki
Shane Kennedy
Bilal Khan
Ashley Kinna
Diane Kraus
Davina Kwaw-Mensah
Anthony LeCount
Nicholas Martin
Marc McClanahan
Jeremy McCorley

Robert Medley
Cole Nelson
Melissa Olguin
Chelsea Orey
Keith Patton
Jessica Plander
Charity Ries
Katie Rivera
Marshall Romero
Shelagh Rose
Emily Roth
Jua Rudison
Mark Russell
John Scheppler
James Schmidt
Benjamin Schmidt

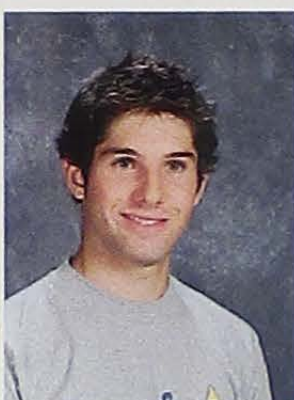
Benjamin Schuck
Stephanie Sihavong
Jennifer Simpson
Lavanya Singh
Brenda Soliz
Mary Sorenson
Raven Steward
Nicholas Tapp
Tyler Thomas
Samantha Thornton
Jessie Troxel
Clark Van Winkle
Charlie Vestal
Spencer Veysey
Joshua Walls
Charles Warwick
Kyle Wenzel

"The sign said the end of the road was near, but there's still another year!" -Jayne Strand

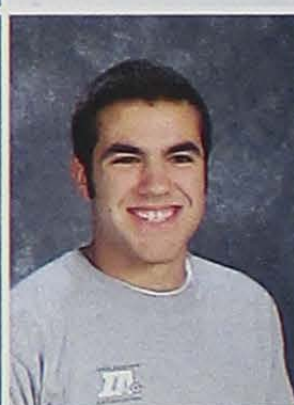
Junior Class



Hiwot Abebe
Jonathan Ackerman
Brandon Adams
Rohan Agarwal
Akot Akot
Jesse-James Alderman
John Alexander



Jessica Amaya
Jessica Anderson
Spencer Arritt
Anthony Ashley
Brendan Babcock
Erin Bagnall
Bret Ballantine

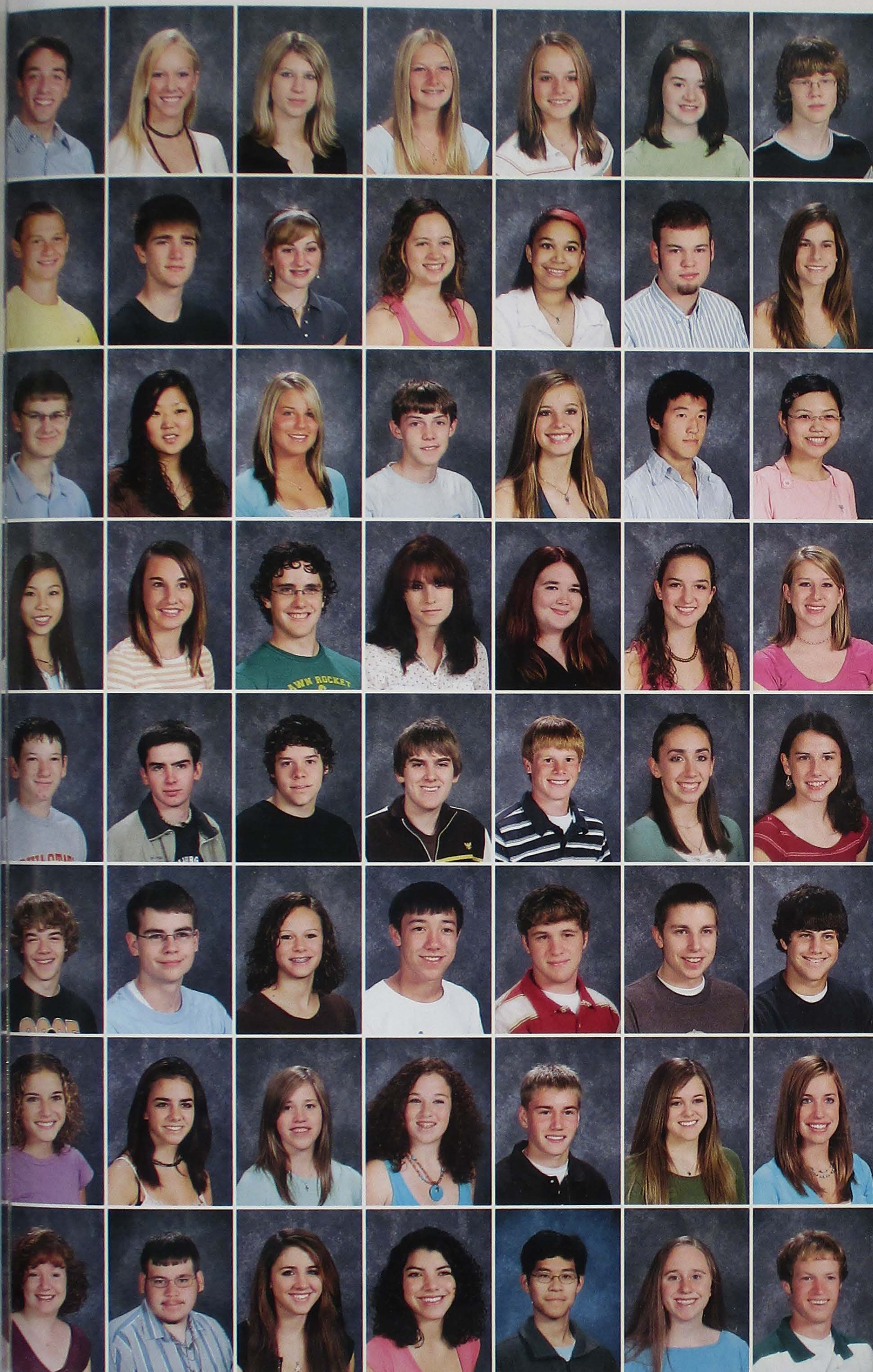


Joshua Barclay
Jenna Barrett
Melissa Baughman
Rebecca Bean
Nathaniel Behning
Austin Bell
Roman Bell



Hannah Bentrott
Azra Berbic
Maria Beresnev
Eric Bierwagen
Alex Blount
Jenn Boccella
Jessica Boelman





Zachary Borg
Caylon Borich
Brittany Borrill
Alexandra Bortle
Elizabeth Boswell
Renee Bovinette
Brad Boydston

John Boylan
Zach Brenner
Sarah Brimeyer
Melissa Brockway
Annisa Brown
Austin Brown
Lauren Brown

Steven Burianek
Cari Burns
Beth Bystrom
Dustin Cakerice
Kelsey Carney
Justin Chang
Evangeline Chen

Jenny Cheuk
Lauren Chitty
Keenan Clapp
Jacqueline Clark
Terrisa Clark
Elizabeth Cohea
Jennifer Compton

Mackenzie Cross
Matt Cross
Steven Crouse
Nick Crumpton
Nolan Currie
Jessica Curry
Chelsea Davis

Keith Davis
Michael Davis
Anja Dekkers
Tony Dempsey
Scott Dillavou
Andy Di Orio
Ben Dobbs

Joey Dobson
Lily Dobson
Audrey Dodge
Lauren Dougherty
Jared Downard
Kate Dunshee
Allison Dye

Kelsey Elliott
Kyle Endreland
Elaine Ertz
Emily Falk
Mark Fang
Sarah Federle
Steven Fennelly

Rebecca Ferguson
John Fitzsimmons
Eric Foley
Ethan Forsgren
Lauren Forth
Adam Fox
Lauren Frandsen



Joseph Fuller
Lukkas Gartin
Rich Gaunt
Camille Geary-Shen
Lucas Gehlsen
Kristin Geiger
Noah Gildermaster



Justin Gilger
Justin Gleason
Ben Glick
Bryce Gonzales
Santos Gonzalez
Libby Grant
Ulfur Grant



Anna Greenwald
Jose Guevara
Chen Guo
Corinna Habermann
Meghan Hackerson
Sammy Hackerson
Jenni Hagen



Zack Hagert
Amy Hamilton
Matthew Hansen
Michael Hansen
Tyler Hansen
Jeffrey Hanson
Rebekah Hanson



Caitlin Harrington
Alice Hartzler
Natalie Hashemi-Toroghi
Katie Hasstedt
Travis Heithoff
Allyse Hellmich
Michael Herriges

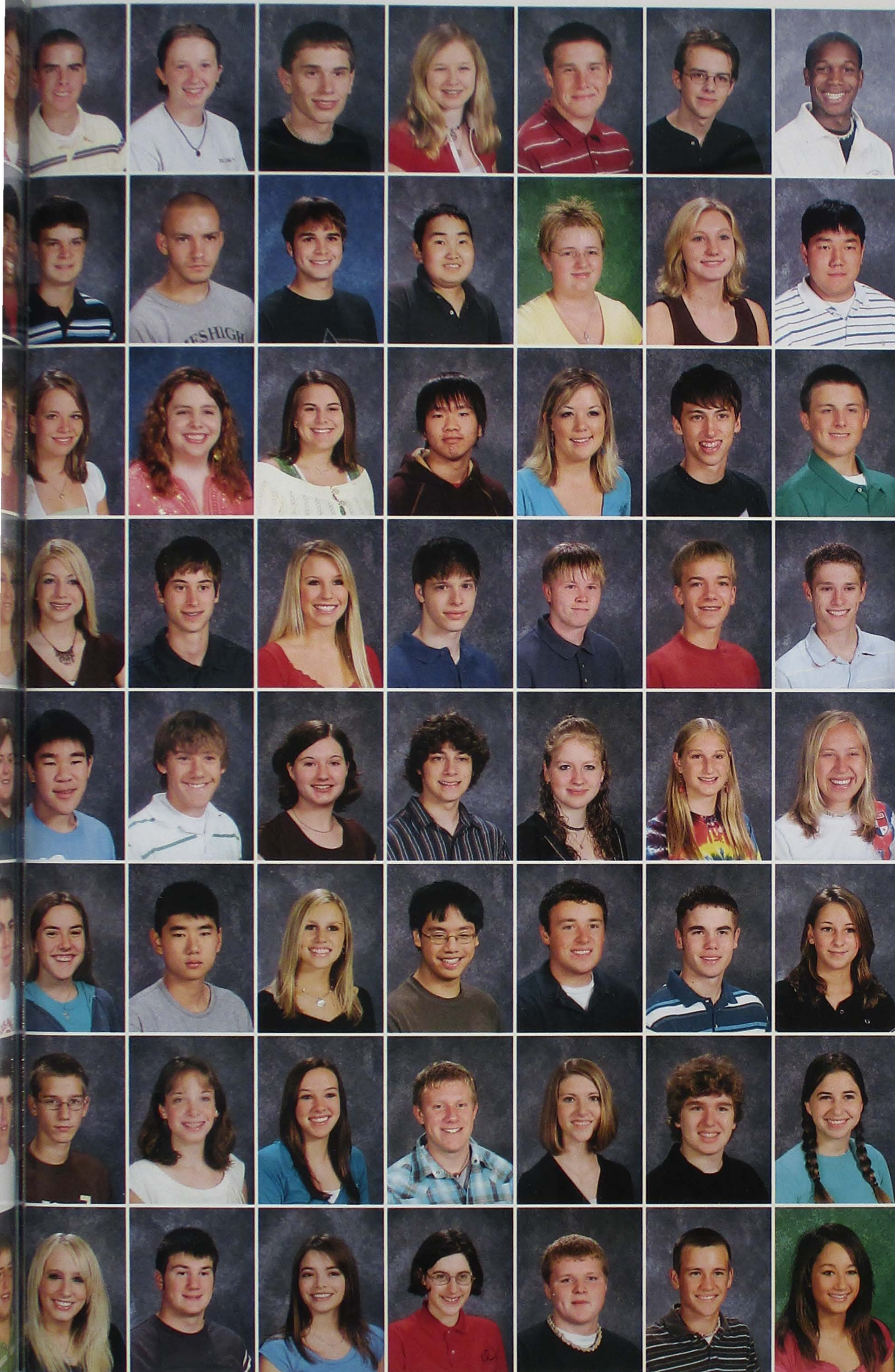


Adam Hinders
Marcus Hippen
Tommy Hoffman
Laura Holub
Jeff Houk
Sarah Hundertmark
Brandon Hurley



Jeremey Hurley
Ege Inanc
Anastasia Ingaam
Sarah Jackson
Aaron Jacobson-Swanson
Ben Jansen
Alex Jarnagin





Jay Jensen
Jenna Jensen
Alec Johnson
Alleah Johnson
Jacob Johnson
Jason Johnson
Kris Johnson

Kyle Johnson
Jacob Johnson-Muyengwa
Alexander Jones
Paul Joo
Abby Jungjohan
Hannah Kaloupek
Mj Kang

Kristine Kearney
Nichole Kearney
Becky Kerr
Ji Kim
Cassandra Kindred
Jacob King
Joe Klinkel

Kyra Knuth
Robert Koehler
Kerry Kohler
Jeffrey Kollasch
Nick Korf
Michael Kraemer
Jeff Kroll

Dennis Kuo
Matthew Laczniak
Jennifer Lambert
Andy Lane
Alysia Larson
Courtney Larson
Kelsie Larson

Emily Lawlor
Sean Lee
Brianna Lelonek
Benjamin Leung
Andy Lewis
Tyler Lewis
Linda Lieber

Joey Lien
Sarah Linahon
Katie Linduska
Jon Link
Alyson Loes
Aaron Lott
Sarit Luban

Katie Lundstrom
Adam Maahs
Andrea Mallarino
Rachael Mansbach
Derick Marquardt
Jason Marrs
Tessa Matibag

Curt Mayberry
David Mayes
Maurice McClain
Morgan McCormick
Brian McDonald
Erin McGonigle
Alexa McGrory



Kyrie McKelvey
Sharon McRoberts
Noah Mendelson
Cori Milan
Chris Moore
Alan Moss
Aaron Mostrom



Justin Mull
David Naylor
Sarah Nelsen
Ben Nelson
April Nikkel
Haema Nilakanta
Audy Nolasco



John Norris
Natalya Novotorova
Ridwanu Nuhu
Alanna O'Hara
Wern Ong
Jessica Oster
Chris Parsons



Meredith Parsons
Madeline Paschen
Bo Peng
Ryan Pesch
Josh Peterson
Larry Peterson
Kristi Philips



Jacob Pleasants
Stephanie Poffenberger
Krishna Prabhu
Ryan Praska
Mukund Premkumar
Colin Pritchard
Brighton Prueger

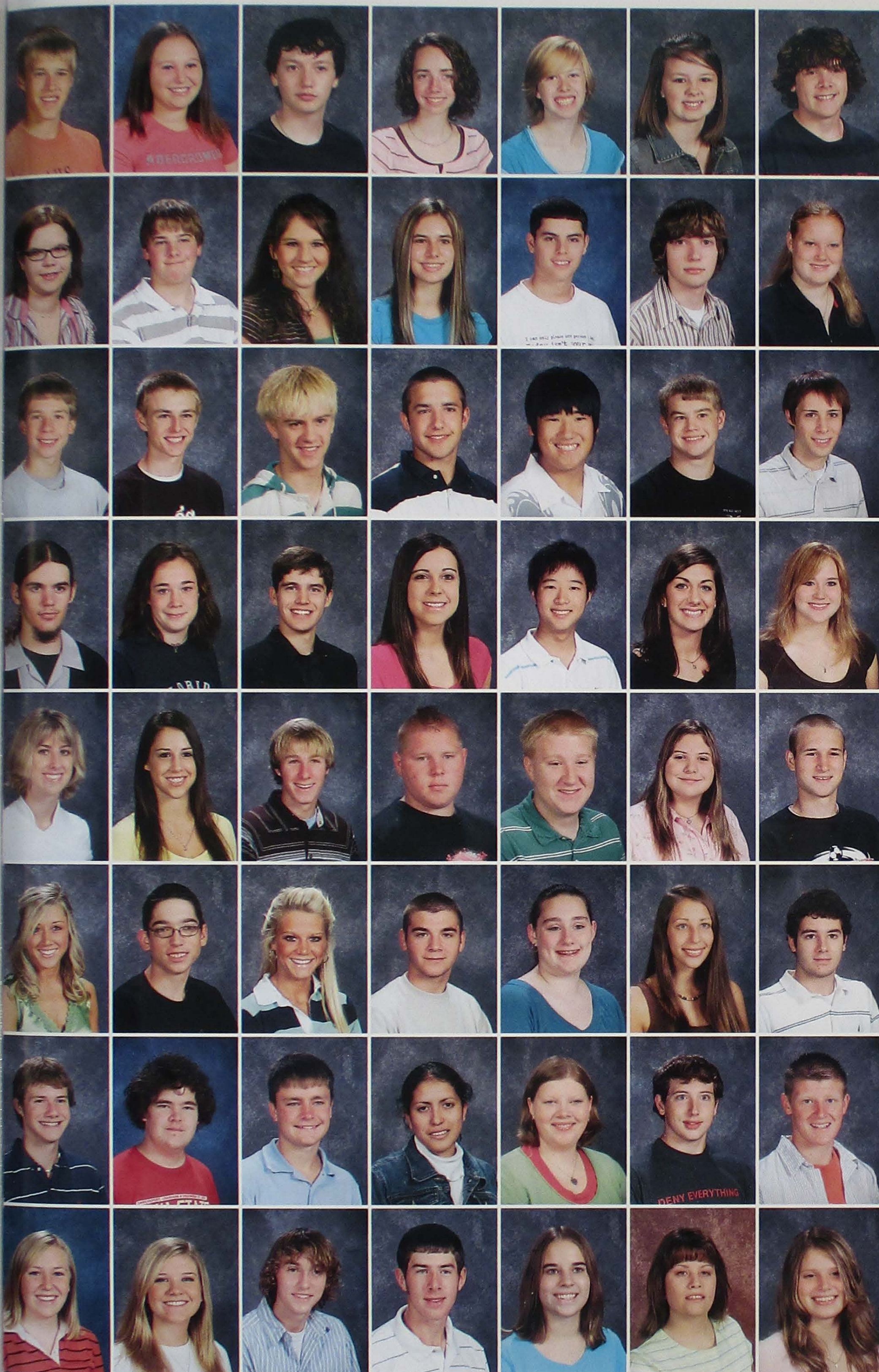


Michael Qiu
Supraja Rajagopalan
Wesley Rebarcak
Missy Redding
Steven Reints
Mindy Renstrom
Derek Richards



Lindsay Roach
Nick Romsey
Jacob Rosenberg
Ben Ruppert
Alfonso Sanchez
Joel Sanford
Marietha Sarceno-Cortez





Ben Scallon
Hannah Scebold
Corey Schmidt
Kirsten Schoenrock
Sarah Schreitmueller
Ashley Schultz
Chris Seeman

Sarah Seifert
Bryan Server
Amber Sexton
Sara Shafer
Sean Shickell
Bryan Shrader
Stephanie Shuey

Sean Siberski
Derek Siedelmann
Christopher Simonson
Grant Simpson
Micah Simpson
Austin Skarshaug
Brad Smith

Daniel Stafford
Jayne Strand
Jim Strickland
Alissa Struble
Wei-Li Suen
Jessie Svec
Amy Swanson

Lauren Swanson
Mashette Syrkin-Nikolau
Kyle Talbot
Shawn Tesdall
Joe Thien
Brittany Thompson
Joe Thompson

Rachel Thompson
Shamis Thompson
Kersten Thorgaard
Andreas Thorson
Tiffany Tope
Janel Tott
Alexander Tsichlis

Tanner Twetten
Phillip Uhde
Justin Upah
Berenice Valderrabano
Lauren Vidimos
Steven Vogel
Brock Vosberg

Ann-Charlotte Wade
Alyse Wandling
Rob Wanzek
David Warning
Elizabeth Warth
Samantha Webster
Crystal Weltha

James Weltha
Joey Wendel
Alicia Wengert
Amanda Wetmore
Joe Wheelock
Anne Wilson
Dayle Wilson



Amanda Winkleblack
John Winkler
Sam Yang
Traci Yates
Ashley Yungclas
Maryam Zamanian
Kenneth Zuerner



Paul Zunkel



No-Shows

Hansaa Abbasi
Carianne Anania
Samantha Artese
Ambika Athreya
Danielle Barr
Angela Beckwith
Tanya Bergeson
Andrew Bovenmyer
Aaron Braimah
Kayse Carter
Ryan Cornelis
Cassandra Correa
Michael Cortinas
Joshua Davis
Sean Deal
Jeffrey Erwin
Joseph Fabiosa
Maria Gurbo
Muhammad Harlanda

Gasim Haron
Daniel Haugo
Ashley Hayes
Thomas Hayes
Adam Hinders
Alexander Hinders
Lizette Hinojo
Kylie Hopper
Nichole Hoskins
Karissa Hrbek
Andrew Jiles
Oscar Koenek
Aquavia LaGrone
Trent Lamar
Cassandra LaPietra
Brittany Linder
Xiaoteng Liu
Amanda Lutz
Maurice MacDonald

Jodi Mangold
Matthew McPhail
Andrew Mungons
Jackline Mwaniki
Robert Newhouse
Noelie Nicolas
Christopher Niemand
Adam Olson
Deon Owens
Feliz Owusu
Kunal Patel
Sandy Perez
Stephanie Plander
Nicholas Pospisil
Stewart Reese
Robert Reza
Juan Rivera
Nathanial Sejaan
Aakash Sheth

Joshua Simmons
Nicholas Stead
Ryan Steward
Misty Thomas
Yi-Fan Tseng
Georgie Tsushima
Samantha Tucker-Sieberg

Cheers - Making small talk, juniors **Courtney Larson** and **Ann-Charlotte Wade** play their part in the HAL Great Gatsby party. (photo by Tonja Goodwin)



Blushing Birthday Boy - Cutting his cake, junior **MJ Kang** celebrates his birthday with a cake provided by adorning girls. (photo by Jessie Curry)

The Late Shift -- Senior Pics

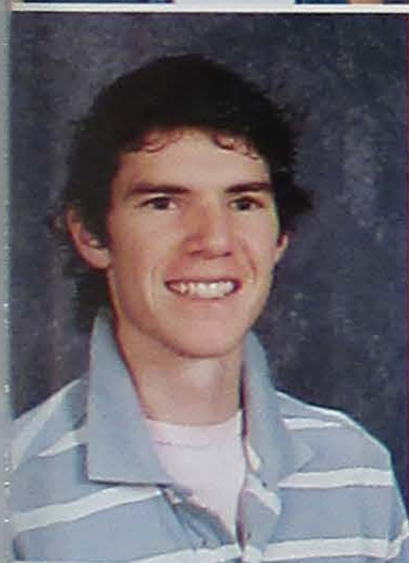


Hot Eats, Cool Treats-

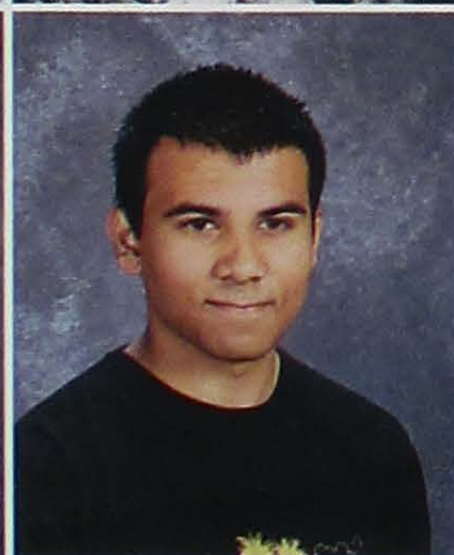
Cooling down after a late Friday night basketball game, senior **Avni Sanghi** relaxes with her friends at Dairy Queen. DQ was a popular hangout for students because of its extensive variety of desserts and food, along with ample seating. "I see just about everyone I know everytime I go there," Sanghi said. "It's great because it's open late and it's cheap." (photo by Britta Mennecke)



Nicole Anderson
Qi Gan
Jason Huston
Emily Kincart



Mark Lacey
Anna Lochray
Melinda Ourada
Megan Pappas



Steven Perez
Muhammad Rahim
Erica Santi
Priscilla Hendricks



Kayla Ackerman



Leah Ackerman



Annie Ahn



Christian Andersen



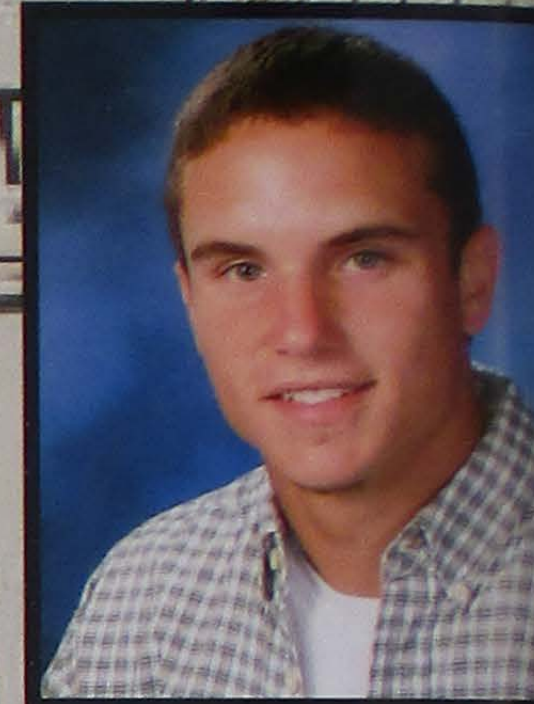
Annika Anderson



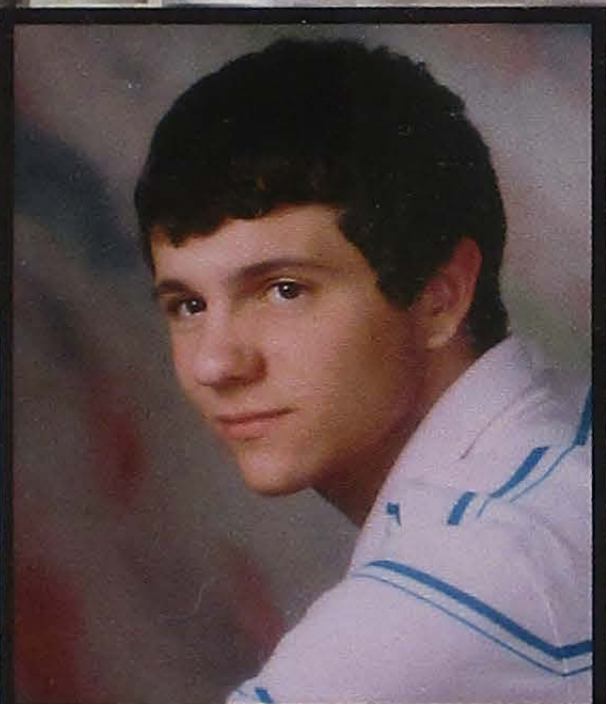
Nicole Anderson



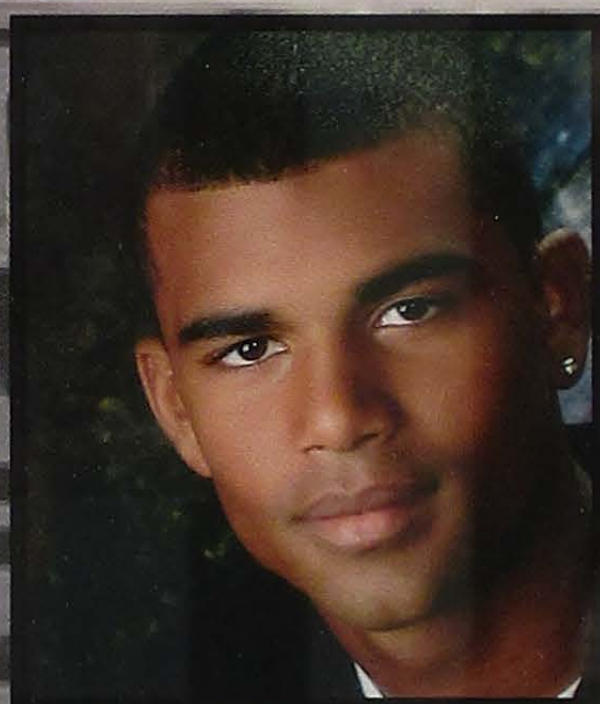
Ruth Anderson



Tyler Anderson



Ryan Anton



Austen Arnaud



Adam Arthur



Taylor Ashburn



Chad Baker



Jacob Balough



Marissa Banks



Matthew Barclay



Alison Bazylnski



Joshua Beckman



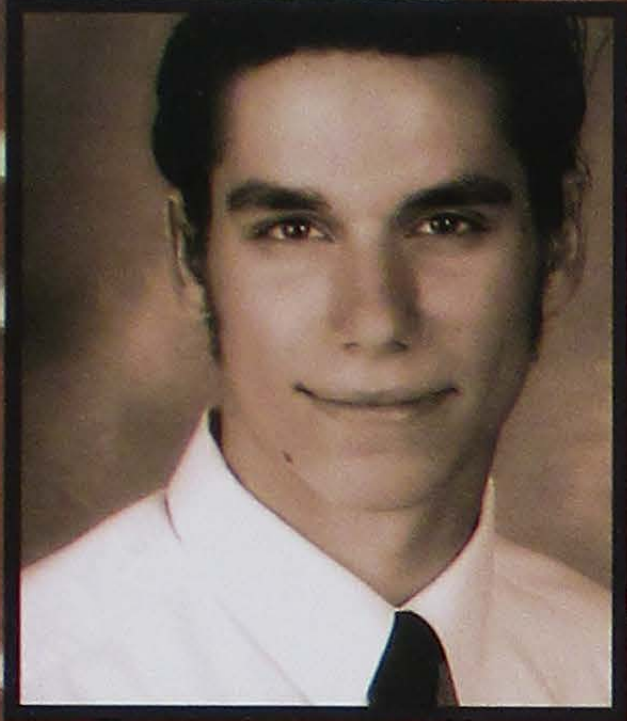
Debbie Bennett



Tiffany Bennett



Anthony Benson



Kevin Berg



April Bettis



Katie Bierwagen



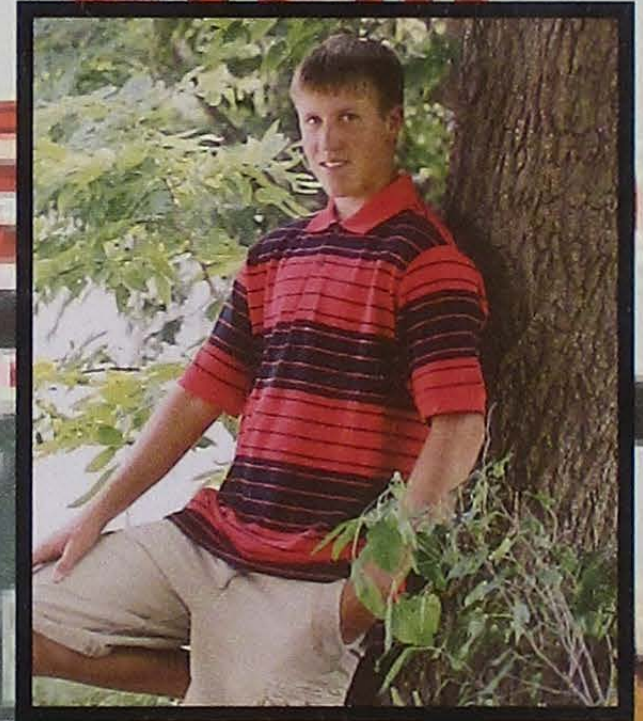
Danny Blum



Craig Boeke



Mason Borich



Nicholas Braland



Lisa Brekke



Victoria Breshears



Delesa Briseño



Alexandria Budd



Jennifer Calsyn



Aenea Carlson



Ashley Carlson



Ignacio Carranza-Morales



Elizabeth Casey



Ryan Catus



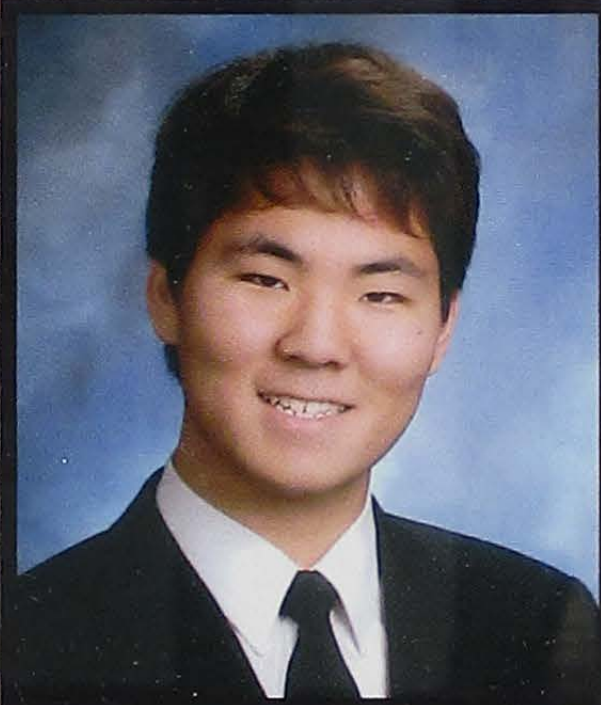
Matthew Chellew



Michelle Chester



Alarm Cho



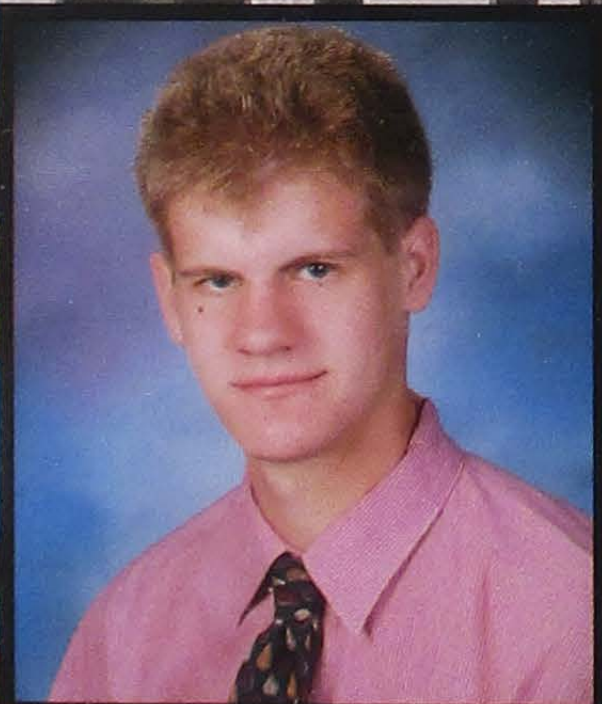
Edward Cho



Georgia Chrisinger



Laura Jean Clark



Charles Cleary



Traci Coney



Tessi Cook



Chelsea Cottrill

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Sarah Cram



Lara Curtis



Emily Davenport



Rachel Davis



Elizabeth Deppe



Betsy Dilla



Aaron Dooley



Ryan Dougherty



Emily Drapal



Michael Dunlay



Carrie Dunne



Lisa Grace Duvick



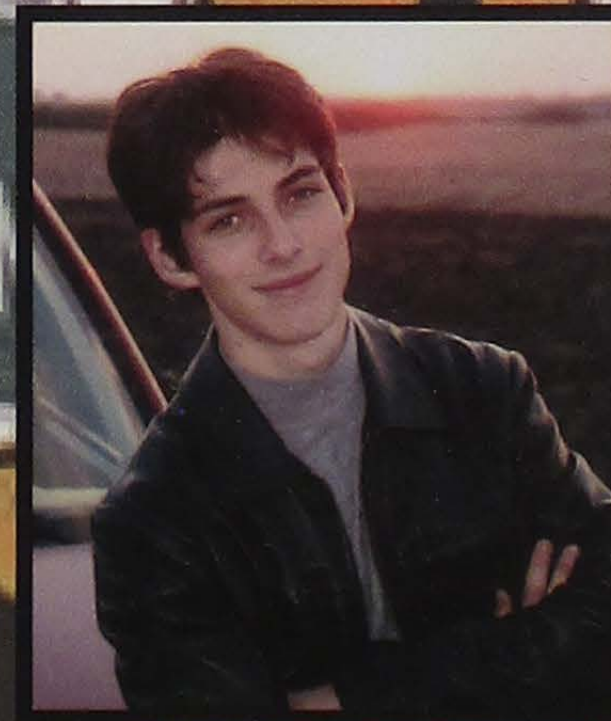
Sean Edwards



Jessica Egli



Sarah Ehrhardt



Ilya Ellern





Eric Ellingson



Kate Elliott



Kellie Engelman



Kelsey Englin



Stephanie Enloe



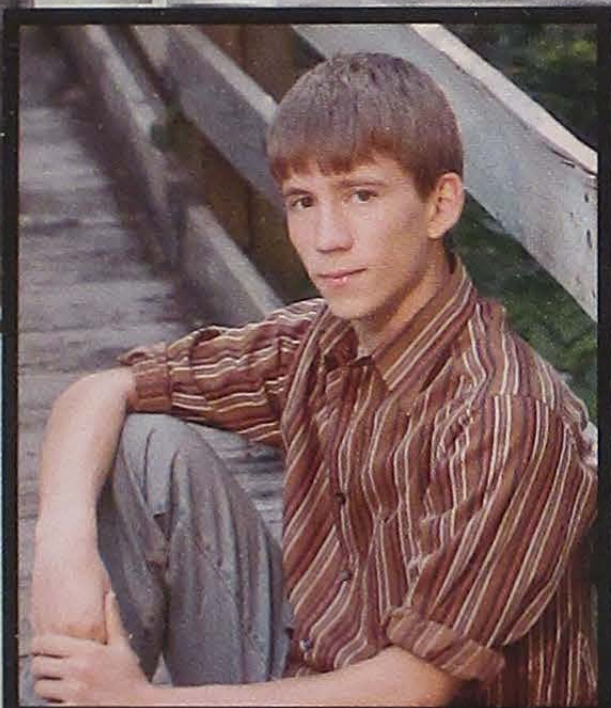
Matthew Erickson



Maria Fabiosa



Garrett Farni



Andrew Feller



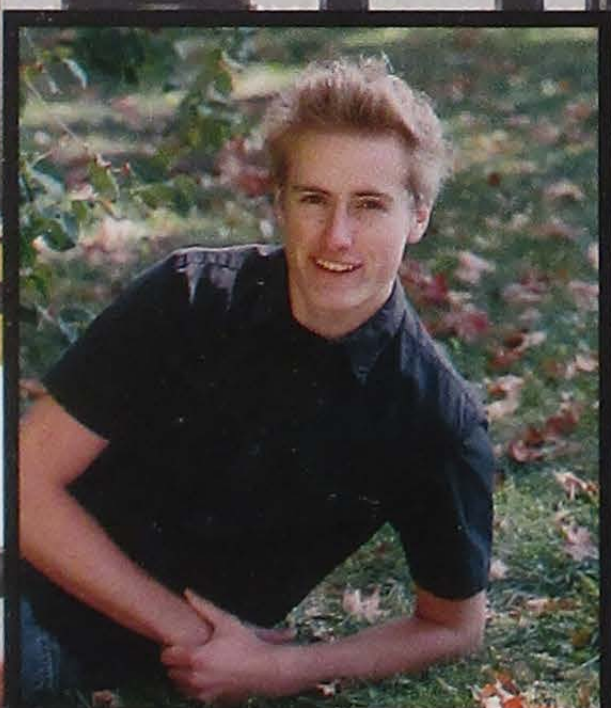
Kurtis Ferguson



Adam Fevold



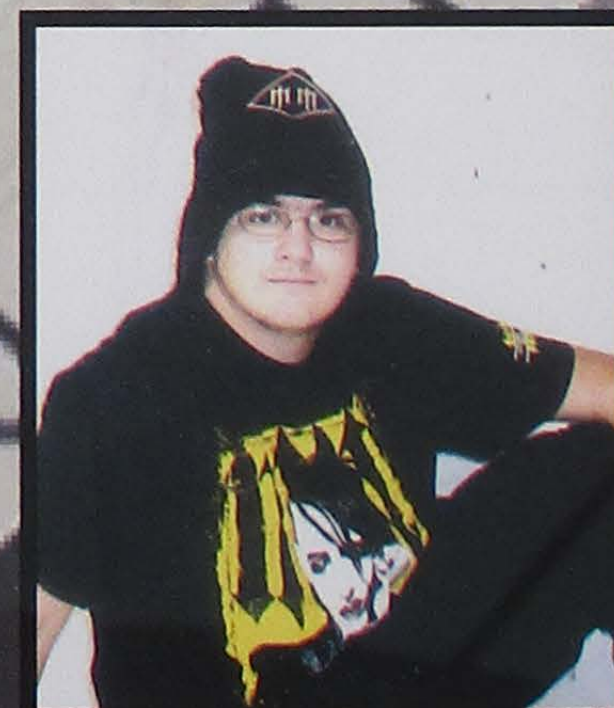
Ashley Finer



Joseph Folkmann



Dave Gan



Kenneth Ganzer



Branden Geil

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Adrianne Geske



Ryan Gibson



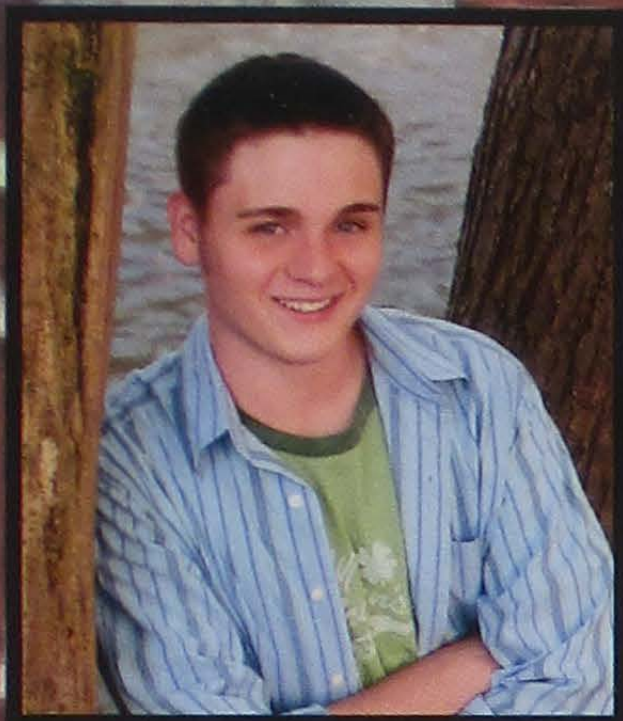
Sarah Gidlewski



Jordan Gilmore



Jeremy Girton



Jacob Gohlmann



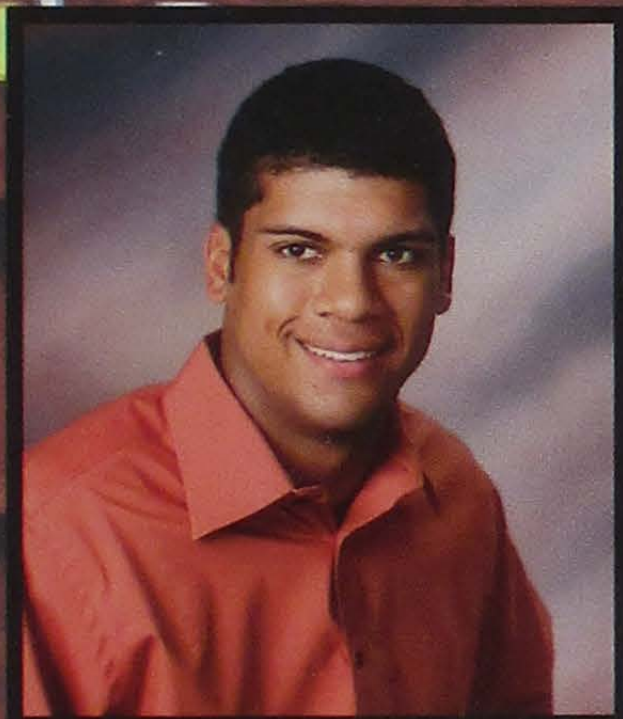
Merri Goldman



Molly Golemo



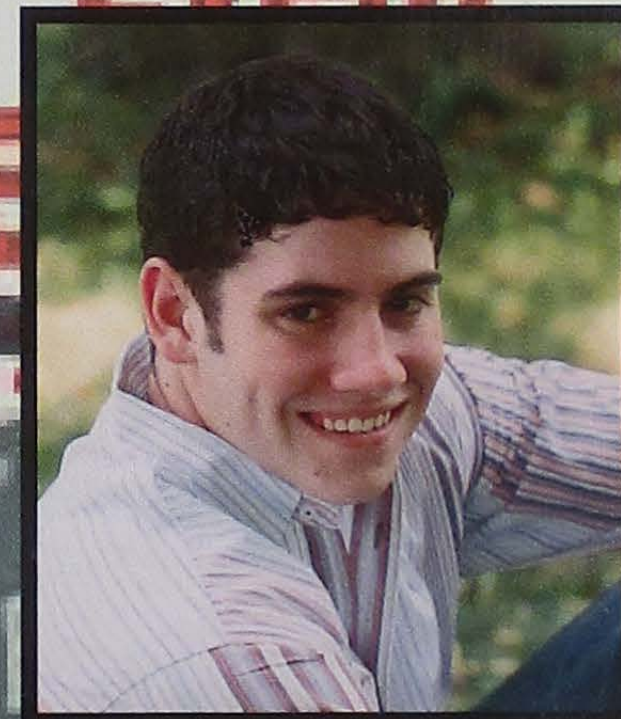
Jennifer Green



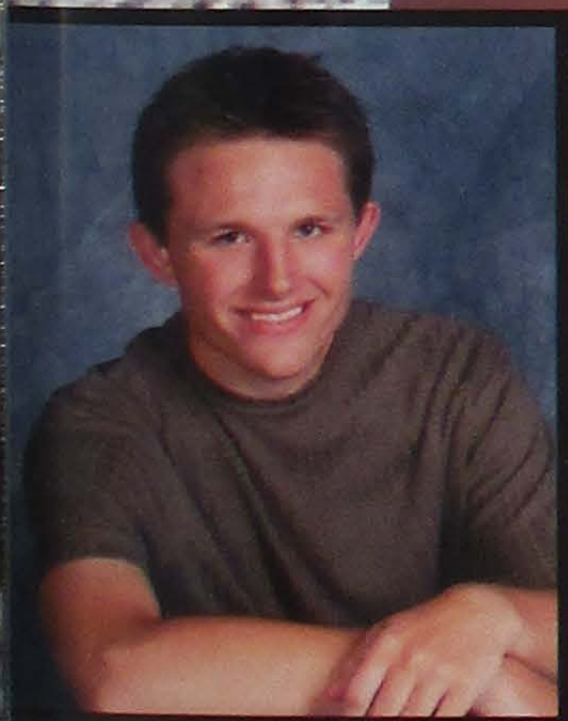
Nathan Greving



Jackie Gruhlke



Garrett Hamilton



Chris Harder



Katherine Harmelink



Adam Harmon



Antonia Hasselman



Tricia Hawley



Ellen Heddendorf



Melissa Heitzman



Brittney Henderson



Elizabeth Hensen



Andrew Herrick



Caitlin Herrnstadt



Neva Hibbing



Amanda Hinderks



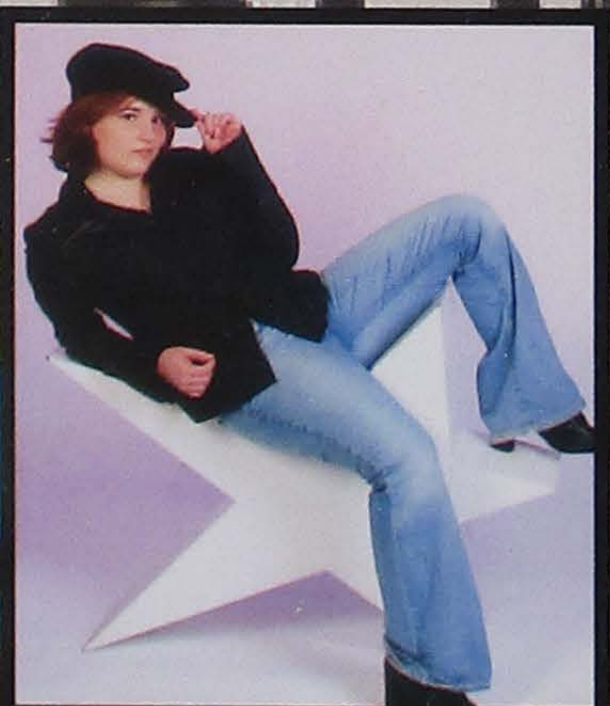
Sara Holt



Dana Howell



Evan Hudson



Caitli Hug



Andrew Hunziker



Jason Huston



Iris Ilarslan

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Emma Israel



Hayley Jackson



Alicia Jacobs



Sarah Jacobson



Emily Janssen



Defina Jaya



Chelsea Jensen



Kristin Johnson



Emily Kawaler



Alexander Keefe



Shane Kelly



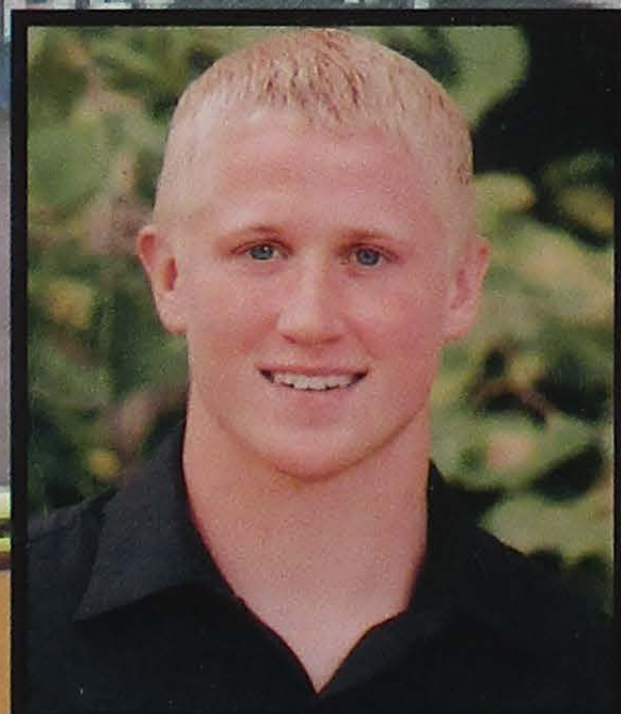
Amanda Kerper



Melanie Kessler



Emily Kincart



Daniel Kinker



Christina Kinna

WALK

FITNESS CENTER

NO
PARKING
BUS
LOADING
ZONE



Mary Beth Kluesner



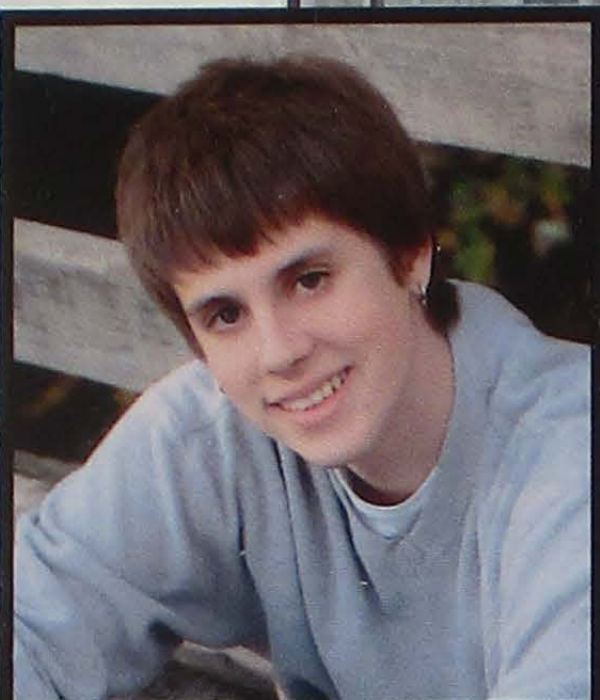
Victoria Knight



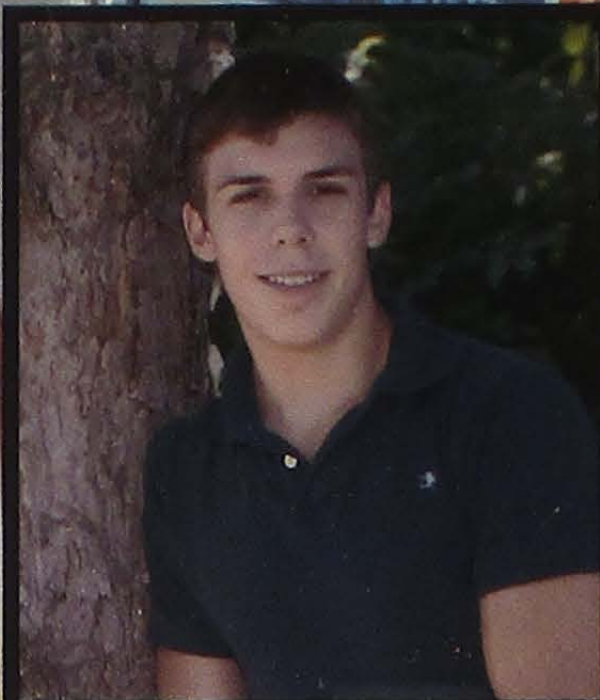
Kelsey Knutson



Ross Koppenhaver



Anthony Koranda



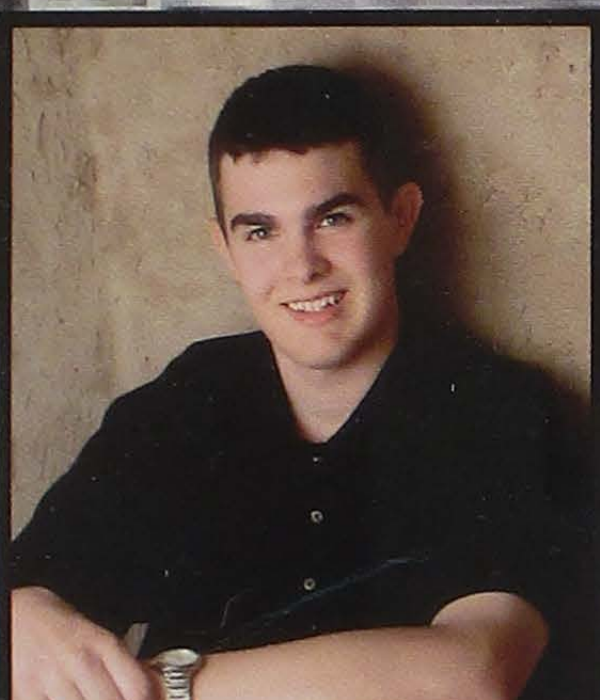
Charlie Krabbe



Katie Kramer



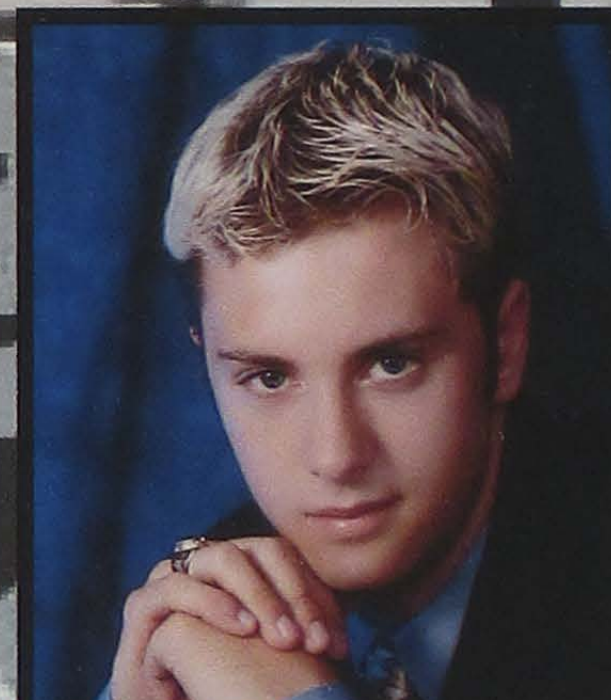
Emmanuella Kwaw-Mensa



Brian Lange



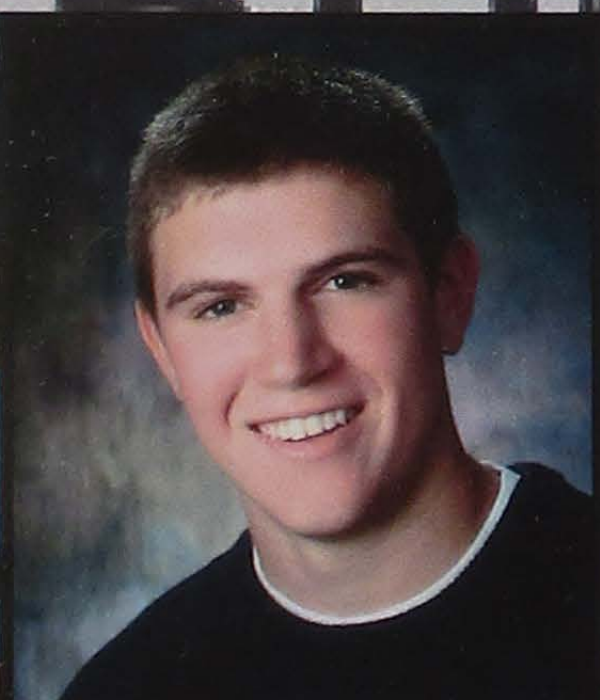
Olivia Langenberg



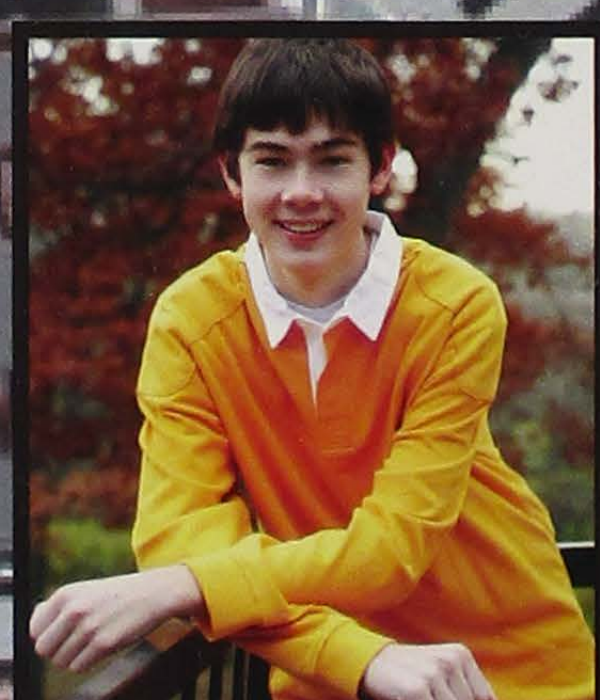
Aaron Langlois



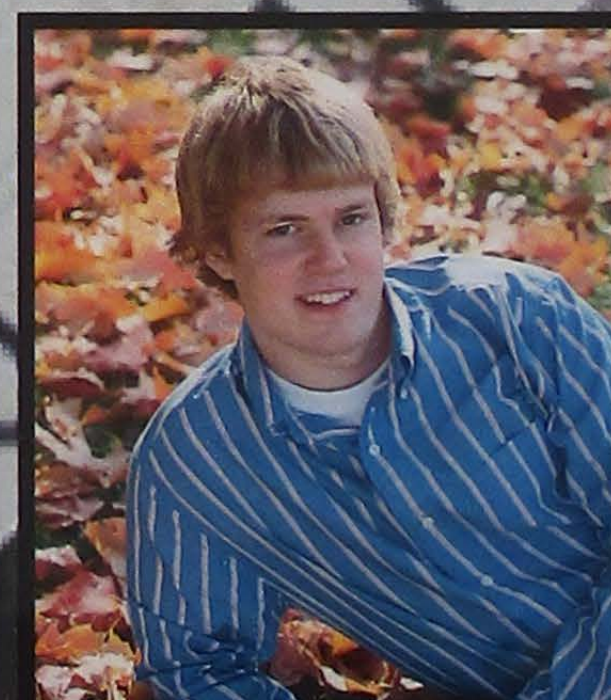
Laura Larabee



Bryan Larson



Jonathan Larson



Ryan Larson



T.J. Lawless

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Michael Lee



Michelle Leininger



Derek Lewis



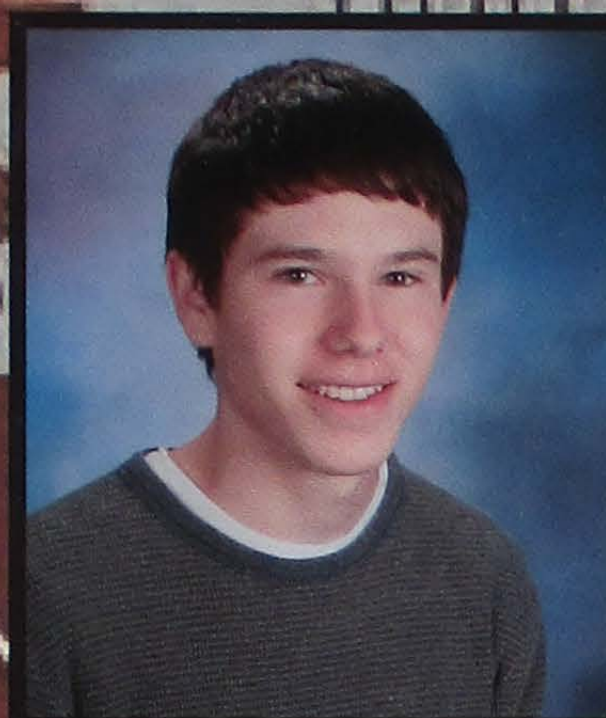
Jessica Lim



Nick Litwiller



Ying Ying Liu



Brandon Long



Candice Long



Sean Lou



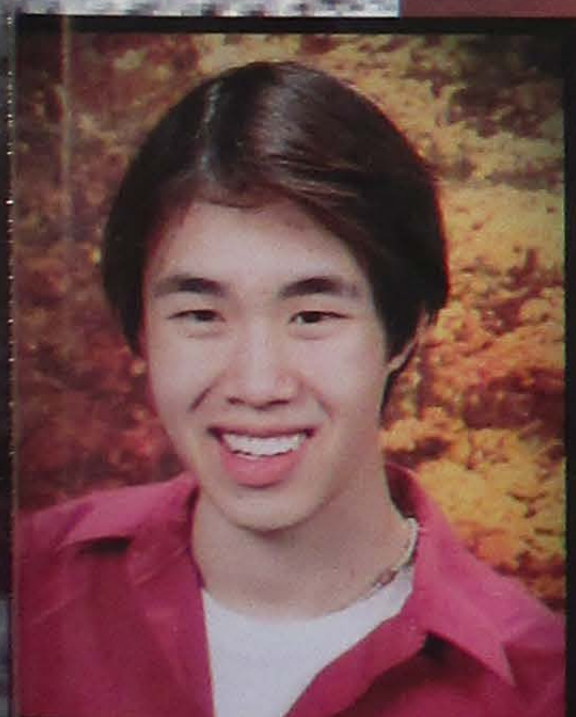
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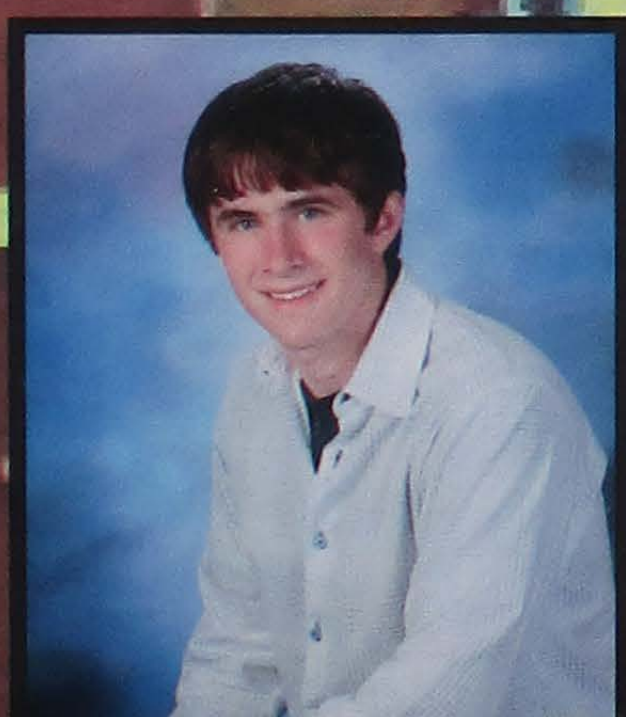
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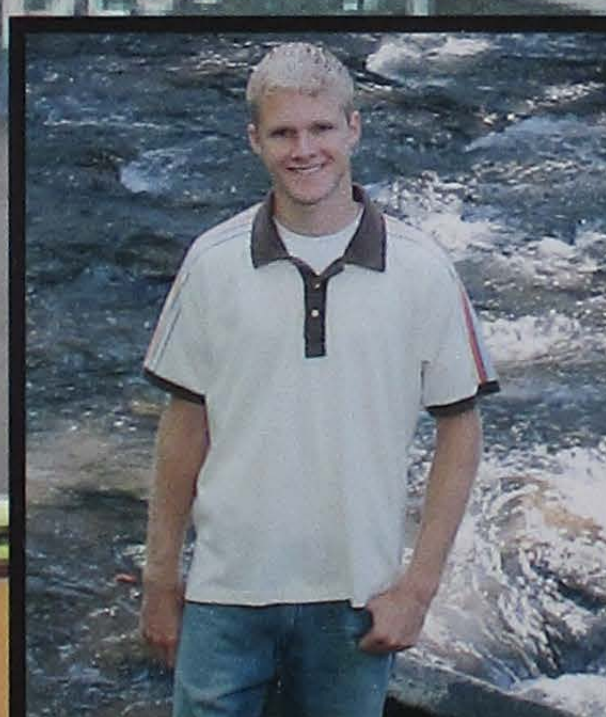
Rachel Lowry



Kevin Lu



Matt Ludemann



Scott Lynn



Neal MacDonald





Jenna Magneson



Ashley Mahan



Rob Manatt



Cody Markley



Kelly Matters



Ginny McCalmont



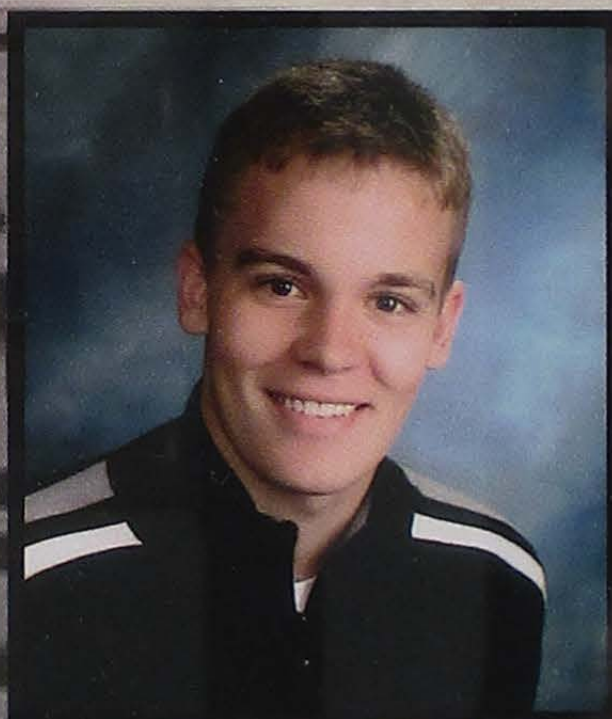
Sarah McClanahan



Shannon McCormick



Lindsay McGowan



Gabe McNunn



Michael Mendonca



Britta Mennecke



John Meraz



Scott Mettillie



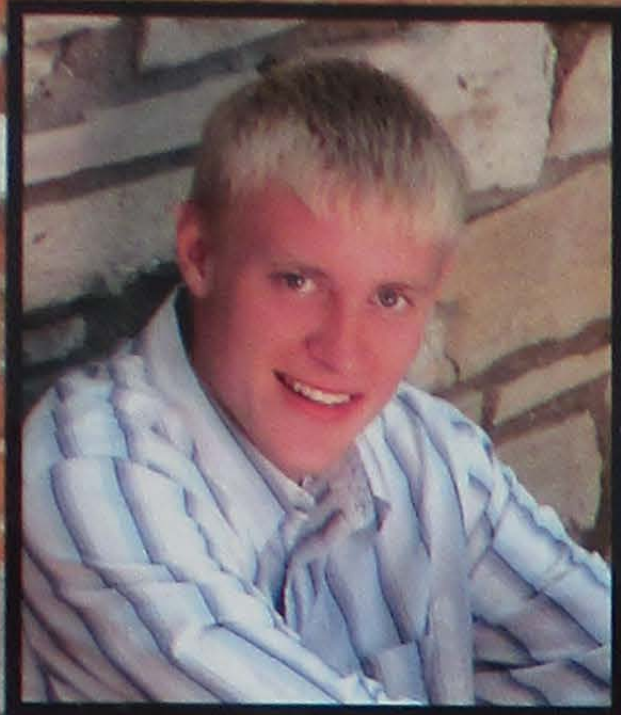
Allison Metzger



Amy Metzger



Christen Meyer



Austin Meyn



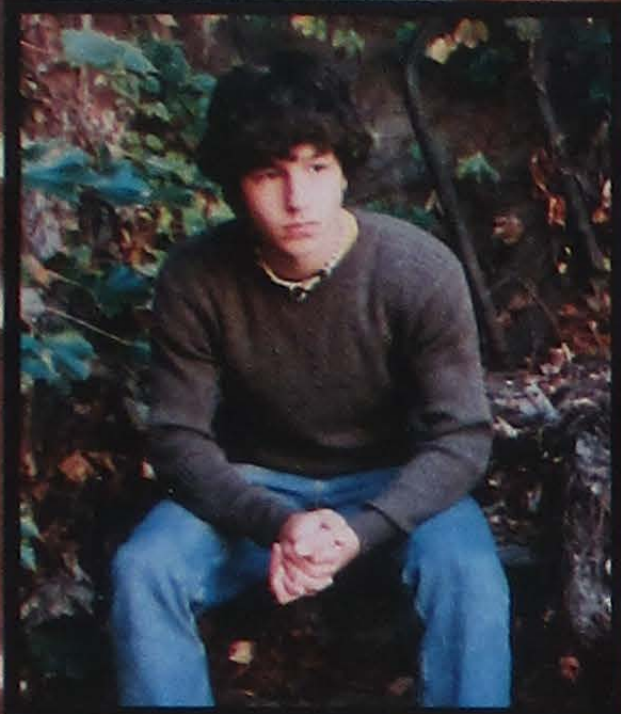
Paulo Michelini



Jason Misra



Josh Moloney



Andrew Montgomery



Kayti Montour



Tim Morgan



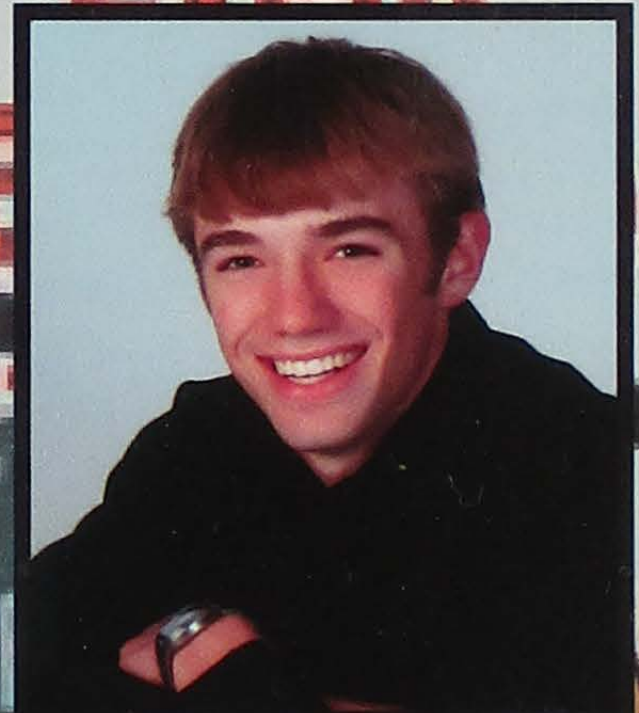
Emily Morris



Emily Moschini



Chassidie Mosley



Kyle Nelson



Renee Nesbitt



Jacob Neunhoffer



Huong Nguyen



Vanessa Ninaquispe



Nicole Nostwich



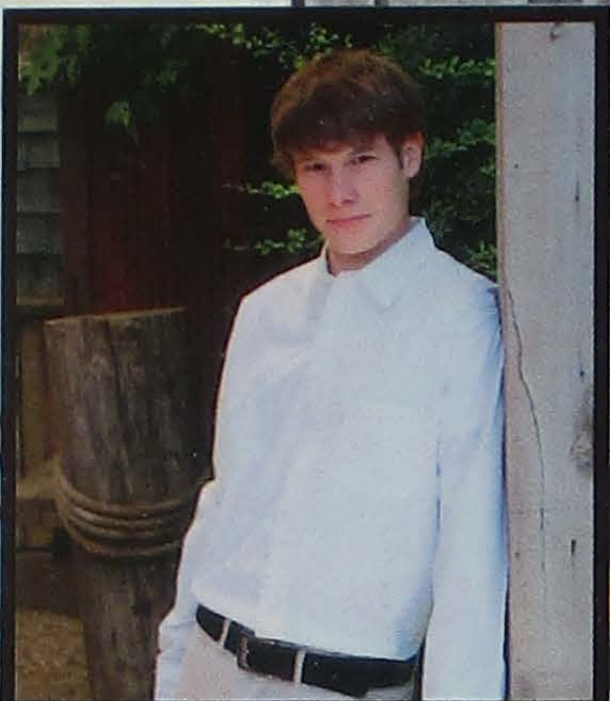
Andy Olson



Meira Osness



Melinda Ourada



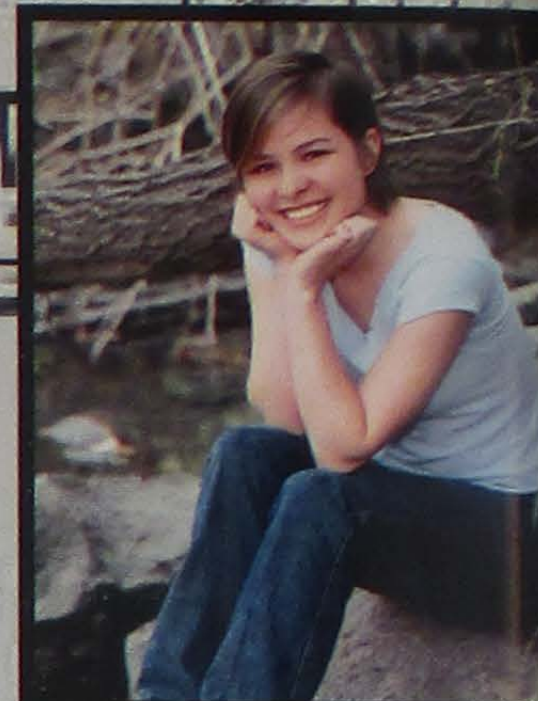
Mike Owen



Jessica Palo



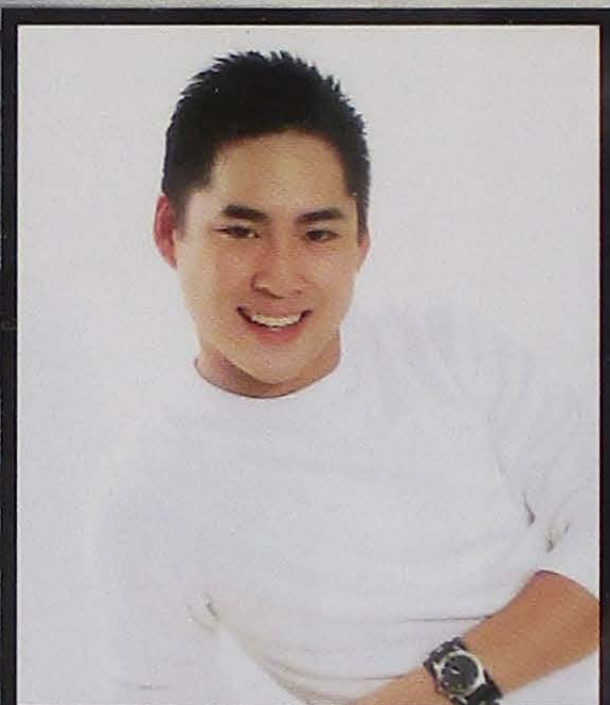
Xin Pan



Anne Pastiak



Megan Pearson



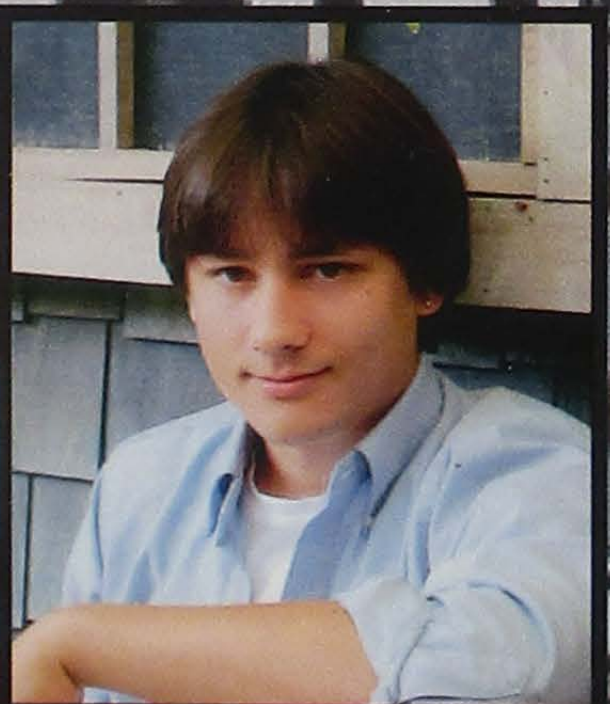
Ryan Pei



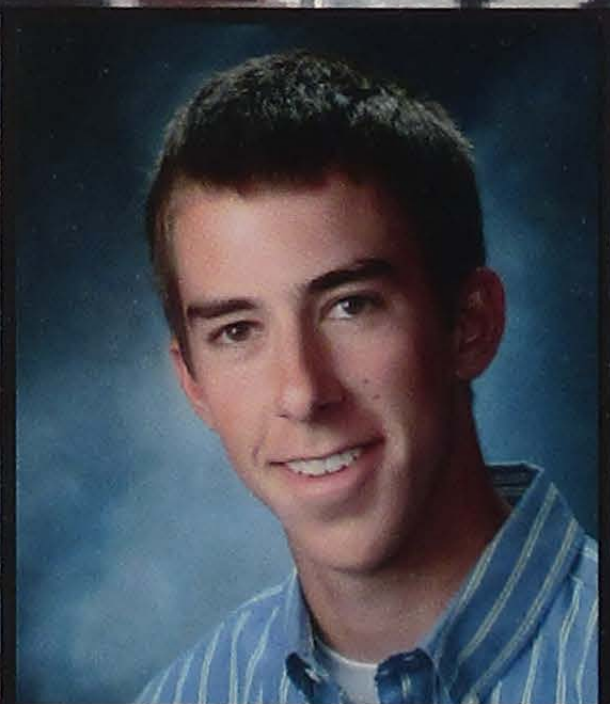
Cole Peiffer



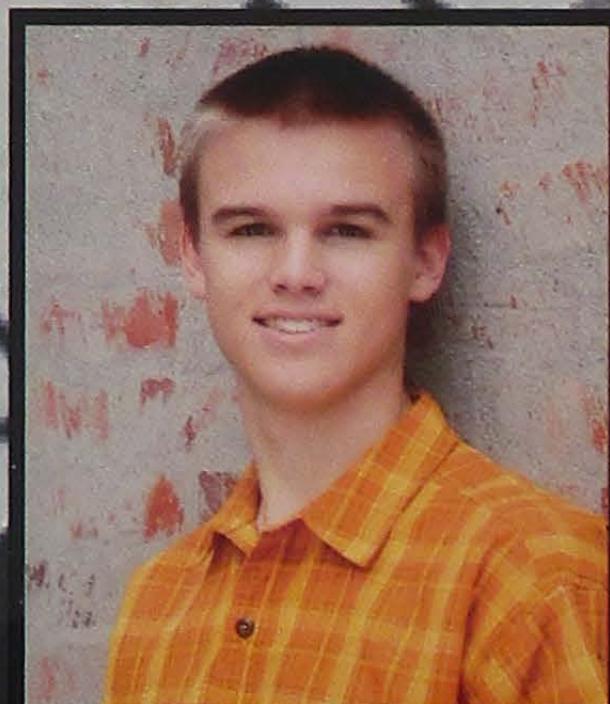
Doug Pepe



Clayton Petty



Brandon Pohlman



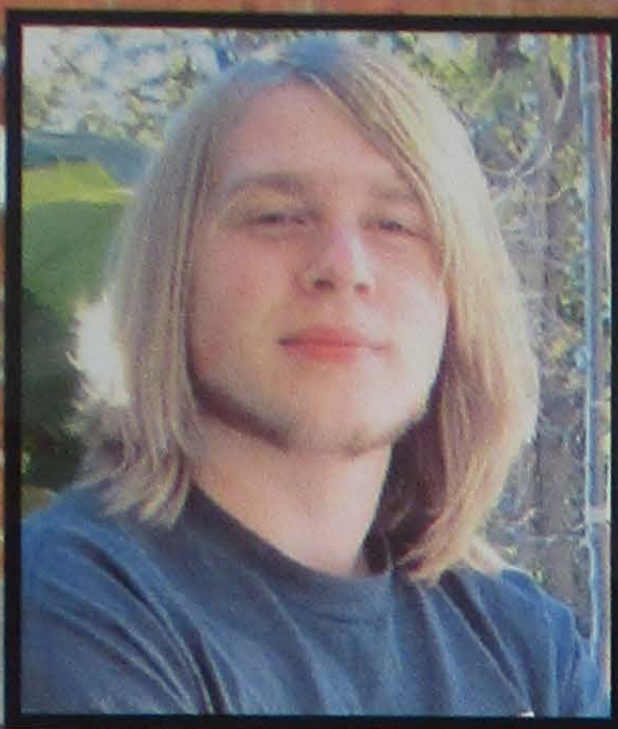
Caleb Polashek



Ryan Pool



James Pringle



Isaac Prior



Sarah Raii



Daniel Ramey



Alyssa Rasmussen



Brice Rial



Laura Rich



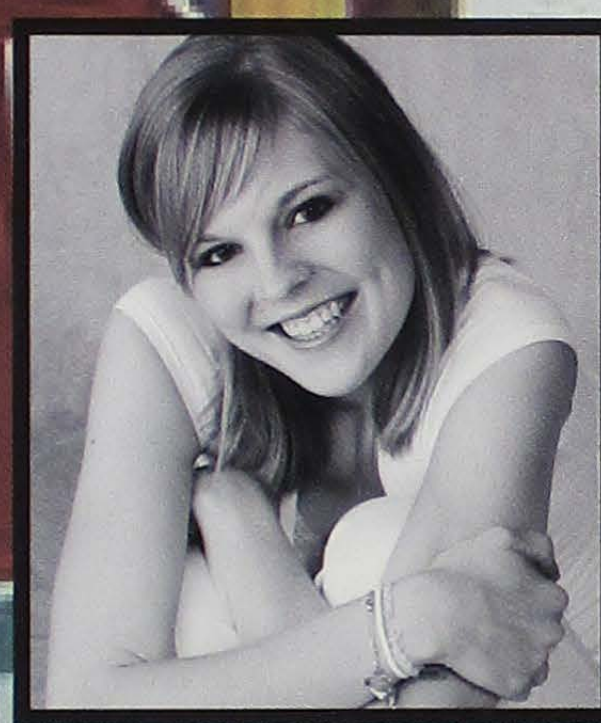
Andy Richards



Ashley Ricketts



Bobby Ridpath



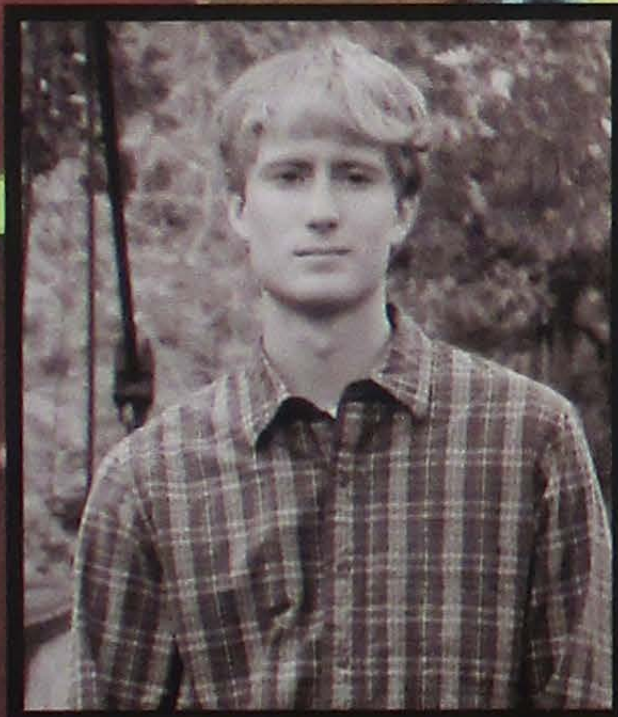
Shannon Risius



Chantal Roberts



Aubrey Robertson



Sam Robson



Matt Rodgers



John Rohlf



Catherine Rohrssen



Brittany Rover



Alicia Sacco



Avni Sanghi



Erica Santi



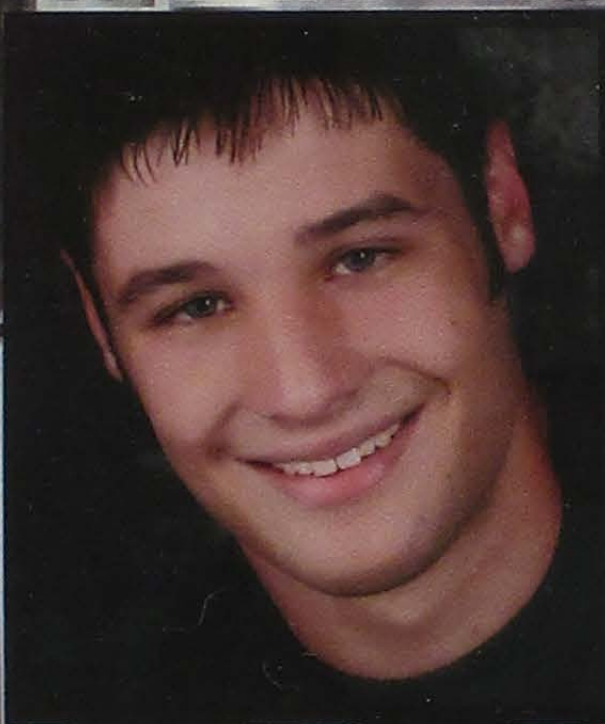
John Sappington



Anna Sawyer



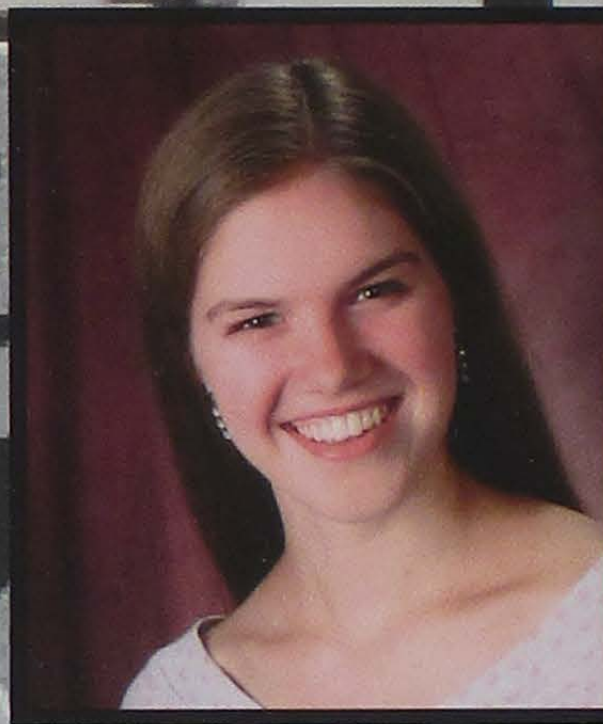
Morgan Scheppler



Bob Schliesman



Nicole Schmidt



Rachel Schmidt



Daniel Schuldies



Peter Schumacher



Annie Scoles



Amanda Searcy



Greg Shirbroun

WILLIAM
HIGH SCHOOL

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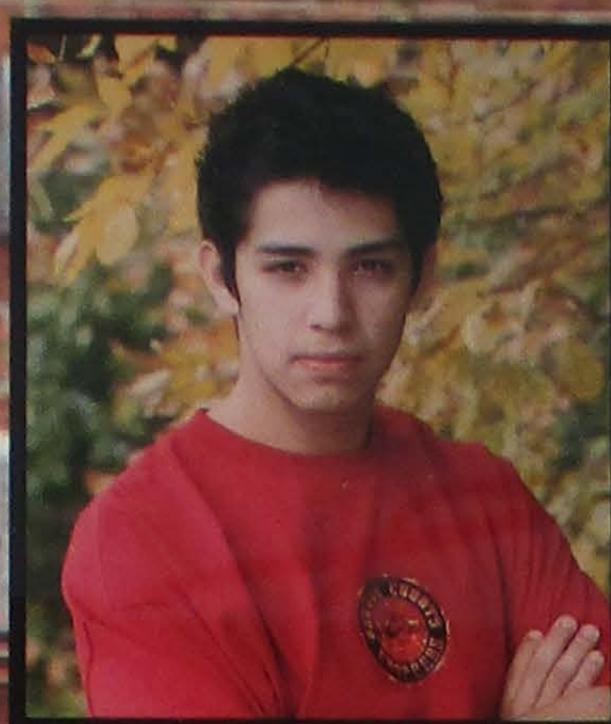
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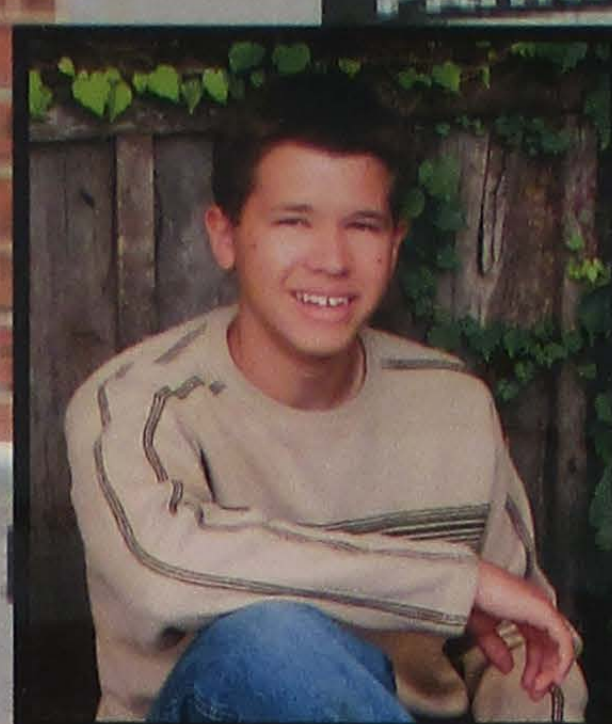
Becky Sidles



Megan Siebens



Emmet Siev



Scott Simpkins



Scott Simpson



Carter Slagell



Holly Smith



Matthew Smith



Laura Snell



Sabrina Soh



Chelsea Spear



John Stark



Matthew Stephenson



Michael Stoecker



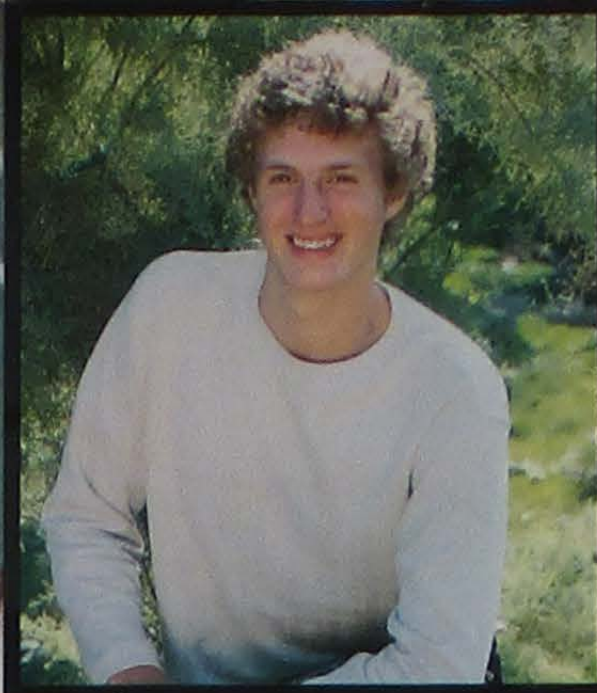
Jennifer Stone



Tommy Strehlow



Tricia Stubbs



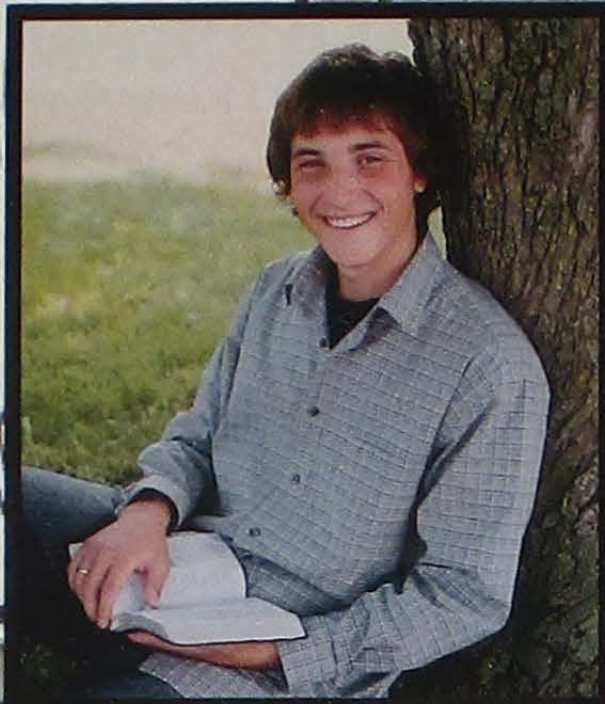
Lucas Taege



David Tapper



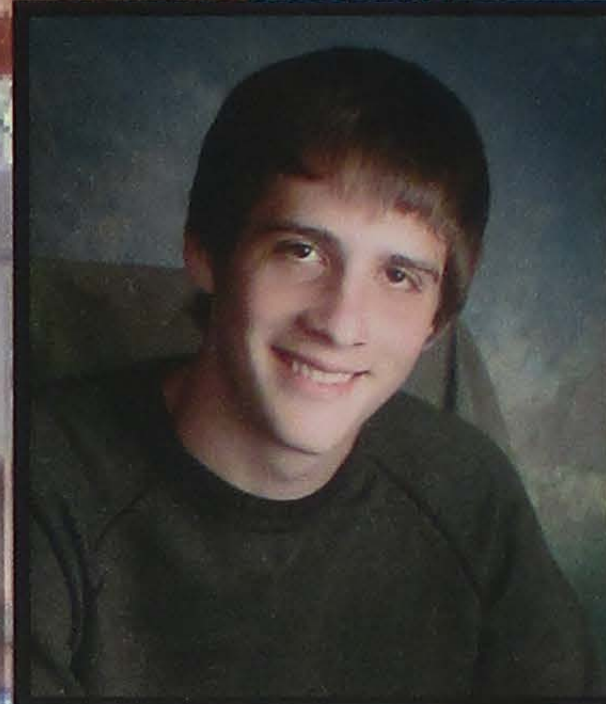
Omelia Terronez



Kyle Thomas



Chris Thompson



Erik Thompson



Greg Thompson



Katherine Thompson



Larah Thorgaard



Emily Thurmaier



Nathan Tomer



Kelsey Torgerson



Asya Tsukruk



Andrey Ukhanov



Asaf Vaknin



Abraham Valadez-Rosales



Sara Van Marel



Drew Veysey



Chris Voss



Nathan Vu



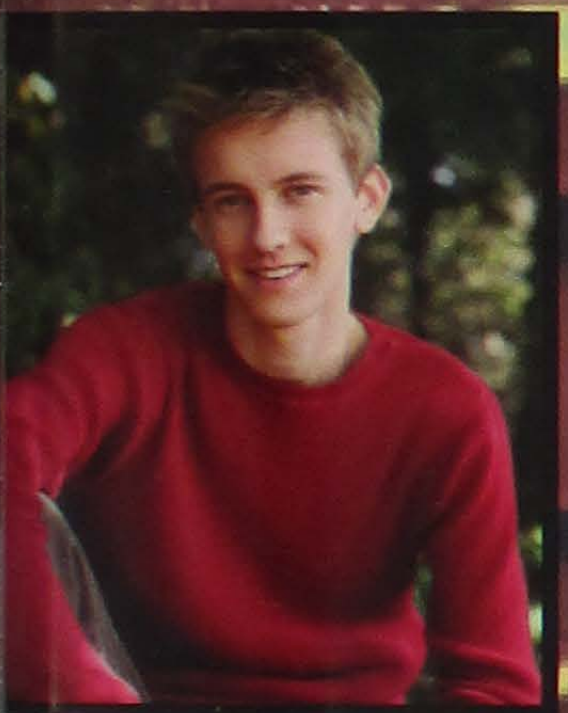
Emily Wang



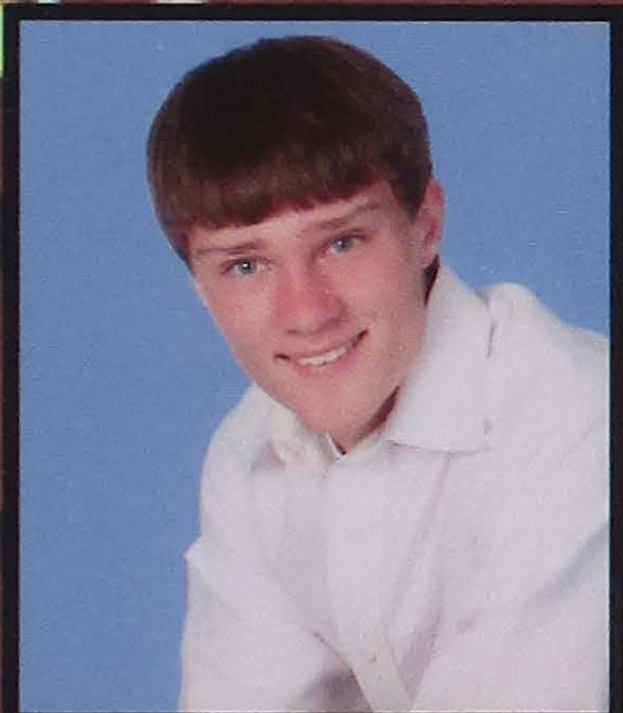
Andy Wass



Laura Weible



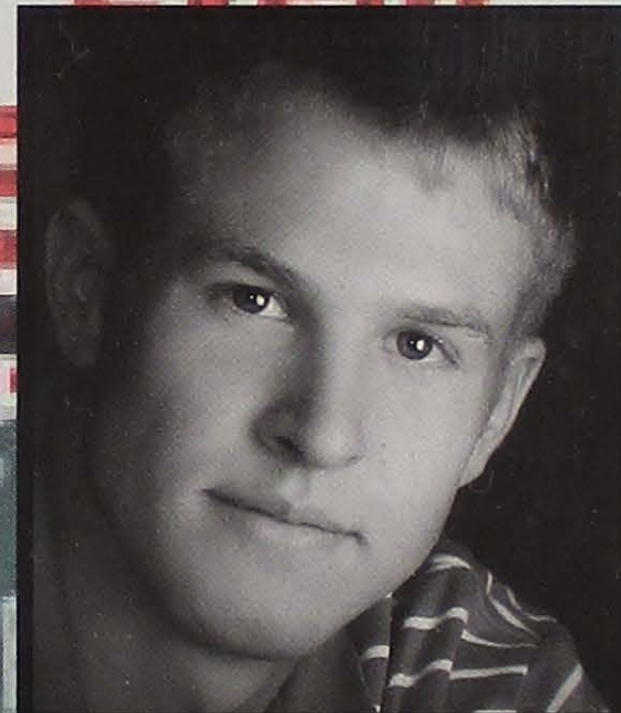
Curtis Weigel



Joseph Weigel



Candace Weis



Brian Weiss



Jarrett Wendt



Alyssa Westerman



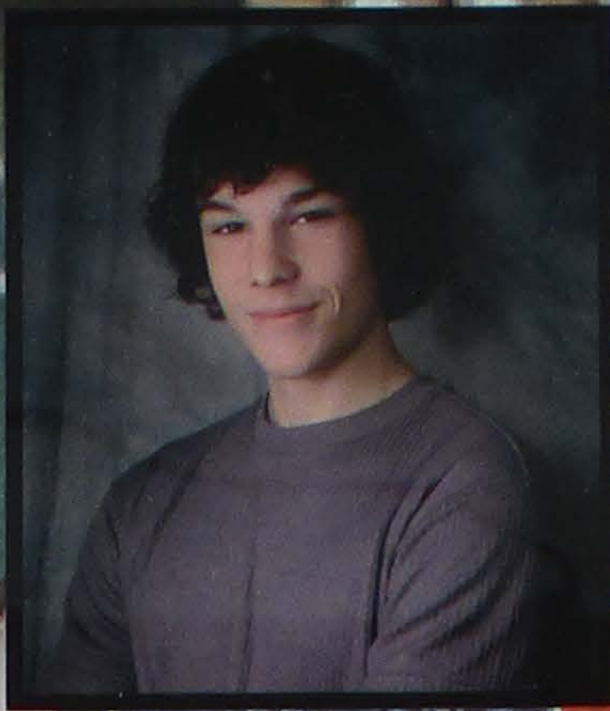
Joe Wiedemeier



Chelsea Wierson



Thomas Wilke



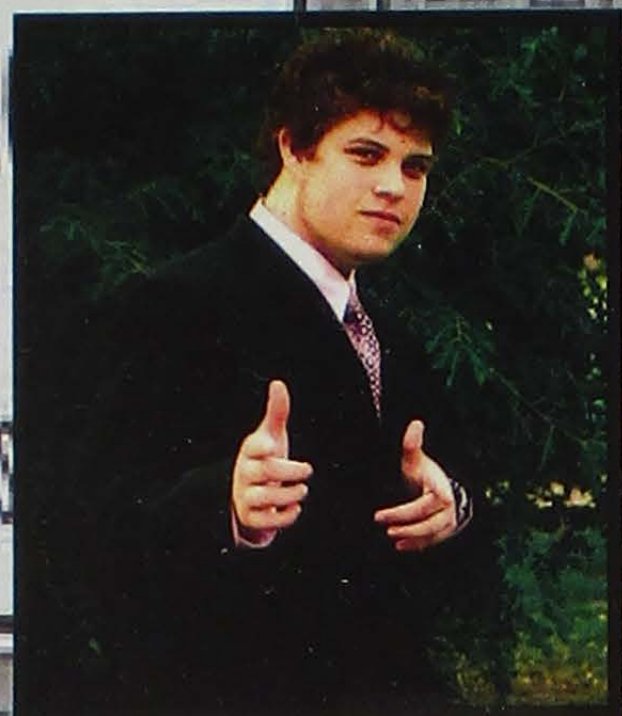
Iain Wilson



Kelly Wilson



Sarah Windsor



Dylan Wright Schoenrock



Lezhi Wu



Travis Young

No-Shows

Faruk Al-Hassan
Alexander Almer
Semevo Azilinson
Stephanie Ball
Mikhael Barklaev
Evan Bassler
Melissa Becvar
Beth Bonnichsen
Peter Bracha
Elizabeth Brown
Han Chen
Marc Couture
James Crockett
Dylan Cunningham
Daniel Doyle
Mazen Elkhatib
Rosemary Fonseca
Jennifer Fulton
Nicole Gassman
Manuel Gonzalez Santos
Billijo Gowin
Jessie Gowin
Tabatha Graham
Matt Grotheer

Daniel Haahr
Jamalia Habhab
Johnny Habhab
Priscilla Hendricks
Grant Hendrickson
Megan Hiatt
Cody Hibbs
Kimberly Holliday
Aleisa Hopkins
Zachary Hostetter
Torin Johansen
Kang Kang
Sarah Kissinger
Daniel Knudson
Jacob Kochel
Jonathan Kollasch
Alexander Krumm
Mark Lacey
William Lapietra
Sheena Larson
Bryant Leamen
Jacob LeCount
Skyla Leighton
Anna Lochray

Joseph Maduol
Jennifer Matteson
Randal McBride
Heresa McDuffy
Antoinette McHerron
Manuel Melendez
Jamie Morrison
Samantha Nimmo
Yamen Mahmoud Obeid
Divya Pandey
Megan Pappas
Rebecca Park
Emmanuel Parker
Ankit Patel
Laura Peperkorn
Steven Perez
Joshua Peterson
Muhammad Rahim
Mario Reyes-Juarez
Joe Reza
Billie Rednour
Dana Riecken
Jessica Rivera
Scoty Rohloff

Eric Rojas
Nicole Ross
Julia Saldaña
Rebecca Sandoval
Sharika Swer
Michael Schuster
Albert Shin
Cassidy Simpson
Kevin Smith
Olivia Sorenson
Cody Steltzer
Johnathon Stone
Steven Stuart-Diog
Jessica Swenson
Allen Thomas
Nicohle Treadway
Krystle Turner
Sara Waldman
Joseph Wernau
Amy White
Thomas Wilke

INFORMATION STATION



Grandma's
Attic



EXITS 168-180

FRIENDSHIP ADS

EXITS 160-167

BABY ADS

EXITS 146-159

HyVee

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640 Lincoln Way
Ames, IA 50010
(515) 232-1961

"Where there's a helpful smile in every aisle"



Molly Golemo



**Mom, Dad,
and Mac**

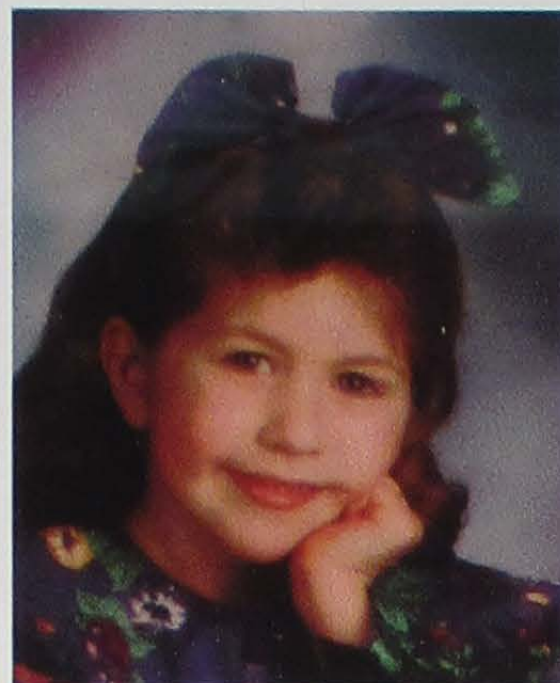
And just so no one
should ever forget, just
so everyone always
remembers*....

**We love you so
much!**



**From Sam Who Never
Forgets by Eve Rice*

Chelsea Wierson



You make us very proud!
Keep believing in yourself and follow your
dreams. You'll always have a special place in
our hearts.

We love you, Chelsea!!!
Mom, Dad, Matthew, & Tyler

"There is no need to reach for the stars.
They are already within you ~ just reach
deep into yourself."

Congratulations, Mandy!

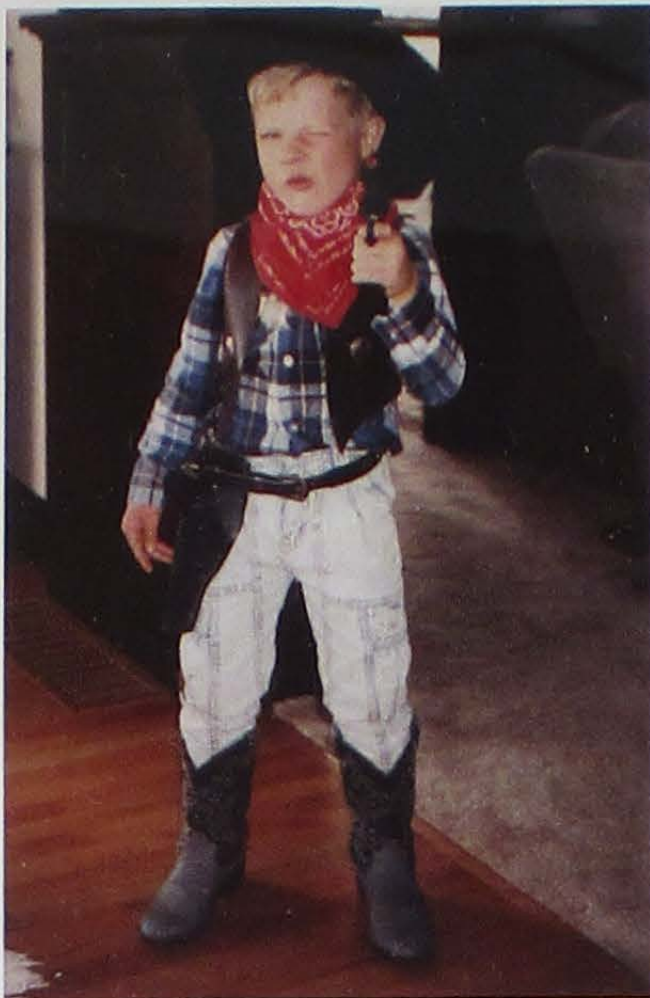


Reach for
the stars and
follow your
dreams.

We love you.
Mom, Dad, and
Shannon



Rob Manatt



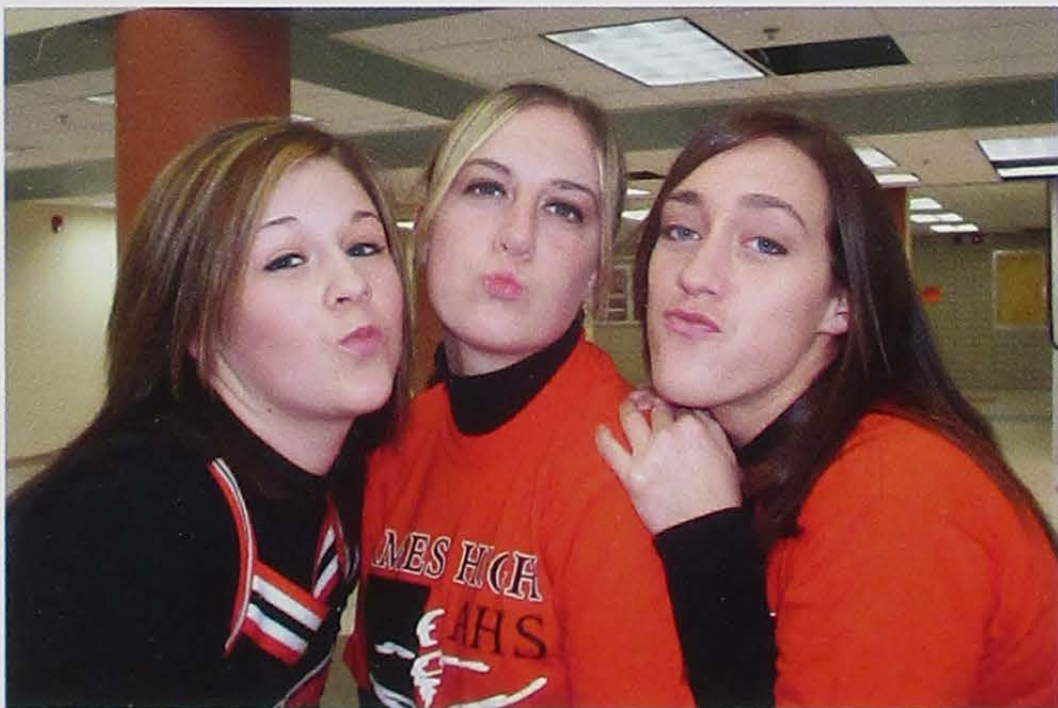
Since the day you were born we've been
blessed with your spirited ways.
Continue seeking the Truth, striving for a
better world.

Remain tender & tenacious.
Believe that when you see only one set
of footprints, He carried you.
Your Dad's love for you is with you
forever, as is ours.

Congrats!

-Mom, Sean, & Sarah

Shannon Alex Becky



Too many memories to sit and count.
Our friendship moves mountains.
Love Forever!

Laura Kay and Becky Jo



*I've got a friend in you,
you've got a friend in me
Around each other
only ourselves we be.*



*Remember Friday nights
boys, car rides, and hot
tubs.
standing on doorsteps
dancing like at the clubs.*



*A shoulder to lay on
when we need to cry.
laughter the only cure
honest, it's no lie,*

*Gotta look back
as we move ahead.
Moving to college
Lets Go Big Red!*

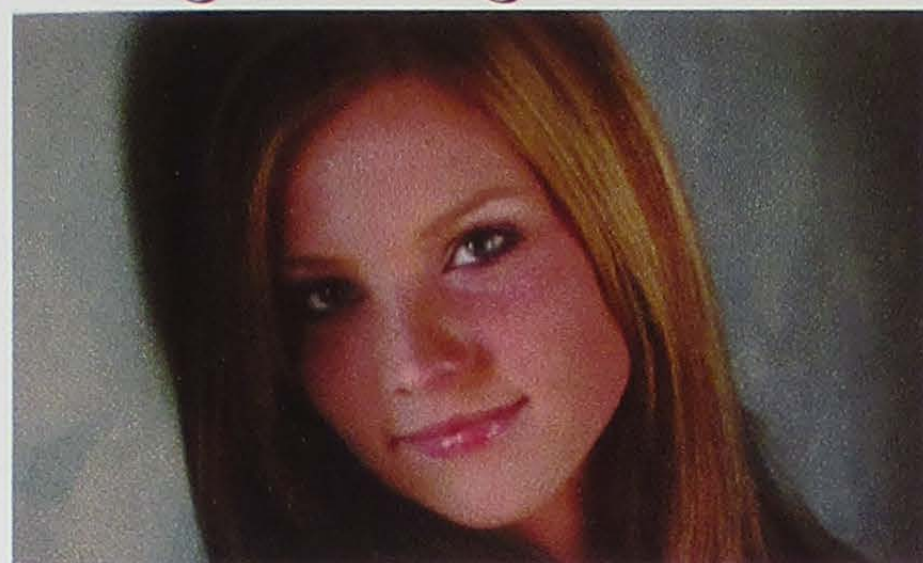
Rachel Davis



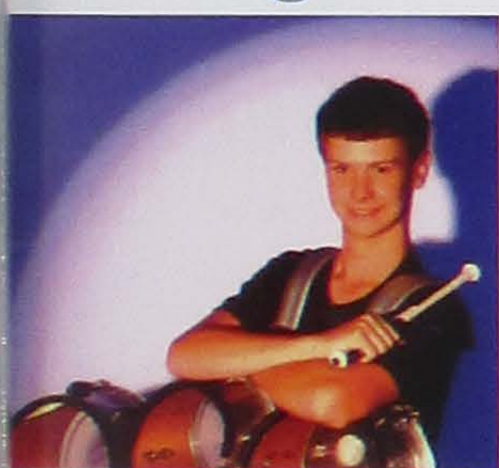
Who knew this little princess would grow up to be so strong and independant? Your character, values, and strength shine through during tough times.

You're beautiful both inside and out. We are all so proud of you and we love you!

Love, Mom, Danny, Ryan, Ross, and Regan



Tim
Burkgren
Morgan



Lucas
Taege

We love you and
are proud of you!
Love, Mom and Dad



*Nick
Braland*

*We're proud of you, Nick! We
wish you a successful future.
Love, Ryan, Mom, Tyler,
Lyndsey, and Madison*



Those who wait for the Lord shall
renew their strength, they shall mount
up with wings like eagles. Isaiah 40:31

We are so proud of you!
Love always,
Mom, Dad, and Merideth

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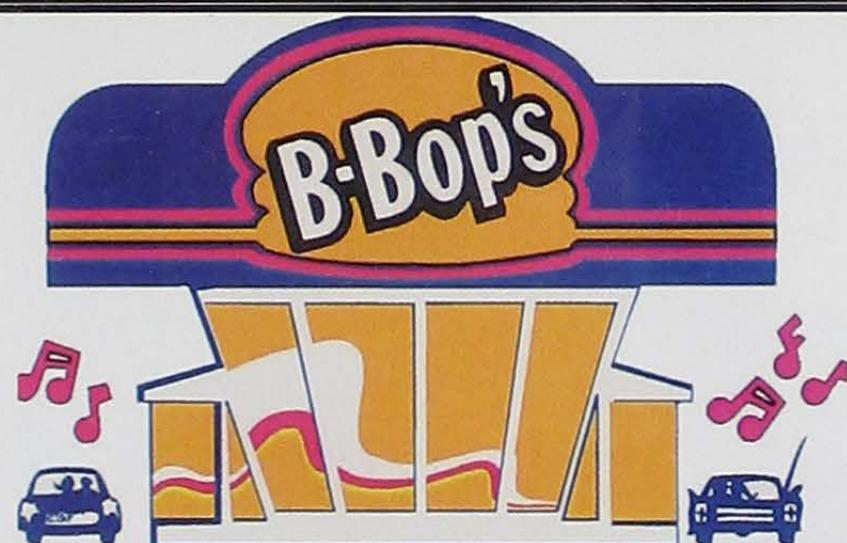
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Listen to your heart and cherish time spent with
family and friends.
Life is a precious gift.*

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Good luck, AHS Graduates!

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Laura Jean Clark

Two roads diverged in
a
wood, and I,
I took the one less
traveled
by, and that has
made all
the difference.
-Robert Frost

Laura Jean,
May all the trails you take
in life bring you
continued
success and happiness!

We love you so much and are so
very proud of you,

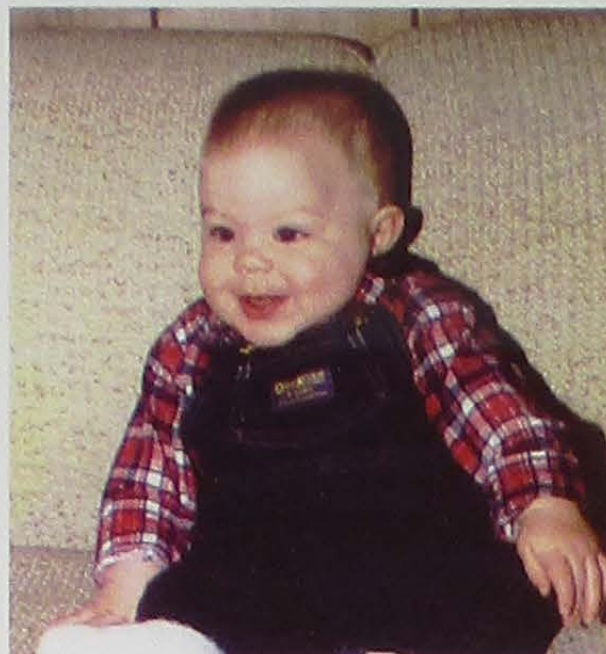
Mom, Dad, Jason & Jenny, Brian
& Sarah, Denise,



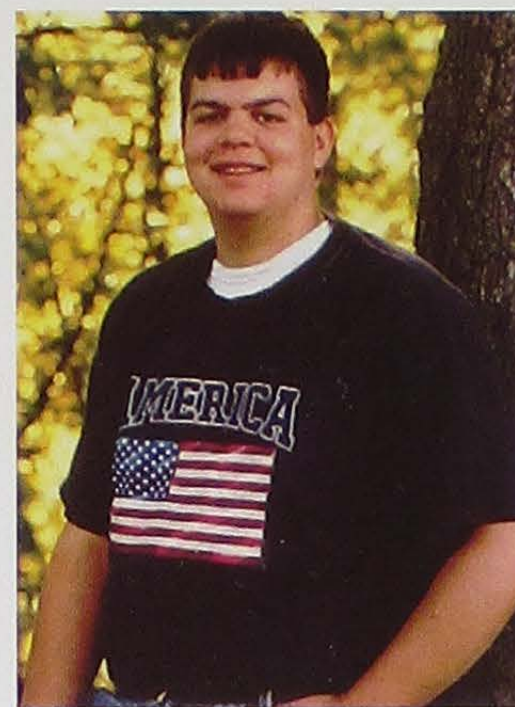
Adam Harmon

Trust in the Lord with
all your heart
and lean not on your
own understanding;
in all your ways
acknowledge Him,
and He shall direct
your path.

-Proverbs 3: 5,6



Congratulations!
We're proud of you!
Love,
Mom, Dad, and Rachel



Mary Beth Kluesner



*We are so proud of the wonderful lady
you have become. We love you!*
Mom and Dad



Live Well
Love Much
Laugh Often

J
e
n
n
i
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e
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G
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e
e
n



Life is like a mirror:
If you frown, it will frown
back;
If you smile, it returns the
greeting.
Love, Mom, Dad, and
Johnathan





It has been fun watching you girls grow from freshman cheerleaders all the way up to varsity, and you've done an amazing job at the games, not to mention a terrific routine at State! Good Luck to all of you and you've been the greatest!

Denny and Cyndy Howell
Varsity Senior Cheer Reps

MORGAN
DEBBIE
RACHEL

Operation PP



FRIENDS
FOREVER

Blizzard Curse

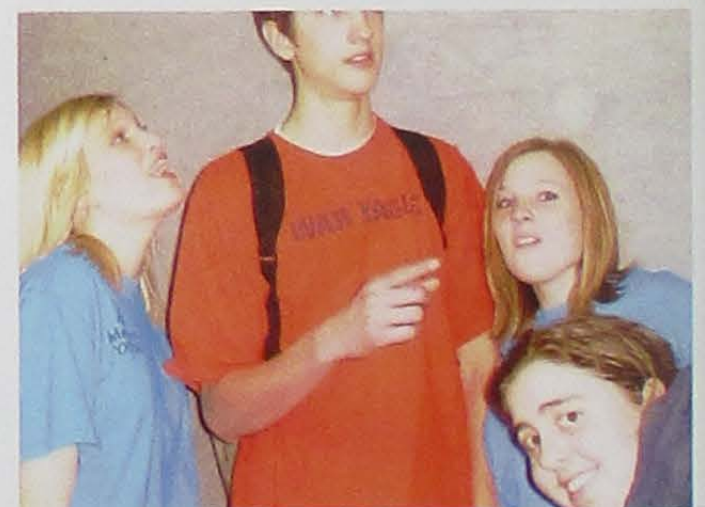
Turns out, not where,
but who you're with that
really matters

~ ~ ~

And if nothing can be
done

we'll make the
BEST OF WHAT'S
AROUND

Bible Bonuses



Sleepover Skip
Day

2006

Kyle Thomas



"For this God is my God forever
and ever; He will be my guide,
even to the end."
-Psalms 48:14

We're so proud of you! Love
always,
Dad, Mom, Megan and Shannon

Elizabeth Casey

We asked for a daughter
and we were sent a skat-
ing princess. We love you,
Beth!
Mom, Dad, Nathan, and
Michael



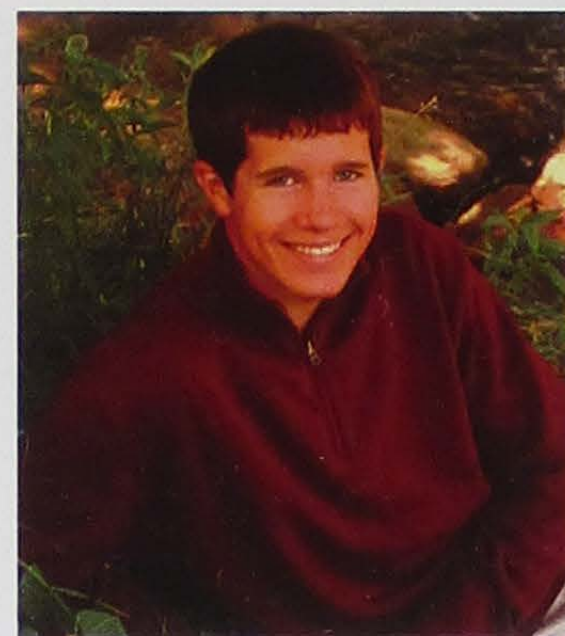
Andy Hunziker



Thanks for being
a great son. We
are so proud of
your first eighteen
years. Continue
to work hard and
reach for your
dreams!

We love you!

Mom and Dad



Our little guy
has grown up
and we're so
proud of you!

Andy Herrick

You'll always
have our love
and support!
Love,
Mom, Dad, and
Allie



Kelsey Torgerson



You are "tu-tu"
wonderful for words!
We are very proud of
you.
With love from your
family

Christen Meyer

Christen-
Go confidently in the
direction of your dreams!
Live the life you've
imagined. Congratulations
and Love from Mom, Randy,
and Rachel



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KIM J. WASS, D.D.S., M.S.*

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Come See!

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Rachel Lowry



Rachel
As you pack your suitcase and head off to college, remember our love and support are with you always!

We love you! Mom, Dad, and Emily



Greg...

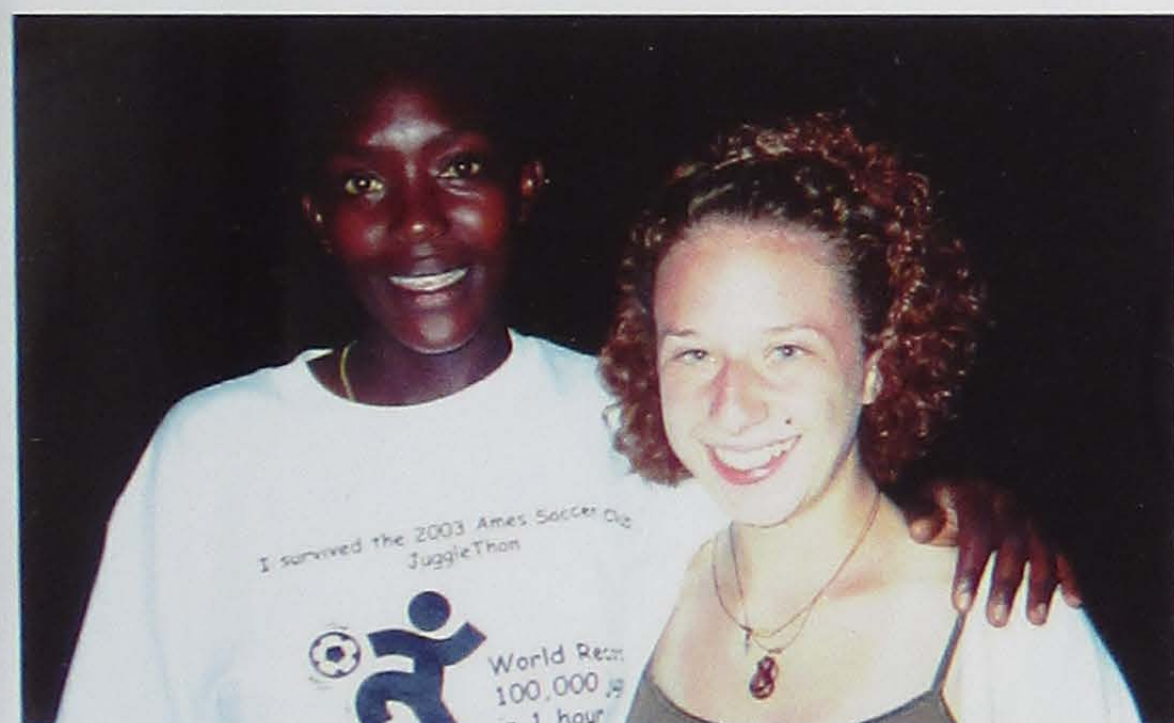


For all you've been...
 For all you are...
 For all you will be...

We are proud of you and love you very much!
 Mom, Dad, Mark, and David



Stephanie Enloe



"Never doubt that a small group of thoughtful, dedicated citizens can change the world. Indeed, it is the only thing that ever has." -Margaret Mead

We love you and are proud of you!
 Mom, Dad, and Natalie

Good Morning, Sunshine!

Thanks for lighting up our lives and giving us extra reasons to grin. Keep using your gentle, warm radiance to light the lives of others. We love you and are so proud of you,

Matthew!

Dad, Mom, and Emily



"Let your light shine before men, that they may see your good deeds and praise your Father in Heaven."

1 Corinthians 10:31

Matthew Smith



Beth Clarke Studio of Dance

Congratulations, Seniors, and
thank you for sharing your love
of dance with me!



(Left to Right)

Row 1: Alison Bazylnski
Amanda Hinderks, Omi
Terronez, Mandy Kerper,
Annika Anderson.

Row 2: Caitlin Herrn-
stadt, Katie Bierwagen,
Megan Pearson,
Shannon McCormick,
Emily Drapal.

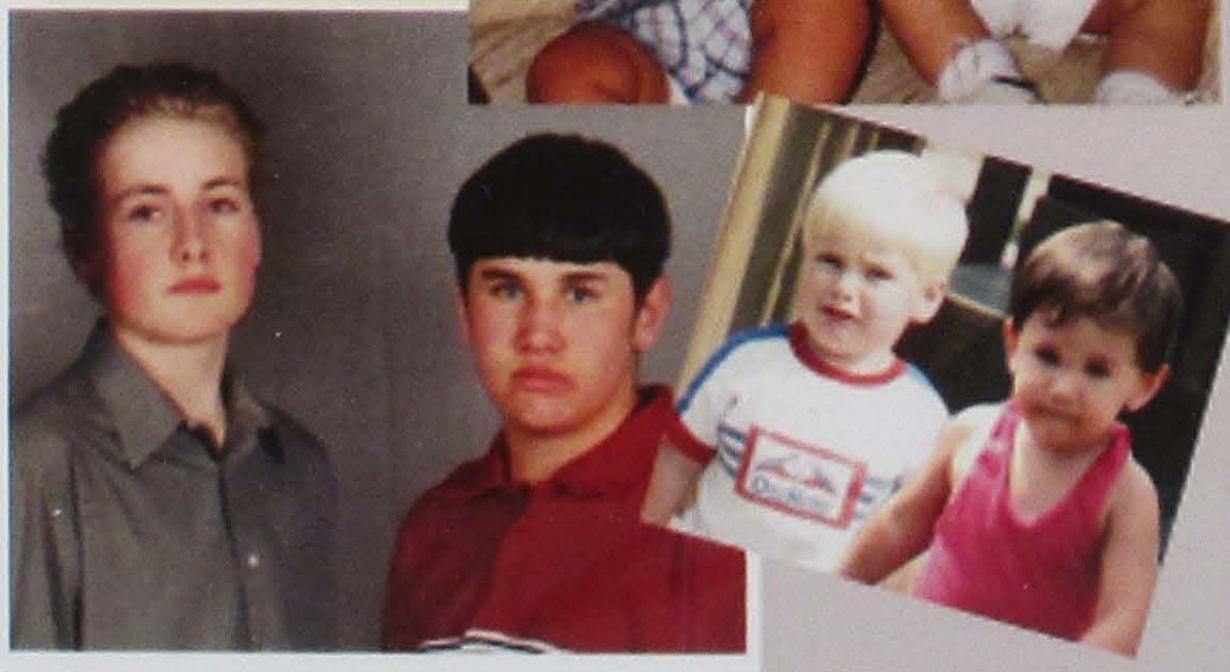
Missing: Mary Beth
Kluesner

Adam and Joe

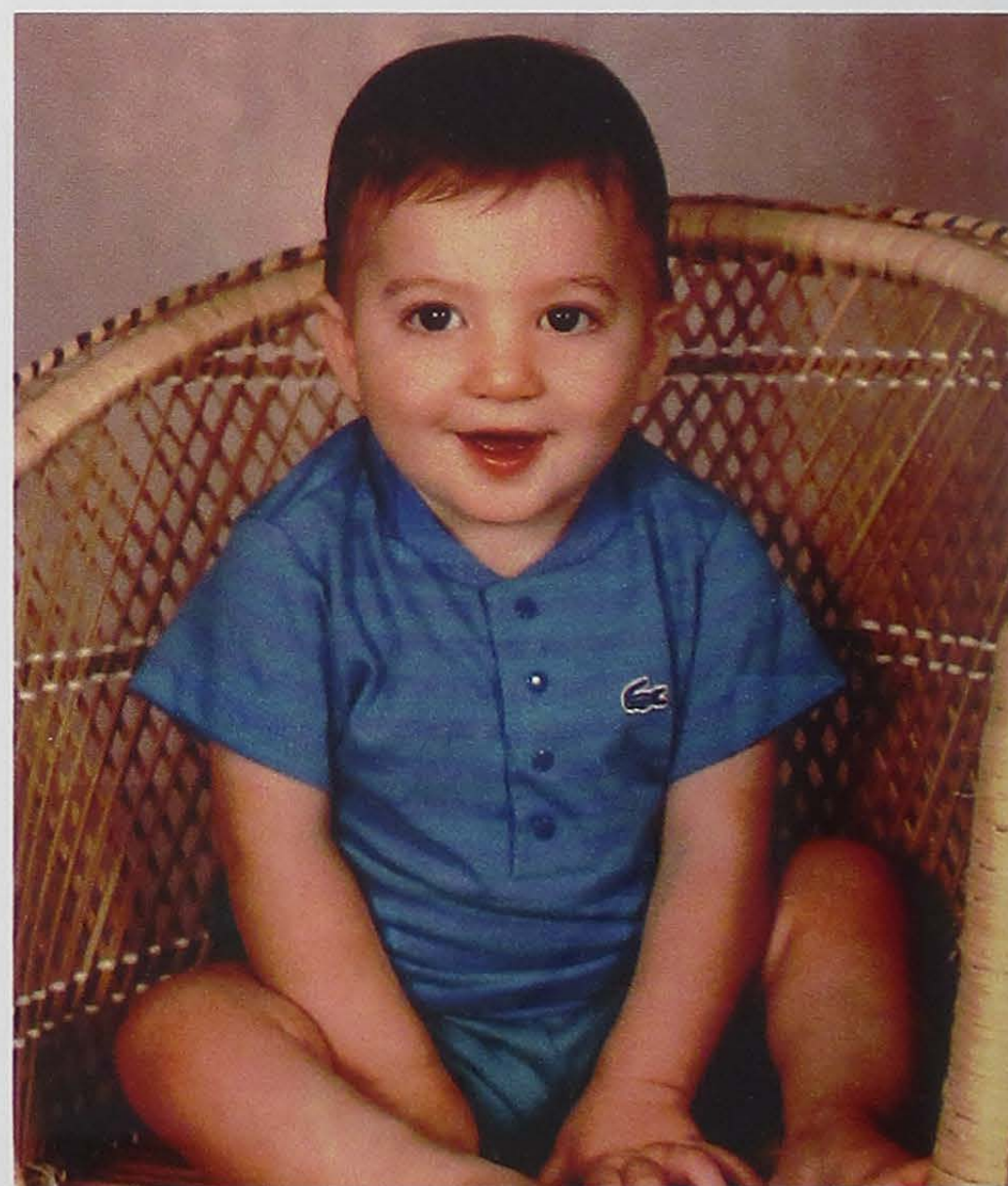


We've Come
So Far

Friends are
family you
choose for
yourself!



Jeremy Girton



Congratulations, Jeremy!
May your bright eyes and smile
remain with you always.
Love, Mom, Dad, and Steph



Lydia Lowry

Strain toward what is ahead,
press on toward the goal.
Philippians 3:13-14

We love you, little nature nut!
Congratulations!
Mom, Dad, Jen, and Luke



Alyssa Rasmussen

*No matter how high you
soar, you will always be
our little girlie!
Love, Mom and Dad*



Beleive in yourself and follow your
dreams. We love and support you always.
Mom, Dad, and Amy



Jason H u s t o n

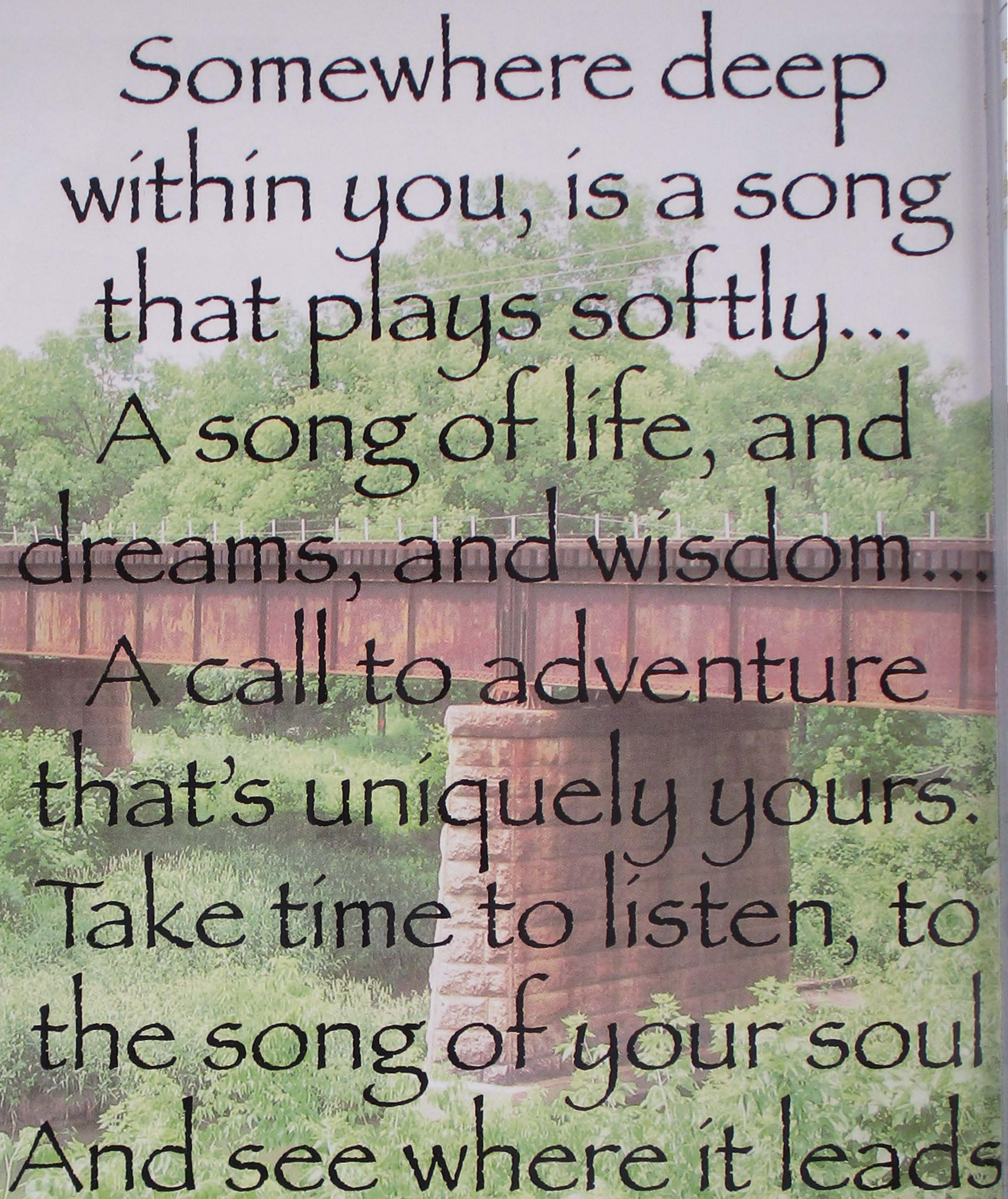


Morgan Schepppler

Never ornery, always
cute, you'll find suc-
cess in each pursuit.
Keep God first, dream
big, live large, you
can make anything
happen.

We are so proud of
you-
Love, Mom, Dad,
Kelley, and Jack

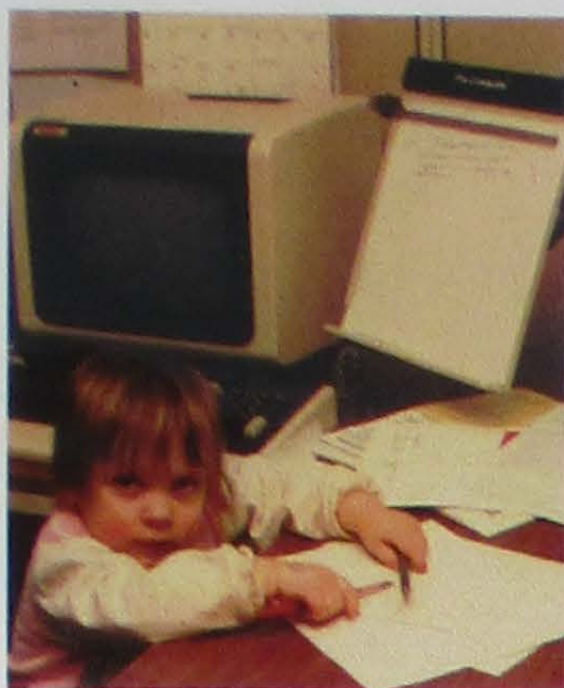




Somewhere deep
within you, is a song
that plays softly...
A song of life, and
dreams, and wisdom...
A call to adventure
that's uniquely yours.
Take time to listen, to
the song of your soul
And see where it leads

Wandling Engineering, P.C.

"Be who you are
and say what you
feel, because
those who mind
don't matter, and
those who matter
don't mind."
~Dr. Seuss



Sarah Jacobson



We are proud of
you. You will do
great! We love
you!
Mom, Dad,
Jordan,
and Jessica

*Congratulations,
Asya!*

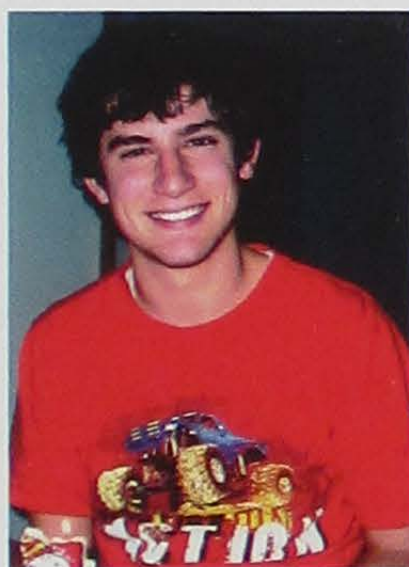


*Love, Mom, Dad, Charlie,
Dima, Jamaica, Natalie,
and Jordan*

Andy Richards



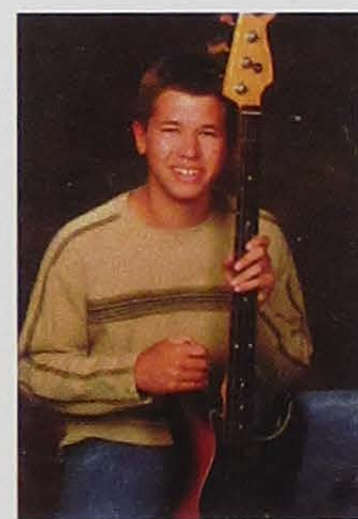
Please
don't
leave me!
Love,
Mama-
Babba



Scott Simpkins



Scott,
What a joy it's
been to watch
you grow and
develop your
many talents.
We'll love you
always-
Mom & Dad



*Congratulations,
Mike!*



We are very proud of you and
what you have accomplished to
date. We wish you success and
happiness as you go forward with
your life.
Love, Mom, Dad, and Melissa



Laura Rich

**You are off to a whole new adventure.
We love you and are proud of you.
Mom, Dad, and Kyle**

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Shannon & Becky



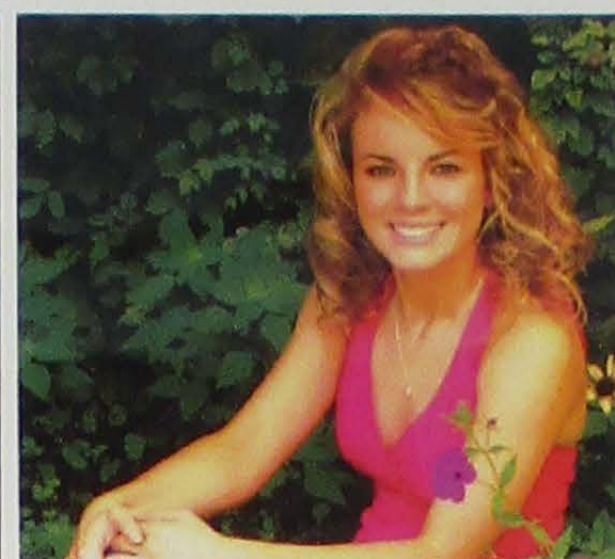
Shoulda
been a
Cowgirl!

Sam Robson



**Sam, you are such a joy
and always have been.
We're very proud of you.
Love, Mom, Dad, and
Anya**

Nicole Loughren



**Nicole, we've watched you grow from
our 'Lil Cyclone into our beautiful
Cyclone. We are so proud of you! Thanks
for continuing the legacy at ISU. May
all your dreams
come true.**

**Love, Mom, Dad,
Brienne, Gizmo
and Oreo**

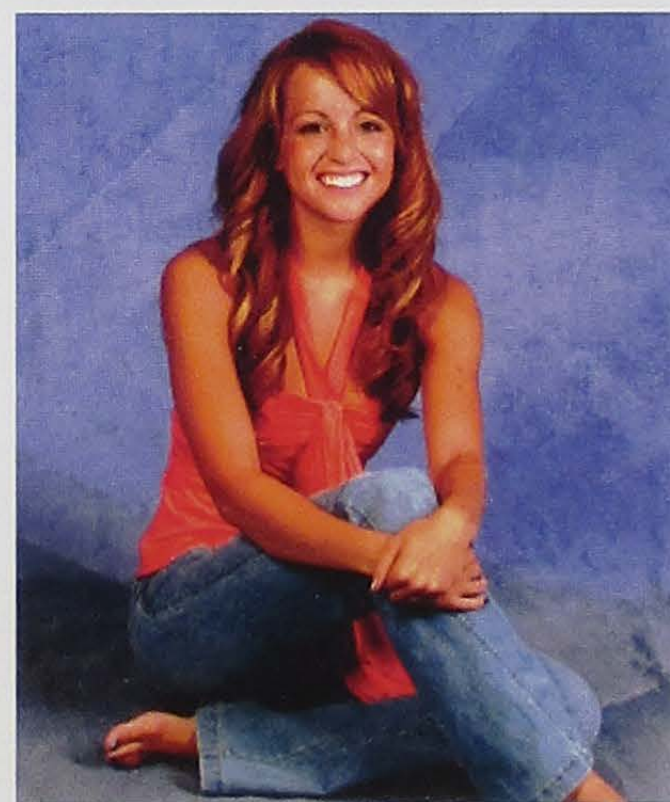


DeLesa Briseno

**Congratulations on your "Graduation"
from an AHS "Little Cyclone" to Iowa
State Cyclone!**

We are all proud of you, and Love you!

**Your family,
Dad, Mom, Hillary & Benji,
Nic & Tracy**



**ALICIA-
WE ARE SO
PROUD OF
YOU. BELEIVE
IN YOURSELF**

**AND ANYTHING IS
POSSIBLE.
LOVE, DAD, MOM,
LINDSAY, AND CHRISTINA**

**A S
L A
I C
C C
I O
A**

Andrey Ukhanov

**NOTHIN'
BUT
NET**



DRILL TEAM SENIORS

"I'm a great believer in luck and I find the harder I work the more I have of it!!"

-Thomas Jefferson



WE LOVE YOU ALL,
Your Parents



"Hey, the playground shrunk!"

Congratulations to the Ames High Seniors who attended Northwood Elementary School!



Front: Sarah Raaii, Ryan Gibson, Katherine Thompson, Merri Goldman, Sabrina Soh, Tim Burkgrn Morgan, Scott Mettillie, Caitlin Hug, Morgan Scheppler, Debbie Bennet, Anna Sawyer.

Back: Curtis Weigel, Andy Olson, Tyler Anderson, Garrett Farni, Shane Kelly, Andy Wass, Ankit Patel, Nick Litwiller, Dan Hayder (former Ames student).

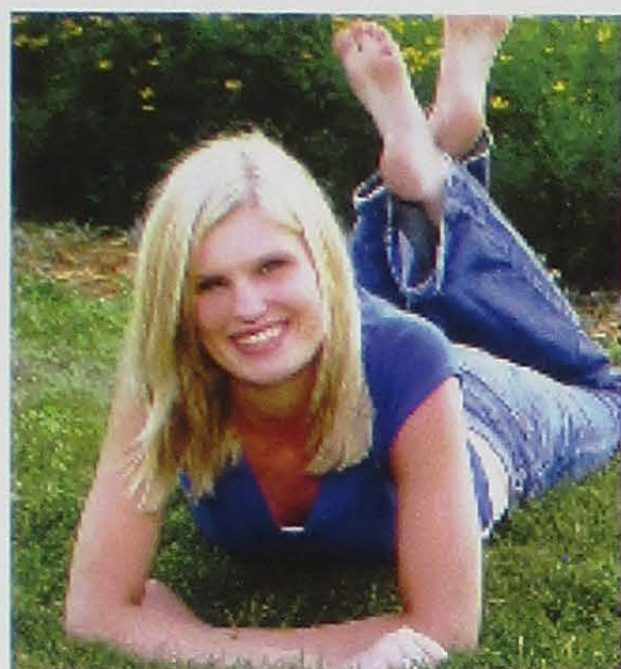
Congratulations also to those who were not available for the picture: Andy Richards, Megan Pearson, Georgia Chrisinger, Adam Arthur, Kevin Lu, Rob Manatt, Allison Metzger, Xin Pan, Chris Voss, Emmet Siev, Brian Lange, Jenni Fulton, Britta Mennecke, Asya Tsukruk and Jessica Rivera.

Debbie Bennett



Do not go
where the path
may lead

Go instead where
there is no path and
leave a trail.
To Debbie with all
our love and sup-
port.
Love, Mom and
Dad



Caitlin Herrnstadt

*Never be afraid of trying those
things you really want to do. We're
proud of you!
All of our love,
Mom, Dad, Zach, and Evan*



April Bettis



Congratulations, April!
We are very proud of you!
Follow your dreams, keep
reaching for the stars! Your
talent and determination will
take you far.
Love, Mom, Dad, and Stephen

Kevin Lu



From the cutest baby to a handsome young man, you
are always loved. Keep up your energy and curiosity.
Be happy forever.



Emily Moschini

*Continua sempre con
entusiasmo,
la vita é bella!
Siamo molto fieri di
te e ti vogliamo tanto
bene.*

Mamma e Papa



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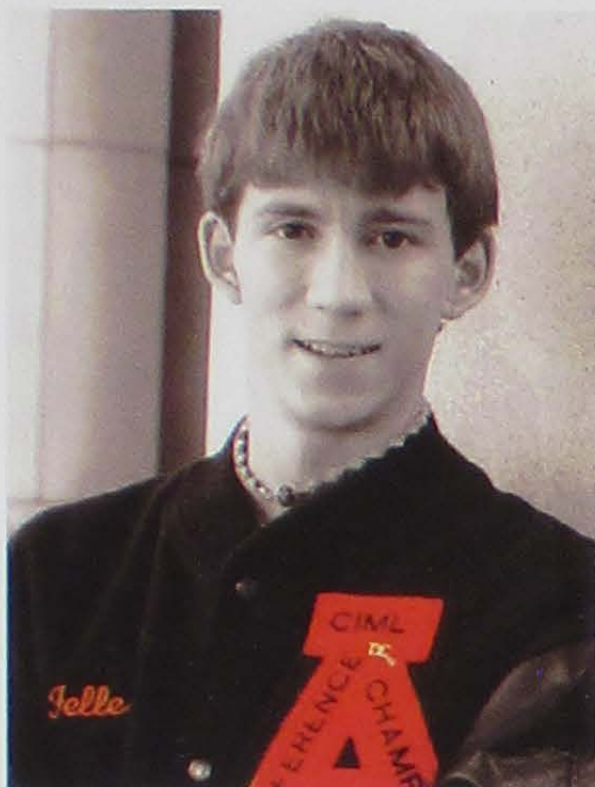


Andrew Feller

Behind you all the memories,
Before you all the dreams.
Around you all who love you,
Within you all you need.

We're proud of you
now and always.

Love, Mom, Dad,
Ben, and Jessica



Lisa, you have grown into a very beautiful young woman. You have grown from being our little girl, through the teen years as Boz, as your dad likes to call you, to our beautiful daughter, Lisa Marie. We are proud of you. We hope God's face shines down on you always and that you never lose that beautiful smile.



Lisa Brekke

Megan Pearson

To our sweet Meg
Pies, we wish you
nothing but the best.
Love always,
Mom, Dad, and
Steven



Brittany Rover

"Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead."

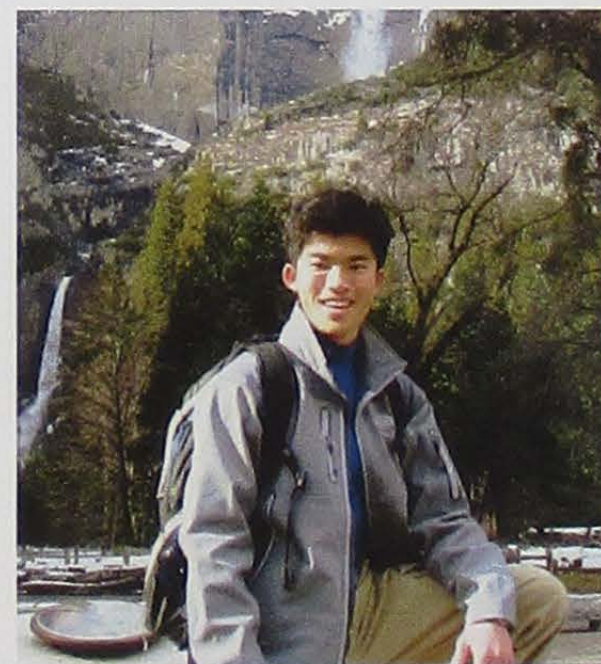
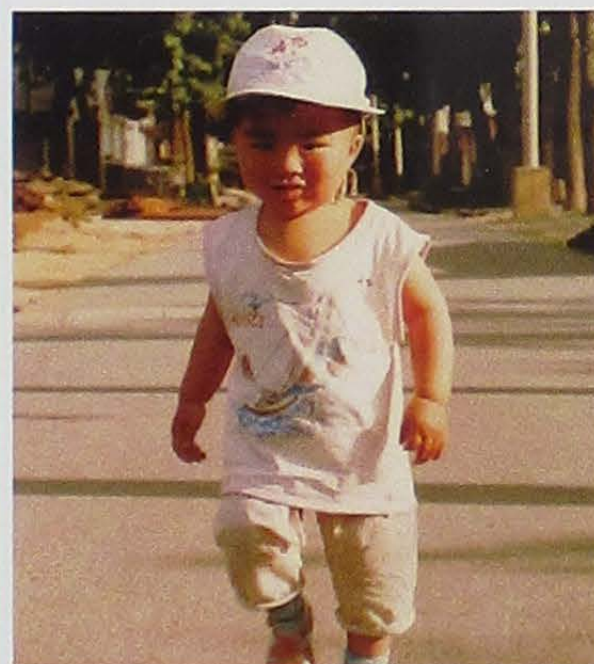
-Louisa May Alcott



Keep reaching
for
the sun!

Love, Dad, Mom,
and Alex

Xin Pan



Walk into this world with eagerness and curiosity. Step into the future with aspiration and appreciation.

Congratulations!
Love, Mom and Dad

Sizzlin' Cabana

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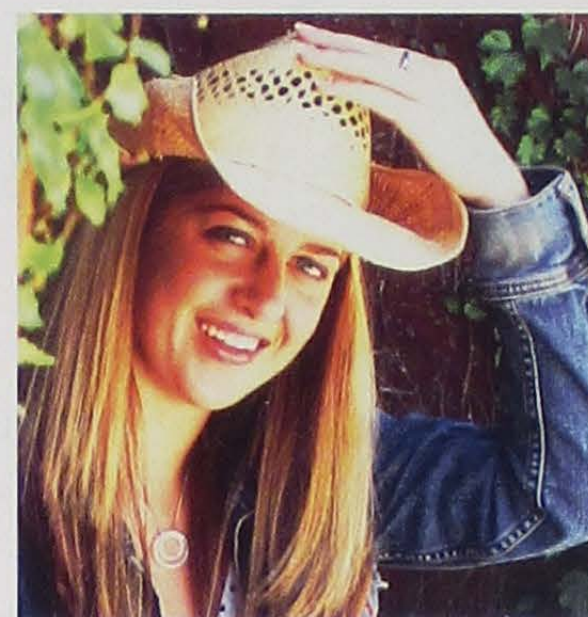
May your "happily ever after" be adventurous, rewarding, and full of love, learning and laughter!

You are always in our hearts...
Mom, Dad, Alissa, and Erica

Congratulations! Live your life your own way. Reach the goals you have set for yourself. Be the you that you want to be ~ THAT is success!

We are very proud of you!
Love, Mom, Dad, and Pat

Shannon McCormick



Sarah Gidlewski

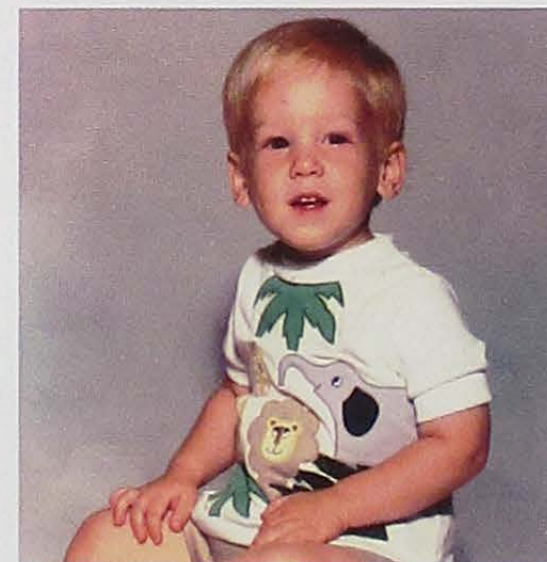


*Keep exploring
this beautiful
world, honey! We
love you!
Dad, Mom,
and Katie*

Ross Koppenhaver

*Ross,
tackle the challenges
and embrace life, for
you have what it takes
to succeed ~*

*The heart of a lion!
You make us proud!
Love, Mom, Dad, Brent,
and Leslie*



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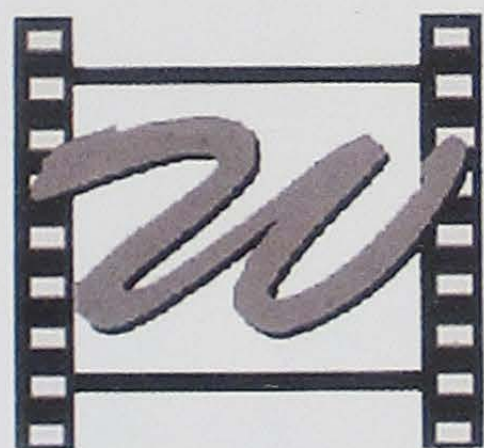
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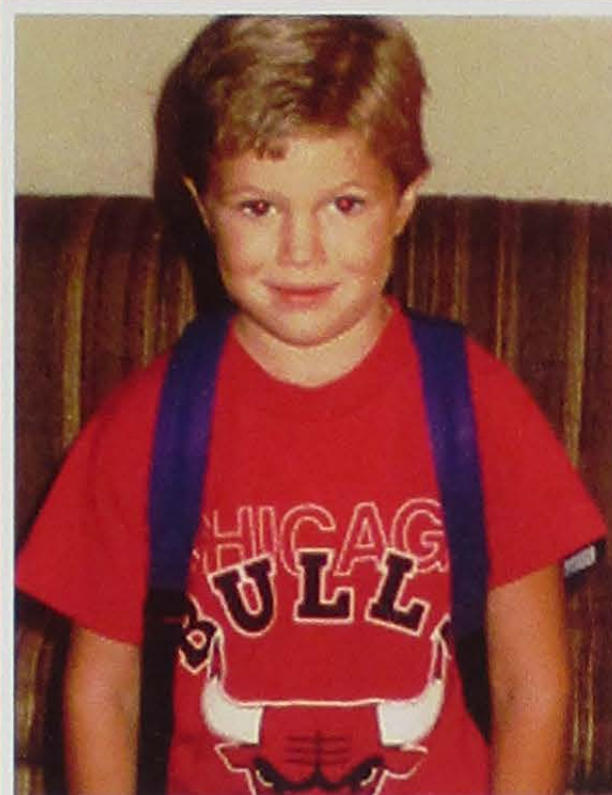
**Love, Mom, Dad,
Hannah, Jotham, Isabel**



**Congratulations,
Lava Girl!**

**Thanks for being the
Greatest Aunt Ever!**

**We Love You!
Clay (Shark boy) &
Peyton**



Bryan Larson

**Thank you for the joy
you've brought into
our lives. Follow your
dreams wherever
you go. Our love and
support is with you
always.**

**Love, Mom, Dad,
and Sara**

Candace Weis



**Believe in yourself and
follow your dreams. We are
very proud of the decisions
you have made.
Little Miss mind of her own!
Love, Mom, Dad, and Ethan**



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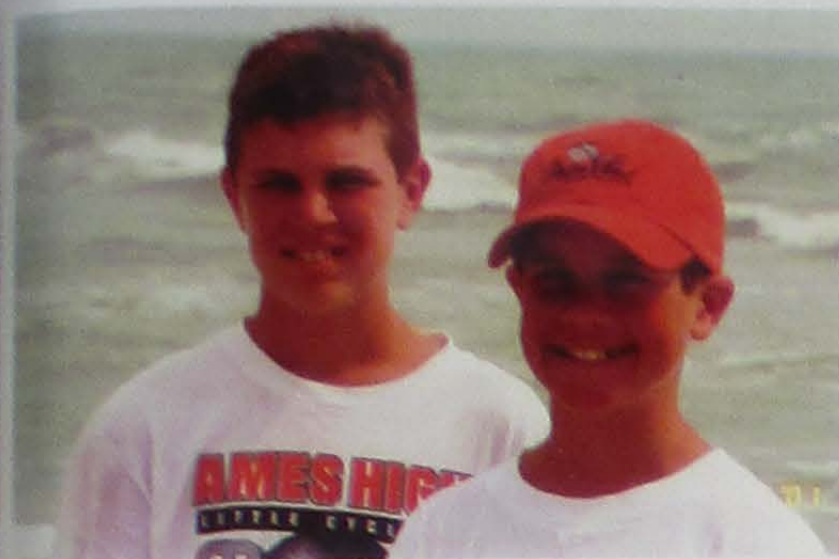
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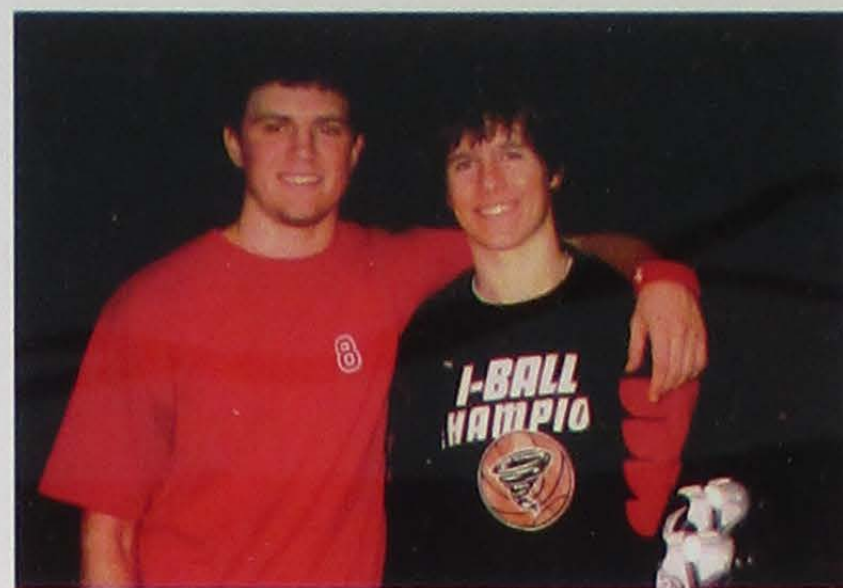


BRYAN AND ANDY

Friends since kindergarten

We've had so much fun watching the two of you grow up together. The memories will last a lifetime.

Love,
Your Parents



Kelsey Knutson

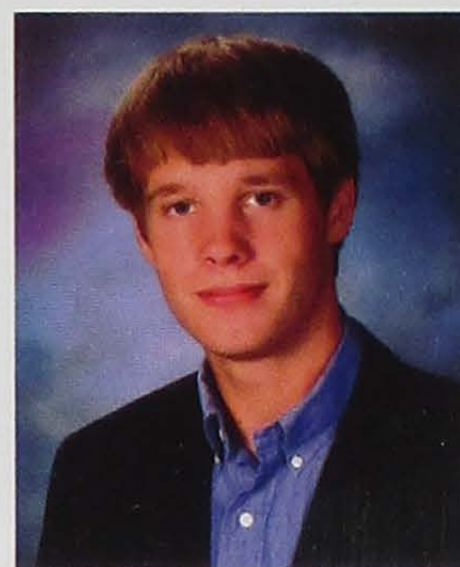


To accomplish great things, we must **DREAM** as well as **ACT**. Your hard work and dedication has paid off. We are so proud of you, Dad, Mom, Nick, & Danielle.

Evan Hudson



May good fortune be yours, may your joys never end. All our love, Mom, Dad, and Tess

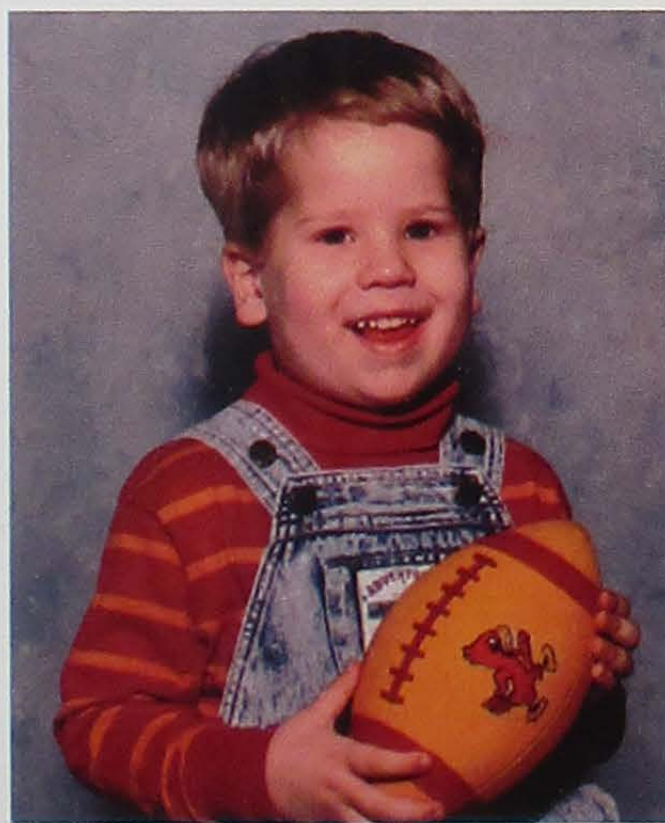


Eric Ellingson

Eric,

Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths.

-Proverbs 3:5-6



You will always be my number 1. Congratulations. Love, Mom



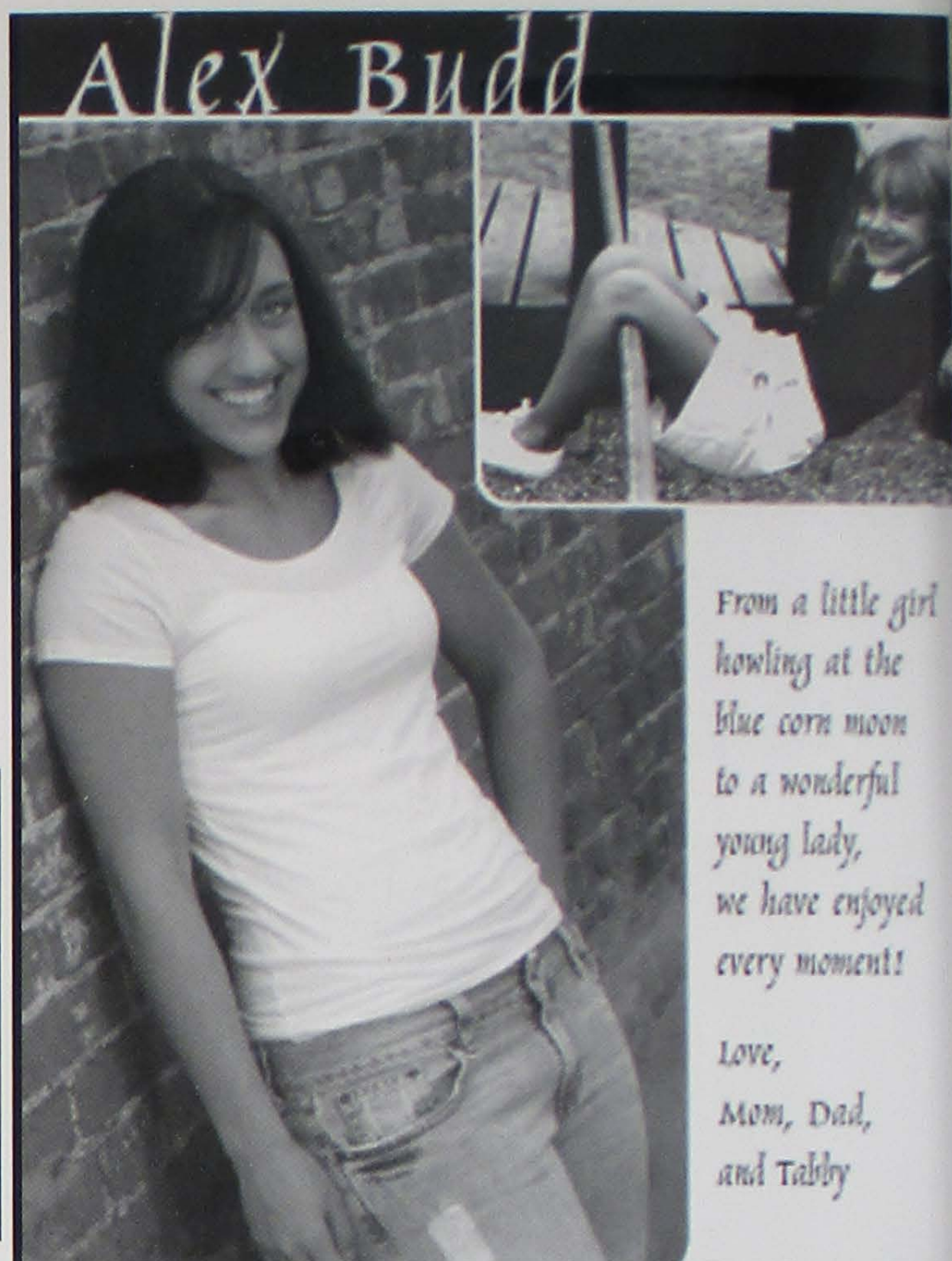
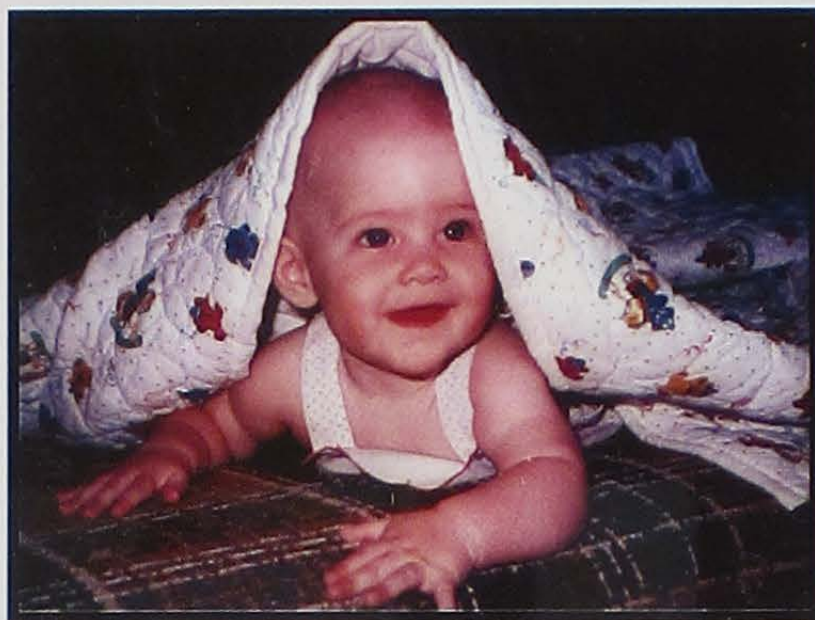
We are so proud of the beautiful young lady you have become, and also how you have grown in your talent & love of Art.

*Love,
Mom and Dad*

BRITTA MENNECKE

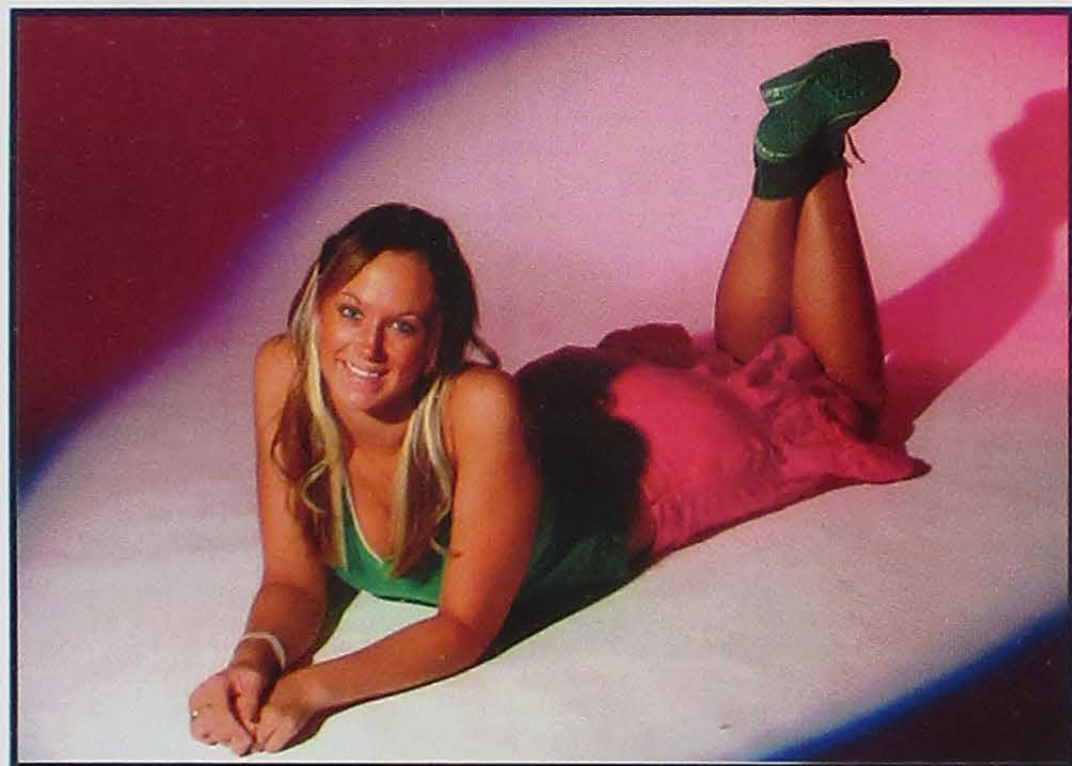
Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord is to be praised.

Proverbs 31:30



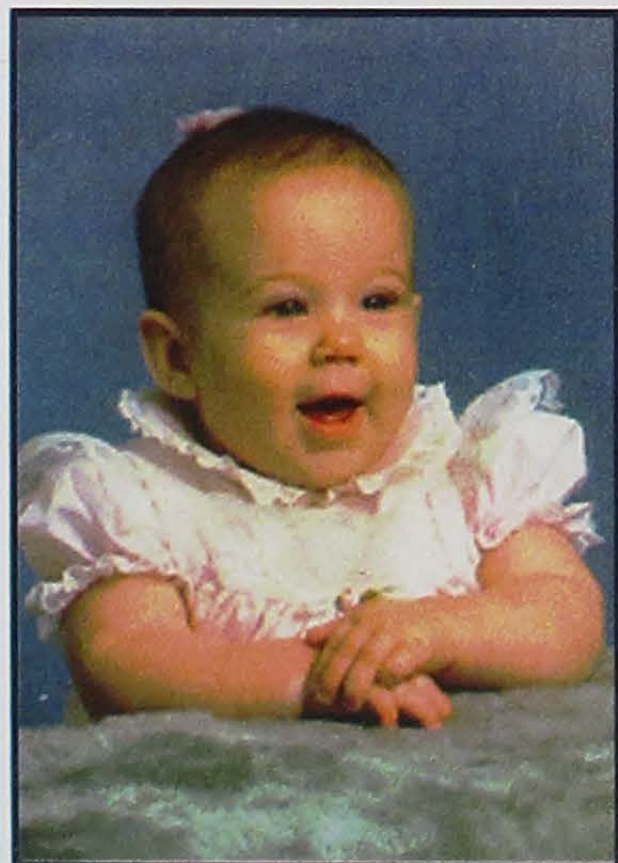
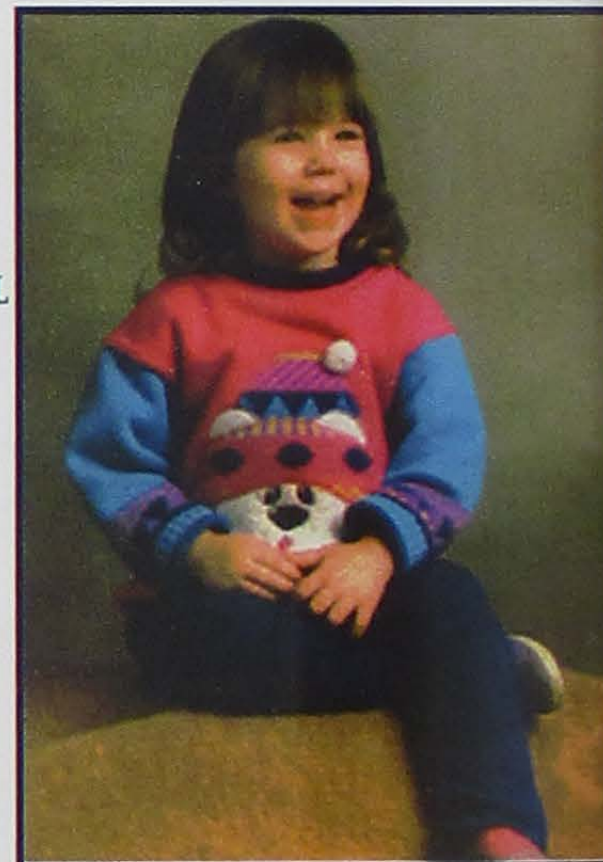
From a little girl howling at the blue corn moon to a wonderful young lady, we have enjoyed every moment!

*Love,
Mom, Dad,
and Tabby*



**FOLLOW YOUR HEART
AS YOU TRAVEL LIFE'S ROAD
NOT WITH WORRY OR FEAR
BUT ANXIOUS AND BOLD
FOLLOW GOD
WITH YOUR EYES, HEART, AND SOUL
PRAY TO HIM OFTEN
LET HIM GUIDE YOUR SOUL
BE PATIENT AND LOVING
CAUTIOUS, CARING, AND KIND
DARE TO DREAM
AND SUCCESS YOU WILL FIND.**

**LOVE,
MOM AND DAD**



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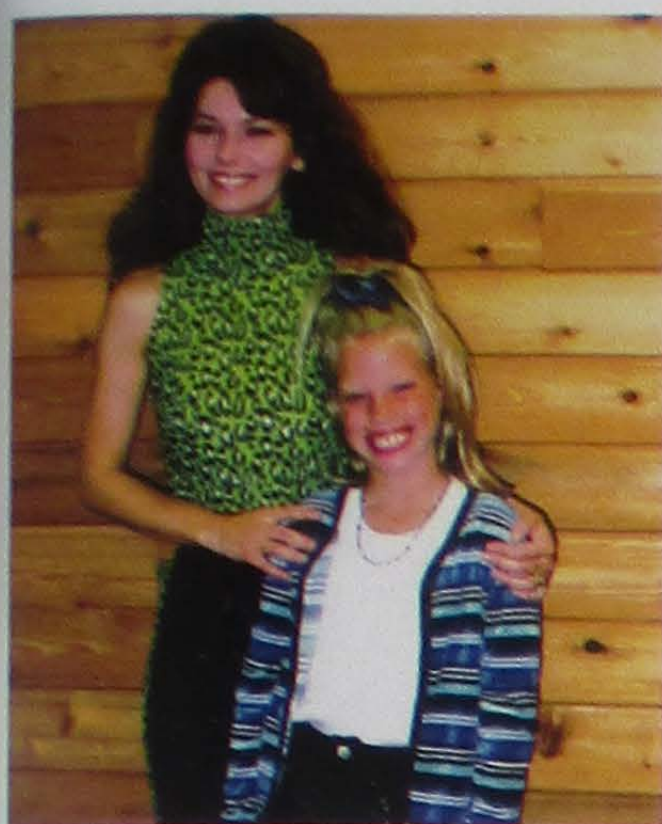
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Proverbs
15:13 says "A
happy heart
makes the
face
cheerful..."

Rooney, your
heart has

brought joy to our entire family.

We love you!

Dad, Mom, Rachel, Tyler, Trisha,
and Morgan

Sarah McClanahan

Our crazy little
music-making
girl. We are
so proud of
you. No matter
where you go
or what you do,
He will be with
you.



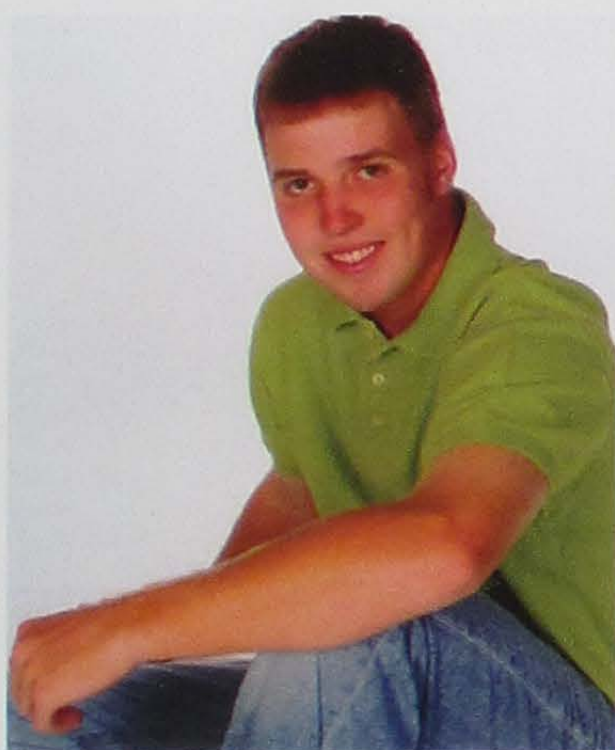
And we will be right there cheering
you on. You are, and always will be,
our Princess.

-The Main Seven

Andy Wass

*Don't settle for
second best when
choosing your
road to success;
make sure it's
the path that
you beleive in,
and then give it
your full atten-
tion.*

-Barbara J. Hall

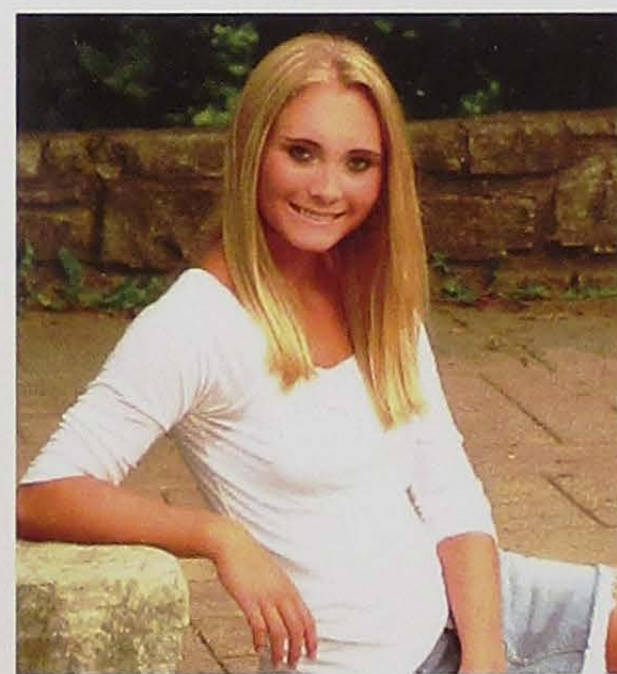


Congratulations!

*We are so
proud of you!
Good luck on
your
"journey."
Love, Mom,
Dad, and Kristi*



Dana Howell



From one big smile to the
next, you have brought so
much joy to our lives. We
know you will do wonderful
things with your future.
Love, Mom and Dad



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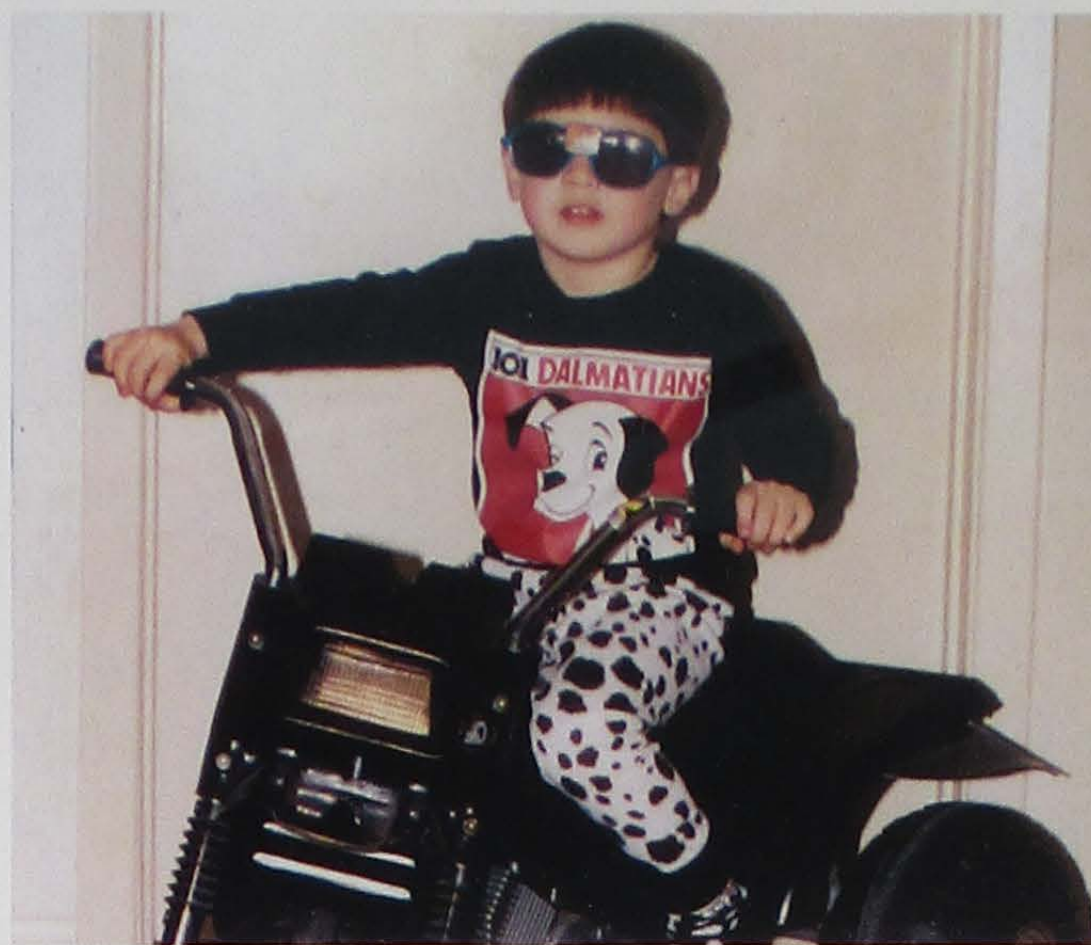
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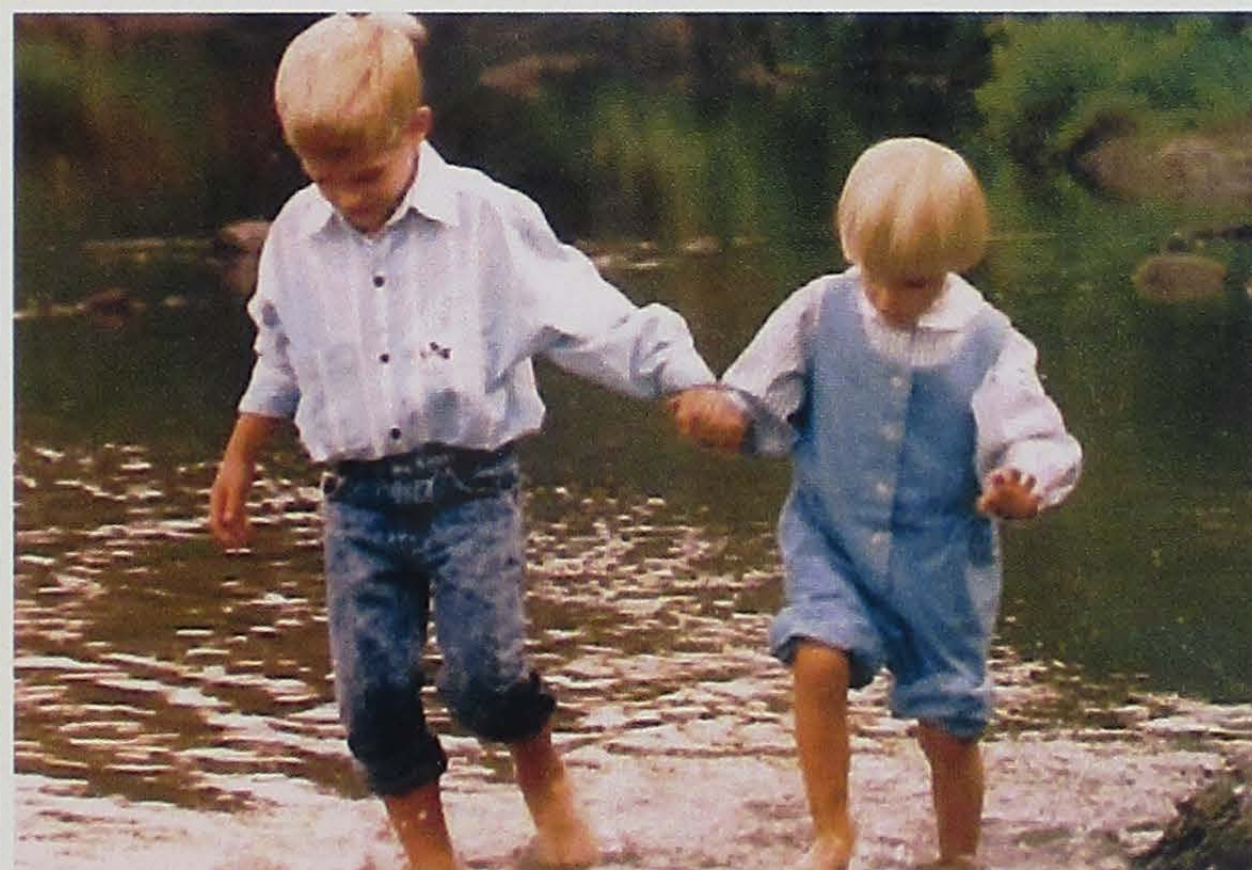


Nathan,
There are endless roads ahead for you to travel;
the whole world for you to explore....Whatever
direction life takes you, know that we wish the best
for you! And as always.....travel in style!
Congratulations on your graduation!
Love, Mom & Dad

Emma Israel



**We love you and we are
so proud of you!
Love,
Mom, Dad, Sarah, and Tucker**



Mary Beth Kluesner

I'll always be there,
hand-in-hand,
to test the waters with you.
Love, Nick

Emily Meghan Drapal



From the moment you danced into our lives you have filled our hearts with joy. You were created with the talents and inner gifts to do anything you can imagine. We hope you will always remember what a special person you are in the world...and in ours. We love you and are so proud of you.

Mom, Dad,
Ashley & Andrew



Nicole Schmidt



Don't take life too seriously, just smile that beautiful smile of yours, keep a positive attitude, and you will succeed in whatever you choose to do.

We are very proud of you and wish you the best of luck in the future.

Love you always,
Mom, Dad, and
Michael



Laura Snell



As you "hop" through life, remember you can make a difference in the world. God placed you here with a mission. Go achieve great things!

We are so proud of you and love you!
Mom, Dad, Patrick, & Nathan

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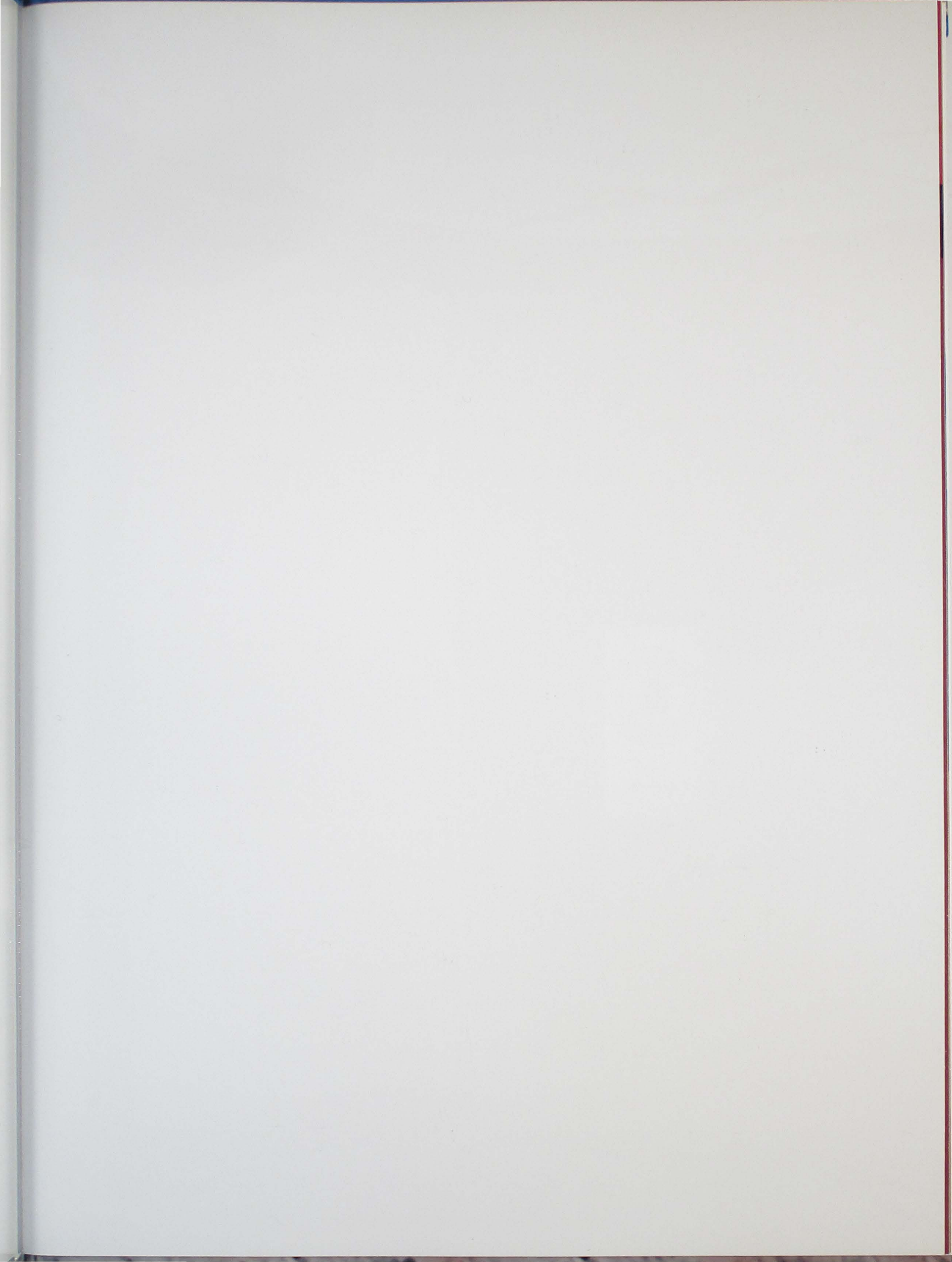
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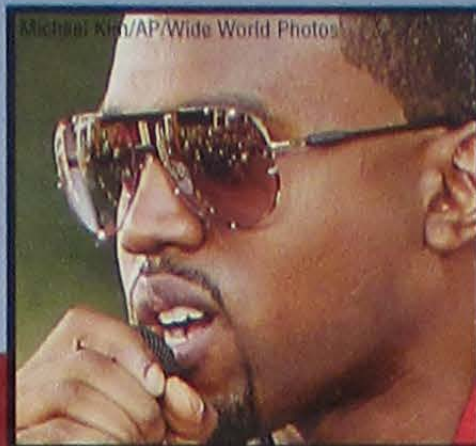
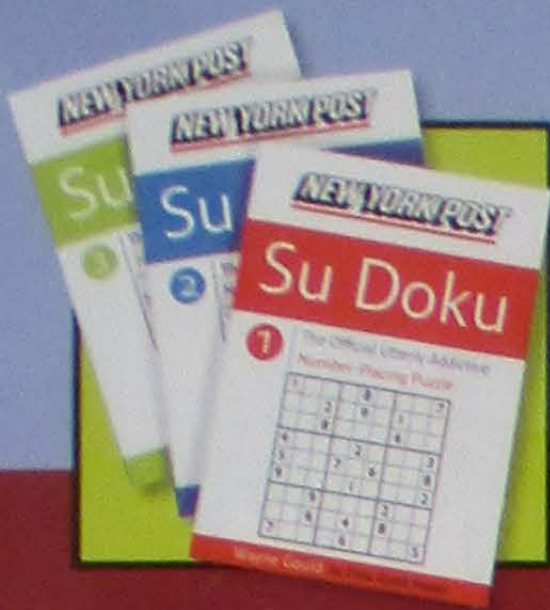
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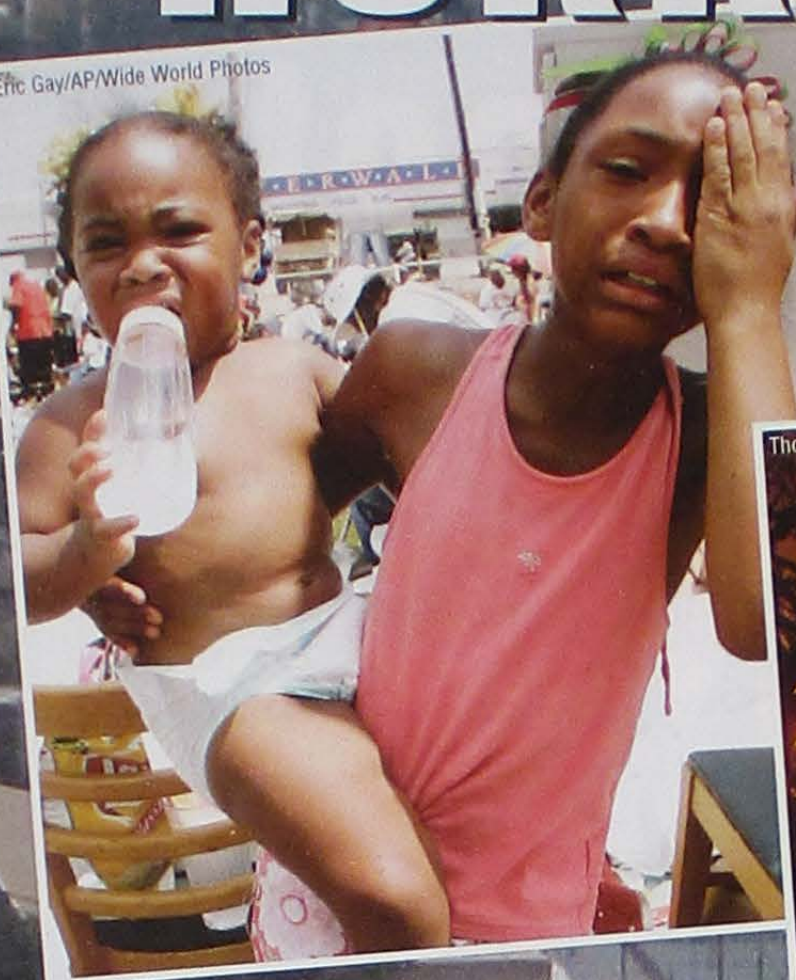
Lifestyle - Movies - Television - Music - Entertainment - Sports - Faces



HURRICANES

HIT HOME

Eric Gay/AP/Wide World Photos



KATRINA

August 29, 2005

Thomas Dworzak/Magnum Photos



Mario Tama/Getty Images



Smiley N. Pool/Dallas Morning News/Corbis



Dave Martin/AP/Wide World Photos



Bob Carr/AP/Wide World Photos

RITA

September 22, 2005

WILMA

October 24, 2005



Reuters/Carlos Battra/Landov

Marc Serota/Reuters/Landov



Mike Theiss/Jim Reed Photography/Corbis



NOAA/AP/Wide World Photos

Hurricanes ravage the Gulf Coast region in the fall of 2005, posing an unprecedented test of the United States federal emergency response efforts. Hundreds of lives are lost and thousands are left homeless in the wake of Category 4 Hurricane Katrina, followed by Rita and Wilma. The tragedy spurs contributions of money, talents, homes, food and more in an attempt to raise spirits and rebuild the area.

RISING FROM THE STORMS

August

- 25 Hurricane Katrina strikes Florida.
- 28 Mandatory evacuation of both New Orleans and Mississippi is ordered as Katrina becomes a Category 5 storm in the Gulf of Mexico.
- 29 Downgraded to a Category 4 storm, Katrina hits land. 1.3 million homes and businesses lose electricity in Louisiana, Mississippi and Alabama. 30 levees are breached, flooding New Orleans and leaving 100,000 people stranded. After slow government response, civil unrest and looting begins.
- 31 President Bush surveys the damage.

September

- 1 30,000 National Guard troops are deployed. Gas prices spike to as high as \$5 per gallon.
- 2 President Bush visits Louisiana and signs a \$10.5 billion relief bill. Nearly 154,000 evacuees arrive in Texas.
- 4 The New Orleans Superdome is evacuated.
- 6 President Bush and Congress pledge to investigate the flawed disaster response.
- 9 Government-issued debit cards are distributed to evacuees. The program fails and is ended days later.
- 12 Michael Brown, head of the Federal Emergency Management Agency, resigns. Flooding is down to 50 percent in New Orleans.
- 14 New Orleans Mayor Ray Nagin announces a phased repopulation plan.
- 15 New Orleans begins to reopen. Katrina is named the most destructive hurricane in U.S. history.
- 20 Louisiana Governor Kathleen Blanco declares a state of emergency as Hurricane Rita strengthens off the coast.
- 22 Rita hits the Louisiana coast and heads for Texas.
- 23 Thousands evacuate eastern Texas and the 9th Ward of New Orleans floods once again after levees are overrun.

October

- 24 Hurricane Wilma hits southwest Florida.



EPA/Shawn Thew/Landov

- ◀ Louisiana Governor Kathleen Blanco, President Bush and New Orleans Mayor Ray Nagin survey the damage in New Orleans.

- ▼ Thousands of Louisiana evacuees receive shelter and medical care in the Astrodome in Houston, Texas.



Andrea Booher/AP/Wide World Photos



Michael DeMocher/Nowhouse News Service/Landov

- ▲ Many animals left behind during evacuation are rescued and given shelter or reunited with their owners.



Damian Dovarganes/AP/Wide World Photos

- ▲ Homes across the country are opened to families left homeless in the wake of Hurricane Katrina.



Gregg Pachkowski/Habitat for Humanity

- ▲ Thousands of volunteers help Habitat for Humanity rebuild homes in Louisiana, Mississippi and Alabama.



Chuck Burton/AP/Wide World Photos

- ▲ Three months after Katrina strikes, the first New Orleans public school reopens on November 28.

05-06

Front Page Headlines

- ▼ On October 15, Iraqi voters ratify a U.S.-supported draft constitution that establishes a federal state. A second election, in December, creates the new government's first parliament.



- ▲ Several airlines declare bankruptcy due to huge fuel, labor and security costs. Passengers see fees for pillows, aisle seats and more as carriers seek new revenue sources.



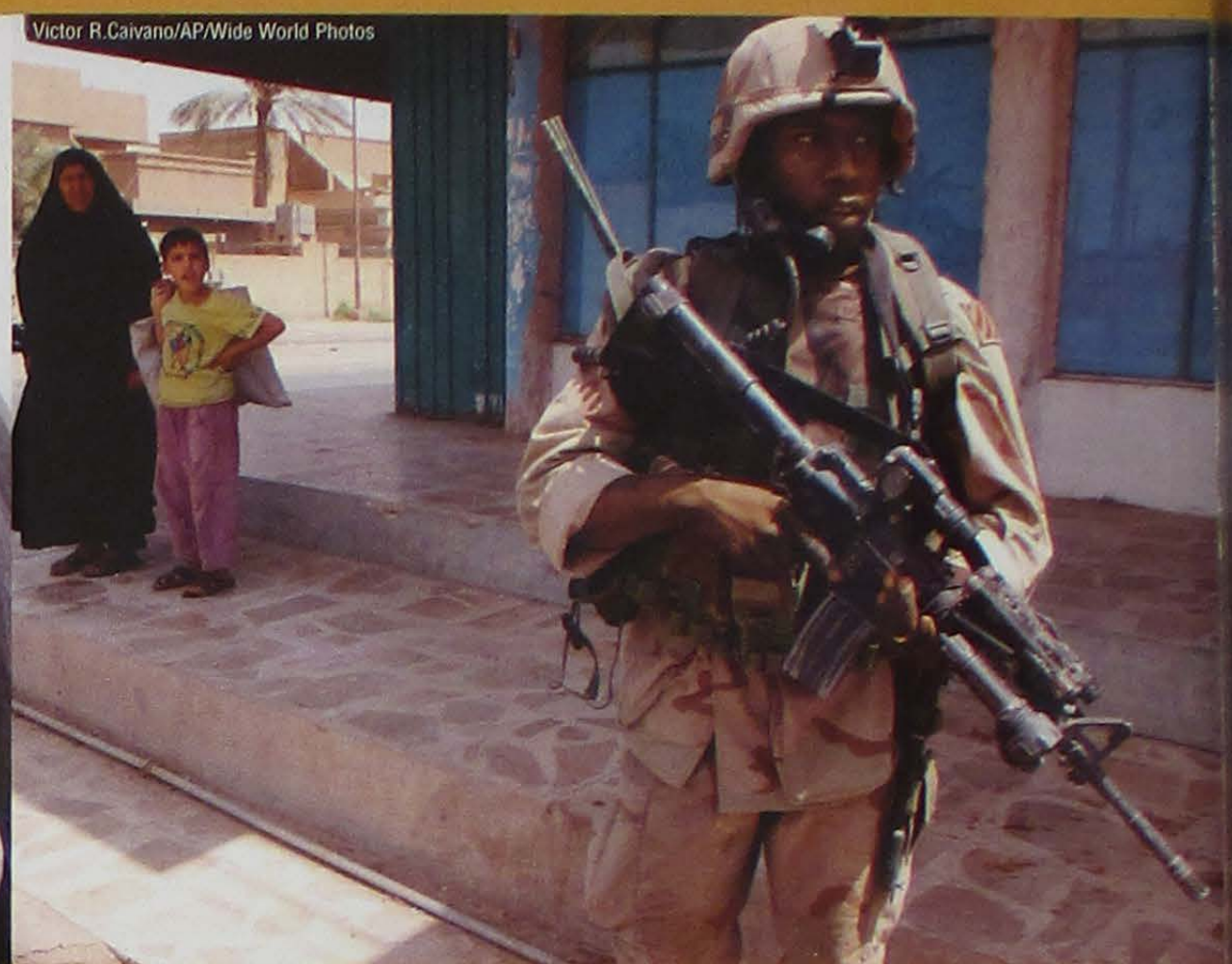
- ▲ During rush hour on July 7, London is hit by terrorist attacks. Bombs strike one bus as well as the city's underground trains, leaving 56 people dead and 700 injured.



- ▲ John G. Roberts Jr. becomes the 17th Chief Justice of the United States Supreme Court following the death of William Rehnquist.



EPA/Mohamed Messara/Landov
Justin Sullivan/Getty Images



Victor R. Caivano/AP/Wide World Photos

- ▲ Violence in Iraq continues to cost lives. Since the war began in March 2003, over 27,700 Iraqi civilians and 2,300 coalition troops have died.



- ▲ Gasoline prices surge in September before falling back to pre-hurricane levels. Major oil companies face federal questioning after revealing profits of over \$35 billion during this period.

- ▶ A devastating 7.6-magnitude earthquake hits the Kashmir region of Pakistan in October, killing 87,000 and leaving 3.5 million homeless.



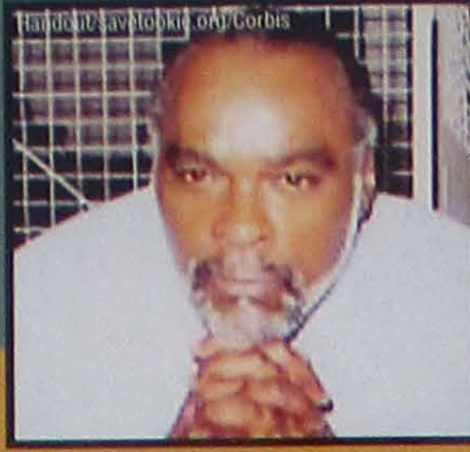
David Guttenfelder/AP/Wide World Photos



▲ In January 2006, Ellen Johnson-Sirleaf is sworn in as Liberia's president, making her Africa's first elected female leader.



▲ Vice President Dick Cheney's top aide I. Lewis "Scooter" Libby resigns after being indicted in October on criminal charges relating to the leaking of a CIA officer's identity.



▲ Despite his years of anti-gang advocacy while in prison, on December 13, former Crips gang leader Stanley "Tookie" Williams is executed by lethal injection for four 1979 murders.

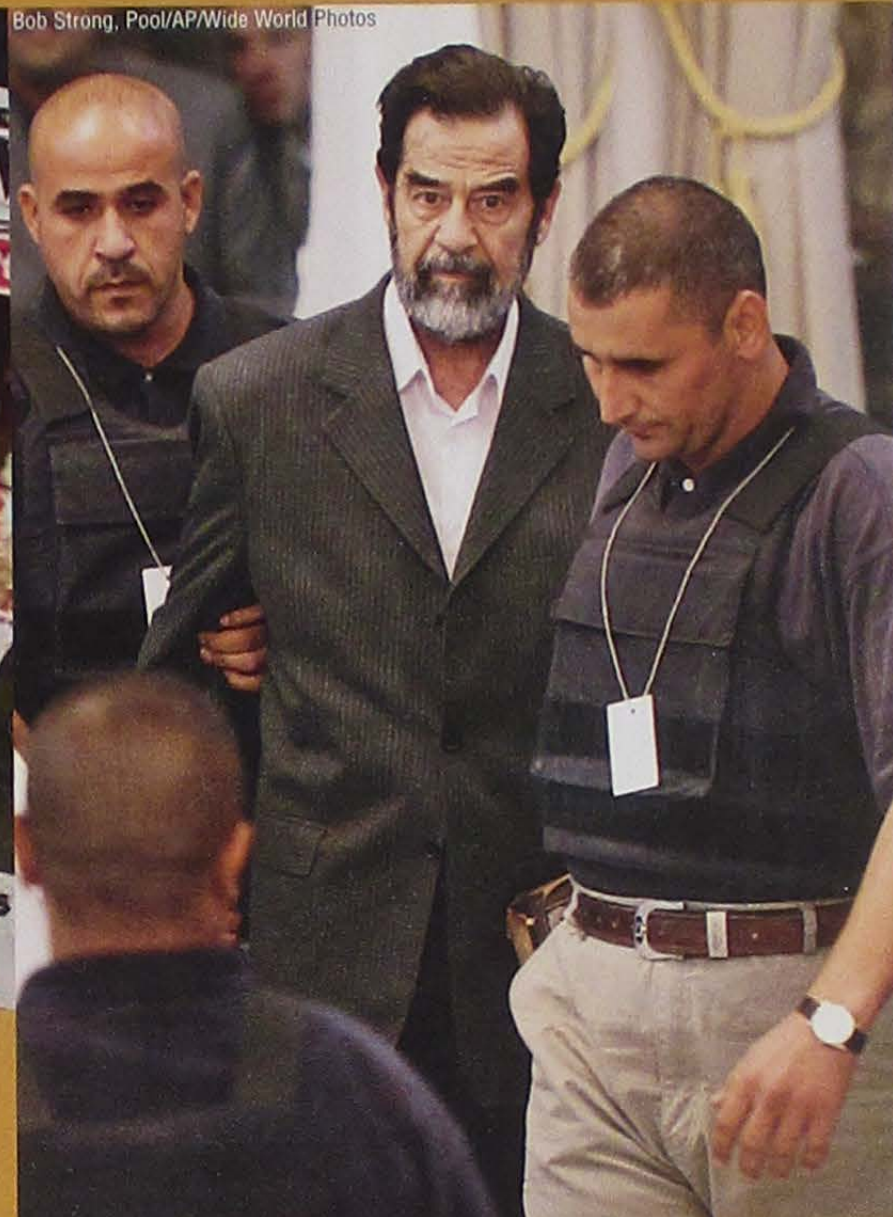


▲ Methamphetamine use becomes a national crisis as meth-related crimes skyrocket on the West Coast and in the Midwest. Pharmacies remove pseudophedrine products from shelves in an effort to control meth production.



▲ On January 2, 2006, an explosion at the Sago Mine in Tallmansville, West Virginia, traps 13 miners 260 feet below the surface. Sadly, only one of the miners is pulled out alive.

▶ In October, former Iraqi dictator Saddam Hussein goes on trial in Baghdad, pleading innocent to the murder and torture charges against him.



◀ Hoping to restart the peace process with the Palestinians, Israel evacuates the Gaza Strip, an area it has occupied since the 1967 Six-Day War.

▲ Civil unrest rocks France as more than 300 towns and suburbs explode with riots and arson. High unemployment, racial discrimination and rage are blamed for the outbreaks.

05-06

Science and Nature

- ▼ A global pandemic is feared as the avian flu claims 73 lives in Asia by the end of December and threatens to spread across the world.



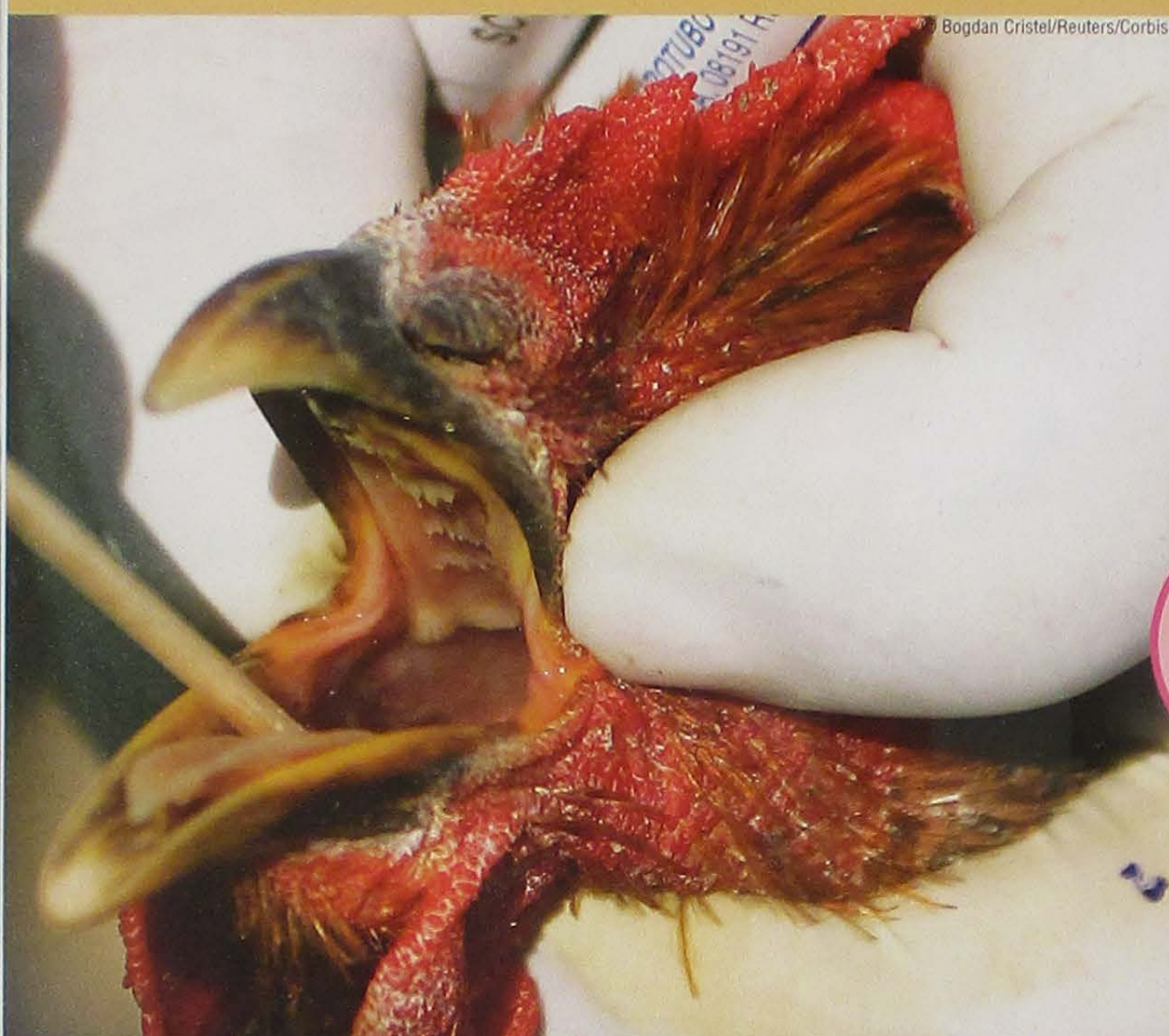
- ▲ After seven years and 2.88 billion miles, NASA's Stardust capsule returns to earth carrying dust particles from the tail of the comet Wild 2. Scientists believe the samples hold clues to the formation of the Solar System.



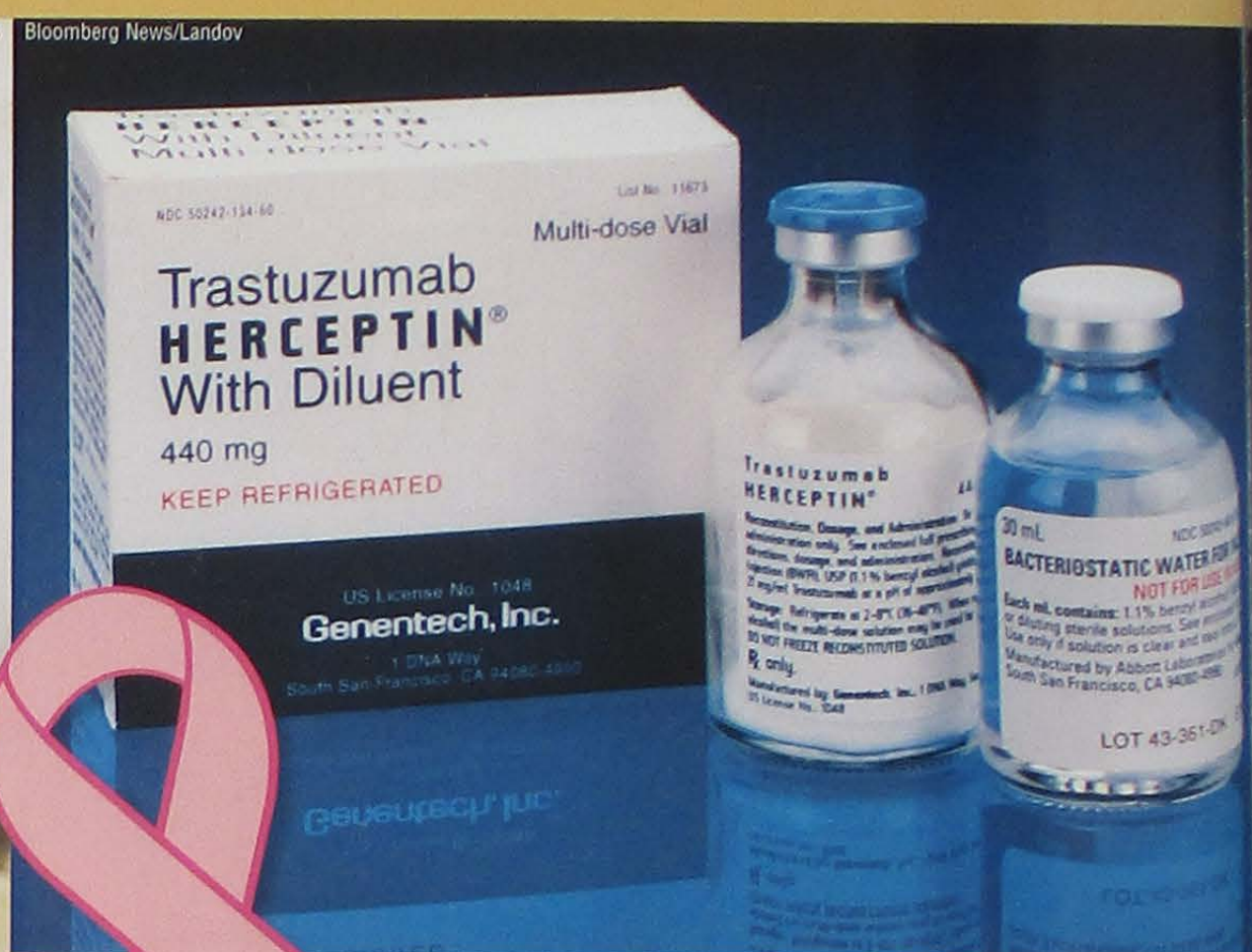
- ▲ The American Dental Association cites bottled water and its lack of fluoride as a major contributing factor in the rise of tooth decay in children.



- ▲ According to recent research, chocolate can be a healthy treat thanks to its high content of flavonoids, which help maintain good circulation and reduce blood clotting.



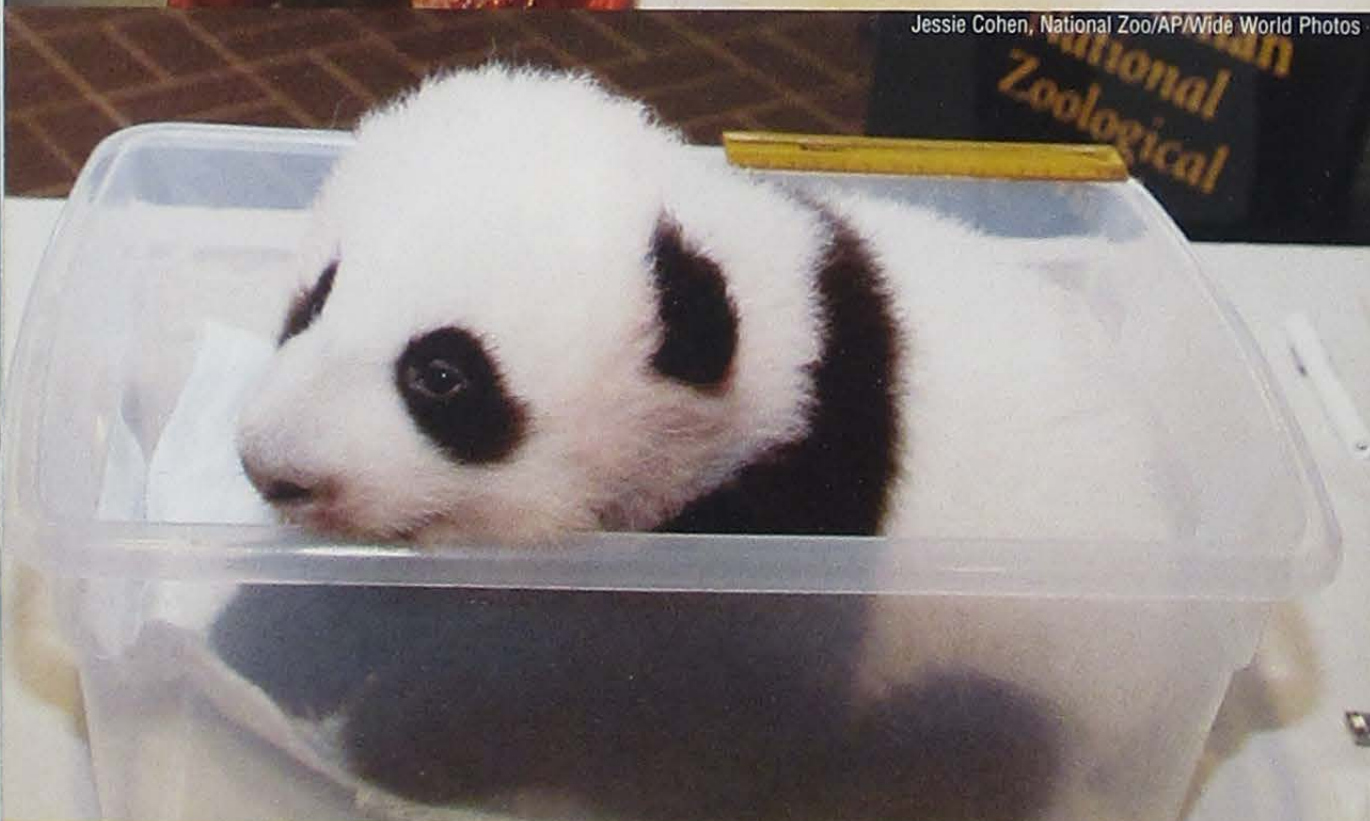
Bogdan Cristel/Reuters/Corbis



Bloomberg News/Landov



- ▲ A vaccine that may potentially fight recurring cancer cells is successfully tested on 14 breast cancer survivors. It is hailed as the first step toward preventing the disease.



Jessie Cohen, National Zoo/AP/Wide World Photos

- ▲ The Sichuan Wolong Panda Protection and Breed Center in China deals with a baby boom — 16 pandas, including five sets of twins, are born between July and November 2005.

- In August, U.S. astronaut Stephen Robinson successfully completes an unprecedented emergency repair of the space shuttle Discovery while in orbit.



NASA TV/AP/Wide World Photos



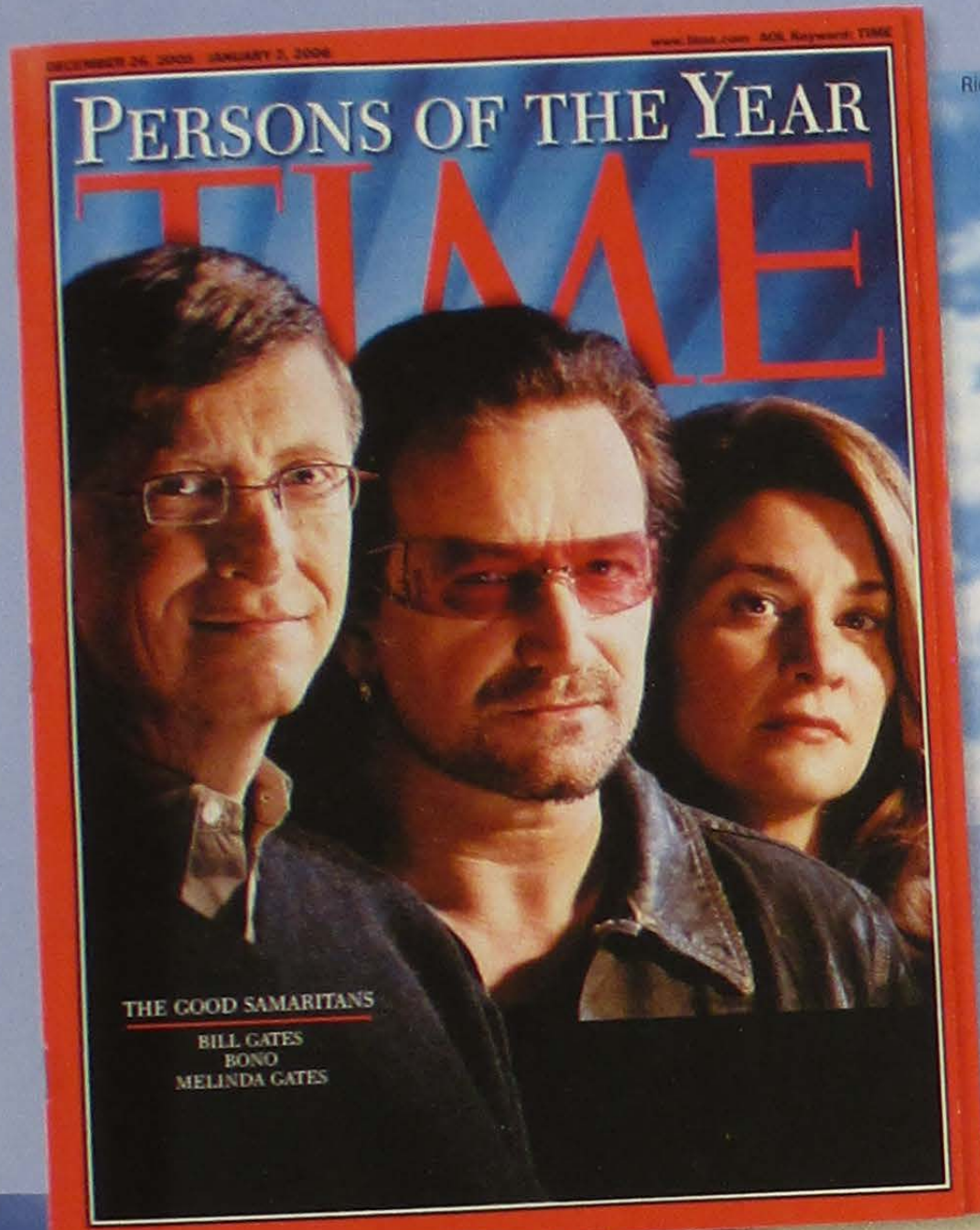
05-06 Human Interest

▲ Hikers scaling Mount Mendel Glacier in California discover the remains of Leo Mustonen, a World War II airman whose plane crashed in 1942.

▲ U.S. scientist Gregory Olsen pays \$20 million for a trip to the International Space Station aboard the Russian Soyuz spacecraft.

▲ The ruins of what may be the oldest Christian church, built in the third or fourth century A.D., are discovered on the grounds of Megiddo Prison in northern Israel in November.

▼ Anticipating the G8 summit in July, Bob Geldof organizes musicians for a series of concerts around the world to highlight the problem of global poverty.



Rick Diamond/WireImage.com



◀ Bill Gates, Bono and Melinda Gates are named *TIME*'s Persons of the Year for their efforts to battle poverty, AIDS and malaria in Africa.

Holloway Family Photo/AP/Wide World Photos

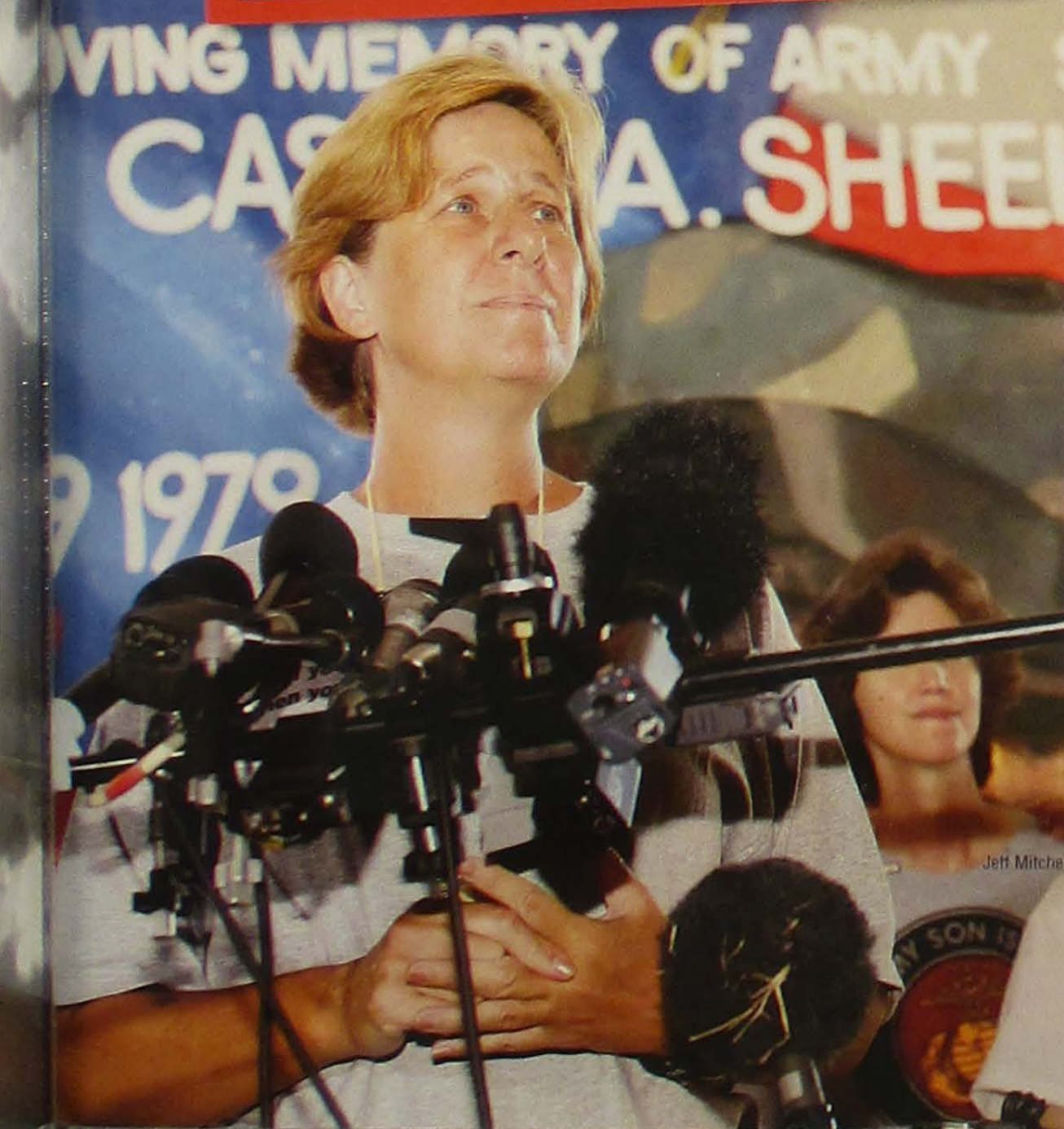
KIDNAPPED



LAST SEEN AT CARLOS & CHARLIES
MONDAY, MAY 29, 2005 1:30AM
NATALEE HOLLOWAY
CAUCASIAN AMERICAN FEMALE
BLUE EYES / LONG BLOND HAIR
5'4" 110 LBS. 18 YEARS OLD

ANY INFORMATION
PLEASE CALL 587-6222
OR CALL POLICE STATION 100

◀ Natalee Holloway, an 18-year-old from Birmingham, Alabama, becomes the lead story for every major news outlet after her disappearance while vacationing in Aruba.



Jeff Mitchell/Reuters/Landov

◀ In August, American anti-Iraq War activist Cindy Sheehan, whose son Casey was killed in action in 2003, holds an extended demonstration at a peace camp outside President George W. Bush's Texas ranch.

05-06 Fashion



◀ Everywhere you look this year sparkle is in with teen girls.



Steve Grantz/WireImage.com

▲ From preppy to vintage looks, vests make a bold statement in the fall of 2005.



▲ Cowboy boots see a rise in popularity, and not just for line dancers and country music fans.



▲ The "hoodie" is a staple in most teens' wardrobes.

▶ Blazers with a retro fit make a big splash on the fashion scene.



▲ Style gets a dose of fun over formal with these unique fashion alternatives.

▼ Flip-flops are considered a fashion necessity, not just casual footwear.





Chris Gardner/AP/Wide World Photos



Tim Boyle/Getty Images



David Cooper/Toronto Star/ZUMA/Corbis

05-06 Lifestyle

▲ Shops that help you prepare meals to freeze, take home and cook offer a fun, quick and easy mealtime solution for busy moms.

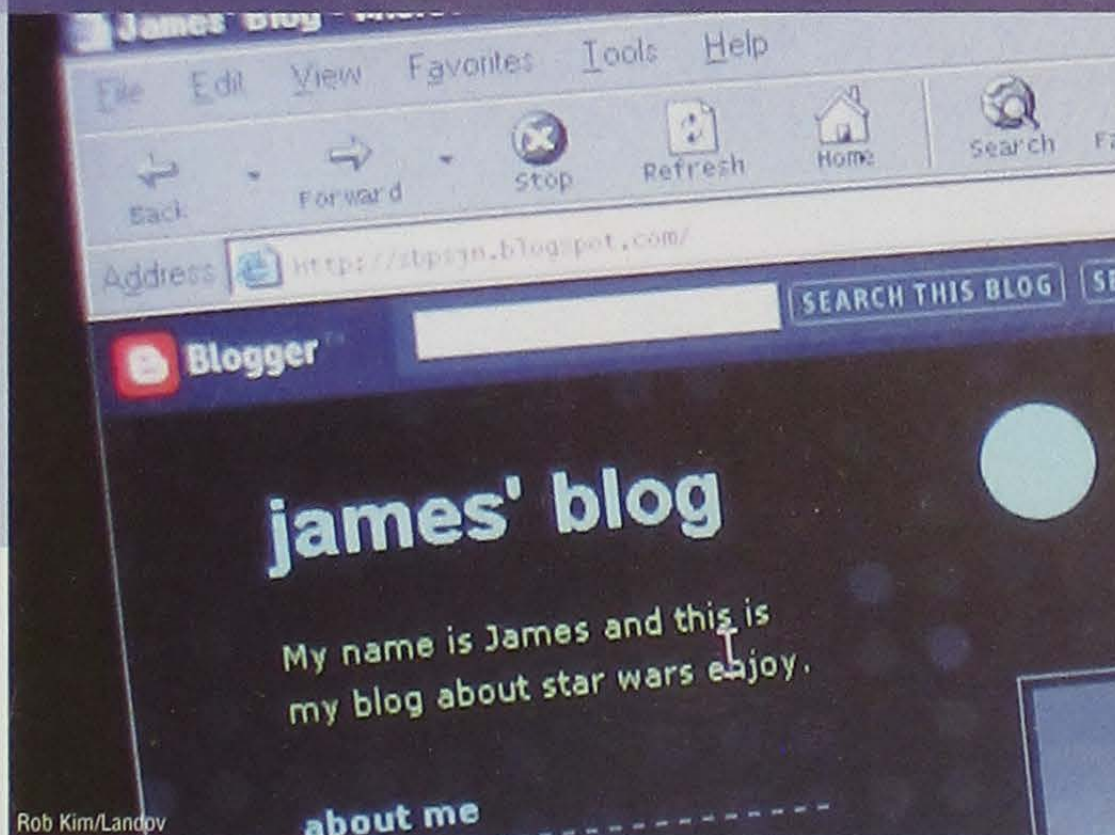
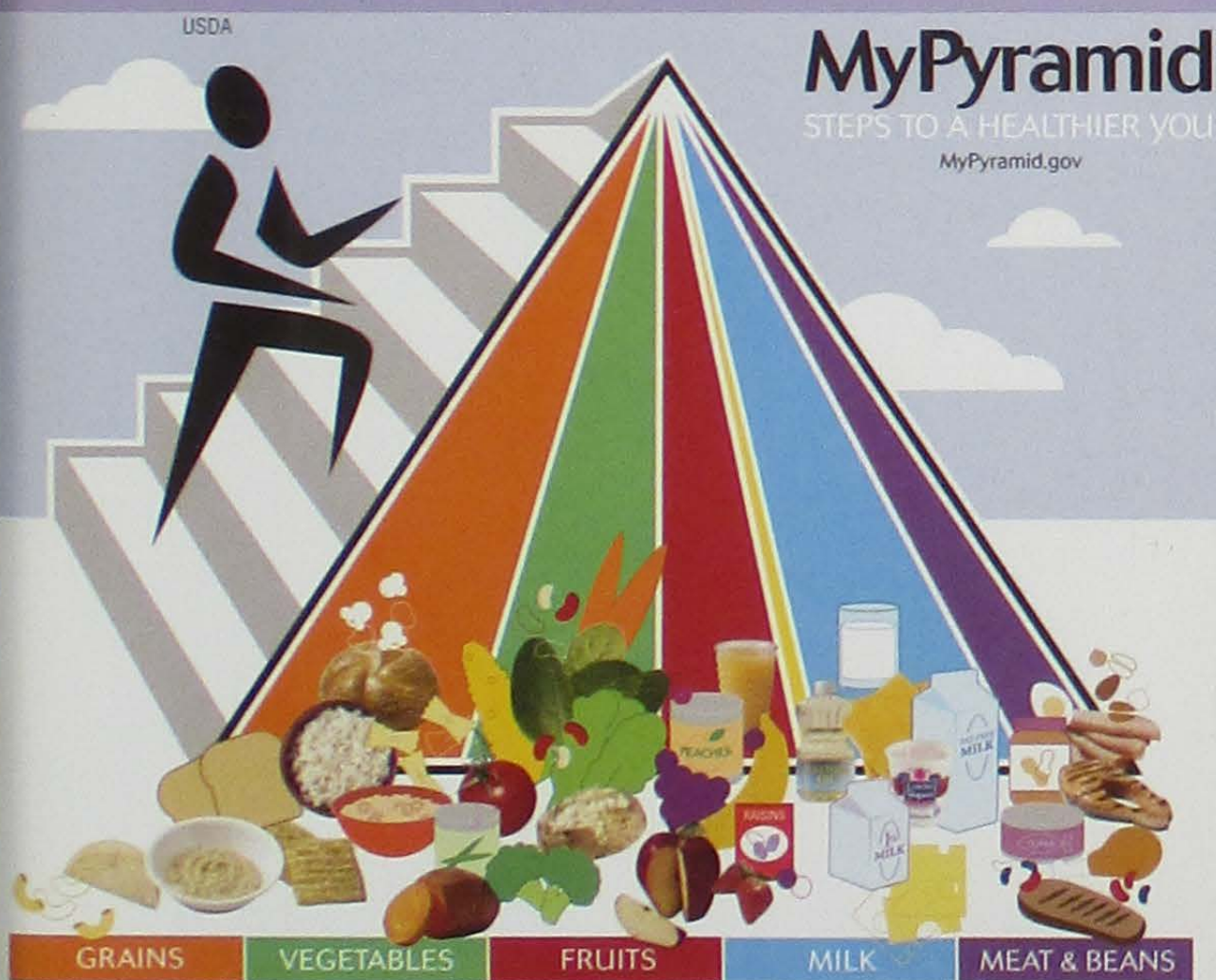
▲ Pets receive the royal treatment with gourmet pet foods, available in upscale pet food shops, pet food bakeries and even ice cream parlors.

▲ Due to high gas prices, consumers opt for smaller cars with better gas mileage rather than gas-guzzling SUVs.

▼ The popularity of poker on television results in one of the biggest fads of the year — home Texas Hold 'Em tournaments.



▲ Podcasts, free broadcast-format audio files published to the Internet and downloaded to iPods by subscription, are a hip way to keep up-to-date.



▲ The new food pyramid recommends that kids eat more fruits, vegetables and whole grains than in the past, and exercise 30 to 60 minutes each day.

▲ Blogs become the biggest Web craze since the inception of the Internet thanks to sites like Blogger.com and MySpace.com.

05-06 Movies



▲ Golden Globe Best Actress nominee Keira Knightley shines in the hit movie *Pride and Prejudice*, based on the 1813 Jane Austen novel.

© Warner Bros./Courtesy Everett Collection



▲ Moviegoers rush to see *March of the Penguins*, a surprise hit documentary that follows a year in the life of a flock of Emperor penguins.



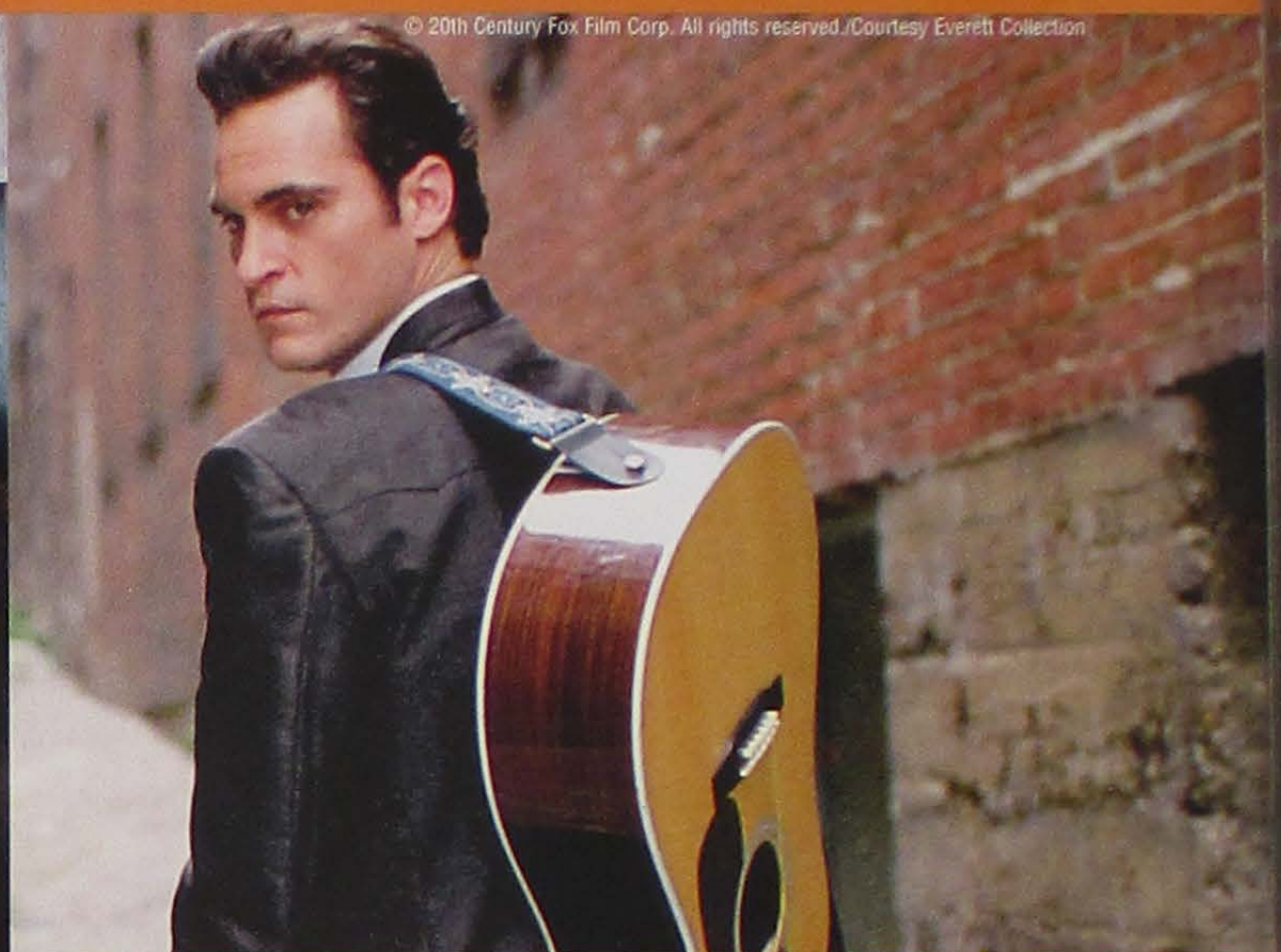
▲ "The boy who lived" returns for more adventure in the fourth movie installment of the Harry Potter series, *Harry Potter and the Goblet of Fire*.

▼ Praised by critics and audiences alike, Peter Jackson's remake of the 1933 classic *King Kong* becomes a giant box-office success.



▲ Box-office profits are down in 2005, due in part to the trend of movie fans opting for the quick release of hit movies on DVD.

▶ The beloved C.S. Lewis series comes to life on the big screen in Walt Disney's *The Chronicles of Narnia: The Lion, the Witch and the Wardrobe*.



▲ The life of the late Johnny Cash is the basis of the Golden Globe-winning *Walk the Line*, starring Best Actor winner Joaquin Phoenix as Cash.

© Walt Disney/Courtesy Everett Collection



Best Picture Academy Award Nominations

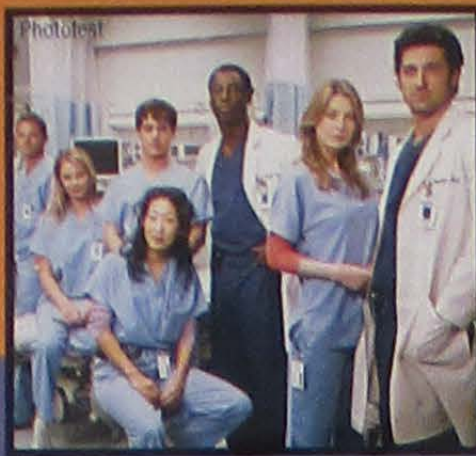
- *Brokeback Mountain*
- *Capote*
- *Crash*
- *Good Night, and Good Luck*
- *Munich*



▲ Geena Davis receives popular approval as television's first female President of the United States in one of the year's best new shows, ABC's "Commander in Chief."



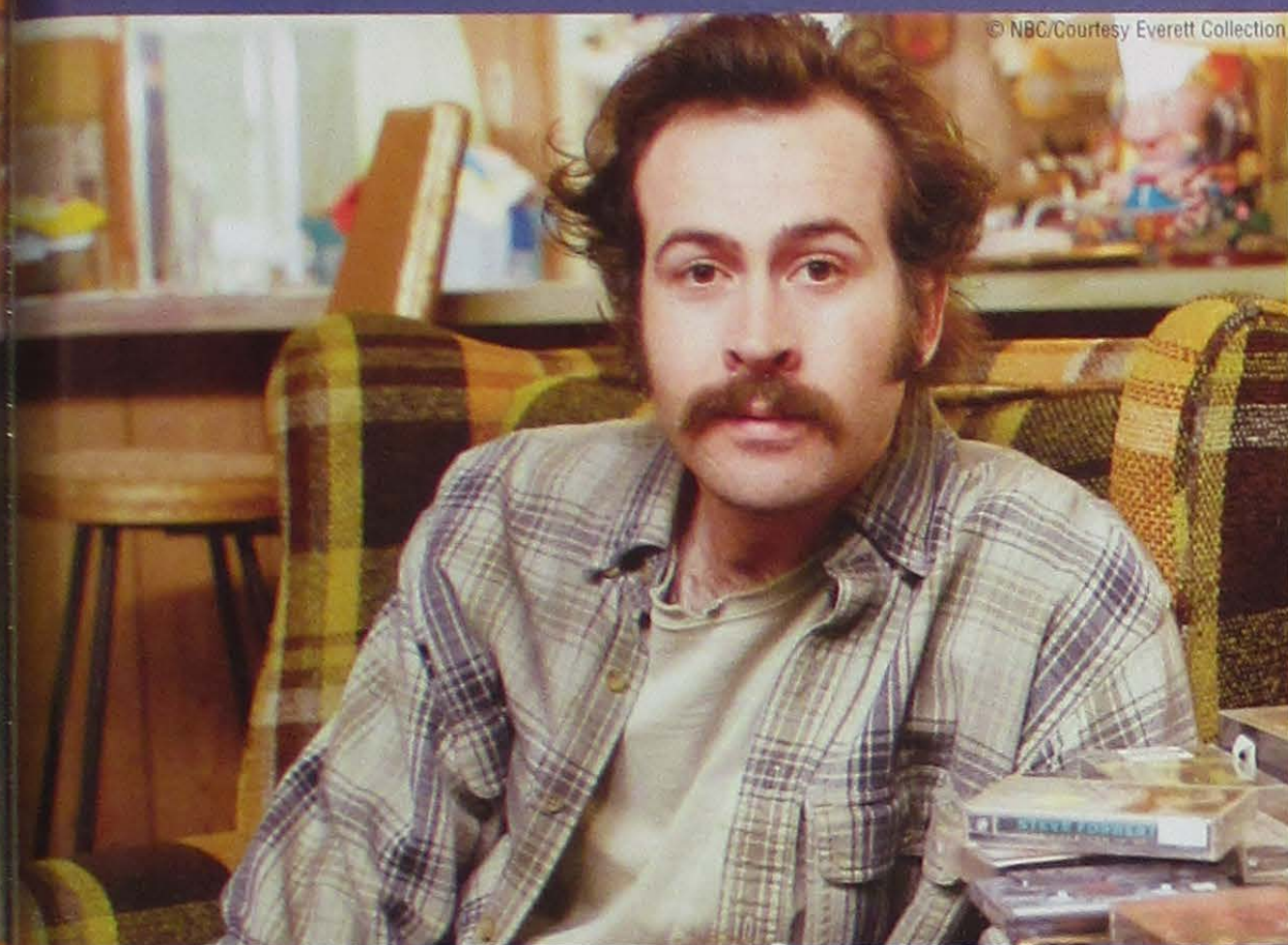
▲ Based on the childhood of comedian Chris Rock, UPN's "Everybody Hates Chris" is a hit.



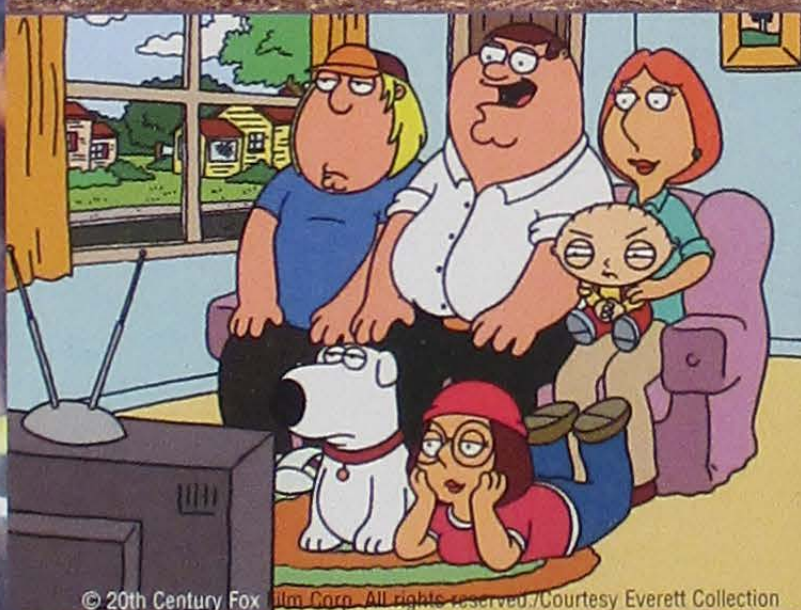
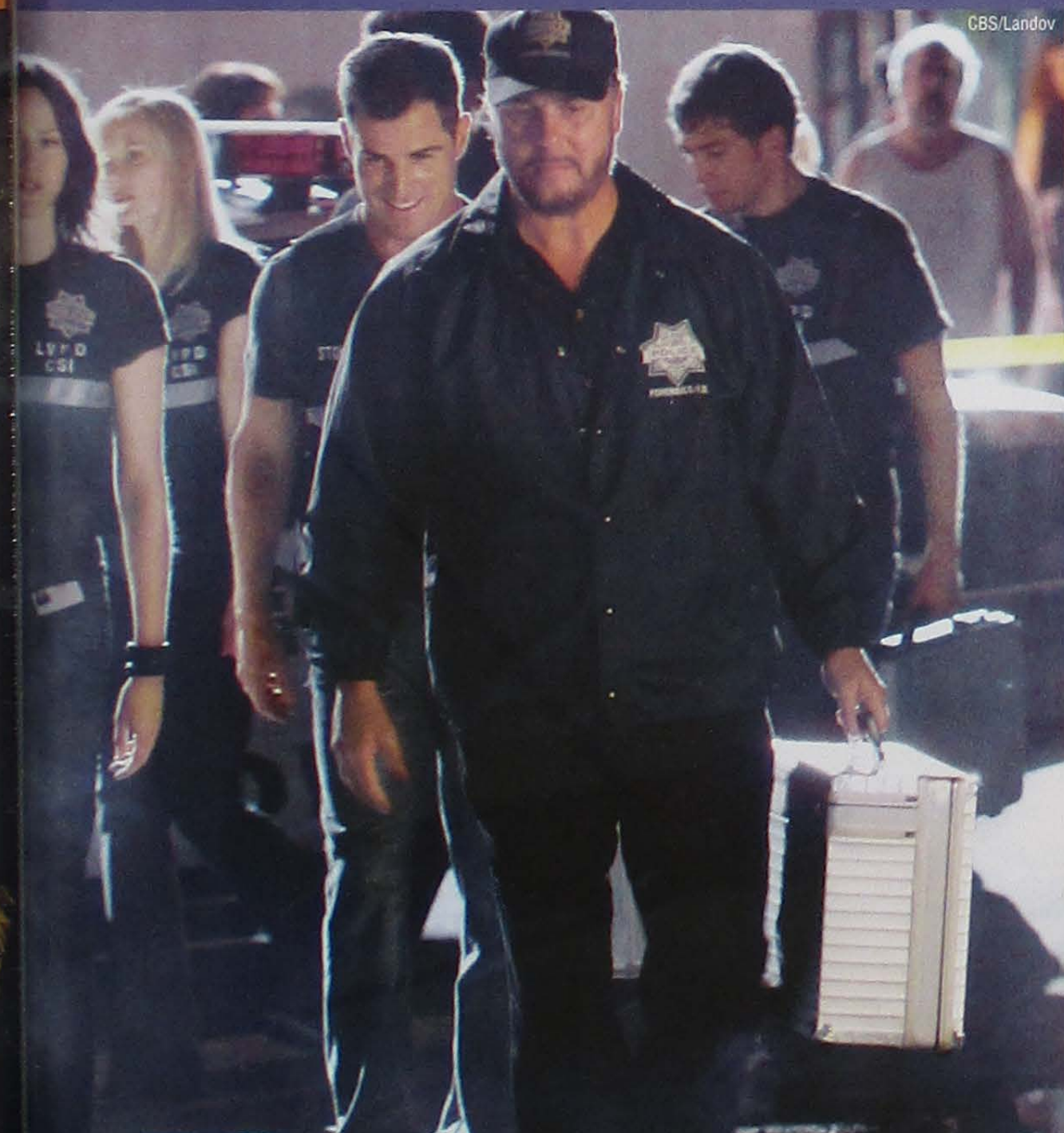
▲ Doctor "McDreamy," also known as Dr. Sheperd, and the rest of the staff at Seattle Grace Hospital achieve healthy ratings in ABC's "Grey's Anatomy."

05-06 Television

▼ Viewers can't get enough of ABC's "Lost." The show earns a Golden Globe for Best TV Series Drama and spawns countless fan speculation sites.



▲ NBC finds a new hit comedy with the quirky story of a man in search of redemption, "My Name is Earl."



◀ Surprisingly high DVD sales influence FOX to bring back the formerly canceled cult favorite "Family Guy."

◀ America's No. 1 rated show for 2005 is the CBS crime drama "CSI: Crime Scene Investigation."

2006 People's Choice Nominations for Favorite Reality Show Competition

- "American Idol" (FOX)
- "Fear Factor" (NBC)
- "Survivor" (CBS)

05-06 Music



▲ With *Late Registration*, Kanye West maintains his status as hip-hop's top dog, landing on top of *Rolling Stone's* Top 50 Albums of 2005.



▲ Reggaeton, which blends influences of hip-hop, Jamaican reggae and dancehall with Latin American bomba and plena, reaches its height in popularity in 2005.

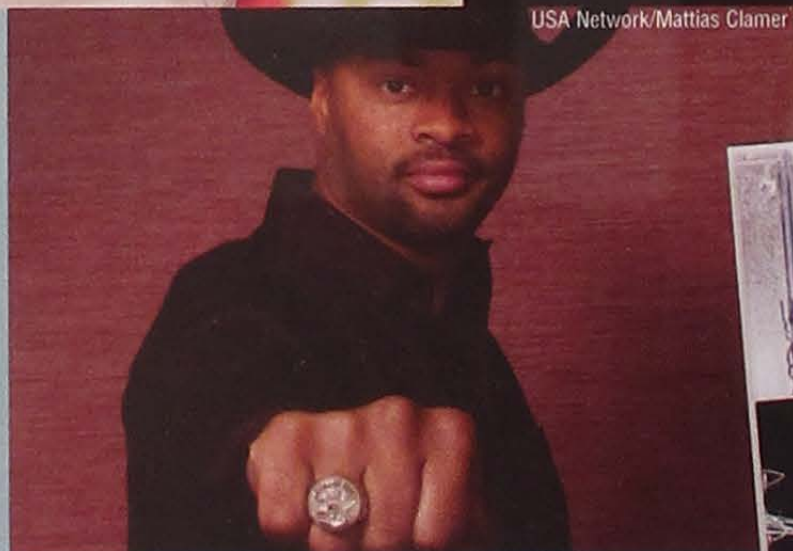


▲ Seattle indie favorites Death Cab for Cutie break into the mainstream with the album *Plans* and "Directions," a series of 12 short films.



▲ Eight years after the death of former lead singer Michael Hutchence, Australian rock band INXS selects new frontman J.D. Fortune on the CBS show "Rock Star: INXS."

► University of Texas grad Cowboy Troy bursts onto the country scene with a new music genre, "hick-hop," which he proudly displays on his class ring.



► Strong releases by Kelly Clarkson, Shakira, Mariah Carey and Gwen Stefani rule the music scene. Carey's *The Emancipation of Mimi* earns eight Grammy nominations and is the top-selling album of 2005.

2006 Best New Artist Grammy Nominations

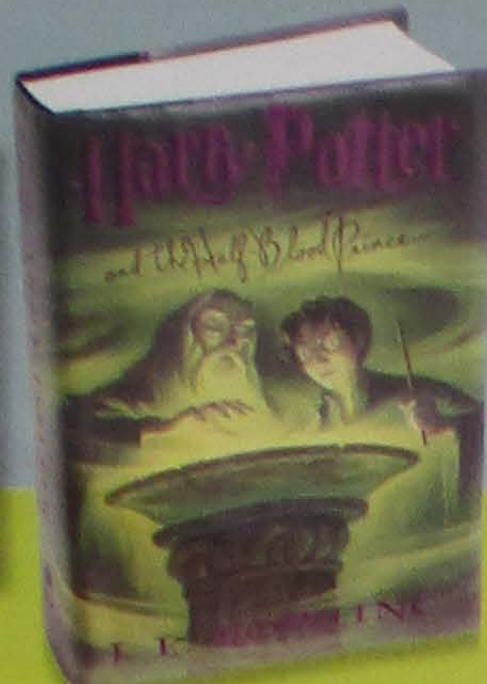
- Ciara
- Fall Out Boy
- Keane
- John Legend
- Sugarland



05-06 Entertainment



▲ Nintendo DS owners can now be virtual dog owners as well, thanks to the wildly popular *Nintendogs* series.

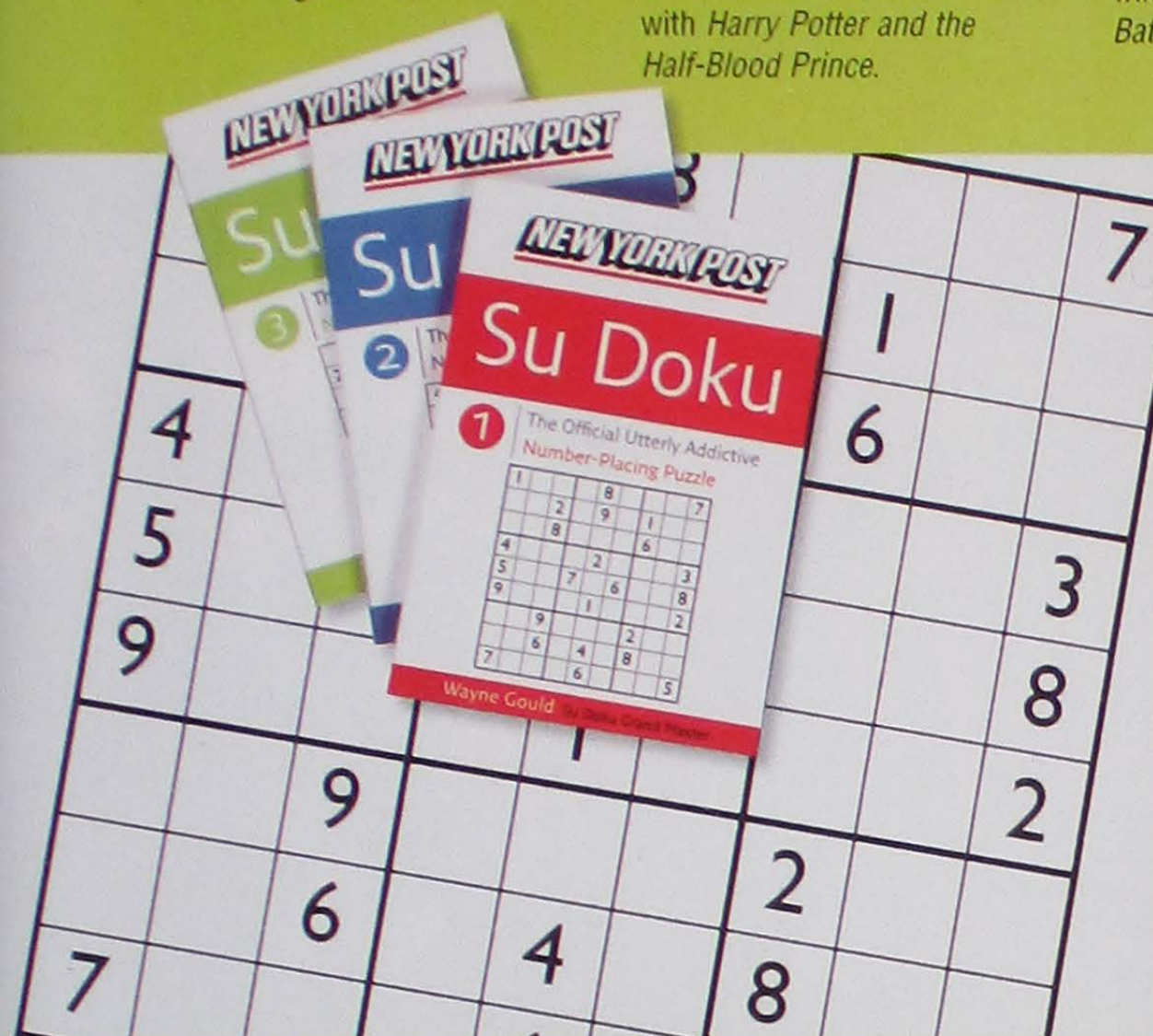


▲ J.K. Rowling releases yet another bona fide best-seller with *Harry Potter and the Half-Blood Prince*.



▲ The Star Wars franchise remains a juggernaut in the videogame industry with the winter release of *Star Wars: Battlefront II*.

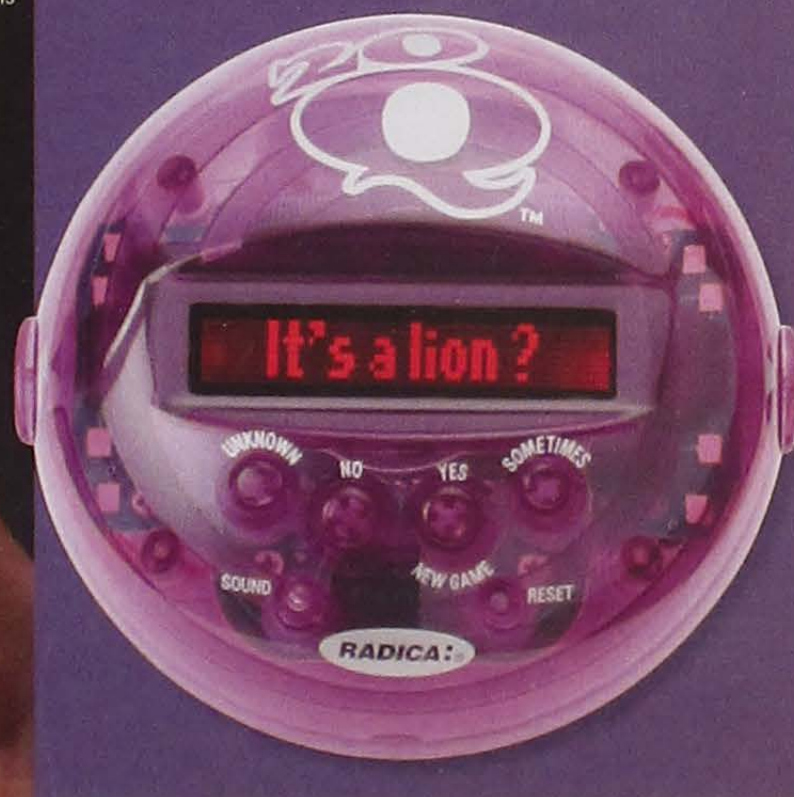
▼ Gamers wait in line for hours to get their hands on the year's hottest holiday video game console, Microsoft's Xbox 360.



▲ The addictive numbers logic puzzle, Su Doku, captures the attention of crazed puzzlers across the nation.



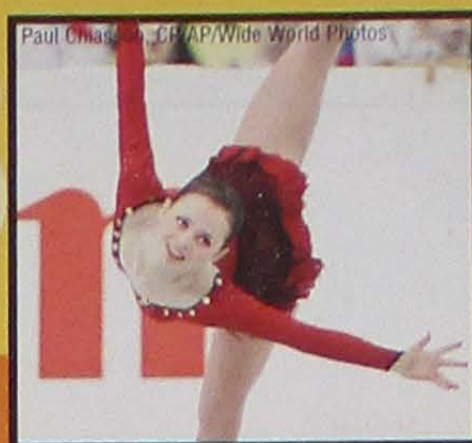
Krista Kennell/ZUMA/Corbis



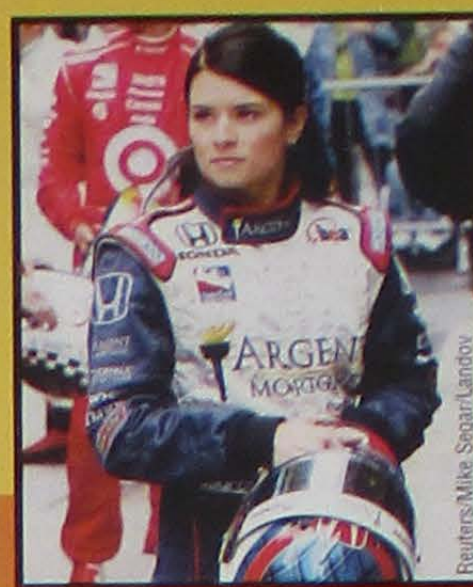
◀ The classic game of 20 Questions gets a makeover for 2005 with the artificial intelligence powered 20Q, one of this year's hottest toys.

◀ Music videos and TV shows are accessible on the go with the newest must-have item from Apple, the iPod with video.

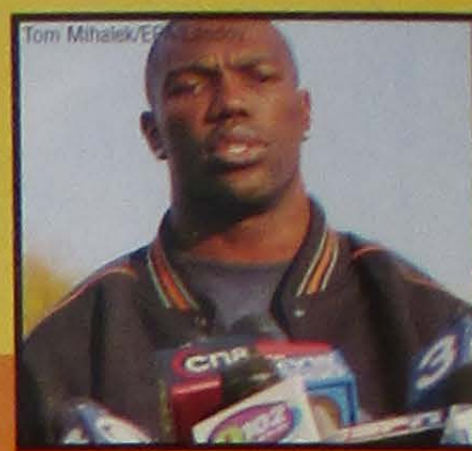
05-06 Sports



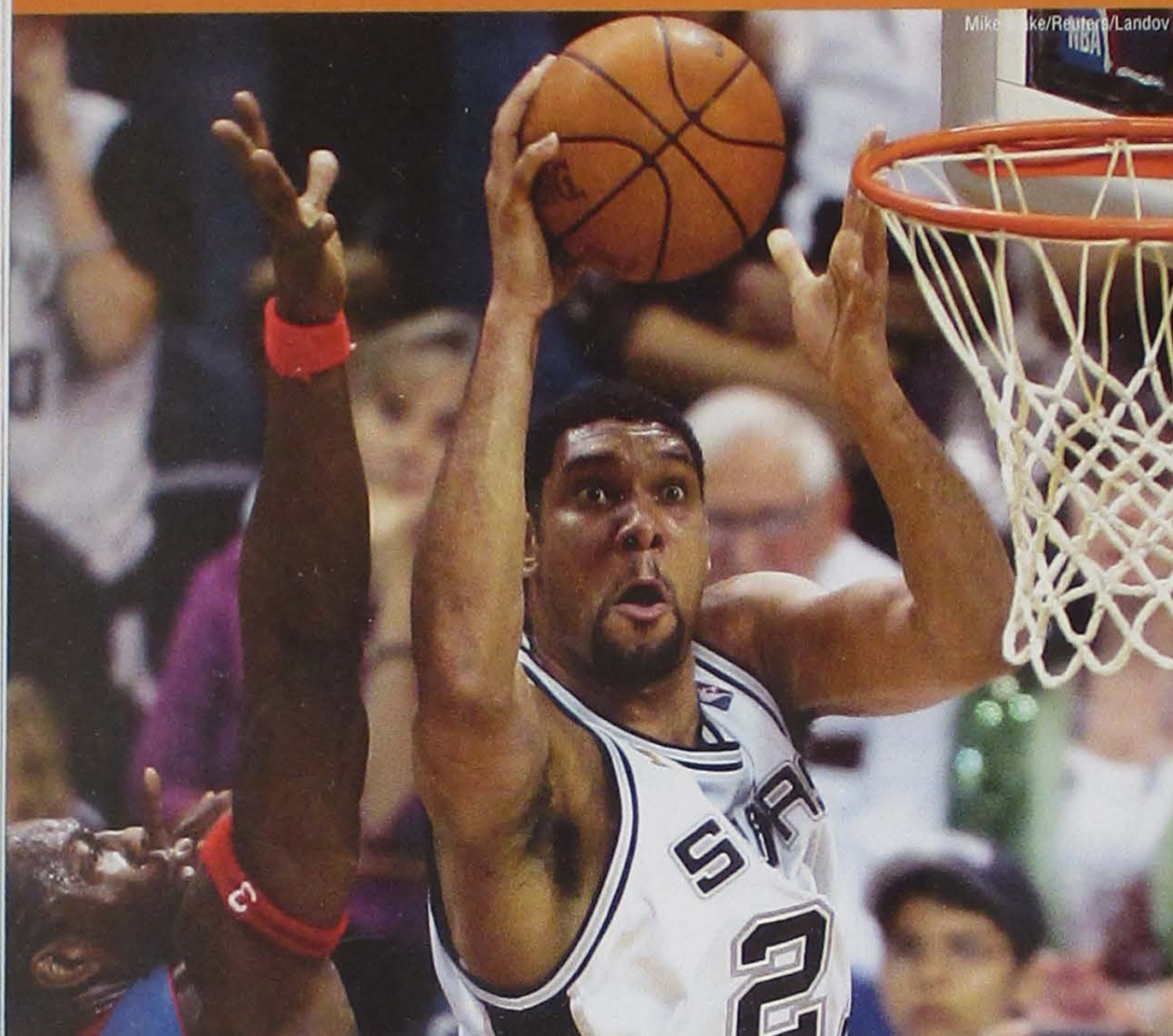
▲ In February 2006, figure skater Sasha Cohen leads the U.S. Olympic Team into the XX Olympic Winter Games in Torino, Italy.



▲ Danica Patrick, 23-year-old race driver, wins Rookie of the Year honors in both the Indy Racing League's IndyCar Series and at the Indianapolis 500, where she finishes fourth.



▲ Citing conduct unbecoming to the team, the Philadelphia Eagles suspend wide receiver Terrell Owens for four games and deactivate him for the remainder of the NFL season.



▼ In June, the San Antonio Spurs win the 2005 NBA Championship over the Detroit Pistons in a thrilling seven-game Finals series. Spurs forward Tim Duncan wins MVP honors.



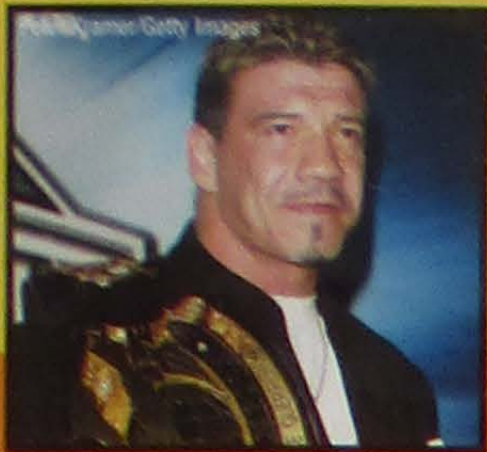
▲ The Pittsburgh Steelers hold off the Seattle Seahawks for a 21-10 victory in Super Bowl XL. Future Hall of Famer Jerome "The Bus" Bettis retires after the game.



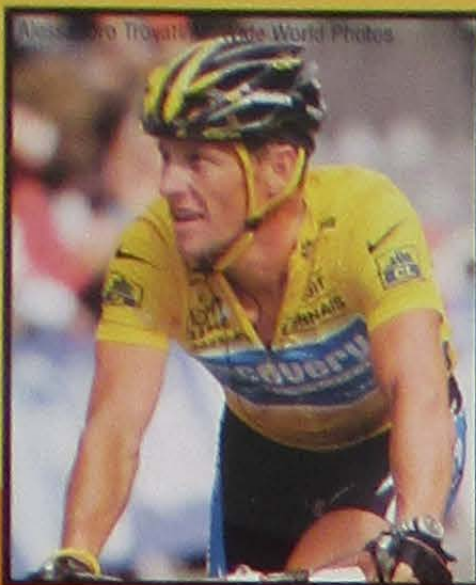
▲ NHL hockey returns in fall 2005 after losing the entire '04-'05 season to a labor dispute. Fans flock to see players in new uniforms and exciting innovations like tie-breaking shootouts.

▶ Hawaiian golf phenom Michelle Wie turns professional on her 16th birthday and signs endorsements worth \$10 million, making her one of the highest paid female athletes in the world.





▲ In November, WWE superstar Eddie Guerrero dies of heart failure. In 2004, Guerrero was only the second wrestler of Hispanic heritage to win the WWE championship.



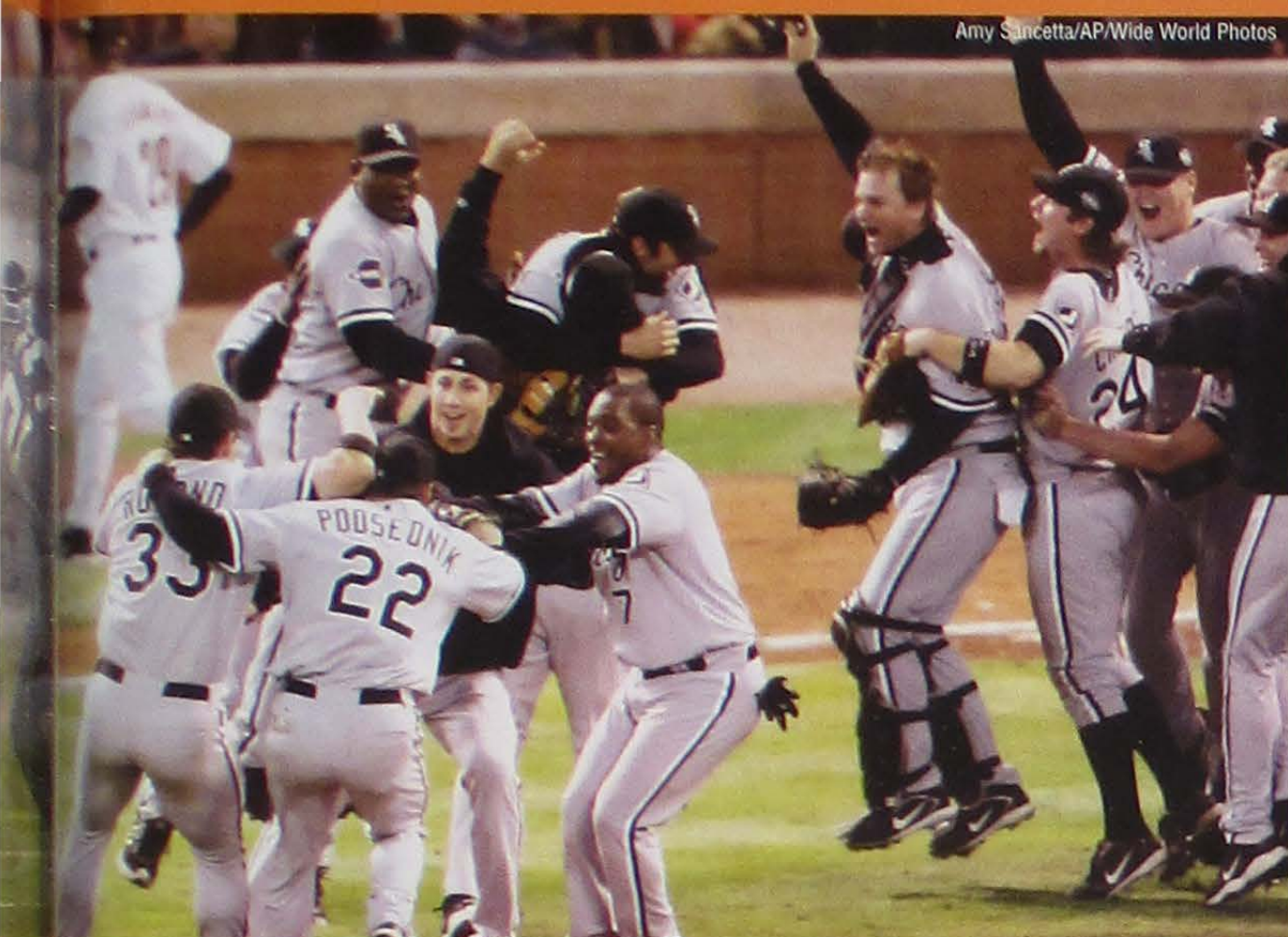
▲ American Lance Armstrong wins his unprecedented seventh Tour de France in July. Armstrong then retires from competitive cycling.



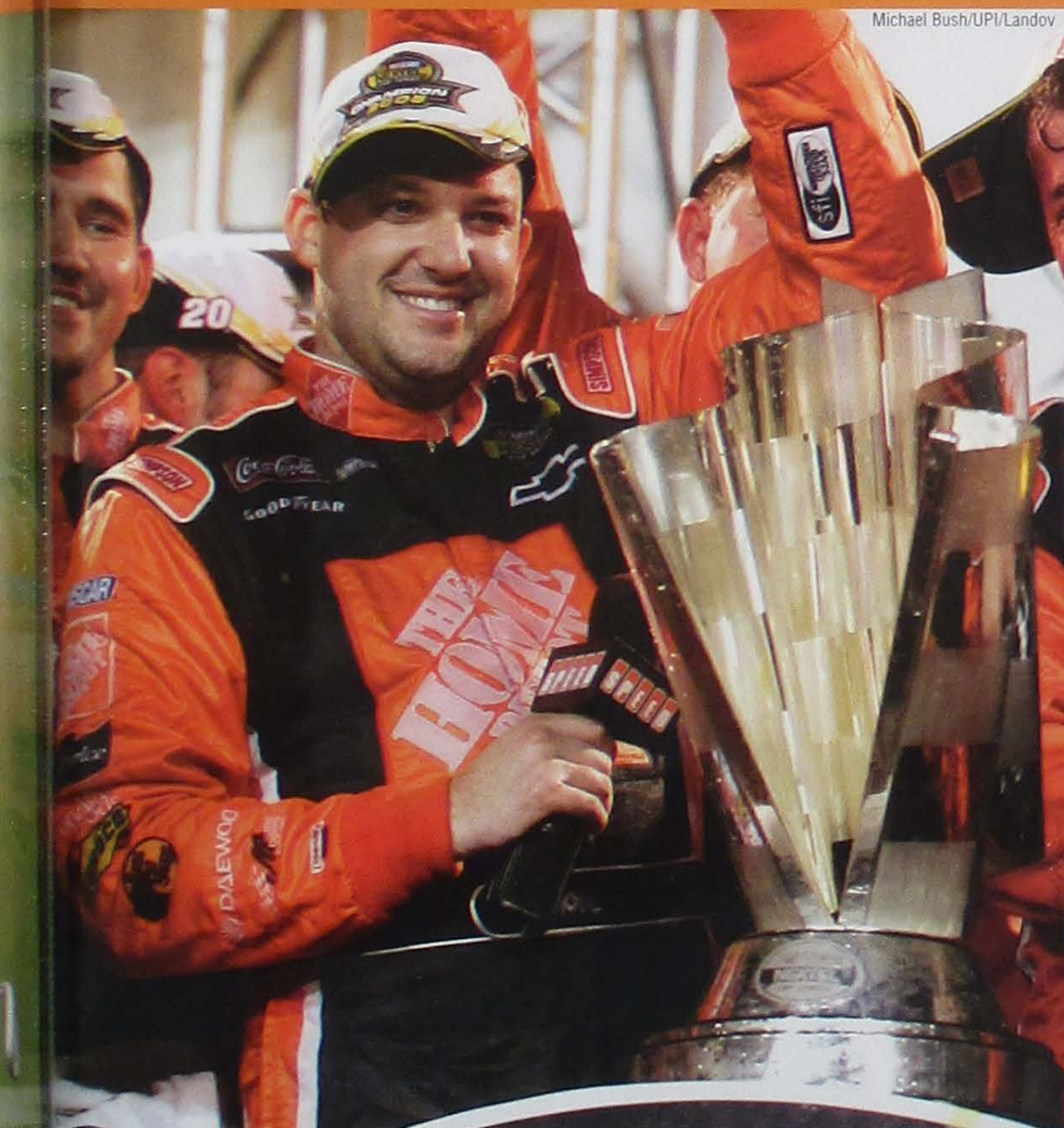
▲ BMX superstar Dave Mirra wins the gold medal in the BMX Park Finals of X Games XI.

05-06

▼ Longhorns quarterback Vince Young leads Texas to a national championship with a dramatic 41-38 comeback victory over USC in the 2006 Rose Bowl.



▲ After an 88-year wait, the Chicago White Sox win the 2005 World Series, sweeping the Houston Astros in four games. White Sox right fielder Jermaine Dye is named Series MVP.



▲ Two-time champion Tony Stewart wins NASCAR's Nextel Cup Series and a record \$13.6 million in winnings in 2005. Stewart's career Cup earnings now total over \$48 million.

▲ Swiss tennis superstar Roger Federer wins two Grand Slam titles, at Wimbledon and the U.S. Open, along with all four ATP Masters Series events.

05-06 Faces



▲ Beloved "Gilligan's Island" funnyman Bob Denver dies of cancer at 70. Although only 98 episodes of the popular sitcom were made, Denver was typecast as the nutty Gilligan his entire career.



▲ Kristin Cavallari, featured on the MTV reality show "Laguna Beach," becomes one of Hollywood's hottest young personalities.



▲ Chinese actress Ziyi Zhang shines in the lead role of Sayuri in the film adaptation of the acclaimed Arthur Golden novel *Memoirs of a Geisha*.

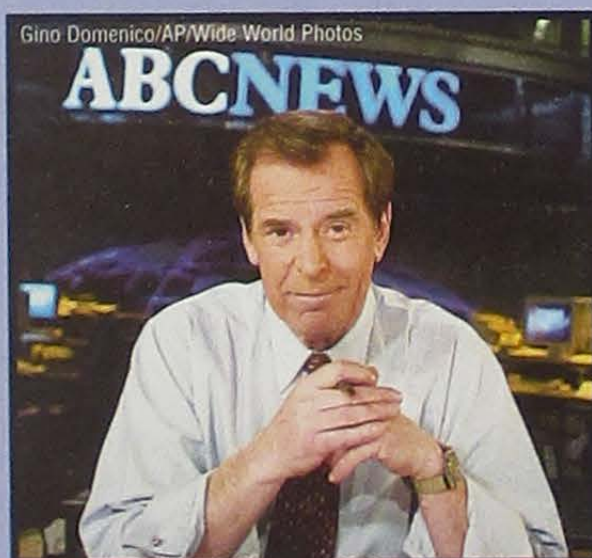


▼ Civil rights pioneer Rosa Parks dies at 92 in Detroit. Parks' refusal in 1955 to give up her seat on an Alabama bus eventually led to laws desegregating public transportation nationally.



▲ Actor Tom Cruise, 43, makes headlines all year with his controversial views on psychiatry, his new love, actress Katie Holmes, and his couch gymnastics on CBS's "The Oprah Winfrey Show" and NBC's "Tonight Show with Jay Leno."

► Actor-comedian Richard Pryor dies at 65 in December. Pryor's concerts and movies in the '70s and '80s inspired performers like Eddie Murphy, Arsenio Hall and Robin Williams.



▲ Peter Jennings, anchor of ABC's "World News Tonight," dies of lung cancer in August. The popular TV journalist held the anchor position for 22 years.



▲ Coretta Scott King, legendary civil rights advocate and widow of the Rev. Martin Luther King Jr., dies in January 2006. She was 78.







